

MNCHP Network Bulletin



*best start
meilleur départ*

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I. NEWS & VIEWS

CANADA

1. WHAT YOU NEED TO KNOW IN THE EVENT OF A FULL POSTAL STRIKE

(available in French)

The government of Canada (2011, June 3) released information about what will occur for many programs in the event of a postal strike. There is information about: Employment Insurance (EI), Old Age Security (OAS), Canada Pension Plan (CPP), and Canadian Pension Plan Disability (CPP Disability), etc.

English: <http://news.gc.ca/web/article-eng.do?nid=604519>

French: <http://nouvelles.gc.ca/web/article-fra.do?nid=604519>

2. LATEST PRODUCT RECALLS

(available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Musical Shaker Instrument by Woodstock Percussion: The handle can detach from the shaker, exposing a rough edge and posing a laceration hazard. The detached handle also exposes small steel pellets and a plastic plug which pose choking hazards.
- Bell Sports Exodus Full-Face Bicycle Motocross Helmet (Youth): The plastic release buckle on the helmet that connects the chin straps can separate and cause the helmet to eject from the user's head. This can pose a risk of serious injury or death to the user.
- "Blade" brand micro helicopters by Horizon Hobb: The main rotor blades and main rotor grips can release from the main rotor head while in use. This poses an impact or laceration hazard to the user or persons nearby.
- Katie Little Infant Bathrobes by Kids Line: Do not meet the design and flammability requirements for children's sleepwear under Canadian law.

English: [http://cpsr-rspsc.hc-sc.gc.ca/PR-RP/results-resultats-](http://cpsr-rspsc.hc-sc.gc.ca/PR-RP/results-resultats-eng.jsp?searchstring=&searchyear=&searchcategory=)

<http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php>

French: [http://cpsr-rspsc.hc-sc.gc.ca/PR-RP/results-resultats-](http://cpsr-rspsc.hc-sc.gc.ca/PR-RP/results-resultats-fra.jsp?searchstring=&searchcategory=&searchyear=&startIndex=1¤t=true)

<http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-fra.php>

- E. coli outbreak in Europe: The Public Health Agency of Canada advises travellers to Europe to practise safe food and water precautions and to follow the advice of German authorities.

English: <http://www.phac-aspc.gc.ca/tmp-pmv/thn-csv/ecoli-eng.php>

French: <http://www.phac-aspc.gc.ca/tmp-pmv/thn-csv/ecoli-fra.php>

- Health Canada is reviewing the safety of drospirenone-containing oral contraceptives (Yasmin and Yaz) and risk of venous thromboembolism

English: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2011/2011_74-eng.php

French: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2011/2011_74-fra.php

- Tanta Pharmaceuticals Inc. recalls junior and children's strength acetaminophen tablets

English: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2011/2011_75-eng.php

French: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2011/2011_75-fra.php

II. RECENT REPORTS AND RESEARCH

CANADA

3. SOCIOECONOMIC FACTORS RELATED TO INFANT FEEDING PRACTICES IN DURHAM REGION

The Durham Region Health Department (2011) released an Infant Feeding Surveillance System report about socioeconomic factors related to infant feeding practices in Durham region. Some key findings include:

- 91% of new mothers initiated breastfeeding and 52% continued to breastfeed for six months or more.
- 6% of mothers provided their infants with exclusive breastmilk for at least six months.
- 56% of infants were given breastmilk substitutes (infant formula) while in hospital.
- Mothers born outside of Canada (6.5 times), mothers with some college or university education (3.2 times), mothers who gave birth at a health institution outside of Durham Region (2.0 times), those with a household income of \$40,000 or more (1.7 times), and those 30 years of age or older (1.5 times) were most likely to initiate breastfeeding than their counterparts.
- Mothers of infants who received exclusive breastmilk in hospital (5.9 times), mothers born outside of Canada (2.2 times), and those with a household income of \$40,000 or more (1.7 times) were more likely to continue breastfeeding for at least six months than their counterparts.

http://www.durham.ca/departments/health/health_statistics/IFSSsocioFactors.pdf

4. CHILD ABUSE AND NEGLECT

(available in French)

This report (Vanier Institute of the Family, 2011) examines statistics from the 2008 Canadian Incidence Study of Reported Child Abuse and Neglect (CIS-2008). A total of about 235,842 investigations into 'child maltreatment' were conducted in Canada in 2008, where child maltreatment was defined as "abuse or neglect by a parent, guardian or caregiver, resulting in injury or significant emotional or psychological harm" (Vanier Institute for the Family, 2011, p. 2). Of the investigations, 36% were substantiated; 8% had insufficient evidence to substantiate the abuse or neglect although it was suspected by the worker; 30% were unfounded; and in 5% of cases workers concluded that there was a substantial risk of future maltreatment. The most common forms of substantiated maltreatment were neglect and exposure to intimate partner violence. According to the CIS-2008, child abuse and neglect was much more common among families experiencing high levels of stress (e.g., domestic violence, lack of social support, mental health issues, poor housing conditions, reliance on social assistance or other income support programs, and frequency of moves).

English: <http://www.vifamily.ca/node/841>

French: <http://www.vifamily.ca/fr/node/842>

5. ASSOCIATIONS BETWEEN HOUSEHOLD FOOD INSECURITY AND HEALTH OUTCOMES IN THE ABORIGINAL POPULATION (EXCLUDING RESERVES)

(available in French)

This report (Statistics Canada, 2011) examines the relationships between household food security and self-reported health, well-being, and health behaviours in a sample of 837 Aboriginal adults living off reserve. The findings indicate that 29% of Aboriginal people 18 or older lived in food-insecure households. These individuals were more likely to report: poor general and mental health, life dissatisfaction, a very weak sense of community belonging, high stress and cigarette smoking, compared with their counterparts in food-secure households. When age, gender, and household education were taken into account, respondents from food-insecure households had significantly higher odds of poor general health, high stress, life dissatisfaction, and very weak community belonging (Statistics Canada, 2011).

English: <http://www.statcan.gc.ca/pub/82-003-x/2011002/article/11435-eng.htm>

French: <http://www.statcan.gc.ca/pub/82-003-x/2011002/article/11435-fra.htm>

III. CURRENT INITIATIVES

6. SMOKING TREATMENT FOR ONTARIO PATIENTS (STOP) STUDY: OPPORTUNITY FOR ONTARIO SMOKERS

Smokers in Ontario can enrol in the STOP Program and receive nicotine replacement therapy (NRT) for free to help them quit smoking. To participate, visit the STOP Program website and complete the instructions. Eligible individuals will be mailed five weeks of NRT to their mailing address (patches, gum, and/or lozenges).

<http://www.stopstudy.ca/>

7. NATIONAL ACCESS AWARENESS WEEK: MAY 29 TO JUNE 4

The Government of Ontario (2011, June 3) is celebrating National Access Awareness Week 2011 by putting in place its next three accessibility standards in the areas of transportation, employment and information, and communications. These standards will:

- make it for people with disabilities to get where they need to go;
- expand Ontario's labour pool and welcome people with disabilities into more workplaces; and
- give people with disabilities access to more of the information.

English: <http://news.ontario.ca/mcss/en/2011/06/creating-opportunities-for-people-with-disabilities.html>

French: <http://news.ontario.ca/mcss/fr/2011/06/creer-des-possibilites-pour-les-personnes-handicapees.html>

8. CLEAN AIR DAY: JUNE 8

Clean Air Day aims to bring awareness and action on clean air and climate change issues. It is a celebration of environmentally-friendly activities that promote clean air and good health across Canada (Clean Air Day, 2011). This website provides a community toolbox of activities that target the environment, health, and transportation issues.

<http://www.cleanairday.com/html/home.php>

IV. UPCOMING EVENTS

This section lists events that have not been included in earlier editions of the bulletin or listserv postings. For the details of these events and a complete list of events noted in previous bulletins and postings see <http://www.beststart.org/events/otherevents.php>

ONLINE/TELECONFERENCE

9. THE RICH AND THE REST OF US

June 23, 2011: Online and teleconference

Hosted by: CHNET-Works

http://www.chnet-works.ca/index.php?option=com_rsevents&view=events&layout=show&cid=86%3Athe-rich-and-the-rest-of-us&Itemid=6&lang=en

ONTARIO

10. BABY-FRIENDLY INITIATIVE (BFI) NATIONAL SYMPOSIUM

June 19-20, 2011: Oakville, ON

Hosted by: The Breastfeeding Committee for Canada

<http://www.breastfeedingcanada.ca/>

11. "IS IT AN ADDICTION?" WHEN DRINKING BECOMES A PROBLEM

June 22, 2011: Toronto, ON

Hosted by: Bellwood Health Services

<http://www.bellwood.ca/>

12. 2011 OPHEA CONFERENCE

October 13-15, 2011: Alliston, ON

Hosted by: Ophea

<http://conference.ophea.net/>

13. WOMEN IN MIND: WOMEN'S MENTAL HEALTH CONFERENCE

October 21, 2011: Ottawa, ON

Hosted by: The Women's Mental Health Program of the Royal Ottawa Mental Health Centre

<http://www.theroyal.ca/en/mental-health-at-the-royal/women-in-mind/>

14. PREGNANCY AND BIRTH: CURRENT CLINICAL ISSUES ANNUAL CONFERENCE

December 15-16, 2011: Toronto, ON

Hosted by: Sunnybrook Health Sciences Centre

<http://sunnybrook.ca/calendar/event.asp?e=438>

CANADA

15. PRIMA ONE-DAY WORKSHOP ON PROBLEMATIC SUBSTANCE USE IN PREGNANCY

September 12 2011: Sydney, NS

Hosted by: Pregnancy-Related Issues in the Management of Addictions (PRIMA)

Please contact Theresa Kim at prima.medicine@utoronto.ca for more information

16. CANADIAN ASSOCIATION FOR SUICIDE PREVENTION 2011 NATIONAL CONFERENCE: NEW CONVERSATIONS ON SUICIDALITY

October 3-5, 2011: Vancouver, BC

Hosted by: Canadian Association for Suicide Prevention

<http://www.casp2011.ca/>

17. EXERCISE AND HEALTH FOR EVERYBODY

October 19-22, 2011: Quebec, QC

Hosted by: The Gold Standard in Exercise Science and Personal Training

<http://www.csep.confmanager.com/main.cfm?cid=1717>

V. RESOURCES

18. FETAL DEVELOPMENT: INTERACTIVE TIMELINE

(available in French)

This website (AboutKidsHealth.ca, 2011) provides information about fetal development. The interactive timeline provides growth and developmental highlights.

English:

<http://www.aboutkidshealth.ca/en/resourcecentres/pregnancybabies/pregnancy/FetalDevelopment/Page/default.aspx>

French:

<http://www.aboutkidshealth.ca/fr/resourcecentres/pregnancybabies/pregnancy/fetaldevelopment/pages/default.aspx>

19. PACKING FOR THE HOSPITAL CHECKLIST

This is a checklist (The Best Chance, 2011) of things to have prepared and packed before going into labour.

<http://www.bestchance.gov.bc.ca/tools-and-resources/interactive-tools/packing-for-the-hospital.html>

20. ABOUTKIDSHALTH: AN ONLINE, MULTILINGUAL PATIENT EDUCATION RESOURCE

(available in French)

AboutKidsHealth.ca, from the Hospital for Sick Children, is a non-profit information source for children's health. The website provides parents, children, and health care providers with free, illustrated, evidence-based information about everyday health and complex medical conditions. The entire AboutKidsHealth.ca site is now available in English, French, and Chinese (simplified character set), with over 200 articles also available in Chinese (traditional character set), Spanish, Arabic, Urdu, and Tamil, and over 50 articles in Portuguese and Punjabi. Narrated, multilingual versions of many articles are also available (OHPE, 2011, June 3).

English: <http://www.aboutkidshealth.ca/En/Pages/default.aspx>

French: <http://www.aboutkidshealth.ca/fr/pages/default.aspx>

21. TEETHING AND HEALTHY TEETH FOR CHILDREN

(available in French)

This factsheet (Caring for Kids, 2011) provides information about teething such as: when baby's teeth will appear, why primary teeth are important, tips for good dental health from birth to age 4, how to help a teething baby, and information about fluoride.

English: <http://www.caringforkids.cps.ca/healthybodies/HealthyTeeth.htm>

French: <http://www.soinsdenosenfants.cps.ca/corpsensante/DentsSaines.htm>

22. CREATING HEALTHY ENVIRONMENTS FOR KIDS

(available in French)

This brochure (Canadian Partnership for Children's Health and the Environment, 2011) provides information about harmful chemicals for children. Five things parents and caregivers can do to create a healthy home environment for children as well as tips for a healthy pregnancy are provided.

English: <http://www.healthyenvironmentforkids.ca/resources/creating-healthy-environments-kids>

French: <http://www.healthyenvironmentforkids.ca/fr/ressources/creer-un-environnement-sain-pour-les-enfants>

23. FOOTWEAR FOR CHILDREN

(available in French)

This website (Caring for Kids, 2009) provides information about: when children should start wearing shoes, how to choose the right kind of shoes, corrective footwear, flatfoot, and intoeing.

English: <http://www.caringforkids.cps.ca/growinglearning/Footwear.htm>

French: <http://www.soinsdenosenfants.cps.ca/grandirapprendre/chaussures.htm>

VI. FEATURED BEST START RESOURCES

As noted above, Clean Air Day took place on June 8, 2011. Clean Air Day reminds us of the importance of the environment to the health of children. The Best Start Resource Centre provides a range of resources on environmental health that may be of interest. For a full list of resources on environmental health, see www.beststart.org/resources/env_action/index.html

24. THROUGH THE EYES OF A CHILD: FIRST NATION CHILDREN'S ENVIRONMENTAL HEALTH

(available in French)

This resource (2009) was developed by the Union of Ontario Indians, Anishinabek Health Secretariat with support from the Best Start Resource Centre. It looks at some of the environmental issues that are affecting First Nation children on and off reserve. The information provided is intended to support service providers in addressing the environmental health concerns of their clients in a manner that is culturally sensitive and strength based. The manual includes background information, the impact on First Nation children, information about First Nation initiatives, recommended strategies, and parent handouts.

<http://www.anishinabek.ca/download/Through%20the%20Eyes%20of%20a%20Child%20-%20FN%20Enviro%20Health.pdf>

25. PLAYING IT SAFE: ENVIRONMENTAL RISKS TO CHILD HEALTH - POSTER

(available in French)

This 36 x 43 cm colour poster is about environmental risks to child health (Best Start Resource Centre & Canadian Partnership for Children's Health and Environment, 2007).

http://www.beststart.org/resources/env_action/pdf/enviro_risks_eng_bulletin.pdf

26. ENVIRONMENTAL RISKS TO PRECONCEPTION, PRENATAL, AND CHILD HEALTH

(available in French)

Developed for the Forum series "Playing it Safe: Service Provider Strategies to Reduce Environmental Risks to Child Health" in collaboration with the Canadian Partnership for Children's Health and Environment (CPCHE), this bulletin provides information on key Canadian resources on environmental risks to child health.

http://www.beststart.org/resources/env_action/pdf/enviro_risks_eng_bulletin.pdf

27. PLAYING IT SAFE: SERVICE PROVIDER STRATEGIES TO REDUCE ENVIRONMENTAL RISKS TO PRECONCEPTION, PRENATAL, AND CHILD HEALTH

(available in French)

This manual will guide service providers to promising strategies to address environmental risks to preconception, prenatal, and child health (Best Start Resource Centre and the Canadian Partnership for Children's Health and Environment, 2006).

http://www.beststart.org/resources/env_action/pdf/envirostrategies.pdf

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Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- [OHPE](http://www.ohpe.ca/) - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>
- [Click4HP](https://listserv.yorku.ca/archives/click4hp.html) - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- [Health Nexus Today](http://www.blogs.healthnexusante.ca/) - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.healthnexusante.ca/>

In French:

- [French distribution list](http://www.meilleurdepart.org/index_fr.html) - The free distribution list offers information in French on maternal, newborn, and child health promotion topics. http://www.meilleurdepart.org/index_fr.html
- [Le Bloc-Notes](http://leblocnotes.ca/) - The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>