



On Track

Supporting Healthy Child Development and Early Identification in the Early Years

A Reference Guide for Professionals in Ontario

The goal of this online guide is to support professionals working with children from birth to age 6 by providing specific strategies and information to:

- ◆ Support and promote healthy development in all children.
- ◆ Decide when a child could benefit from additional support or services.
- ◆ Refer the child and parents to the appropriate local children's service for advice, screening, assessment and/or treatment.



The On Track guide offers:

- ◆ Information about factors that influence a child's development.
- ◆ The continuum of healthy child development grouped into domains within an ages and stages approach.
- ◆ Information on play as the central activity through which children learn and reinforce their developing skills.
- ◆ A list of signs of atypical development.
- ◆ Strategies that will promote children's readiness to learn.
- ◆ Information about children's safety and well-being, including how to recognize signs of maltreatment.
- ◆ Strategies that will assist professionals and parents work together in the best interest of the child.

There is more to early child development than knowing the five domains.



If you want to know more about children's development from 0 - 6 and how you can support them to reach their full potential, go to the On Track guide at: www.beststart.org/OnTrack_English

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by/par health **nexus** santé