

# Enhanced 18-Month Visit Referral Pathway for Sudbury & District



**Enhanced 18-Month Well Baby Visit**  
*Health Care Provider completes RBR-ON informed by parent-completed NDDS™*

Visit [www.18monthvisit.ca](http://www.18monthvisit.ca)  
for resources and tools

**NO CONCERNS**  
No developmental concerns  
on the NDDS™ or RBR-ON

**CONCERNS**  
1 or more “No” responses on the NDDS™  
and/or other developmental concern(s) on  
the RBR-ON

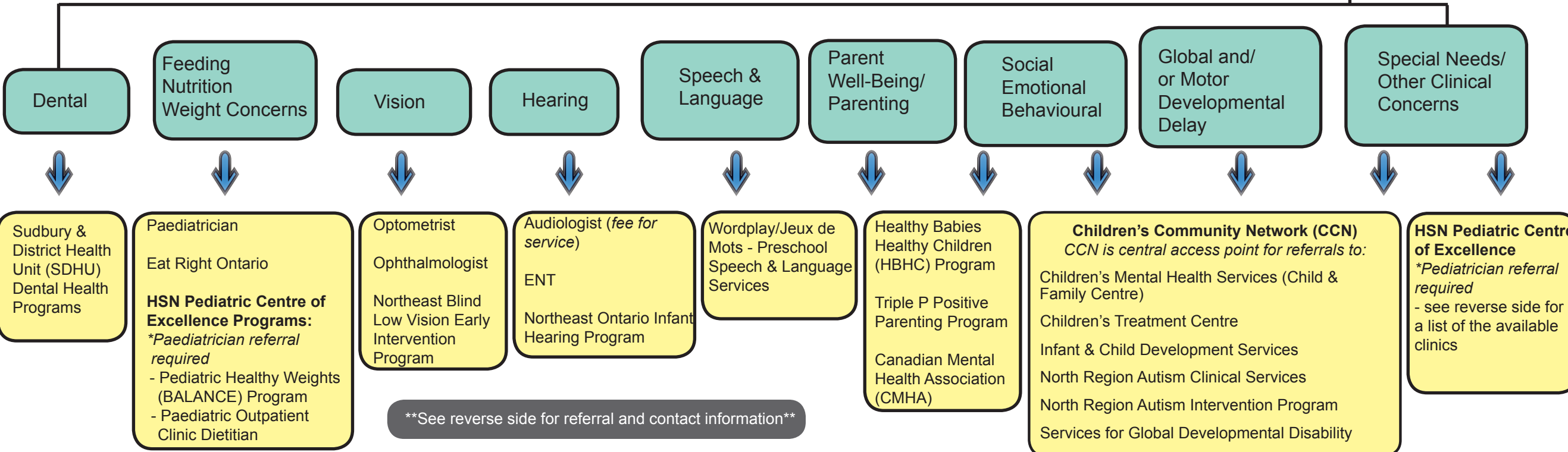
**Abbreviations**  
**NDDS™** - Nipissing  
District Developmental  
Screen™  
**RBR-ON** - Rourke  
Baby Record (Ontario  
Version)

**Enhanced 18-Month Visit  
Billing Codes:**  
A002 - GP/FP  
A268 - paediatrician

Ongoing Surveillance of  
Growth & Development

Provide all parents with information about universal programs  
**Best Start Hubs - Child and Family Centres**  
[www.sudburybeststart.ca](http://www.sudburybeststart.ca) or call 3-1-1

RBR-ON determines areas of concern



\*\*See reverse side for referral and contact information\*\*

This pathway is available online at  
[www.sdhu.com](http://www.sdhu.com)

Program/Service	Description & Referral Information
<p><b>Canadian Mental Health Association - Sudbury/Manitoulin (CMHA)</b> 705.675.7252 (Sudbury) 1-866-285-2642 (toll free)</p>	<p>CMHA provides services through a rehabilitation approach by assessing and developing readiness for change. Rehabilitation is about helping people regain a meaningful role in their community. Services are available to adults with a diagnosis of a serious mental illness within the Sudbury-Manitoulin Districts. <i>Individuals, health care providers and/or service providers can make referrals to CMHA.</i> <a href="http://www.cmha-sm.on.ca">www.cmha-sm.on.ca</a></p>
<p><b>Children's Community Network (CCN)</b> 705.566.3416 (Sudbury) 705.864.0860 (Chapleau) 705.869.1564 (Espanola) 705.368.2002 (Little Current)</p>	<p>Provides coordinated information, a single point of access to services for children and families, service coordination for children with complex needs who require multiple services, and a case resolution service for children whose needs are not being adequately met by the local system of children's services. <a href="http://www.ccnsubury.on.ca">www.ccnsubury.on.ca</a></p>
<p><b>Children's Mental Health Services - Child &amp; Family Centre/ Centre de L'Enfant et de la Famille/ Ngodweaangizwin Aaskaagewin</b> Call Children's Community Network (CCN) (see above)</p>	<p>Provides therapeutic services to children and families who are faced with social, emotional, or behavioural struggles they cannot resolve themselves. Services offered in English, French, Native cultural context, &amp; other languages through interpreters. There is no cost for the program. <i>Referrals can be initiated by health care provider or parent/guardian.</i> <a href="http://www.childandfamilycentre.on.ca">www.childandfamilycentre.on.ca</a></p>
<p><b>Children's Treatment Centre</b> Call Children's Community Network (CCN) (see above)</p>	<p>A family-centered community based rehabilitation facility providing assessment, treatment, consultation and education to children youth (0-19 yrs) with motor and communication impairments. The centre serves Greater Sudbury with outreach to rural areas in Northern Ontario. CTC's Assistive Communication Clinic serves children and young adults up to age 21 years who have verbal and written communication challenges. <i>A physician's referral is currently required for the services of the Children's Treatment Centre.</i> <a href="http://www.hsnsubury.ca">www.hsnsubury.ca</a></p>
<p><b>Eat Right Ontario (Info Line)</b> 1.877.510.5102 (toll free)</p>	<p>Easy-to-use information on food and nutrition, meal planning, healthy eating tips and recipes. Nutritionists can also answer nutrition-related questions and provide feedback by phone/email. <a href="http://www.eatrightontario.ca">www.eatrightontario.ca</a></p>
<p><b>Healthy Babies Healthy Children (HBHC) Program (SDHU Program)</b> 705.522.9200 (Sudbury) 1.866.522.9200 (toll free)</p>	<p>The HBHC program is for pregnant mothers and parents of children under six. Public health nurses and Family Home Visitors visit the home and provide advice and support to families. <i>Referrals can be initiated by health care provider or parent/guardian.</i> <a href="http://www.sdh.u.on.ca">www.sdh.u.on.ca</a></p>
<p><b>HSN Pediatric Centre of Excellence Clinics</b> <i>Refer to Pediatrician</i> For more information, call PCE clinic line: 705.671.7397 (Sudbury)</p>	<p>Available clinics include: ADHD Clinic, Asthma Education Clinic, Cystic Fibrosis Clinic, Fetal Alcohol Spectrum Disorder Diagnostic Clinic, Neonatal Follow-up Clinic, CF Clinic, Cardiology Visiting Specialist Clinic, Rheumatology Visiting Specialist Clinic, Orthopedic Visiting Specialist Clinic, Botox Clinic, Healthy Weights (BALANCE) Program, Paediatric Outpatient Clinic Dietician, and Pediatric Abuse Referral and Evaluation Clinic (PARE). <i>Pediatrician referral is required for these clinics.</i></p>
<p><b>HSN Pediatric Healthy Weights (BALANCE) Program</b> <i>Refer to Pediatrician</i> For more information, call PCE clinic line: 705.671.7397 (Sudbury)</p>	<p>Intensive six month multidisciplinary program for pediatric patients who are above the 99.9<sup>th</sup> percentile in BMI or above the 85<sup>th</sup> percentile in BMI with co-morbidities. <i>Referral from a Pediatrician is required for this program.</i></p>
<p><b>Infant &amp; Child Development Services</b> Call Children's Community Network (CCN) (see above)</p>	<p>Provides early intervention for newborn children to age 5 who have a developmental delay or who are at risk for delayed development. <i>Referrals can be initiated by parent/guardian or health care provider (with consent of parent/guardian).</i></p>
<p><b>North Region Autism Clinical Services</b> Call Children's Community Network (CCN) (see above)</p>	<p>This Child &amp; Community Resources (CCR) program provides diagnostic and psychological (behavioural) services to individuals with Autism Spectrum Disorder and their families. <i>Referrals can be initiated by a health care provider, a parent/guardian or the individual through Central Access - CCN.</i></p>
<p><b>North Region Autism Intervention Program</b> Call Children's Community Network (CCN) (see above)</p>	<p>This Child &amp; Community Resources (CCR) program provides Intensive Behavioural Intervention therapy for individuals diagnosed with Autism. Individuals are assessed for eligibility to the program. <i>Parents/guardians can call Central Access (CCN) for more information or to complete a referral to CCR.</i></p>
<p><b>Northeast Blind Low Vision Early Intervention Program</b> 705.522.6655 (Sudbury) 1.877.522.6655 (toll free)</p>	<p>Specialized family-centred services for children from birth to grade one entry who are blind or have low vision, including family support, intervention, and consultation services. <i>Referrals can be initiated by health care provider, parent/guardian, ophthalmologist or optometrist. Children must have a diagnosis of blindness or low vision to be eligible for this program.</i> <a href="http://www.nbrhc.on.ca">www.nbrhc.on.ca</a></p>
<p><b>Northeast Ontario Infant Hearing Program</b> 705.522.6655 (Sudbury) 1.877.522.6655 (toll free)</p>	<p>Provides universal newborn hearing screening for all babies born in Ontario. The program also provides family support, intervention, and consultation services for children aged 0-6 identified with a permanent hearing loss. <i>Children with suspected hearing loss should be referred to an ENT/Audiologist before being referred to this program.</i> <a href="http://www.nbrhc.on.ca">www.nbrhc.on.ca</a></p>
<p><b>SDHU Dental Health Programs</b> 705.522.9200 (Sudbury) 1.866.522.9200 (toll free)</p>	<p>Oral health screening and fluoride varnish clinics for preschool children. The SDHU also delivers funding for dental care for children (0-17 yrs) who have limited family income and no dental insurance; this assistance is available through the Children In Need of Treatment (CINOT) Program and Healthy Smiles Ontario (HSO). <i>Referrals can be initiated by health care provider or parent/guardian.</i> <a href="http://www.sdh.u.on.ca">www.sdh.u.on.ca</a></p>
<p><b>Services for Global Development Disability</b> Call Children's Community Network (CCN) (see above)</p>	<p>The Child and Family Centre provides Diagnostic Assessments for children suspected of having a Global Developmental Disability as well psychological assessments and clinical supports and services for children and their families for behavioural/mental health needs who have been diagnosed with a Global Developmental Disability. <i>Referrals can be initiated by health care provider or parent/guardian.</i></p>
<p><b>Triple P Positive Parenting Program</b> Call Children's Community Network (CCN) (see above)</p>	<p>Triple P is a parenting program for every parent, whether they have a specific problem or are just looking for advice on common, everyday issues. It provides easy to use tips and new ideas that will help build confidence and new skills. From seminars and phone support, to one-on-one consultations and parenting groups, Triple P has a format to support every parent. <i>Referrals can be initiated by health care providers or parents/caregivers.</i> <a href="https://triplep.mysudbury.ca/">https://triplep.mysudbury.ca/</a></p>
<p><b>Wordplay/Jeux de Mots Preschool Speech and Language Services</b> 705.522.6655 (Sudbury) 1.877.522.6655 (toll free)</p>	<p>Speech and language services for preschool children who live in Sudbury and Manitoulin Districts. The services are free and are available in English and French. <i>Referrals can be initiated by health care provider or parent/guardian before the child starts school.</i> <a href="http://www.nbrhc.on.ca">www.nbrhc.on.ca</a></p>