

Early Childhood & Parenting Resources – Primary Care Reference

Enhanced 18-Month Well Baby Visit – www.18monthvisit.ca

Complete most recent version of RBR-ON informed by parent-completed NDDS®

NO Developmental Concerns on the NDDS or RBR-ON

Refer parent/caregiver to → Community child learning/development resources listed under **Universal Services**.
Conduct 24-month repeat surveillance.

OTHER Developmental Concern(s)

• on the RBR-ON and/or • 1 or more “No” response on the NDDS

Refer parent/caregiver to → **Universal Services** and to appropriate program under **Primary Concern**.
Conduct 24-month repeat surveillance.

Universal Services

Health Connections
Public Health Services
905-546-3550

Ontario Early Years Centres (OEYCs) /
Parenting & Family Literacy Centres (PFLCs)
905-524-4884

Check It Out Drop Ins
905-524-4884

Primary Concern

Speech & Language

Preschool Speech & Language Program
(Early Words)
905-381-2828

Hearing

Infant Hearing Program
905-381-2828

Vision

Blind/Low Vision Program
905-385-7927 x221

Optometry/
*Ophthalmology

Global and/or Motor Developmental Delay, Query ASD

McMaster Children's Hospital
Children's Developmental Pediatrics & Rehabilitation Program
905-521-2100 x77950

Community/developmental pediatricians

Contact Hamilton
905-570-8888

Behavioural, Social/Emotional, Mental Well-Being

McMaster Children's Hospital – Infant Parent Program
905-521-2100 x77406

Contact Hamilton
905-570-8888

Community/developmental pediatricians

Feeding/Nutrition/Weight Issues

Dietitian/Nutritionist:
◇ Health care provider's choice
◇ Health Connections
905-546-3550
◇ EatRight Ontario
1-877-510-5102

McMaster Children's Hospital:
* Feeding & Swallowing Clinic
905-521-2100 x75013
OR
* Exercise & Nutrition Centre
905-521-7967

Parent Well-Being/Parenting

Community Information Hamilton
905-528-0104

Child Care Information Line
905-528-0591

Health Connections
905-546-3550

City of Hamilton (housing, child care subsidy, Ontario Works, alcohol/drugs/gambling services, home management program, Healthy Babies Healthy Children)
905-546-2424

Hamilton **Best Start** ★ Hamilton **Meilleur départ** ★

Billing code for Enhanced 18-Month Well Baby Assessment: GP/FP – A002; Pediatrics – A268

Abbreviations: NDDS = Nipissing District Developmental Screen / RBR-ON = Rourke Baby Record (Ontario Version)

Program Descriptions & Additional Supports

Aboriginal Health Centre	905-544-4320	<ul style="list-style-type: none"> Assists Aboriginal people in accessing culturally appropriate preventive and primary healthcare programs and services. www.aboriginalhealthcentre.com
Alcohol, Drugs & Gambling Services	905-546-3606	<ul style="list-style-type: none"> Public Health professionals provide outpatient counseling for alcohol and/or drug issues to individuals 23+ years, and problem gambling services to individuals 12 years and older. www.hamilton.ca/adgs
Blind/Low Vision Program	905-385-7927 x221	<ul style="list-style-type: none"> Gives blind/low vision children from birth to Grade 1 and their parents education and support. www.earlywords.ca/blv_intro.htm
Catholic Children's Aid Society	905-525-2012	<ul style="list-style-type: none"> Provides child welfare services to Catholic families and children in Hamilton. www.hamiltonccas.on.ca/
Catholic Family Services	905-527-3823	<ul style="list-style-type: none"> Provides a range of services related to social problems that disrupt individual and family living. Individuals of all denominations welcome. www.cfshw.com/
Check It Out Drop Ins	905-524-4884	<ul style="list-style-type: none"> Free drop-ins across Hamilton for families w/ children 0-6 featuring a team of community professionals who can answer questions & provide information regarding a child's growth, development and/or behaviour. www.hamilton.ca/HealthandSocialServices/PublicHealth/Nutrition/ChildDevelopmentScreeningClinic.htm
Child Care Information Hamilton	905-528-0591	<ul style="list-style-type: none"> First point of access to information for parents, caregivers, centre operators, early childhood educators and anyone else with a child care question. http://www.cafcc.on.ca/ccil.php
Child Care Subsidy	905-546-4870	<ul style="list-style-type: none"> Financial assistance for eligible families who need child care for children aged 0-12 years old. www.hamilton.ca/childcare
Children's Aid Society	905-522-1121	<ul style="list-style-type: none"> Works to protect children from physical, sexual and emotional abuse and neglect, and with parents to address concerns and resolve issues that impact a child's safety and well-being. www.hamiltoncas.com
COAST	905-972-8338	<ul style="list-style-type: none"> 24-hour crisis line for Hamiltonians who have serious mental health issues and are in crisis. www.coasthamilton.ca
Community Information Hamilton (CIH)	905-528-0104	<ul style="list-style-type: none"> Free online database of community, government, non-profit, voluntary and health sector programs and services in Hamilton. www.inform.hamilton.ca
Contact Hamilton	905-570-8888	<ul style="list-style-type: none"> This is the first point of access for children's mental health services, youth with emotional, behavioural or developmental concerns and adults with developmental disabilities. www.contacthamilton.ca
EatRight Ontario (Info Line)	1-877-510-5102	<ul style="list-style-type: none"> Easy-to-use information on food and nutrition, meal planning advice, healthy eating tips and recipes. Nutritionists can also answer nutrition-related questions and provide feedback by phone/email. www.eatrightontario.ca
Francophone Health Centre	905-528-0163	<ul style="list-style-type: none"> Centre de Santé is a multi-service agency providing health and social services to French-speaking clients in Hamilton. www.cschn.ca
Growing Together	905-521-2100 x74243	<ul style="list-style-type: none"> Growing Together is a community directory that lists current, local prenatal and parenting information sessions. www.communityed.ca
Health Connections	905-546-3550	<ul style="list-style-type: none"> Public Health Nurses provide expectant parents and families of children under age 6 w/ information on various health topics, make referrals & connect parents to info sessions in the community. www.hamilton.ca/publichealth
Healthy Babies, Healthy Children/Nurse Family Partnership	905-546-3550	<ul style="list-style-type: none"> Public Health Nurses (PHN) visit families in their home during pregnancy, after the birth of a child, and with children up to to 6 years of age. Eligible families receive regular visits from a PHN and/or Family Home Visitor (FHV) to support healthy growth and development, positive parenting and connections with community resources. www.hamilton.ca/HealthandSocialServices/PublicHealth/Parenting/HBHC-HomeVisits.htm
Home Management Program	905-546-4804	<ul style="list-style-type: none"> Teaches individuals, families and groups, through practical instruction and coaching, the skills necessary to be more successful and independent in their day to day living. www.hamilton.ca/HealthandSocialServices/SocialServices/SupportPrograms/Home+Management+Program.htm
Access to Housing	905-524-2228	<ul style="list-style-type: none"> Access to Housing provides the point of access for people wishing to apply for subsidized housing in Hamilton. www.hamilton.ca/housing
Infant Hearing Program	905-381-2828	<ul style="list-style-type: none"> Identifies and provides services to young children born deaf, hard-of-hearing, or at risk for developing a hearing impairment in early childhood. www.earlywords.ca/hear_intro.htm
McMaster Children's Hospital—Children's Developmental Rehabilitation Program	905-521-2100 x77950	<ul style="list-style-type: none"> Provides habilitation/rehabilitation to children ages 0-18 with neurological and/or developmental disabilities. The interdisciplinary team offers assessment, treatment and consultation. www.mcmasterchildrenshospital.ca/body.cfm?id=218
McMaster Children's Hospital—Feeding and Swallowing Clinic	905-521-2100 x75013	<ul style="list-style-type: none"> This clinic requires a physician referral and provides outpatient care for children with feeding and/or swallowing difficulties. http://www.mcmasterchildrenshospital.ca/body.cfm?id=76
McMaster Children's Hospital – Infant Parent Program	905-521-2100 x77406	<ul style="list-style-type: none"> Supports families of children ages 0-3 who are at risk because of developmental, medical, or other problems. The team's goal is to help the infant and their parents develop to the best potential. www.mcmasterchildrenshospital.ca/body.cfm?id=221
McMaster Children's Exercise and Nutrition Centre	905-521-7967	<ul style="list-style-type: none"> Clinical programs involve consultation, education, medical care, and prescription of physical activity, nutrition, and lifestyle alterations to modify health-related behaviours of patients, their families, and caregivers. www.mcmasterchildrenshospital.ca/body.cfm?id=70
Ontario Early Years Centres	905-524-4884	<ul style="list-style-type: none"> Children 0-6 and parents/caregivers can take part in programs and activities together. Parents and caregivers can also get information about their children's development and supporting services. www.ontarioearlyyears.ca
Ontario Works	905-546-4800	<ul style="list-style-type: none"> Provides income and employment assistance for those in temporary financial need. www.ontario.ca/socialassistance
Parenting & Family Literacy Centres	905-524-4884	<ul style="list-style-type: none"> Parenting and Family Literacy Centres are school-based programs for parents and their children, aged birth to six years of age, that operate during the school day. http://www.edu.gov.on.ca/eng/parents/pflc.html
Preschool Speech and Language Program (Early Words)	905-381-2828	<ul style="list-style-type: none"> Umbrella organization of Hamilton's preschool speech & language services for young children. Parents, childcare providers & other professionals can call for info about children's speech/language development & workshops. www.earlywords.ca
Therapeutic Referral for Child Care	905-546-2424 x4872	<ul style="list-style-type: none"> By referral from a professional, families may be eligible for a child care placement, when a child is deemed at risk. www.hamilton.ca/HealthandSocialServices/SocialServices/ChildCareAndParenting/Child-at-Risk.htm