

18 Month Enhanced Well Baby Visit - Kingston

CONCERNS

Nipissing, NutriSTEP®, Rourke

FOR ALL CHILDREN

If there are one or more "no's" on the Nipissing, if the total score on the NutriSTEP® is 26 or greater, and/or a concern from Rourke

Referral Needed

Agencies listed below are point of first contact for clients.

While on wait list direct parents to these community programs.

Recommended Community Resources for Parents and Children

Consider Referral to General Paediatrician 1: Follow up care. 2: Care Coordinator.

3: Multiple Concerns. 4: Medical Concerns.

Autism	Dental	Family Nursing Assessment and Service Coordination	Family Violence/ Pediatric Sexual Assault	Nutrition	Parenting	Physical, Neurological/ Developmental Concerns	Social, Emotional, Behavioural	Speech, Language, Hearing	Vision
<p>Child Development Centre (CDC) 613-544-3400 ext. 3175 (FR)</p> <p>Pathways for Children & Youth 613-546-1422 ext. 1 (FR) (SR) (TR)</p>	<p>KFL&A Public Health, Dental Program 613-549-1232 ext. 1218 or 1-800-267-7875 ext. 1218 (SR)</p>	<p>KFL&A Public Health, Healthy Babies Healthy Children 613-549-1154 or 1-800-267-7875 ext. 1555 (FR) (SR) (TR)</p>	<p>Family and Children's Services of Frontenac Lennox and Addington 613-545-3227 (SR) (TR)</p> <p>Kingston Interval House 613-546-1777 (SR) (TR)</p> <p>KGH Sexual Assault/ Domestic Violence Program, 613-549-6666 ext. 4880 24/7 go to KGH Emergency (SR) (TR)</p>	<p>Family Health Team Dietitian and/or Social Worker</p> <p>KFL&A Public Health, Dial-a-Dietitian 613-549-1232 ext. 1224</p> <p>Child Development Centre (CDC) Feeding Clinic 613-544-3400 ext. 3175 (FR) * Paediatrician referral only.</p>	<p>KFL&A Public Health, Healthy Babies Healthy Children 613-549-1154 or 1-800-267-7875 ext. 1555 (FR) (SR) (TR)</p>	<p>Child Development Centre (CDC) 613-544-3400 ext. 3175 (FR)</p>	<p>Pathways for Children & Youth 613-546-1422 ext. 1 (FR) (SR) (TR)</p>	<p>KFL&A Public Health, Early Expressions 613-546-3854 or 1-800-267-7875 ext. 1184 (FR) (SR) (TR)</p> <p>KFL&A Public Health, Infant Hearing 613-549-1232 ext. 1145 or 1-800-267-7875 ext. 1145 (FR) (SR) (TR)</p> <p>Hotel Dieu Audiology 613-546-3382 (FR)</p>	<p>Canadian National Institute for the Blind (CNIB) 613-542-4975 or 1-800-563-2643</p> <p>KFL&A Public Health, Blind Low Vision Program 613-549-1232 or 1-800-267-7875 ext. 1145 *Need referral from Ophthalmologist (FR)</p> <p>Pediatric Ophthalmologist Hotel Dieu Hospital 613-544-0380 (FR)</p>

Better Beginnings for Kingston Children (Kingston Community Health Centres)
613-542-2835 (catchment area North Kingston)
www.kchc.ca

Early Literacy Specialist
613-546-9355
www.klandskills.ca

KFL&A Public Health, Child & Babytalk Phone Line
613-549-1154 or 1-800-267-7875, ext. 1555. www.kflapublichealth.ca

Kingston Military Family Resource Centre
613-541-5010, ext. 5195
www.kmfrc.com

Library Services Kingston & Frontenac
613-549-8888
www.kfpl.ca

Métis Nation of Ontario
613-549-1674 ext. 305
www.metisnation.org

Ontario Early Years Centre, Kingston and the Islands
613-384-1231
www.oeyckingston.ca

Parenting and Family Literacy Centres
613-544-6920 ext. 368
www.lidsb.on.ca
www.alcdsb.on.ca

Book a follow up at 24 months of age with a health care professional

Wondering where to refer? Call KFL&A Child & Babytalk Phone Line 613-549-1154 or 1-800-267-7875, ext. 1555

Legend:
TR - Telephone Referral (with parental consent)
FR - Fax Referral (with parental consent)
SR - Self Referral

Please check www.kflapublichealth.ca for the most current version of this resource.

For agency descriptions please see reverse.

Service Provider Resource	Description	Contact Information
Canadian National Institute for the Blind (CNIB)	CNIB offers early intervention services to children from birth to age six who are blind or partially sighted. We work as part of a multi-disciplinary team and offer family support, in home and clinic interventions such as low vision, independent living skills, and orientation and mobility services, to promote the child's development. We also offer consultation services with other agencies, schools or day cares, to meet the needs of children and families living with partial sight or blindness.	P: 613-542-4975 or 1-800-563-2643 E: info@cnib.ca W: www.cnib.ca
Child Development Centre (CDC)	Team diagnostic assessment and/or treatment for children and youth (0-19) years with physical or neurological disabilities and preschoolers with developmental delays. The Infant Development Program provides in home developmental monitoring and support to 0-5 year olds who experience or are at risk of developmental delay.	P: 613-544-3400, ext. 3175 F: 613-545-3557 W: kingstoncdc.ca
KFL&A Public Health's Early Expressions Preschool Speech and Language Services	Single point of access for referrals to preschool speech and language system, from birth to 4 years. Please inform of any other relevant referrals that have been made (e.g. CDC, Pathways, Infant Development, Audiology, etc.).	P: 613-546-3854 or 1-800-267-7875, ext. 1184 F: 613-549-1799 W: www.kflapublichealth.ca
Family and Children's Services of Frontenac, Lennox and Addington	Administers the Child & Family Services Act. Assesses allegations of child neglect and abuse, offers alternate care to children when necessary, provides guidance, counselling and services to parents.	P: 613-542-7251 W: www.facsfla.ca
Hotel Dieu Audiology	Program offered to infants, children and adults. The program provides audiological services for the Infant Hearing Program for the Southeastern Ontario region. For extreme concerns, mark urgent.	P: 613-546-3382 F: 613-544-5280 W: www.hotel Dieu.com/audiology.html
KFL&A Public Health's Infant Hearing Program (IHP)	This program is designed to identify babies who are born deaf or hard of hearing, or are at risk for developing hearing loss in early childhood and provides them and their families with the support and services they need, including family support, audiology, and communication development services.	P: 613-549-1232 or 1-800-267-7875, ext. 1145 W: www.kflapublichealth.ca
KFL&A Public Health's Blind Low-vision (BLV)	Provides education and support for parents with children who are blind or have low vision so they can encourage the healthy development of their children before entering school.	P: 613-549-1232 or 1-800-267-7875 ext. 1145 F: 613-549-1799 W: www.kflapublichealth.ca
KFL&A Public Health's Dental Program	The Children in Need of Treatment (CINOT) program pays for essential and urgent dental care for children aged 17 years and under from low-income families who do not have dental insurance and are unable to pay. Healthy Smiles Ontario is a low-income dental program for kids 17 and under that provides dental services to those without access to any form of dental coverage. If eligible, kids will get a full range of preventive and early treatment dental services including check-ups, cleaning, fillings, and x-rays, at no cost to their families.	P: 613-549-1232 or 1-800-267-7875, ext. 1218 W: www.kflapublichealth.ca
KFL&A Public Health's Dial-a-Dietitian (DaD)	Public health dietitians provide answers to nutrition questions from community residents.	P: 613-549-1232 or 1-800-267-7875, ext. 1224 W: www.kflapublichealth.ca
KFL&A Public Health's Healthy Babies Healthy Children (HBHC)	Provides early identification and early intervention through a home visiting program available for eligible pregnant women and families with children aged 0 to transition to school. Once a family is deemed eligible for long-term home visiting, they may receive both nursing and lay-home visitor supports to facilitate progression toward their family's goals related to child health, parental health, parenting, healthy attachment and more.	P: 613-549-1154 or 1-800-267-7875, ext. 1555 F: 613-549-0946 W: www.kflapublichealth.ca
KGH Sexual Assault/Domestic Violence Program	SA/DV program provides 24 hours a day, 7 days a week emergency medical and nursing care including treatment for all forms of pediatric sexual assault - acute: chronic, historic or suspected.	P: 613-549-6666, ext. 4880 (KGH Emergency open 24 hours) W: www.kgh.on.ca
Kingston Interval House	Emergency shelter for abused women (16 years and older) and their children. 24 hour crisis support line.	P: 613-546-1777 W: www.kingstonintervalhouse.com
NutriSTEP	NutriSTEP® is a valid and reliable 17-item nutrition risk screening questionnaire, available in two formats: NutriSTEP® Preschooler for children 3 to 5 years of age and NutriSTEP® Toddler for children ages 18 to 35 months. The screens take approximately five minutes to complete, and has been designed for administration by parents, caregivers or community professionals in a variety of settings. Primary care practitioners can request NutriSTEP® training and resources through KFL&A Public Health.	P: 613-549-1232 or 1-800-267-7875, ext. 1224 W: www.kflapublichealth.ca
Pathways for Children & Youth	Provides individualized assessment, intervention, consultation and case management services. Interventions may be any combination of individual, parent, family, and group counseling. Intensive services include in-home and in-community interventions and therapeutic classrooms (Nexus). Resource services include psychiatry, psychology and behaviour pediatrics consultations. As lead agency providing regional autism services we provide Intensive Behavioural Intervention (IBI) and School Support Services (ASD Consultants). For children birth to age 18.	P: 613-546-1422, ext. 1 (Centralized Intake) W: www.pathwayschildrencyouth.org
Pediatric Ophthalmologist	At primary care provider's discretion.	P: 613-544-3400, ext. 3100 F: 613-544-0380 W: www.hotel Dieu.com/department.html