



**Inventory of Programs
and Services
for
Elgin County
Children & Families**

**Developed as part of the
Healthy Babies Healthy Children
Initiative**

Revised January 2014

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Aboutface International

Address: 123 Edward Street, Suite 1003
Toronto, ON M5G 1E2

Telephone: 1-416-597-2229
1-800-665-3223 (FACE)

Fax: 1-416-597-8494

Website: www.aboutface.ca

Email: info@aboutfaceinternational.ca (English)
info-francais@aboutface.ca (French)
school@aboutface.ca (School programs)

Description of Services: Provides emotional, peer and social support, resources and educational programs to individuals with facial disfigurements and their families.

Accessible Parking Permit Program

Address:	Ministry of Transportation Drivers and Vehicle Section 659 Exeter Road London, Ontario N6E 1L3 Mailing: PO Box 5338, N6A 5H2
Telephone:	1-800-265-6072
Fax:	519-873-4332
Website:	www.mto.gov.on.ca
Email:	mtinfo@ontario.ca
Hours of Operation:	Monday to Friday 8:30 am – 5:00 pm
Eligibility:	Individuals must be certified by an Accessible Parking Permit program approved health practitioner as having one or more of the conditions outlined by the MTO.
Referrals:	Self
Fees:	None
Description of Services:	From May 1, 1990, the provincial Accessible Parking Permit has been available free of charge to eligible applicants, while disabled symbol license plates are no longer available. The portable Accessible Parking Permit will be recognized by any municipality for the purposes of special parking or stopping as allowed by local bylaw. For further information regarding the Accessible Parking Permit contact your local Ministry of Transportation.

Across Languages Translation and Interpretation Services

- Address:** 129 & 131 Wellington Street
London, Ontario N6B 2K7
- Telephone:** 519-642-7247
1-866-833-7247
- Fax:** 519-642-1831
- Website:** www.acrosslanguages.org
- Email:** info@acrosslanguages.org
- Hours:** Monday to Friday 8:30 am – 4:30 pm
- Referrals:** Organizations and professionals serving non-English speakers. Individual referrals accepted under certain circumstances.
- Fees:** Set fee, transportation cost outside London. Subsidies are available for victims of wife assault and emergency situations.
- Description of Services:** Interpreters are available 24 hours daily, matching trained interpreters with requests from human service agencies and professionals.
- Training program trains interpreters. Services are available in more than forty languages.
- Emergency after hours service offered through Women's Community House; 519-642-3003 ext 4 (4:30 pm – 8:30 am).

Addiction Services of Thames Valley

Address:	200 Queens Avenue, Suite 260 London, ON N6A 1J3	
Telephone:	519-673-3242 519-673-3666 (Administration)	
Fax:	519-673-1022	
Website:	www.adstv.on.ca	
Email:	intake@adstv.on.ca	
Hours of Operation:	Monday and Tuesday	8:00 am - 8:00 pm
	Wednesday to Friday	8:30 am - 4:30 pm
Eligibility:	Residents of Elgin, Oxford and Middlesex counties age 12 and older.	
Referrals:	Self-referrals	
Fees:	None	
Description of Services:	<p>Confidential assessment of substance use and gambling problems. Treatment planning, referral, counseling and after care, individual and group sessions available. Information and support provided for family and others.</p> <ul style="list-style-type: none">• Problem Gambling Intake Line – 519-673-3242 ext 234• Substance Abuse Intake Line – 519-673-3242 ext 222• Heartspace – 519-673-3242 ext 222• Back on Track for Impaired Drivers – 519-673-3130• Fresh Start for Ontario Works Participants – 519-673-3242 ext 232	

Al-A Teen and Al-Anon London & Area

Address:	PO Box 944 Station B London, ON N6A 5K1
Telephone:	519-457-9393 (Local Answering Service)
Website:	www.london-on-al-anon.org
Email:	london.on.al-anon.web@hotmail.com
Eligibility:	Relatives, families and friends of problem drinkers in Elgin and Middlesex Counties.
Fees:	None
Description of Services:	The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. The telephone number is an answering service providing a list of meetings within London and surrounding area. All groups are non-smoking. Meetings are either one hour or one and a half hours in length.

Alcoholics Anonymous Elgin County

Address:	PO Box 22001 RPO Elmwood Square St. Thomas, ON N5R 6A1
Telephone:	519-633-0430
Website:	www.aalondon.org/
Eligibility:	Anyone with a desire to stop drinking. Some meetings are closed meetings – only alcoholics (no speaker at closed meetings).
Fees:	None
Description of Services:	Assists alcoholics to attain and maintain sobriety, donates materials to organizations. There are meetings 7 days a week.

All Kids Belong

Address:	Merrymount Family Support & Crisis Centre 1064 Colborne Street London, ON N6A 4B3
Contact:	Jeff Haveman, Program Supervisor
Telephone:	519-434-6848 ext 270 519-434-8247
Fax:	519-434-6851
Website:	www.merrymount.on.ca
Email:	akb@merrymount.on.ca
Hours:	Monday to Friday 8:30 am – 4:30 pm *evening and weekend appointments can be arranged
Eligibility:	Infants and children birth to 12 years of age who require extra support integrating into a licensed community child care program
Referrals:	Self-referral; telephone for appointment
Fees:	Set child-care fee; subsidy available for eligible families
Description of Services:	Promotes the inclusion of children with special needs into licensed child care settings and empowers families and professionals so that all children can successfully participate. Holds workshops on various topics concerning early child development, developmental delays, behavioural issues, etc.
	Community Locations: CPRI, Morgan Building 600 Sanatorium Rd, London 519-641-7718

Salvation Army

1340 Dundas St E, London
519-657-3610

London-Fanshawe Ontario Early Years Centre
1892 Dundas St E, London
519-452-7331

St Thomas
579 Talbot St, St Thomas
519-631-2321

Art Therapy

- Address:** 37 Scott Street
St. Thomas, ON N5P 1K4
- Contact:** Keri Herring
- Telephone:** 519-637-3518
- Fax:** 519-637-2671
- Eligibility:** Children and teens ages 4 to 19
- Fees:** Initial interview session – free (no commitment)
One session (45 min – 1 hour) - \$60
- Waiting List: Interview within two weeks
Minimal waiting list for sessions at times
- Description of Services:** Art Therapy for individuals with developmental, social and/or emotional difficulties. Service focuses on children and teens ages 4 to 19 but is also available to parents.

Assistance for Children with Severe Disabilities

Address:	217 York Street, 3 rd Floor PO Box #5217, Suite 203 London, ON N6A 5R1
Telephone:	519-438-5111 1-800-265-4197 (Toll-free) TTD/TTY: 519-663-5276
Fax:	519-672-9510
Application Process:	Applications will be mailed to the client. This includes a Ministry of Community and Social Services Form 6 and a detailed expense sheet. Documentation will be requested, outlining the functional losses experienced by the child, verification of total family income and the child's date of birth. Assistance with the completion of the application is available.
Waiting List:	None
Hours of Operation:	Monday to Friday 8:30 am – 5:00 pm
Eligibility:	The child must be less than 18 years of age. The child must have a severe handicap that results in a functional loss. Extraordinary costs must be present which are incurred as a result of the handicap. The entitlement is based on family size and total income.
Referrals:	Referral by telephone from parents or other professionals.
Fees:	None
Description of Services:	The Assistance for Children with Severe Disabilities provides a benefit to the parents of severely handicapped children, to help defray some of the ongoing extraordinary costs arising directly from the handicap to maintain them at home. The basic entitlements vary between the minimum of \$25, with \$25 increments to an established maximum of \$420 per month. Additional benefits provided to the child are drug and dental coverage, as well as eyeglasses and hearing aids are supplied when necessary.

The benefit may provide funding for each of the following categories:

- Transportation/Accommodations/Meal/Parking costs
- Extraordinary Child Care and Babysitting costs
- Additional Clothing, Linen and Laundry costs
- Diaper costs
- Special Shoes and Boots
- Special diets
- Non-prescription Drug costs
- Equipment for Sensory impairments
- Medical/Surgical supplies
- Dental costs
- Specialized Day programming
- Special Summer Camp
- Special Learning Equipment
- Parent Relief

Assistive Devices Program

Address:	Ministry of Health and Long-Term Care 5700 Yonge Street, 7 th Floor Toronto, ON M2M 4K5
Contact:	Carol Jones, Senior Manager
Telephone:	1-416-327-8804 (Toronto) 1-800-268-6021 (Toll-Free) TTY: 416-327-4282 TTY: 1-800-387-8192
Fax:	1-416-327-8192
Website:	www.health.gov.on.ca
Email:	odp@ontario.ca
Application Process:	Varies depending on devices required. Processing time varies with device category.
Hours of Operation:	Monday to Friday 8:30 am – 5:00 pm Phone Line opens 8:30 am – 5:00 pm
Eligibility:	Ontario residents with a valid Ontario Health Card issued in their name and has a physical disability of six months or longer
Referrals:	Assistive Devices Program authorizer.
Fees:	Some centres charge an assessment fee
Description of Services:	Provision of consumer-centered support and funding to Ontario residents who have long-term disabilities and to provide access to personalized assistive devices appropriate for the individual's basic needs. Devices covered by the program are intended to enable people with physical disabilities to increase their independence through access to assistive devices responsive to their individual needs.

Aylmer Community Services

- Address:** 25 Centre Street
Aylmer, ON N5H 2Z4
- Contact:** Susan Loewen or Annie Fehr
- Telephone:** 519-765-2082
- Hours of Operation:** Monday to Friday 9:00 am - 4:30 pm
Tuesday 9:00 am - 7:00 pm
- Fees:** Specific program fees only
- Description of Services:**
- Employment services – Job Connect Program, employment counselors, job postings
 - YWCA – various programs
 - Mennonite Community Services (MCS)
 - Fanshawe College
 - Satellite office of Service Canada – SIN numbers, unemployment insurance and Old Age Security

Aylmer Corner Cupboard and East Elgin Community Assistance Program

Address:	29 John Street North Aylmer, ON N5H 2A7
Contact:	Blair Barons – 519-773-2351 John Mantel – 519-773-5162
Hours of Operation:	Tuesday: 9:00 am – 12:00 pm 3:00 pm – 5:00 pm
Eligibility:	Aylmer residents and East end of Elgin County
Referrals:	Self
Fees:	None
Description of Services:	An emergency food bank. Access to other emergency aid available through East Elgin Community Assistance Program (same contact).

Babeeze in Arms Doula Centre

Address: 394 Oxford Street East
London, ON N6A 1V7

Telephone: 519-673-4441

Website: www.babeezeinarms.com

Email: info@babeezeinarms.com

Fees: Priced per service

Description of Services: The centre offers Doulas that provide labour support, postpartum support or both. Labour support consists of emotional and physical guidance and comfort techniques such as massage. Postpartum Doulas can support new families by providing emotional support, help with newborn care, baby basics, assistance and support with breastfeeding techniques as well as performing household tasks and sibling care.

Other services include:

- Breastfeeding Support
- Childbirth Education
- Happiest Baby Class & Newborn Massage
- Labour Support
- Postpartum Support
- Babeeze Yoga
- Birth Pool Rental

Balaclava Street Adult and Alternative Education Centre

Address:	20 Balaclava Street St. Thomas, ON N5P 3C2
Telephone:	519-631-0231
Fax:	519-631-1476
Website:	www.tvdsb.on.ca/ace
Email:	wheable@tvdsb.on.ca
Hours of Operation:	Morning & afternoon classes September - June
Eligibility:	Adults 18 years and older who are Canadian citizens or landed immigrants and out of school at least one year
Application:	Self-referral for course registration Intake and orientation usually begins at least 3 weeks prior to first class date
Fees:	Set fees; tuition free for non-resident adults (excluding PSW course); activity fee for some courses
Description of Services:	English as a Second Language (ESL) - General and specialty classes: <ul style="list-style-type: none">• Literacy ESL - For learners not literate in their first language• Language for the Retail Profession• Language for the Workplace• Citizenship Preparation - Offered to landed immigrants who have been living in Canada at least 2 years (test can be taken at 3 years)• Preparation for University/Professional Testing Personal Support Worker (PSW) Program 519-452-2660 ext 69730 Cooperative education program which includes over 300 hours of classroom theory and 300 hours of on-the-job training in agencies that employ PSWs

Hair Styling Pre-Apprenticeship Program

One year program offering classroom theory and practical training in the latest hair styles, trends, business operations, and safety. Requires a grade 12 diploma and interview * set fee which covers textbook and toolkit costs

Adult High School Diploma Program

Courses designed for adult learners who want to complete their high school diploma focusing on reading, writing, mathematics, and social sciences

Gateway to Learning (Upgrading)

Literacy, numeracy and essential skills services that help individuals achieve goals related to further education and training, employment or increased independence

Big Brothers/Big Sisters of St. Thomas-Elgin

Address: 146 Centre Street
St. Thomas, ON N5R 3A3

Contact: Barb Matthews, Executive Director

Telephone: 519-633-3830

Fax: 519-633-3023

Website: www.bbbselgin.org

Email: barb.matthews@bigbrothersbigsisters.ca

Hours of Operation: Monday to Thursday 9:00 am - 5:00 pm
Friday 9:00 am - 4:30 pm

Eligibility: Children referred by parents in St. Thomas and Elgin areas

Fees: None

Description of Services: Mentoring program for boys and girls to enhance development and confidence. Matches meet regularly and are made according to mutual interests.

Couples of Kids (7-14)

A couple is teamed up for a two-to-one friendship. Couples must be 21 years and over and together at least 2 years

Family Match (7-14 years)

A family is teamed up to include a child with their family outings.

Big Bunch Group (7-14 years)

Serves a group of 3-4 children who are currently waiting for a match.

In-School Mentoring (7-14 years)

Volunteers are matched with a child in public school for one hour per week to help the child socialize and establish a friendship and a support system

Go Girls! (12-14 years)

A mentoring program for girls entering Grade 7 or 8 designed to provide girls with information and support to make good choices about active living, balanced eating and feeling good

Game On! (12-14 years)

A mentoring program delivered in schools to boys in Grade 7 or 8 designed to provide boys with information and support to make healthy, balanced lifestyle choices

Canada Revenue Agency

Address:	District Office: 451 Talbot Street London, ON N6A 5E5
	Taxation Centre: 66 Stapon Road Winnipeg, Manitoba R3C 3M2
Mailing Address:	London Tax Services Office PO Box 4548 London, ON N6A 4R3
Telephone:	1-800-959-8281 TTY: 1-800-665-0354 (during regular hours of service)
Fax:	519-645-4029
Website:	www.cra-arc.gc.ca
Additional:	To order publications in audio, Braille, large print or on computer diskette call 1-800-267-1267, 8:15 am to 5 pm
Hours of Operation:	Monday to Friday 8:15 am - 4:30 pm
Eligibility:	If you require a larger supply of forms (more than 25) phone or fax above number. In order to receive personal information on the telephone, the client must be able to provide at least three pieces of personal information such as Name, Address, Social Insurance Number, Date of Birth and the Total Income from line 150 of their income tax return (within \$100). To receive personal information at the counter, a client must provide their Name, Address, Social Insurance Number and a signed photo identification card. In the absence of a signed photo identification card, the client should provide the information noted for receiving information over the telephone or other documentation such as their income tax return.
Accessibility:	Wheelchair accessible; Service available in English or French; other languages are spoken; yet the fluency in these languages is dependent upon staff availability. (American Sign Language included)
Fees:	There is no cost associated with the provision of service.

Description of Services: CCRA provides information on the Income Tax Return for individuals, corporations, estates, etc. Through the Community Volunteer Program, volunteers trained in the completion of basic income tax returns assist individuals unable to complete their own return. The Disability Tax Credit is available for individuals who have severe, prolonged mental or physical impairments that restrict them in the activities of daily living.

More details and the T2201 form are available in the pamphlet "Tax Information for People with Disabilities".

Individual Income Tax Enquiries	1-800-959-8281
Forms and Publications	1-800-959-2221
Canada Child Tax Benefit	1-800-387-1193
GST/HST Credit for Individuals	1-800-959-1953
Telerefund	1-800-959-1956
Business & Self-Employed Individuals	1-800-959-5525
T.I.P.S. (Tax Information Phone Service)	1-800-267-6999

Canadian Mental Health Association

Address:	110 Centre Street St. Thomas, ON N5R 2Z9
Contact:	Heather DeBruyn, Executive Director
Telephone:	519-633-1781 1-855-633-1781 (Toll Free)
Fax:	519-631-8273
Website:	www.cmhaelgin.ca
Email:	admin@cmhaelgin.ca
Eligibility:	Open to public and professionals, individuals who have had or are receiving treatment for a mental health problem within Elgin County.
Referrals:	Self, family/friend, community agency, physician, inpatient psychiatry
Fees:	None
Description of Services:	Provides info pertaining to local mental health resources. Promotes mental health education and prevention. Provides programs for those with mental health problems. Encourages improved community treatment and services.

Crisis Outreach

519-631-2180 or 1-888-631-2180

To assist, stabilize and get the person to the level he/she was before crisis and to prevent deterioration and hospitalization.

For males and females aged 16 years or older living in Elgin County to access instead of the hospital in a crisis situation. Non-medical crisis intervention 24 hours per day, 7 days per week. Do not take anyone who is a danger to themselves or others. If the person is under the influence of drugs or alcohol, he/she will have to be medically cleared before taking them.

The Canadian Red Cross Society – St. Thomas/Elgin Branch

- Address:** 141 Wellington Street
St. Thomas, ON N5R 2R8
- Contact:** Erin Betts, Community Services Assistant
- Telephone:** 519-631-1611
- Fax:** 519-631-3681
- Website:** www.redcross.ca
- Hours of Operation:** Monday to Friday 8:30 am - 4:30 pm
(Office closed from 12:00 pm – 1:00 pm)
- Eligibility:** Individuals of all ages living with an acute or chronic medical condition. Self referral or through South West Community Care Access Centre for those who meet eligibility criteria
- Description of Services:**
- Community Health Services - Supportive Housing**
Provides 24 hour/day essential homemaking and personal care to eligible tenants at designated apartment buildings. Services include personal care, meal preparation, light housekeeping, child care, palliative care and caregiver relief for clients who are ill or elderly, or have a disability
- Home Equipment Loan Program (H.E.L.P)**
Short-term rental (up to three months) of equipment including crutches, walkers, wheelchairs, commodes, etc. to individuals convalescing in their own homes
- Injury Prevention and First Aid Programs**
Provides First aid, Cardiopulmonary Resuscitation (CPR) and Automatic External Defibrillator (AED) training and child safety, water safety and babysitting courses
- Transportation Services**
Pre-arranged transportation is available for medical and therapy appointments to day programs and social trips

Canadian Tire JumpStart

- Address:** Canadian Tire Foundation for Families
2180 Yonge Street, 10th Floor
Toronto, Ontario M4P 2V8
- Telephone:** 1-877-616-6600
- Website:** <http://www.bbbseelgin.org/www.canadiantire.ca/jumpstart>
- Email:** ontario.jumpstart@cantire.com
- Eligibility:** Children and youth aged 4 to 18 years old in financial need
- Description of Services:** The Canadian Tire JumpStart program focuses on helping individual children become involved in organized sports and recreational activities to help them develop a healthier lifestyle in their younger years.

Canadian Tire JumpStart delivers support to children through a Canadian-wide network of local chapters. These chapters are comprised of community partners such as local youth organizations who are in a position to identify children in financial need. Together, these community partners use a confidential process to select and refer children who meet the criteria and who could benefit from the program. This model enables Canadian Tire JumpStart to maintain integrity in the process and to ensure that funding is delivered right to children who fit with our criteria. Parents do not apply directly to the program to obtain funding for their children.

For more information please contact:

Residents living in St. Thomas:

YMCA St. Thomas-Elgin at 519-631-2418 ext. 26

Residents living in East Elgin:

East Elgin Community Complex at 519-773-5631

Residents living in West Elgin:

Jumpstart call centre at 1-877-616-6600

Caring Cupboard (Rodney)

Address:	PO Box 342 Rodney, ON N0L 2C0
Contact:	Sylvia Logan
Telephone:	1-519-785-2026
Eligibility:	Rodney area residents (785 Telephone Exchange)
Referrals:	Self referral, by appointment only.
Fees:	None
Description of Services:	Emergency food supply available on an “as needed” basis. Serviced out of Calvary United Church. Arrangements for pick-up can be made on an individual basis.

Caring Cupboard Food Bank

- Address:** 803 Talbot Street
St. Thomas, ON N5P 1E4
- Mailing Address:** P.O. Box 20025
St. Thomas, ON N5P 4H4
- Contact:** Brian Burley
- Telephone:** 519-633-5308
- Fax:** 519-633-5984
- Website:** www.caringcupboard.ca
- Email:** caringcupboard@bellnet.ca
- Hours of Operation:** Monday and Thursday 9:30 am - 3:00 pm
Tuesdays 12:00 pm - 3:30 pm
- Eligibility:** Individuals and families may use our service once every other month if their incomes are at or below the low-income cutoffs established annually by Ontario Works (Welfare). They must reside in areas within Elgin County where there is no other food bank. Therefore proof of income, address and identification for all family members requiring assistance is required on every visit.
- Fees:** None
- Description of Services:** 2 to 3 day food supply dependent on number of people in family. Emergency food supply for those in need. Pick-up only at 803 Talbot Street. Referrals made to other agencies.

Central Community Health Centre

Address:	359 Talbot Street St. Thomas, ON N5P 1B7
Telephone:	519-633-7989
Fax:	519-633-8467
Website:	http://www.bbbsegin.org/www.centralcchc.com
Email:	info@centralcchc.com
Hours of Operation:	Monday to Friday 9:00 am - 5:00 pm Thursdays 9:00 am - 8:00 pm (depending on availability of physician)
Eligibility:	Residents of Central Elgin, Southwold Township and St. Thomas who do not have a primary care provider (doctor or nurse practitioner)
Referrals:	Self referral
Fees:	None
Description of Services:	<p>CCHC provides primary health care (for people living in St. Thomas, Central Elgin and Southwold Township) that do not have a nurse practitioner or physician. CCHC also offers programs for health promotion, illness prevention and community development.</p> <p>Services provided by CCHC include smoking cessation, walking programs, seniors get-togethers, groups for people suffering from anxiety and depression, teen support groups, dietitian services, chiropody, social work/counseling and a community outreach worker. These services are supported by a comprehensive team of professionals to help you cope with issues of health and wellness.</p>

Centre of Hope – Withdrawal Management Centre

Address:	The Salvation Army 281 Wellington Street London, ON N6B 2L4
Telephone:	519-661-0343 1-866-685-4600
Fax:	519-432-6375
Website:	http://www.centreofhope.ca
Email:	enquiries@centreofhope.ca
Hours of Operation:	24-hour service
Eligibility:	Adults and youth 16 years and older who are under the influence of alcohol and/or drugs
Referrals:	Self or medical referral
Fees:	Most fees covered by OHIP
Description of Services:	A non-medical co-ed residential acute detoxification facility Provides a safe, non-threatening environment for withdrawal from substance use/abuse (alcohol and drugs). Attempts to motivate clients to seek rehabilitation and gives direction for ongoing treatment.

Changing Ways – Partner Assault Response Program

Address:	118 Centre Street St. Thomas, ON N5R 2Z9
Contact:	Tim Kelly
Telephone:	519-631-7355
Website:	http://www.bbbselgin.org/www.changingways.on.ca
Email:	changingways@changingways.on.ca
Hours of Operation:	Monday to Friday 10 am - 3 pm
Eligibility:	Men or women with abusive behavior
Description of Services:	Changing ways offers a unique service by providing hope and support for anyone in our community who wish to end their abusive behavior. They offer a program that takes an active stand against domestic violence and all its resulting social repercussions.

Childcare and Nursery Programs

Contact: Irma Pedersen

Telephone: 519-631-9350 ext. 136

Fax: 519-631-1824

Website: www.city.st-thomas.on.ca

Email: ipedersen@city.st-thomas.on.ca

Description of Services: Ontario Works provides an up-to-date list for licensed childcare facilities with Elgin County.

Child Find Ontario

Address:	75 Front Street East, Suite 303B Toronto, ON M5E1V9
Telephone:	416-987-9684 1-866-KID-TIPS (543-8477) 1-800-387-7962 (for sightings or case information)
Website:	http://www.bbbselgin.org/www.childfind.ca
Referrals:	Self-referrals
Fees:	None
Description of Services:	Child Find is a national organization representing and supporting its provincial members who assist in the search for and prevention of missing children. Services offered include fingerprinting, teeth printing, baby foot printing, street proofing, production of ID pack, public education, public awareness and green ribbon campaign in May.

Christmas Care

Address:	PO Box #20016 St. Thomas, ON N5P 4H4
Contact:	Al Mintz Andreana Collins
Telephone:	519-631-0710 November – December only
Fax:	519-633-6730 #77
Hours of Operation:	Monday to Friday 10 am - 5 pm (during Christmas campaign).
Eligibility:	All ages but must qualify
Fees:	None
Description of Services:	The goal of Christmas Care is to assure everyone has a special Christmas. We provide food baskets to families in need, toys to children and gift certificates to those who are between 12 to 16 years of age.

Christmas Shoppe

Address:	First United Church (gymnasium) 7 Curtis Street St. Thomas, ON N5P 1H3
Telephone:	519-631-7570
Hours of Operation:	2 nd Week of December
Eligibility:	Children ages 12 years and under; original identification required for each child showing date of birth
Referrals:	Invitation signed by social service agency required
Fees:	None
Description of Services:	Offers shoppers the opportunity to purchase Christmas gifts for their children 12 years of age and under at reduced prices. Shoppers may spend a maximum of \$3.00 per child on toys and \$5.00 per child on clothing. Money is required.

City of St. Thomas

Address: PO Box #520, City Hall
545 Talbot Street
St. Thomas, ON N5P 3V7

Telephone: 519-631-1680

Fax: 519-633-9019

Website: www.city.st-thomas.on.ca

Email: info@city.st-thomas.on.ca

Hours of Operation: Monday to Friday 8:30 am - 4:30 pm

Description of Services: **Municipal Government Services:**

Environmental Services

Responsible for many day-to-day operating functions including construction, road maintenance, parking, transit, water and wastewater, building permits, garbage collection and municipal facilities.

City Clerk's Office

Handles city administration including Council agendas, minutes and original by-law documents, municipal election, marriage licenses.

Parks & Recreation

St. Thomas Parks and Recreation inspires and assists community members to live healthy and active lives through parks, open spaces, facilities, programs, and services. Offering recreational programming such as skating, swimming, cooking and more. Ice or facility rentals available.

City of St. Thomas Police Services

Address:	30 St. Catherine Street St. Thomas, ON N5P 2V8
Telephone:	Business Office: 519-631-1224 Emergency: 911 Non-emergency: 519-631-1364
Fax:	519-633-9028
Website:	http://www.bbbsegin.org/www.stps.on.ca
Email:	info@stps.on.ca
Hours:	Monday to Friday 8:00 am - 4:00 pm (Business Office)
Referrals:	Self-referral
Fees:	None
Description of Services:	Emergency Police Services Block Parents A program where responsible adults volunteer their homes as a refuge in an emergency. Neighbourhood Watch A program involving concerned neighbours watching out for other neighbours. Child Safety Resource Elementary school safety programs including street proofing, bicycle safety, car seat safety, etc. Safety Patrollers and Parent Safety Patrol Training Crime Stoppers Program A program aimed at reporting crimes to police with anonymity.

Clinic 217

- Address:** 217 Talbot Street
St. Thomas, ON N5P 1B1
- Telephone:** 519-631-3300
- Fax:** 519-631-9355
- Website:** <http://www.bbbselgin.org/> www.supportnet.ca/1n-217/1-217.html
- Hours:**
- Drop-In:
Monday & Tuesday 9:00 – 11:00 & 1:00 – 3:00 pm
Thursday & Friday 9:00 – 11:00 & 1:00 – 3:00 pm
- Physician Reassessment:
Monday & Thursday 9:00 – 11:30 & 1:00 – 3:30 pm
Tuesday & Friday 9:00 – 11:00 & 1:00 – 3:00 pm
- Eligibility:** Opiate addicted individuals residing in Elgin County; valid Ontario health card required to enroll in program
- Referrals:** Self-referral; no medical referral is necessary
- Fees:** None
- Description of Services:** Clinic 217 is a low threshold program of Methadone Maintenance Treatment for the problem of opiate drug addiction. All clients attend clinic for daily dispensing of methadone seven days weekly. All clients also attend twice weekly for clinical reassessment. Methadone clinic appointments are designed to: safely prescribe methadone; to reassess substance use and lifestyle stability; to provide education about harm reduction and health care options; and to facilitate your recovery.
- Support for abstinence and recovery is routinely provided. All effort is made to help users learn about their condition of addiction – and to learn what other things will be helpful for them to do on behalf of their recovery.

C N I B

Address:	749 Baseline Road East London, ON N6C 2R6
Telephone:	519-685-8420 1-800-265-4127
TTY:	519-685-8426 1-866-385-3433
Fax:	519-685-8419
Website:	http://www.bbbsegin.org/www.cnib.ca
Hours of Operation:	Monday to Friday 8:30 am - 4:30 pm
Eligibility:	Adults, youth and children from birth who are visually impaired, blind or deaf blind
Referrals:	Self-referral; need to have a request for service (form available on website) completed by an eye care professional
Description of Services:	CNIB is a nationwide, community-based, registered charity committed to research, public education and vision health for all Canadians. CNIB provides the services and support necessary for people to enjoy a good quality of life while living with vision loss.

Children's Services

Child development program focusing on the special needs of children with vision loss. Helps children who are blind or partially sighted grow into successful, confident adults

Deaf-blind Services

Services designed to empower people who are deaf-blind to build the skills and confidence to fully participate in life

Career & Employment

Services designed to empower people who are deaf-

blind to build the skills and confidence to fully participate in life

Independent Living Skills

Promotes independence for individuals with a vision loss by developing daily living skills such as safe cooking, personal hygiene, banking, Braille and computer technology

Low Vision Clinics

Offers demonstrations and consultation to help individuals with a vision loss make informed decisions about the availability, selection, use and purchase of consumer products and adaptive devices

Low Vision Services

Low vision specialists provide services to those who have experienced partial loss of vision to help them make the most of their sight and live life to the fullest

Vision Rehabilitation

Assists low vision clients optimize their remaining vision through the use of optical and non-optical low vision aids

Collective Kitchen Groups (West Lorne)

Address:	West Elgin Community Health Centre 153 Main Street West Lorne, ON N0L 2P0
Contact:	Dietitian
Telephone:	1-519-768-1715
Fax:	1-519-768-2548
Website:	http://www.bbbsegin.org/www.wechc.on.ca
Email:	info@wechc.on.ca
Referrals:	Self referrals
Description of Services:	<p>Collective Kitchen Groups of friends can use the kitchen to cook big batches and share the work and the food.</p> <p>Men's Cooking Group Monthly classes which include cooking & sharing a meal while learning about a health topic. Sessions are taught by a Registered Dietitian, Health Promoter &/or special guests.</p> <p>Krazy Kitchen Cook, taste and bring home samples to share with your family. No cooking experience necessary. Children's programming available upon request.</p> <p>Kitchen Kids Parent and child cook together, and sample food afterwards. Fun activities and introductory, age-appropriate kitchen/cooking skills. Kids ages 2.5 to 6.</p> <p>Cookin' Kids A free cooking program for kids ages 7-9. Kids cooking in the kitchen with other kids. Age-appropriate kitchen & cooking skills demonstrated each session.</p>

Community Fellowship Dinner/Lunch

Address:	Trinity Anglican Church 55 Southwick Street St. Thomas, ON N5R 3S3
Telephone:	519-631-7000
Eligibility:	Open invitation to families or individuals who are experiencing difficulty making ends meet, who are on a limited or fixed income, are alone or feel isolated.
Referrals:	Self-referral
Fees:	Free
Description of Services:	Congregate Dining Dinner: free dinner, games & fellowship once a month. Usually 3 rd Friday of the month all year. Doors open at 4:30 pm, dinner served at 5:00 pm. Lunch: free lunch, games & fellowship once a month. 2 nd Friday of the month. Doors open at 11:30 am, dinner served at 11:45 am.

Community Garden - McSmith's Organic Farm

- Address:** 42828 Shorelea Line, RR#6
St. Thomas, ON N5P 3T1
- Contact:** Cathy McGregor Smith
- Telephone:** 519-631-0279
- Fax:** 519-631-9726
- Website:** <http://www.bbbselgin.org/www.mcsmiths.on.ca>
- Email:** mcsmith@amtelecom.net
- Description of Services:** Offers all certified organic dairy, meat, fruits, vegetables and eggs. Supply several organic food delivery services in London and area. Offer a pre-payment option early in the season – works as a tally through the growing season.
- Can come out and get large quantities for canning and preserves.
- Open: Saturdays 10:00 am – 2:00 pm or call to arrange pick-up

Community Garden - Orchard Hill Farm

Address: 45415 Fruit Ridge Line
St. Thomas, ON N5P 3S9

Contact: Ken and Martha Laing

Telephone: 519-775-2670

Website: www.orchardhillfarm.ca

Email: kmlaing@orchardhillfarm.ca

Description of Services: An example of “Community Share Agriculture”, where farmers grow food for a predetermined group of consumers who pay an annual fee to purchase their share of the harvest. Working-share options are available as an alternative to total cash payment.

Once-per-week pickups at the farm with choice between Saturday and Tuesday from 11 am to 7 pm. One share is geared to provide produce for two adults who eat at home or a family with small children. Larger families may want to purchase two shares.

Community Living Elgin

Address: 400 Talbot Street
St. Thomas, ON N5P 1B8

Telephone: 519-631-9222

Fax: 519-633-4392

Website: www.communitylivingelgin.com <http://www.bbbselgin.org/>

Email: info@communitylivingelgin.com

Hours of Operation: Monday to Friday 9:00 am – 5:00 pm

Description of Services: **Family Support Program:**
An in home and family oriented service offers support and assistance to parents of children (0-21 years) with a developmental disability. Services include counseling, advocacy, case co-ordination, support groups, information sharing.

Children’s Weekend Respite Program:
A respite program for families that have a child with a developmental challenge. Each child is matched with an “associate” family and may spend one weekend per month with this family.

Strengthening The Links (Respite):
Interagency committee that can provide respite care for children and families who receive services from the Ministry of Community Social Services (MCSS).

Summer Programs:
For children ages 13-21 who have challenges and wish to participate in a community day camp. Additional resources (staffing, training, etc.) are provided to ensure each child is fully included in the program.
For individuals with developmental challenges, this program provides opportunities for recreation/leisure, volunteer placements in the community, as well as enhancing life skills and social skills.

Community Living Ontario - Provincial Office

- Address:** 240 Duncan Mill Road, Suite 403
Toronto, ON M3B 3S6
- Telephone:** 1-416-447-4348
1-800-278-8025 (Toll-Free)
1-800-294-0051 (Community Living Leaders)
- Fax:** 1-416-447-8974
- Hours of Operation:** Monday to Friday 8:30 am - 4:30 pm
- Accessibility:** Wheelchair accessible
- Description of Services:** Community Living Ontario is a federation of 105 local associations with a combined membership of 12,000 people. The Association supports and lobbies on behalf of people who are identified as having a developmental handicap so that they have the opportunity to live with dignity in our communities. Areas of focus include de-institutionalization, family life, education, housing, employment and legal rights.

CPRI - Child and Parent Resource Institute

- Address:** 600 Sanatorium Road
London, ON N5H 3W7
- Telephone:** 519-858-2774
1-877-494-2774 (Toll-free)
519-858-0257(Teletype)
- Fax:** 519-858-3913 (Clinical Records)
- Website:** <http://www.bbbsegin.org/www.cpri.ca>
- Hours of Operation:** Monday to Friday 8:30 am - 5:00 pm
Residential services 24 hours per day
- Referrals:** Parents, physicians, schools or social service agencies
with a supporting letter of referral from a physician
- Fees:** Funded by the Ministry of Community and Social Services
- Waiting List:** Contact individual programs
- Description of Services:**
- Home Visiting Program for Infants (HVPI):**
This program, (available in the counties of London/ Middlesex, Oxford, Elgin, Perth and Huron) is an early intervention program of parent education and support for families of infants who are developmentally delayed or at significant risk for delayed development. This is a family driven program designed to promote use of services by strengthening child, family and community competencies.
- Child Development Program:**
Medical management, developmental and behavioural programming and family preservation for children who are developmentally delayed/disabled with medical fragility and/or technology dependence and their families.
- Dual Diagnosis Program:**
This program provides assessment, consultation and treatment for children ages 2 to 18 with an Intellectual Disability in addition to psychiatric/severe behaviour disorder.

Children's Mental Health Programs:

CPRI provides specialized and individualized assessment and treatment in the community and at CPRI for children/youth that are experiencing serious emotional, disruptive behavioural disorders and/or neurological disorders. Organizationally, services are provided through a Children's Program for children from approximately 2 through 10 years of age, a Pre-Adolescent Program for children from approximately 10 through 12 years of age and an Adolescent Program for children from approximately 11 through 15 years of age.

Pervasive Developmental Disorder Program (PDD):

A community and centre based program providing assessment, treatment, consultation and support to children up to the age of 18 with a diagnosis of Pervasive Developmental Disorder, their families and the community.

CPRI Family Resource Centre:

The Family Resource Centre has an ever-growing collection of books, magazines, videos and other audiovisual materials for children, teens and adults. Contact the Family Resource Centre at: email: kathleen.tevlin@ontario.ca or phone: 519-858-2774 ext. 2251 for more information or to schedule a visit.

Criminal Injuries Compensation Board

Address:	439 University Avenue, 4 th Floor Toronto, ON M5G 1Y8
Telephone:	1-416-326-2900 1-800-372-7463
Fax:	1-416-326-2883
Website:	http://www.bbbsejgin.org/www.cicb.gov.on.ca
Email:	Info.cicb@ontario.ca
Hours of Operation:	Monday to Friday 8:30 am - 5:00 pm
Eligibility:	Anyone injured as a result of a violent crime in Ontario
Application:	An application for compensation must be made within two years of the date of the incident. If a victim/claimant is under the age of 18 or unable to manage his/her personal affairs, a legal guardian must make the application.
Description of Services:	The role of the Board is to award financial compensation to victims of violent crimes committed in the Province of Ontario. Where adequate proof exists, the Board may award compensation for treatment, funeral and burial expenses, legal representation and costs, travel expenses, pain and suffering, income loss and loss of support.

CSCN - Community Services Coordination Network

Address:	171 Queens Avenue, Suite 750 London, ON N6A 5J7
Telephone:	519-438-4783 1-800-480-CSCN (2726)
Fax:	519-673-1509 1-877-462-1509
Website:	http://www.cscn.on.ca
Email:	info@cscn.on.ca
Eligibility:	Individuals who are in need of children's services or an adult with a developmental disability.
Referrals:	Accepted from individuals and/or service providers.
Fees:	None
Description of Services:	<p>Coordinated Information:</p> <ul style="list-style-type: none">• Maintain comprehensive database to assist consumers and service providers to obtain information on MCSS funded services and supports <p>Service Coordination:</p> <ul style="list-style-type: none">• Provide information about services/supports• Assist consumers to link to appropriate starting point• Resource to Agency Service Coordinators <p>Local Resolution Process:</p> <ul style="list-style-type: none">• Determine an appropriate response for children and adults with multi-service, complex and/or residential needs <p>Service System Resolution Process (Formerly Tier Two)</p> <ul style="list-style-type: none">• For children requiring Residential services• Develops individualized Plan of Service

Daffodil Auxiliary

Address:	183 Main Street Dutton, ON N0L 1J0
Contact:	Ken Willson
Telephone:	519-762-5757
Eligibility:	Residents of West Lorne and Dutton/Dunwich area
Referrals:	Self-referral
Fees:	None
Description of Services:	Short term food assistance. Arrangements for delivery or pick up of food can be made on an individual basis.

Developmental Resources for Infants (DRI)

Address:	779 Baseline Road East London, ON N6C 1X6
Telephone:	519-685-8716 (Intake)
Fax:	519-685-8705
Eligibility:	http://www.bbbselgin.org/ Families of children under two years of age with developmental concerns
Referrals:	Accepted from any source including parents, physicians, psychologists, schools or social service agencies
Fees:	None
Description of Services:	Single access intake helping to provide easy-to-access, family centered services. Organizations involved include: <ul style="list-style-type: none">• CPRI-Home Visiting Program for Infants• Developmental Follow-Up Clinic at St. Joseph's Health Centre• Children's Hospital of Western Ontario LHSC• Thames Valley Children's Centre

Drug and Alcohol Helpline

Telephone:	1-800-565-8603
Fax:	519-439-0455
Website:	http://www.bbbsegin.org/www.dart.on.ca
Hours of Operation:	24 hour info line assistance, no walk-in clients
Eligibility:	Those experiencing problems related to substance abuse
Fees:	None; Funded by the Government of Ontario
Description of Services:	Free, anonymous and confidential 24 hour, 7 days a week information and referral service regarding drug and alcohol treatment services and supports in your community. Provide basic education about drug and alcohol problems. Service provided in English, French and via interpreter in over 140 languages.

Dutton Dunwich Community Centre

Address: 1 Scotland Street
Dutton, ON N0L 1J0

Contact: Katie Ambrose, Recreational Director

Telephone: 519-762-3209

Fax: 519-762-2278

Hours of Operation <http://www.bbbselgin.org>/Mon and Wed 9:00 am - 2:00 pm
Tuesday 1:00 pm - 7:00 pm
Thursday 9:00 am - 12:30 pm
Friday 1:00 pm - 5:00 pm

Fees: Usually none, some classes require registration fee

Description of Services: Programs are available for fitness and recreation including: volleyball, bingo, adult tap dancing, youth drop-in, floor hockey, judo, dance classes, babysitters course, workshops, etc.

The Easter Seal Society – Ontario West Region

Address:	Bruce Power Recreation Centre 2265 Oxford Street West, Unit 1 London, ON N6K 4P1
Telephone:	519-432-9669 ext 221 1-888-278-7797 1-866-630-3336 (Financial Assistance) 1-800-668-6252 ext 314 (Incontinence Grant)
Fax:	519-432-7679
Website:	http://www.bbbselgin.org/www.easterseals.org
E-mail:	info@easterseals.org
Hours of Operation:	Monday to Friday 8:30 am - 4:30 pm
Eligibility:	Services are provided to children and youth 18 years of age and under who have neuromuscular, musculoskeletal or neurological conditions that limit mobility and/or physical function.
Referrals:	Medical referral required; eligibility application to be completed by physician
Application Process:	Telephone contact
Fees:	For summer residential camp program
Waiting List:	Dependent on time of year
Description of Services:	Provides direct services, advocacy and public education to help children and youth with physical disabilities and their families. Direct Financial Assistance - For prescribed equipment (can serve to top up Assistive Devices Program (ADP) support and other funders) such as wheelchairs, braces and communication devices (prior approval required and bathing equipment, and camp fees Incontinence Supplies Grant Program - For children and

youth, 3-18 years with chronic disabilities (physical or developmental) that result in irreversible incontinence or retention problems lasting longer than six months requiring the use of incontinence supplies. The program is fully funded by the Ministry of Health and Long-Term Care

Respite at Camp Woodeden means a fun filled weekend (one weekend per month) for children with physical disabilities aged between 7 & 19 who are able to direct their own care

Parent Delegate Resource Program – a network of parent delegates develop their leadership, advocacy and communication skills while assisting other families in their community and advocating for change in services at local, regional and provincial levels of government.

Special Education Advisory Committee members represent to Boards of Education the needs for education programs and support services that will enable children with physical disabilities to attain an education.

Resource Centre – books, articles, videotapes

Eastwood Fellowship Baptist Church – Clothing Cupboard

Address: 400 Wellington Street
St. Thomas, ON

Telephone: 519-633-4131

Fax: 519-633-4131

Email: <http://www.bbbselgin.org/info@efbc.net>

Hours of Operation 2nd Saturday of the month
9:00 am - 10:00 am

Fees: None

Description of Services: Offer free clothing to those in need

Eastwood Fellowship Baptist Church – Non-Profit Housing Corporation

Address: 200 Burwell Road, Unit 1
St. Thomas, ON N5P 4G6

Telephone: 519-633-5375

Fax: 519-633-0571

Email: <http://www.bbbselgin.org/efbc1@bellnet.ca>

Hours: Monday to Friday 9:00 am - 4:30 pm

Eligibility: Families and seniors

Referrals: Required on application

Description of Services: Non-profit housing – applications need to be completed

Family Housing – St. Thomas

200 Burwell Road
405 Wellington Street
3 South Edgeware Road
180 South Edgeware Road

Adult & Seniors Housing – St. Thomas

410 Wellington Street
150 First Ave
17 Morrison Drive

Elgin Assertive Community Treatment (ACT) Team – Regional Mental Health Care

Address:	294 Talbot Street St. Thomas, ON N5P 4E3
Contact:	Kathy Berry, Coordinator
Telephone:	519-633-5354 (Elgin ACT 1) 519-631-4787 (Elgin ACT 2) 519-631-6568 (Intake) 1-800-265-4361 (Toll-Free)
Fax:	519-631-7023
Website:	www.sjhc.london.on.ca/mhl/mhl.htm
Email:	kathy.berry@sjhc.london.on.ca
Eligibility:	http://www.bbbselgin.org /Elgin County residents 20 to 65 years of age
Referrals:	Referral from physician or Canadian Mental Health Association. Residents who are also frequent admissions to Regional Mental Health Hospital, Schizophrenia.
Fees:	None
Waiting List:	Waiting done in priority of need
Description of Services:	There are two ACT teams providing the same service. Support the chronically, seriously mentally ill within the community through: <ul style="list-style-type: none">• Case management• Depot injections• Social/recreational programs• Occupational therapy• Addiction counselling• Psychiatric services

Elgin Audiology Consultants

Address: 66 West Avenue
St. Thomas, ON N5R 5H7

Contact: Dave Pfingstgraef
Joanne Parsons

Telephone: 519-637-5925
1-866-211-7770

Fax: 519-637-5924

Website: www.elginaudiology.com

Email: <http://www.bbbselgin.org/elginaudiology@gmail.com>

Hours: Monday to Friday 9:00 am – 5:00 pm
Tuesdays 9:00 am - 7:00 pm

Description of Services: Agent for Infant Hearing Screening Program. Diagnostic Hearing testing for all ages by Registered Audiologists.

Audiologists and hearing aid dispensing. Prescription, dispensing and service of all makes and models of hearing aids.

Custom hearing protection and swim molds.

Financial assistance is available through the Ministry of Health (ADP), WSIB and the Department of Veteran Affairs.

Office Locations:

1. West Lorne

Address: 146 Munroe Street
West Lorne, ON N0L 2P0

2. Aylmer

Address: 17 King Street
Aylmer, ON

Elgin Children's Foundation

- Address:** c/o Family & Children's Services
410 Sunset Drive
St. Thomas, ON N5R 3C7
- Telephone:** 519-631-1492
- Fax:** 519-631-0596
- Website:** <http://www.bbbselgin.org/www.childrensfoundation.on.ca>
- Email:** generaldelivery@caselgin.on.ca
- Eligibility:** Underprivileged children in Elgin County
- Fees:** None
- Description of Services:** Funds donated to the Children's Foundation are used in one of two ways - to enhance provincial programs and to contribute to special projects. Some of our past and future projects include:
- Camping for underprivileged children in Elgin County
 - Public education on child abuse or neglect
 - Top-ups to provincially funded programs
 - Capital purchases which benefit children
 - Financial assistance for former wards of the Crown now receiving post-secondary education
 - Projects to prevent child abuse or neglect, such as *Speak Don't Spank* booklets

Elgin Counseling & Mediation Centre

- Address:** 19 Queen Street
St. Thomas, ON N5R 3H9
- Telephone:** 519-633-4423
- Fax:** 519-633-3240
- Website:** <http://www.bbbselgin.org/www.mediationcentre.on.ca>
- Email:** mediationcentre@rogers.com
- Eligibility:** Aged 5 years and older
- Description of Services:** The Centre provides professional, yet affordable counseling, mediation, education and training to the community. The therapists are trained to work with children, aged 5 and older, as well as adolescents and adults.
- The Centre offers individual, relationship, family and group treatment, and mediation according to the needs of the client. Services include individual counseling for anxiety/depression, self-esteem, addictions, anorexia/bulimia, etc. and relationship/martial/family counseling on issues such as conflict management, effective parenting, separation/divorce counseling, etc.
- The Centre also provides educational support and critical incident stress management to schools and community groups.

Elgin County Library

Address: 450 Sunset Drive (Main Office)
St. Thomas, ON N5R 5V1

Telephone: 519-631-1460

Website: <http://www.bbbselgin.org/www.library.elgin-county.on.ca>

Description of Services: Each library location has resources for borrowing, use and specialized programs. Information can be found by contacting the local branch.

County locations (10):

- Aylmer
- Belmont
- Dutton
- Port Burwell
- Port Stanley
- Rodney
- Shedden
- Springfield
- Straffordville
- West Lorne

Elgin Mental Health Court Diversion Service & Court Support

Telephone: 519-631-8510 ext. 49422 (Court Diversion Nurse)
519-690-7040 (Pager)

Website: <http://www.bbbselgin.org/www.sjhc.london.on.ca>

Eligibility: The Court Diversion Service & Court Support serve people in St. Thomas and Elgin County who experience mental illness, intellectual disabilities or brain injury and who have been charged with a criminal offence.

Candidates with mental health difficulties are suitable if they have a good prognosis for improvement through an established treatment plan, or if they are suffering from acute mental health symptoms.

Description of Services: Court Diversion Service

This program helps people who experience mental illness, intellectual disabilities or brain injury get the treatment and rehabilitation services they need to prevent their criminalization. It gives the Crown Attorney the option of diverting accused individuals from the criminal systems to systems that more appropriately address their challenges and needs.

Court Support

These services provide support to individuals and their families if they come into contact with the criminal justice system and are required to be in court.

Elgin-Oxford Legal Clinic

- Address:** 98 Centre Street
St. Thomas, ON N5R 2Z7
- Telephone:** 519-633-2638
1-866-611-2311
- Fax:** 519-633-7624
- Website:** www.eolc.ca
- Hours of Operation:** <http://www.bbbsselgin.org/> Monday to Friday 8:30 am - 4:30 pm
Closed 12:00 pm - 1:00 pm
- Eligibility:** Persons who cannot afford a lawyer and cannot obtain a Legal Aid Certificate. This includes low income earners, the unemployed, social assistance recipients and others that may qualify.
- Fees:** Free for those who financially qualify
- Description of Services:** Community legal clinic staffed by lawyers and legal workers committed to providing free legal services to residents of Elgin and Oxford Counties. The Clinic offers representation before courts or tribunals, summary legal advice and referrals to other agencies that can help. Funded by Legal Aid Ontario

Part-time Satellite Office:

Aylmer

Hours: Tuesday in a.m.
Address: c/o Trinity Anglican Church
170 John Street North
Aylmer, ON N4H 2A9
Phone: 519-773-8031
Fax: 519-773-3705

Elgin Respite Network

Address: c/o Community Living Elgin
400 Talbot Street
St. Thomas, ON N5P 1B8

Contact: Janice Fisher

Telephone: 519-631-9222

Fax: 519-633-4392

Email: respite@communitylivingelgin.com

Eligibility: Respite funding may be available to children who:

- reside in St. Thomas/Elgin County
- are under the age of 18
- live at home
- have a physical and/or a developmental disability that requires 24 hour care
- have been diagnosed with Autism Spectrum Disorder including Autistic Disorder, Pervasive Development Disorder-not otherwise specified and Asperger's Disorder
- have a diagnosis or professional assessment of a social, emotional, behavioral or psychiatric need

Description of Services: The Elgin Respite Network coordinates respite services for children with a variety of needs, in Elgin County. The Elgin Respite Network is funded by the Ministry of Community and Social Services. The program is administered by Community Living Elgin. Applications are made to the committee by families or those agencies assisting families.

Elgin-St. Thomas Housing Corporation

Address:	9 Princess Avenue Unit 5 St. Thomas, ON N5R 3V3
Contact:	Melanie Doyle – Client Service Worker Linda Holmes – Property Supervisor
Telephone:	519-631-4580 1-800-324-4474 (within Elgin County)
Fax:	519-633-8035
Hours of Operation	http://www.bbbselgin.org /Monday to Friday 8:30 am – 4:30 pm Closed from 12:00 pm – 1:00 pm
Eligibility:	Individual must be 16 years and old, a permanent resident of Canada (individuals with refugee status are eligible with supporting documentation) and able to live independently.
Application Process:	Tenants are selected by a Modified Chronological Tenant Selection System
Description of Services:	Provides and administers various rent geared to income housing accommodation for low-income families and individuals.

Elgin St. Thomas Public Health-Health Promotion Programs

Address:	99 Edward Street St. Thomas, ON N5P 1Y8
Telephone:	519-631-9900 1-800-922-0096
Fax:	519-633-0468
Website:	http://www.bbbsselgin.org/www.elginhealth.on.ca
Email:	estph@elginhealth.on.ca
Hours of Operation:	Monday to Friday 8:30 am - 4:30 pm
Eligibility:	Elgin County and St. Thomas residents May be dependent on program criteria
Fees:	Usually none, some classes require registration fee.
Description of Services:	<p>Healthy Babies Healthy Children Program: A prevention and early intervention program for pregnant women and families with children 0 to school age. Offers screening, assessment and linkage with community resources including home visiting by Public Health Nurses and Parent Resource Workers.</p> <p>Prenatal Education: Classes are available to educate those planning and expecting a baby, about good health before, during and after pregnancy. Topics include – nutrition, safe baby equipment, parenting, breast feeding, labour and delivery. Teen prenatal classes are also available.</p> <p>Baby and Me Drop in Well Baby Clinic: Drop-in well-baby clinic for new babies and their families (birth to 1 year old). Provides parents with the opportunity to meet other new parents, have their children weighed and talk to a Public Health Nurse about breastfeeding, healthy growth & development and nutrition. Clinic offered in St. Thomas every Tuesday from 1:00-2:30PM at the</p>

OEYC and in Aylmer, the second and last Tuesday of the month from 9:30-11:30AM at the OEYC satellite office.

Children in Need of Treatment (CINOT):

CINOT may be able to help pay for dental treatment for children pre-school to age 17 in families who do not have dental insurance and are unable to afford the cost of treatment.

Healthy Smiles Ontario (HSO):

HSO is able to fund dental treatment for children aged 0 to 17 for families without dental benefits and with a household income under \$20,000 per year. This program also funds preventive clinics that provide fluoride treatments, fissure sealants and scaling for children aged 1 to 17 from low income families.

Chronic Disease and Injury Prevention:

Information, education and skill development (e.g. cooking skills) about health issues in order to prevent chronic disease – heart health, tobacco use, women’s health, breast health, physical activity, nutrition, sun safety and cancer prevention. Injury prevention addresses falls across the lifespan, car seat safety, alcohol and other substance misuse and road safety. Quit smoking counseling, with subsidized nicotine replacement therapy, for people living on low incomes, may also be available. Monthly car seat clinics to check installed car seats is also available.

Workplace & School Health:

Health unit staff work with schools and workplaces to offer programs, services, resources and other initiatives.

Sexual Health Services:

Hotline Number 519-631-9971 (Appointments may be needed)

- Birth Control information and Counselling
- Pregnancy Testing
- Emergency Contraception
- Sexually Transmitted Infection testing & treatment
- Pap tests and Low cost birth control (females under 25)
- Needle Exchange Progra

Elgin St. Thomas Public Health-Health Protection Department

- Address:** 99 Edward Street
St. Thomas, ON N5P 1Y8
- Telephone:** 519-631-9900
1-800-922-0096
- Fax:** 519-633-0468
- Website:** <http://www.bbbsegin.org/www.elginhealth.on.ca>
- Email:** estph@elginhealth.on.ca
- Hours of Operation:** Monday to Friday 8:30 am - 4:30 pm
- Description of Services:**
- Community Immunization Clinics:**
St. Thomas clinic held at 99 Edward Street every Thursday 1:30 – 4:00 pm.
Aylmer clinic held at 424 Talbot Street W., UnitL7C, First Tuesday of every month 1:30 – 4:00 pm.
- School Immunization Clinics:**
Hepatitis B and meningococcal vaccinations for Grade 7 students
Human papillomavirus vaccinations for Grade 8 female students
Assessment and updating of secondary school students' vaccination records
- Other Vaccination Services:**
Assessment of elementary and secondary school students' vaccination records according to the Immunization of School Pupils Act
Assessment of child care attendees' vaccination records according to the Day Nurseries Act
- Day Cares:**
Routine inspections of licensed day cares in regards to infection control, food services and general housekeeping practices.

Consultation with staff on the management of infectious communicable diseases and exclusion of sick children.

Infectious Diseases:

Information about infectious diseases that affect children and families and how best to manage in home, school and community environments.

Safe Water:

Testing of well water for bacterial contamination

Consultation about safe drinking water

Advice on testing of well water for chemical and nitrates, in homes where a pregnant woman or child less than 6 months of age lives.

Food Handler Training and Food Safety Information:

In class teaching to prepare individuals to work in food safety industry.

Information about safe in home food preparation.

Health Hazard Investigation:

Information about public health nuisances and potential health hazards including bed bugs and other pests, mould, asbestos, etcetera.

Follow-up of Animal Bites:

Follow-up of animal bites including provision of rabies immune globulin as needed.

Employment Services Elgin

Address: 400 Talbot Street
St. Thomas, ON N5P 1B8

Contact: Cathy Grondin (Employment Services Elgin)
Catherine Upfold (Service Canada)

Telephone: 519-631-5470

Fax: 519-633-5854

Website: <http://www.bbbselgin.org/www.jobselgin.ca>

Email: jeinfo@jobselgin.ca

Hours of Operation: Monday to Thursday 8:30 am - 6:00 pm
Friday 8:30 am - 4:00 pm

Eligibility: Elgin County residents, adults, youth and students

Fees: No cost

Description of Services: Employment Counselling (individual and group), job search information, wage subsidies, training, on the job work experience and training, job bank, job listings, labour market information, self service resource area, employment insurance applications, social insurance number applications, Government of Canada Info Centre.

Office also located in:

1. Aylmer

Address: 25 Centre Street, Aylmer, N5H 2Z4
Telephone: 519-765-2082
Fax: 519-765-2280

2. West Lorne

Address: 160 Main Street, West Lorne, N0L 2P0
Telephone: 1-519-768-0020
Fax: 1-519-768-0401

Family and Children's Services of St. Thomas & Elgin County

Address: 410 Sunset Drive
St. Thomas, ON N5R 3C7

Satellite Office 539 Talbot Street
St. Thomas, ON N5P 1C3

Telephone: 519-631-1492
1-800-260-6960

Fax: 519-631-0596

Website: <http://www.bbbselgin.org/www.caselgin.on.ca>

Email: generaldelivery@caselgin.on.ca

Eligibility: Clients of Family and Children's Services in Elgin County

Description of Services: One to one support and education for families with children up to age 16 years who are at risk of abuse, neglect, admission to care or are in care.

A working agreement between the agency-social worker, the support worker and the client is custom tailored to meet the needs of each family.

Teaching parenting skills, especially growth and development and discipline. Intensive interaction as much as twice weekly in order to prevent apprehension to prepare for return of children to the home. Work is done by college prepared staff, child and youth worker.

Child Protection Services

Investigation of alleged child abuse, neglect, child abandonment or severe conflict between parents and children. Follow up counseling to individuals, families and groups and foster care when necessary.

Service is mandated under Ontario's Child and Family Services Act. Service available 24 hours a day.

Moms and Tots Program

A child resource centre providing support and education to mothers with preschool children where there is a high risk of abuse and neglect.

The program addresses improved self-awareness, self-esteem, and personal life management skills as well as parenting skills. Childcare and transportation are available.

A 35 week program run all year around. Focus on parenting, communication, relationships, assertiveness, concept of self, nutrition, and discipline. Groups are run in St. Thomas, Aylmer and Rodney.

Foster Care Services

The recruitment, screening, training, support and utilization of families to provide care to children who can no longer live with their own family.

The range of time in care can be from a few days or until they are independent adults.

Adoption Services

A child is permanently placed with a substitute family by Court order.

The program tries to minimize change for children who become available for adoption, by supporting foster parents to adopt foster children, who cannot go home.

Family Law Information Centre (FLIC)

Address: 145 Curtis Street
St. Thomas, ON N5P 3Z7

Telephone: 519-633-2160

Description of Services: The Centre is an area in the court house where you can get free information and help about issues related to separation and divorce and other family law matters. FLIC staff can help you understand the court process, provide you with court forms, explain how you can get a lawyer, answer your general questions, refer you to services and resources in your community and explain how other government agencies can help you. An Advice Lawyer from Legal Aid Ontario is available at the FLIC at certain times to provide you with general legal information and in certain circumstances may be able to give you legal advice specific to your case.

Family Services Thames Valley

Address: 125 Woodward Avenue
London, ON N6H 2H1

Telephone: 519-433-0183

Website: <http://www.bbbselgin.org/www.familyservicethamesvalley.ca>

Email: fstv@familyservicethamesvalley.ca

Description of Services: **Community Counseling Program**

Counseling provides affordable professional counseling and therapeutic groups for individuals, couples and families. These counseling and group programs help people address a range of concerns including stressful life situations, times of transition, change and loss; difficulties in personal, couple and family relationships; emotional and psychological distress; and the impact of trauma or abuse.

Group Programs

As one of the most effective ways to bring about positive change in one's life, group programs provide an opportunity to meet with others experiencing similar situations, to gain new information, share experiences and problem solving strategies and develop mutual supports.

Credit Counseling Program

The program provides counseling for personal money management and credit use and provides solutions to debt problems. A client can meet with a counselor to discuss debts. Counselors can intervene with creditors on behalf of clients to establish mutually agreeable payment arrangements as well as offer debt management programs for those who simply need extra time and cooperation from creditors to repay their debts.

Satellite Office:

Every Friday at the VON Office located at 175 South Edgeware Road in St. Thomas.

Community Integration Program

A program that provides assistance to individuals 18 years of age and older who have a developmental disability or to families who have a child under the age of 18 with a developmental disability.

Family Services offers two programs that support individuals and families with developmental disabilities: the Community Integration Program and the Family Support Program. These programs provide expertise about available community resources, can provide planning and advocacy assistance, make referrals, and will provide limited non-financial support. Individuals over eighteen receiving this assistance must reside in the City of London or in Middlesex or Elgin Counties.

Family YMCA of St. Thomas-Elgin

- Address:** 20 High Street
St. Thomas, ON N5R 5V2
- Contact:** Katie Payler – General Manager
- Telephone:** 519-631-2418
- Fax:** 519-631-4131
- Website:** <http://www.bbbselgin.org/www.stthomasymca.com>
www.ymcawo.ca
- Hours of Operation:**
- | | |
|----------------------|--------------------|
| Monday to Friday | 6:00 am - 10:00 pm |
| Saturday & Sunday | 7:00 am - 7:00 pm |
| Statutory Holidays | 9:00 am - 5:00 pm |
| Closed Christmas Day | |
- Child Minding (3 months to 12 yrs)**
- | | |
|---------------------|--------------------|
| Monday to Saturday | 9:00 am - 12:00 pm |
| Monday | 4:30 pm - 8:00 pm |
| Tuesday to Thursday | 5:00 pm - 8:00 pm |
- Eligibility:** Serving infants through seniors, especially families
- Referrals:** Financial assistance is available for those in need
- Application Process:** Call the YMCA or stop by for a tour.
- Fees:** Depends on membership or program requested
- Waiting List:** Depends on program requested
- Description of Services:** Program/membership brochures can be picked up at the front desk at any time.

Fanshawe College – St. Thomas/ Elgin Campus

Address:	120 Bill Martyn Parkway St. Thomas, ON N5R 6A7
Program Name:	Continuing Education & Training Services
Telephone:	519-633-2030 ext 228
Fax:	519-633-0043
Website:	http://www.bbbselgin.org/www.fanshawec.ca
Hours of Operation:	Monday to Friday 8:00 am - 4:30 pm
Fees:	Course costs vary
Description of Services:	Fanshawe College provides a wide range of continuing education courses in Health Sciences, Business, Computer, Technology and General Interest. Other courses include: <ul style="list-style-type: none">• Standard First Aid & CPR• Therapeutic Touch• Yoga• Pilates• Tai Chi• Smart Serve• Mixology• How to be a better babysitter (for children 10 years of age and over)

Fetal Risk Assessment from Maternal Exposure (FRAME)

Address:	Children's Hospital of Western Ontario 800 Commissioners Road West London, ON
Contact:	Dr. Michael Rieder
Telephone:	519-685-8500 ext. 58293
Fax:	519-685-8156
Eligibility:	http://www.bbbselgin.org/ Southwestern Ontario region
Referral:	Referred by Doctor
Fees:	Covered by OHIP
Description of Services:	FRAME is a program operated by a team of personnel from the University of Western Ontario in conjunction with the Medical Genetics Program of Southwestern Ontario and the Regional Perinatal Outreach Program. It provides consulting services for women exposed to drugs and chemicals during pregnancy. The clinic offers a multi-disciplinary approach with expertise available from pharmacological paediatrics, genetics and obstetrics.

Fresh Start Maternity Supports

Address:	118 Centre Street St. Thomas, ON N5P 2Z9
Contact:	Lori Wall, Executive Director
Telephone:	519-637-0845 (Residence Phone) 519-637-7775 (Office Phone)
Fax:	519-637-0845 (Residence Fax) 1-866-245-1774 (Office Fax)
Website:	http://www.freshstartmaternity.com
Email:	director@fsms.ca
Hours of Operation:	24 hours a day, 7 days a week
Eligibility:	Pregnant or new mom in need of refuge and support
Description of Services:	<p>Fresh Start Maternity Support Residential home providing full prenatal, postnatal and life skills program. No age limit.</p> <p>Fresh Start Support Housing Telephone and fax: 519-637-0845 (4 – one bedroom furnished apartments) Semi-independent living for prenatal and postnatal clients over 16 years of age. Prenatal and life skills program offered.</p> <p>Fresh Start Pregnancy Support Centre Telephone: 519-637-7775 Hours: Tuesday – Friday: 1:30 – 4:30 pm Free pregnancy tests, information or pregnancy, parenting options, post abortion support and abstinence education. Also offers a “Care Closet”, which contains maternity clothes, baby clothes and baby items which are available free of charge to moms.</p>

Hope's Garden - Eating Disorders Support and Resource Centre

Address:	478 Waterloo Street London, ON N6B 2P6
Telephone:	519-434-7721
Fax:	519-434-5091
Website:	http://www.bbbselgin.org/www.hopesgarden.org
Email:	info@hopesgarden.org
Hours of Operation:	Variable – call for times and locations
Eligibility:	People with eating disorders, family/friends
Fees:	None
Description of Services:	Hope's Garden is an Eating Disorders Support and Resource Centre, offering a safe and supportive environment to people who suffer from eating disorders and for their families and friends. Through drop-in support, reading and lending library, adult support groups, teen groups and family support groups, Hope's Garden is dedicated to helping people with eating disorders and their families and friends.

Inn Out of the Cold St. Thomas - Elgin

- Address:** Central United Church
135 Wellington Street
St. Thomas, ON N5R 2R7
- Telephone:** 519-633-2638 ext. 220
519-637-9898 (Shelter)
- Fax:** 519-633-7624
- Website:** www.innoutofthecoldstthomaselgin.com
- Email:** iotcelgin@innoutofthecoldstthomaselgin.com
- Hours of Operation:** Open nightly 6:00 pm – 8:00 am
- Description of Services:** Inn Out of the Cold is a program designed to provide shelter seven nights a week during the winter months which strives to respond in a meaningful way to the needs of those most abandoned of our community's poor and homeless people. These needs include the basic physical needs of shelter, food, warm clothing and deeply human needs of compassion, dignity and feelings of self worth.

Kids Help Phone – London Chapter

Address:	439 University Avenue, Suite 300 Toronto, ON M5G 1Y8
Telephone:	1-800-268-3062 ext. 8607 1-800-668-6868
Website:	http://www.bbbselgin.org/www.kidshelpphone.ca
Email:	london.chapter@kidshelpphone.ca
Hours of Operation:	24 hours a day, 7 days a week
Fees:	None
Description of Services:	This is a free, anonymous and confidential phone and on-line professional counseling service for kids, teens and young adults. Provides immediate and caring support, information and, if necessary, a referral to a local community or social service agency for troubled or abused kids.

La Leche League Canada – St. Thomas-Elgin

Address:	Meeting Location: Ontario Early Years Centre 7 Morrison Drive St. Thomas, ON N5R 1J8
Contact:	Marijean (Group Leader)
Telephone:	519-637-7763
Website:	http://www.bbbselgin.org/www.lllc.ca
Email:	emjaye.a@gmail.com
Hours of Operation:	Meetings held 2 nd Tuesday of month 6:00 pm – 7:30 pm
Eligibility:	Women who are interested in breastfeeding (expecting/new moms, sisters, grandmothers, girlfriends)
Fees:	None
Description of Services:	<p>All women are welcome to attend meetings where all sorts of breastfeeding-related topics are discussed including: from reasons to consider breastfeeding in the first place, to family life with a new baby, to practical breastfeeding tips, to nutrition, weaning and more. Bring your breastfeeding questions and concerns, joys and challenges to share, or just listen if you prefer.</p> <p>All La Leche League Canada Leaders are volunteers. They are experienced breastfeeding mothers who are trained to provide up-to-date breastfeeding information, encouragement and support.</p>

Landlord and Tenant Board – Southwestern Regional Office

Address:	150 Dufferin Avenue, Suite 400 London, ON N6A 5N6
Telephone:	1-888-332-3234
Fax:	519-679-7920 1-888-377-8813
Website:	http://www.bbbsejgin.org/www.ltb.gov.on.ca
Email:	ltb@ontario.ca
Hours of Operation:	Monday to Friday 8:30 am - 5:00 pm
Eligibility:	Landlords and Tenants
Description of Services:	Independent body established to resolve disputes between residential landlords and tenants. Provides information concerning rights and obligations under the Residential Tenancies Act and processes applications to determine justified rent increases and jurisdiction for both landlords and tenants.

Learning Disabilities Association (LDA) – London Region

Address:	333 Horton Street E., Unit 101 London, ON N6B 1L5	
Telephone:	519-438-6213	
Fax:	519-438-0368	
Website:	http://www.bbbsegin.org/www.ldalondon.ca	
Email:	ldainfo@ldalondon.ca	
Hours of Operation:	Monday to Thursday Friday	10:00 am - 6:00 pm by appointment only
Eligibility:	Children, parents, youth and adults experiencing learning difficulties and/or attention deficit hyperactivity disorder and are residents in areas served.	
Referrals:	Self-referral or professional	
Fees:	Depending on service required	
Description of Services:	This charitable, not-for-profit agency is committed to fostering the development of people with learning disabilities. Offer a variety of programs and services including advocacy, consultations, community support, workshops, adult ADHD support group, parent support group and programming for children/youth	

Legal Aid Ontario

Address:	1 Silver Street St. Thomas, ON N5P 4L8
Telephone:	519-633-37701-800-668-8258
Fax:	226-316-0374
Website:	http://www.bbbselgin.org/www.legalaid.on.ca
Email:	info@lao.on.ca
Hours of Operation:	Client Services Centre: Monday to Friday 8:00 am - 5:00 pm
Eligibility:	Individuals who cannot afford their own solicitor, based on income and area of law
Referrals:	Self-referral
Application:	Telephone Client Services Centre. Income and financial information required for application. Legal aid will accept collect calls
Description of Services:	Issues legal aid certificates under the provisions of the Legal Aid Act to enable persons who qualify to engage a lawyer of their choice. Addresses criminal law, family law and immigration.

Duty Counsel

Assists persons charged on matters of adjournment, pleas, applications for bail and submissions as to sentence. Provided criminal and young offenders cases in courts of first appearance.

Lenscrafters Gift of Sight Program

- Address:** White Oaks Mall
1105 Wellington Road South
London, ON N6B 1V4
- Telephone:** 519-649-2377
- Fax:** 519-649-7416
- Website:** <http://www.lenscrafters.ca>
- Referral:** Clients require a referral from a charitable organization that have a tax ID number.
- Description of Services:** A professional service provider can write a letter on behalf of a client in need, to get coverage for cost. Client must get eyes tested.
- Client can then go to Lenscrafters locations at Masonville or White Oaks Mall to choose a frame.

Lions Club of St. Thomas

Address: P.O. Box 22005 R.P.O
Elmwood Square
St. Thomas, ON

Contact: Gayle Cudney, President

Telephone: 519-631-2148

Website: www.lionsclubofstthomas.com

Email: wcudney@sympatico.ca

Description of Services: A service club organization that plans and participates in a variety of service projects including the collection and distribution of used eye glasses to families in-need.

Literacy Link South Central

Address: 255 Horton Street, 3rd Floor
London, ON N6B 1L1

Telephone: 519-681-7307
1-800-561-6896

Fax: 519-681-7310

Website: <http://www.bbbselgin.org/www.llsc.on.ca>

Email: literacylink@bellnet.ca

Description of Services: Literacy Link South Central:

- Refers people to literacy programs
- Increases awareness of the important role of literacy in everyone's life
- Develops resources for literacy programs and for community members with an interest in the issue of literacy
- Provides training for literacy program staff and for members of the general community
- Plans literacy services by identifying literacy related issues and helping the community to create solutions

London District Catholic School Board

Junior and Senior Kindergarten, Grade 1 to 12

- Address:** 5200 Wellington Road South
London, ON N6E 3Y8
- Telephone:** 519-663-2088
- Fax:** 519-663-9250
- Website:** <http://www.bbbselgin.org/www.ldcsb.on.ca>
- Description of Services:** **Children of Separate School Supporters**

The child must be four years old by December 31st of the year in which school is started. Transportation is available at all schools. Each school has a defined catchment area in the county.

Special Education

Students with developmental disabilities are served in their home school through age appropriate integration. Transportation is provided to the neighbourhood schools and the program is delivered through the teacher, educational assistants and local support agencies. Students are integrated into the regular school program specific to the needs of the student.

London Down Syndrome Association – Down Syndrome Association of Ontario

- Address:** 66 Broadway Ave
London, ON N6P 1A9
- Telephone:** 519-672-2147
- Website:** <http://www.bbbselgin.org/www.lds.ca>
- Email:** president@lds.ca
- Eligibility:** All ages
- Description of Services:** A non-profit, charitable organization whose mission is to “enhance the quality of life for all individuals who have Down Syndrome”. Through the group’s activities, programs and services, they seek to:
- Provide a forum for the exchange of information
 - Provide up-to-date medical and educational information
 - Support individuals with Down Syndrome, their families and friends
 - Provide opportunities for socializing amongst and across several peer groups
 - Increase public awareness of Down Syndrome and related conditions
 - Encourage effective services for individuals with Down Syndrome
 - Collaborate with related organizations
 - Advocate with an on behalf of individuals with Down Syndrome
 - Raise funds to accomplish the goals of the organization

London Health Sciences Centre-Children's Hospital of Western Ontario

Address: 800 Commissioners Road East
London, ON N6A 5W9

Telephone: 519-685-8500 (Patient Information)
519-685-8300 (Automated Attendant)
519-685-8127 (Commissioners Road E)

Fax: 519-667-6628 (South Street)

Description of Services: Provides comprehensive health care services through a variety of medical, research and teaching institutions. Out-patient services, emergency department, reproductive medicine, ambulatory care, oncology, pediatrics, etc.

Medical Genetics Program of Southwestern Ontario:

Telephone: 519-685-8140
Fax: 519-685-8214

General Genetics Clinic

Provides assessment and genetic counseling for families with infants and children who have birth defects and/or developmental delay or a family history of a known or potential genetic disease

Inherited Metabolic Disorders

Specialized team offering care to patients and families living with biochemical conditions that are genetic.

Newborn Screening

Newborn screening is available to every newborn in Ontario. Newborns are screened for metabolic, endocrine and hematological conditions. If a newborn does have a positive test result, a genetic counsellor will initiate a call to that family to arrange for confirmatory testing and discuss the implications of the results.

Child and Adolescent Mental Health Care Program

Telephone: 519-667-6607 (Outpatient)
519-685-8141 (Emergency Dept.)
Fax: 519-667-6678
Address: Health Service Building
346 South Street
Box 5375, Station B
London, ON N6A 4G5

Assessment and treatment of clients in the context of family relationships. Range of services includes individual psychotherapy, play therapy, family therapy, group therapy and crisis assessment, psychiatric consultation and social work services.

London Health Sciences Centre-University and Victoria Campuses

Address:

University Hospital
339 Windermere Road
PO Box 5339, Station B
London, ON N6A 5A5

Victoria Hospital
800 Commissioners Rd. E and 375 South Street
Box 5375, Station B
London, ON N6A 4G5

Telephone:

519-685-8500 (Switchboard for both campuses)
519-685-8500 (Automated Attendant)
519-663-3197 (Emergency Department)

Fax:

519-663-3743

Description of Services:

Active treatment, research and teaching hospital. Provide a full range of hospital services.

Women's Health Care Centre

Clinic offering a full range of gynecological and obstetrical services, counseling and consultation. Resource and community outreach speakers, educators and resource personnel. Offer abortions for pregnancies under 22 weeks gestation.

Breastfeeding Prenatal Education Class

Breastfeeding education class for mothers in their 34-36 week of pregnancy. Call well in advance to register.

Mental Health Care Program

Provides acute services to individuals across the lifespan, who have a serious mental illness or who are experiencing significant mental health problems. The services include prevention and early intervention, consultation, assessment and treatments.

London Multiple Births Association

- Address:** PO Box 52031
RPO Commissioners Road East
London, ON N6C 0A1
- Telephone:** 519-472-4455
- Website:** <http://www.bbbselgin.org/www.londonmultiples.com>
- Email:** enqs@londonmultiples.com
- Referral:** Self referral during pregnancy or after the birth of a multiple
- Description of Services:** A support program for parents who have multiple births. Activities include monthly meetings, social events, newsletters, libraries and mutual support for each other.
- Affiliated with the Parents of Multiple Births Association, Canada.
- The group will gladly pass on information through pamphlets, etc. to non members.

London Crisis Pregnancy Centre

Address:	261 Piccadilly Street London, ON N6A 1S3
Telephone:	519-432-2073 (Business) 519-432-7098 (Crisis) 1-800-395-4357 (After Hours)
Fax:	519-432-3030
Website:	http://www.bbbsegin.org/www.notalone.ca
Email:	londoncrisis@loncpc.ca
Hours:	Monday to Thursday 10:00 am - 4:00 pm Friday – by appointment only Crisis Line – available 24 hours
Eligibility:	Adults and youth affected by crisis pregnancy including post-abortion women
Referrals:	Self-referral
Description of Services:	Practical, emotional and spiritual support to those in distress as a result of a crisis pregnancy, during and following the pregnancy to new mothers, fathers and families, as well as post abortive women
	Confidential Support Services Provides factual information about prenatal development, individual alternatives counselling and post abortion counselling and support for family members of someone who is experiencing a crisis pregnancy
	New Moms' Group Support for single mothers discussion on budgeting, child care, nutrition, babysitting is provided
	Young Mom Connections Program is designed for young moms who need support through friendship, nurturing, activities and social activities

London Speech and Language Centre

Address:	1589 Fanshawe Park Road East London, ON N5X 3Z9
Telephone:	519-642-7370
Fax:	519-642-2470
Website:	http://www.bbbsegin.org/www.londonspeech.com
Email:	lslc@londonspeech.com
Hours of Operation:	Variable; by appointment only
Eligibility:	Children who struggle with communication or learning skills.
Referral:	Families, teachers and clinicians are welcome to call the office and arrange their own appointments. A doctor's referral is not necessary.
Fees:	Fees are often partially covered by employee or extended health insurance programs. Motor vehicle accident insurance may cover our rehabilitation programs. Consultation appointments are free.
Description of Services:	London Speech and Language Centre offers a broad range of services to accommodate a family's specific needs. The Centre's college registered Speech-Language Pathologists, Communicative Disorders Assistants, Teachers, Early Childhood Teachers and Rehabilitation Assistants provide comprehensive, affordable and convenient services. Patients who are concerned about their child's speech, language or learning development are asked to call to book a screening assessment.

The Lung Association of Ontario - Blue Water Thames Valley

Address:	480 Egerton Street London, ON N5W 3Z6
Telephone:	519-453-9086 1-800-972-2636
Fax:	519-453-9184
Website:	http://www.bbbsegin.org/www.on.lung.ca
Email:	london@on.lung.ca
Eligibility:	Elgin, London, Middlesex, Oxford, Sarnia and Lambton counties
Fees:	None
Description of Services:	Smoking Cessation Literature available Asthma Asthma Action Helpline: 1-888-344-5864 Occasional Community Half-Day Seminars. Speakers include respirologist, allergists and Pediatric respirologists. Locations will vary as per community site. Chronic Obstructive Pulmonary Disease (COPD) Breathworks COPD Helpline: 1-888-344-5864 The BreathWorks™ Helpline is a free, confidential COPD information service offered to residents of Ontario. Call between 8:30 am - 4:30 pm Monday to Friday to speak with a Certified Respiratory Educator. Speakers/Literature Support literature readily available as well as speakers for a variety of programs i.e. school, church, clubs and organizations. Cost: dependent on quantities of material required.

MADD – Mothers Against Drunk Driving

- Address:** 417 Wellington Street, PO Box 23016
St. Thomas, ON N5R 6A3
- Telephone:** 519-637-3333
- Website:** <http://www.bbbsegin.org/www.madd.ca>
- Email:** maddstthomas2@hotmail.com
- Description of Services:** MADD Canada is committed to stopping impaired driving and supporting victims by providing services and resources for victims.

Mennonite Community Services (MCS)

- Address:** 16 Talbot Street East
Aylmer, ON N5H 1H4
- Contact:** Anni Bird, Client Services Manager
- Telephone:** 519-765-3020
- Fax:** 519-765-3023
- Website:** <http://www.bbbsegin.org/www.mcson.org>
- Email:** mcs@mcson.org
- Hours:** Tuesday, Wednesday, Friday 10:00 am - 5:00 pm
Thursday 10:00 am - 8:00 pm
- Eligibility:** Newcomers to Canada
- Referrals:** Self-referral
- Description of Services:** **Newcomer and Settlement Services**
Settlement Services aims to assist newcomers with obtaining the documentation required for legal status in Canada. Provide information, application, and follow-up correspondence support for clients with citizenship issues. Assist clients with family benefits, school matters, birth and death certificates, passports, driver's licenses, social insurance numbers, etc. Assist clients in connecting with health professionals, OHIP registration/renewal, housing, disability benefits, Ontario Works, etc.
- De Brigj 105.9 FM**
De Brigj informs, entertains, and ministers to the Low German community through its programming. Listeners can stay current on news from Mennonite communities locally and abroad, traffic, weather, community events, and public service announcements.

Merrymount Children's Centre

- Address:** 1064 Colborne Street
London, ON N6A 4B3
- Telephone:** 519-434-6848
- Fax:** 519-434-6851
- Website:** <http://www.bbbselgin.org/www.merrymount.on.ca>
- Hours of Operation:** 24 hours a day, 7 days a week
- Fees:** Access to services and programs is never based on the ability to pay.
- Description of Services:**
- Short-Term Licensed Child Care Program**
Provides up to 23 hours of care a day to children who are in need of transition care.
 - Crisis Residential/Respite Program**
Provides 24 hour a day care to children over a temporary period of family instability.
 - Parenting Groups**
Provide education, support and the development of skills in personal well-being and parenting.
 - Children's Groups**
Promote skill development and coping strategies for issues children may encounter (such as separation/divorce, family addictions, self-esteem and social issues).
 - Supervised Access**
Assists families going through separation and divorce who are having difficulties over custody and access arrangements
 - All Kids Belong**
Promotes the inclusion of all children with special needs into licensed child care settings.
 - Second Stage Housing**

Child Care programs for women and children who have experienced or witnessed violence.

Family Resource Centre

Providing group activities and supports for parents and children.

Supervised Access

Facilitating family visits and exchanges for non-custodial parents.

Merrymount Children's Centre - Elgin Supervised Access Program

Address:	579 Talbot Street St. Thomas, ON N5P 1C5
Telephone:	519-637-1667
Fax:	519-637-2230
Website:	http://www.bbbselgin.org/www.merrymount.on.ca
Email:	sleighfield@merrymount.on.ca
Hours of Operation:	Tuesday to Friday 8:30 am - 4:30 pm
Eligibility:	Children ages 18 and under Families needing on-site supervised visits or monitored exchanges
Referrals:	Self-referral or court-ordered
Application:	Telephone for appointment Intake application is required
Fees:	On-site supervised visits - \$25 maximum Supervised Exchanges - \$10 maximum round trip Reports - \$100 to \$250 Subsidies available
Description of Services:	The program provides a neutral visit/exchange environment for families in conflict over child custody and visiting arrangements during separation and divorce.

Supervised Access

Supervised Access provides a safe, neutral environment for visits and exchanges with children and their non-custodial parent with professionally trained staff who are sensitive to children's needs.

Supervised Visits

On-site visits provide an opportunity for non-custodial parents to spend time with their children while custody

issues are being resolved. Visits are fully supervised by staff to ensure that children are safe and comfortable. Staff encourage positive parent/child interaction and will intervene only if required.

Supervised Visit Hours:

Thursdays and Fridays	5:00 pm - 7:00 pm
Saturdays	10:00 am - 12:00 pm, 12:30 – 2:30 pm
Alternate Sundays	1:30 am - 3:30 pm, 4:00 – 6:00 pm

Supervised Exchanges

Exchanges provide non-confrontational transfer of children between parents for an off-site visit. Parents do not come in contact with one another when the child is picked up and returned. Staff communicates access-related information between parents such as medication, health concerns or behavioural concerns.

Supervised Exchange Hours:

Thursdays and Fridays	4:00 pm - 7:00 pm
Saturdays	9:30 am – 2:30 pm
Alternate Sundays	1:00 pm – 6:00 pm

Ministry of Children and Youth Services-Youth Justice Services

Address:	427 Talbot Street, 3 rd Floor, P.O. Box 309 St. Thomas, ON N5P 3T9
Telephone:	519-631-3032
Fax:	519-631-9174
Website:	www.children.gov.on.ca
Hours:	Monday to Friday 8:30 am - 5:00 pm
Eligibility:	Youth age 12 to 17 years of age at time of offense(s)
Referral:	http://www.bbbselgin.org /Ordered by the youth justice court. St. Thomas/Elgin youth use the Elgin Service.
Description of Services:	Probation Officers work with the youth and his/her family and where necessary will link to other community resources.

Ministry of Children & Youth Services - Home Visiting Program for Infants (HVPI)

Address:	CPRI 600 Sanatorium Road London, ON N6H 3W7
Telephone:	519-858-2774 ext. 2288
Fax:	519-858-3913
Eligibility:	Infants from birth to six years of age in Middlesex, Huron, Oxford, Elgin or Perth County who have developmental delays or are at high risk for delays in development.
Referrals:	For infants under 2, referrals come directly to HVPI or through Developmental Resources for Infants (DRI), an organization which coordinates services for infants who have developmental needs. For children over 2, referrals go to CPRI intake.
Fees:	No direct cost to families.
Description of Services:	HVPI offers support in dealing with the special needs of your child at home and in the community by providing: <ul style="list-style-type: none">• Service co-ordination• Regular home visits which include family support, and assessment, treatment, education, and consultation services for the child• Centre-based groups for children and parents• Loans of equipment and materials

Ministry of Community & Social Services – Ontario Disabilities Support Program (ODSP)

Address:	217 York Street, 3 rd Floor Box 5217 London, ON N6A 5R1
Telephone:	519-438-5111 1-800-265-4197
TTY:	519-663-5276
Fax:	519-672-4683
Website:	http://www.bbbsegin.org/www.mcscs.gov.on.ca
Hours of Operation:	Monday to Friday 8:30 am - 5:00 pm
Eligibility:	Ontario residents 18 years of age or older who are in financial need and have a substantial physical or mental disability that is expected to last a year or more and makes it difficult for them to care for themselves.
Referrals:	Self referrals or Ontario Works referrals. Medical and income documentation required.
Fees:	None
Waiting List:	Interviews are by appointment only. Applications are required to be completed within 21 days.
Accessibility:	Wheelchair accessible
Description of Services:	ODSP provides income support to people over the age of 18 who meet the legislated definition of disability and who are in financial need. Other benefits including drug and dental benefits, eyeglasses, hearing aids, special diet allowance and pregnancy/breastfeeding nutritional allowance.

Mother Reach Postpartum Drop-In

Address:	Merrymount Family Support & Crisis Centre 1064 Colborne Street London, ON N6A 4B3
Telephone:	519-434-6848 (Weekly Drop-in Service) 519-672-4673 (Hotline)
Website:	http://www.bbbselgin.org/www.helpformom.ca
Hours of Operation:	Thursdays 1:00 pm - 3:00 pm Hotline available 24 hours a day
Eligibility:	New mothers and their families
Referrals:	Self-referral
Fees:	None
Description of Services:	<p>Weekly Drop-in Service Offers a comfortable and safe place for mothers to talk with a professional and a peer support person. Provides information about adjusting to a new baby, and depression and anxiety in pregnancy and postpartum. A place for mothers to connect with other moms who are having similar experiences with their mental health around the birth of a baby</p> <p>Hotline and Website Provides support and information about perinatal mood disorders, including postpartum depression, for new mothers and their families</p> <p>Hotline service includes four options:</p> <ul style="list-style-type: none">• Multiple language support through telehealth• Direct contact with a professional• Connection to mental health crisis services for emergencies• General recorded information on perinatal mood disorders and weekly drop-in service

Motherisk

Address:	The Hospital for Sick Children 555 University Avenue Toronto, ON M5G 1X8		
Telephone:	Motherisk's Helpline:	1-416-813-6780 1-877-439-2744	
	Alcohol & Substance:	1-877-327-4636	
	Morning Sickness:	1-800-436-8477	
	HIV and HIV Treatment:	1-888-246-5840	
Website	www.motherisk.org		
Hours of Operation:	http://www.bbbselgin.org/ Monday to Friday	9:00 am -	
	5:00 pm		
Referral:	Self-referral, professional advice. Open to all who call.		
Fees:	Long distance charges		
Description of Services:	An information hotline at the Hospital for Sick Children in Toronto, regarding prescription and over the counter drugs chemical effects, x-rays, chronic disease and infections on unborn, newborn and breastfed children.		

Narcotics Anonymous

- Address:** PO Box 1735, Station A
London, ON N6A 4V3
- Telephone:** 519-661-0119
1-800-573-0920
- Website:** <http://www.bbbselgin.org/www.orscna.org>
- Hours:** Automated Information Line: Daily 24 hours
- Eligibility:** Individuals who have problems with any mind altering, mood changing substance including alcohol
- Application:** Self-Referral
- Description of Services:** Mutual support groups encourage clients to avoid use of their addictive substance or any other mood-altering substances by sharing recovery experiences. Meetings are held every day of the week in the region. Call for information or visit the website for meeting locations.

Ontario Early Years Centre-Elgin/Middlesex/ London

Main Centre: 7 Morrison Drive
St. Thomas, ON N5R 4S5
Phone: 519-631-9496
Fax: 519-631-0820
Website: www.ontarioearlyyears.ca
Email: oeyselginmiddlesexlondon@eyc.eacl.on.ca

East Elgin Satellite: 24 John Street, North
Aylmer, ON N5H 2A8
Phone: 519-773-7155
Fax: 519-773-7171
Email: m.heffren@eyc.eacl.on.ca

West Elgin Satellite: 217 Furnival Road
Rodney, ON N0L 2P0
Phone: 1-519-785-2164
Fax: 1-519-785-1833
Email: ttcns@bellnet.ca

Fees: All services are free

Description of Services: **Drop In Centre**
Offers programs and activities for children 0-6 and their parents/Caregivers
Support and Education for parents and caregivers of young children
Information and resources for families; links to other early years services

Resource Library

Books, videos, magazines available for children and parents/caregivers to borrow. Dye press and laminator available for parent and professional use.

Outreach Playgroups

Offered throughout the county in smaller communities to provide opportunities for parents and children to interact and learn together.

For Playgroups In:

Belmont, Dorchester and East Elgin

Please call – 773-7155 for more information

St. Thomas, Pt. Stanley and Fingal

Please call – 631-9496 for more information

Dutton, West Lorne and Rodney

Please call – 785-2164 for more information

Well Baby Clinic

At Main Centre, 7 Morrison Drive, St. Thomas

Tuesdays 1:00 pm – 2:30 pm

In Aylmer on the 2nd and last Tuesday of each month

10:00 am – 12:00 pm

Ontario March of Dimes - Assistive Devices Program

Address:	291 King Street, 3 rd Floor London, ON N6B 1R8
Telephone:	519-642-3700 1-866-765-7237
Fax:	519-434-3712
Website:	http://www.bbbsegin.org/www.marchofdimes.ca
Hours of Operation:	Monday to Friday 9:00 am - 4:30 pm
Eligibility:	Applicants must be 19 years of age or older; have an ongoing physical limitation that requires the use of an assistive device; be in financial need; and be a permanent resident of Ontario.
Referrals:	Self-referral
Fees:	Based on ability to pay
Description of Services:	The program provides information and advice in the acquisition of assistive devices such as wheelchairs, braces, etc. It offers referrals to assessment agencies to ensure that an individual's need is correctly prescribed. March of Dimes assists in obtaining funding when no other sources are available to clients.

Ontario Poison Centre

Telephone: 1-800-268-9017
416- 813-5900

TTY: 1-877-750-2233
416-597-0215

Website: www.ontariopoisoncentre.com

Description of Services: 24 hour hotline for poison information (i.e. chemicals, drugs, household materials, poisonous plants) staffed by nurses. The primary role of Poison Control is to provide telephone information and advice about potential or real exposures to poisonous substances.

Ontario Provincial Police – Elgin County

Address: 42696 John Wise Line
St. Thomas, ON N5P 3S9

Mailing Address PO Box 22045
St. Thomas, ON N5R 6A1

Telephone: 911 Emergency
519-631-2920 – Administration – daytime use
1-888-310-1122 – Public

Fax: 519-631-2923

Website: <http://www.bbbselgin.org/www.opp.ca>

Referral: Self-referral in Elgin County area

Fees: None

Description of Services: Policing services and 911 emergency

Ontario Rental Housing Tribunal – Southwestern Regional Office

- Address:** 150 Dufferin Avenue, Suite 400
London, ON N6A 5N6
- Telephone:** 1-888-332-3234
- Fax:** 519-679-7290
1-888-377-8813
- Website:** <http://www.bbbsegin.org/www.ltb.gov.on.ca>
- Hours:** Monday to Friday 8:30 am - 5:00 pm
- Referral:** Self-referral – telephone; applications and supporting documents can be filed in-person at any ServiceOntario Centre location
- Fees:** Set fee according to action filed
- Description of Services:** Independent body established to resolve disputes between residential landlords and tenants through mediation or adjudication. Provides information concerning tenant and landlord rights and obligations under the Residential Tenancies Act. Processes applications to determine and regulate justified rent increases and jurisdiction for both landlords and tenants

Rent Control Guidelines

Landlords are allowed to raise rents without seeking government approval up to the approved guidelines. Contact Board for current percent or visit the website

Oxford Elgin Child & Youth Centre

Address:	300 South Edgeware Road, Unit #001 St. Thomas, ON N5P 4L1
Telephone:	519-637-2673
Referral/Intake Services	1-877-539-0463 ext. 299
Fax:	519-637-2673
Website:	http://www.ocyc.on.ca
Email:	info@ocyc.on.ca
Eligibility:	Age 0 – 18 years old in Elgin County
Referrals:	Self-referral or agency referral
Fees:	None
Description of Services:	For social, emotional, behavioural, school and familial problems. Individual, group and family counseling available.

Parent & Family Literacy Centre

- Address:** Locke's Public School
22 South Edgeware Road
St. Thomas, ON N5P 2H2
- Contact:** Lisa Thomas, Parent Facilitator
- Telephone:** 519-631-8890
- Website:** www.tvdsb.ca
- Email:** lisa.thomas@tvdsb.on.ca
- Hours:** Monday - Friday 9:00 am – 1:00 pm
- Eligibility:** Parents, caregivers and children from babies to 6 years old
- Fees:** None
- Description of Services:** Offering fun activities that include reading and counting, music and story time; time to play in the art, sand and water areas or with toys and puzzles; snack time with healthy food; and time for you and your children to read together. You can also borrow books in different languages from the library. The centre also provides helpful information about other community resources, such as housing, health, dental, legal and employment services, plus libraries and more.

Additional Centres:

McGregor Public School
204 John Street
Aylmer, ON N5H 2C8
Contact: Ruth Anne Payler
519-773-3362

Paternity, Immigration, DNA & Forensic Biology Testing Services

Address: Maxxam Analytics Inc.
335 Laird Road, Units 2 & 4
Guelph, ON N1H 6J3

Telephone: 1-519-836-2400
1-877-706-7678

Fax: 1-519-836-4218

Website: <http://www.bbbsegin.org/www.thednalab.com>

Email dnainfo@maxxam.com

Fees: All-Inclusive fee applies

Description of Services: **Legal Paternity Test**
Clients requiring the results of a paternity test for legal purposes will need to attend one of Maxxam's certified collection facilities to have their specimens collected and documented by an objective third party. Final test results are legal documents and can be used in a Court of Law as scientific proof of a parental relationship. Fee includes specimen collection fees for a standard trio test including mother, child and allege/putative father.

Home Collection Paternity Test (for non-legal purposes)
The final results of the test cannot be used for any official purpose or presented in a Court of Law since all samples are self-collected and there is no chain-of-custody or identification requirement. This test is a more affordable option for clients requiring testing for personal knowledge purposes only.

The probability of paternity is 99.95% inclusion and higher. Results are ready within 5 to 10 business days upon receipt of all samples. Bilingual (French/English) service is available.

Port Stanley Christ Church Anglican Food Bank

Address:	Christ Anglican Church 283 Colborne Street St. Thomas, ON N5L 1A9
Contact:	Kelly Palmer
Telephone:	519-782-3122
Hours:	Third Tuesday & Thursday of each month Tuesdays 10:00 am – 12:00 noon Thursdays 3:30 pm – 6:30 pm
Eligibility:	Individuals and families in need that reside in Port Stanley and surrounding areas
Fees:	None
Description of Services:	Emergency help for families and individuals in need. Provides non-perishable food items (including baby items) and a food voucher for Port Stanley Foodland. Maximum access is once every 30 days.

President's Choice Children's Charity

Address:	1 President's Choice Circle Brampton, ON L6Y 5S5
Telephone:	1-866-996-9918
Fax:	905-861-2307
Website:	http://www.bbbselgin.org/www.pc.ca/charity
Email:	pccharity@loblaw.ca
Hours:	Monday to Friday 8:30 am - 4:30 pm
Eligibility:	To be considered a candidate for assistance, applicants must have a child or young adult (under 18) with a diagnosed physical or developmental disability; household income \$70,000 or less; and require help with mobility equipment, environmental modification or therapy
Referrals:	Self-referral or agency referral
Fees:	None
Description of Services:	<p>The PC Children's Charity helps Canadian children who are physically or developmentally challenged by helping to reduce some of the obstacles that make everyday living difficult and to provide young people with a renewed sense of dignity, independence and freedom.</p> <p>Direct financial assistance is provided to eligible families for the following:</p> <ul style="list-style-type: none">• purchase of mobility equipment• wheelchair accessible modifications• physical therapy

Psychiatric Survivors Network of Elgin (PSNE)

Address:	499 Talbot Street St. Thomas, ON N5P 1C3
Telephone:	519-631-1580 1-888-631-1919
Fax:	519-631-1567
Website:	www.psne.ca
Email:	http://www.bbbsegin.org/psne@mnsi.net
Hours:	Monday to Thursday 3:00 pm - 9:00 pm Friday 9:00 am - 2:00 pm Closed last Monday of each month
Eligibility:	Individuals who fit the description of a “Psychiatric Survivor”
Fees:	None
Description of Services:	<p>A non-profit, self-help community organization, for the support of psychiatric survivors. Facilitate education, independent, living and self-advocacy whenever possible.</p> <p>Teach life skills, including health and hygiene, cooking, computer classes, literacy and support groups. Skill-building programs offered teaching housekeeping, office administration, cash handling and more. Programs are geared to each person’s capabilities.</p> <p>A “psychiatric survivor” is an individual who has experienced concerns around their own personal mental and/or emotional health; sought support and/or counseling from a psychiatrist, psychologist, self-help group or family doctor; or has had an admission to psychiatric facility or received care on an out-patient basis</p>

Regional Mental Health Care – Concurrent Disorders Program

Address:	850 Highbury Avenue, Room T2 London, ON N6A 4H1
Telephone:	519-455-5110 ext 47755
Fax:	519-452-4556 Intake: 519-631-5174
Website:	www.sjhc.london.on.ca/mentalhealth
Email:	mailto:comdept@sjhc.london.on.ca
Hours:	Monday to Friday 8:30 am - 4:30 pm
Eligibility:	Must be sixteen years of age or older. Adults affected by a serious and persistent mental illness concurrent with a substance abuse addiction.
Referrals:	Medical or agency referral required Intake through Coordinated Access Program
Fees:	OHIP
Description of Services:	The program serves concurrent disordered clients (clients who have psychiatric disorders with addiction or those with psychological and/or mental disorders with an addiction which preclude treatment in a less intensive setting). Clients must be in quadrant four where they have both high severity psychiatric and high severity substance disorders. The centre offers inpatient assessment and stabilization with 12 inpatient beds. Assessment, out patient and family support are available.

Regional Mental Health Care – Crisis and Relapse Prevention Services

Address:	467 Sunset Drive PO Box 2004 St. Thomas, ON N5P 3V9
Telephone:	519-631-8510 ext 49214 1-800-265-4361
Fax:	519-631-6497
Email:	http://www.bbbselgin.org/bev.gurton@sjhc.london.on.ca
Hours of Operation:	24 hour service
Eligibility:	Elgin County residents only
Referrals:	Self-referral Outreach clinics in Aylmer and West Lorne
Fees:	None
Description of Services:	Crisis phone line, interview, walk-in service, brief hospital stay, therapy for acute emotional states, group therapy, depot injection service. Limited transportation available within city limits.

Regional Support Associates

Address:	633 Colborne Street, 2 nd Floor London, ON N6B 2V3
Telephone:	1-855-437-6797 – Developmental Services Ontario for referral 519-433-7238 (London) 800-640-4108 (Woodstock head office)
Fax:	519-421-4249 519-433-1799 (London)
Website:	www.regionalsupport.on.ca
Hours of Operation:	http://www.bbbselgin.org/ Monday to Friday 8:30 am - 4:30 pm Hours somewhat flexible, including some evening appointments.
Eligibility:	Individuals must have a developmental disability, as confirmed by a psychological assessment; be at least 18 years of age; and reside in Ontario
Referrals:	Can be made by anyone (consumers, family, agency representatives, physician or other professionals).
Application Process:	Call 1-800-640-4108 ext 2412 and ask to speak to the Senior Administrative Assistant.
Fees:	None (funded by the Ministry of Community and Social Services) for people meeting mandate for service.
Waiting List:	Varies depending on need at time of referral. Emergencies usually can be addressed within 48 hours. Less urgent matters may be 2-4 weeks (depending on the severity of the situation).
Description of Services:	Regional Support Associates (RSA) provides a wide range of clinical and supportive services for adults with an intellectual or developmental disability. Services are delivered with a multidisciplinary approach to service delivery. They are committed to improving the quality of life of individuals by the identification and recognition of conditions that create or cause unwanted behaviours.

Robarts School for the Deaf

Address:	1515 Cheapside Street London, ON N5V 3N9
Telephone:	519-453-4400 TTY: 519-453-4400
Fax:	519-453-7943
Eligibility:	<p>http://www.bbbselgin.org/Direct Services Only to registered Robarts School students and children enrolled in the Robarts School Preschool Home visiting program.</p> <p>Limited consultative services Only to audiologists or other community professionals, parents and school board personnel (usually through the Robarts Educational Consultant to the board).</p> <p>Direct Services For enrolled children in the Robart's Preschool Home Visiting Program, are referred by parents usually through their Home Visiting Teacher.</p>
Fees:	None
Accessibility:	Wheelchair accessible
Description of Services:	<p>Provides direct audiological services to preschool aged deaf and hard of hearing children up to the legal school age (6 years old) enrolled in the Robart's Preschool Home Visiting Program and to students registered at the Robarts School for the Deaf.</p> <p>Provides limited consultative services, general counseling and advice to parents and teachers and other community professionals.</p>

Rotholme Women's and Family Shelter

Address:	42 Stanley Street London, ON N6C 1B1
Telephone:	519-673-4114
Fax:	519-673-4117
Website:	http://www.bbbselgin.org/www.missionservices.ca
Email:	info@missionservices.ca
Eligibility:	Women with children who are homeless, fathers with custody of children and two parent families
Referrals:	Professional or self-referral
Fees:	Based on ability to pay after the first of the next month after entry
Description of Services:	<p>This branch of Mission Services of London is a 41 bed facility which can accommodate 20 women and 7 families. The length of stay varies from one day to several weeks. At Rotholme, twenty-four hour emergency admission is provided for single women, age 16 and over and families who:</p> <ul style="list-style-type: none">• Are homeless and in need of temporary emergency accommodation• Are in crisis and require emergency shelter and care <p>Special arrangements can be made for male-led single parent families. Caseworkers and a child and Youth Worker provide crisis counseling and assist clients to reenter the community. They refer clients to community agencies and help them plan an appropriate support system.</p>

St. John Ambulance – St. Thomas - Elgin Branch

- Address:** 656 Talbot Street
St. Thomas, ON N5P 1C8
- Telephone:** 519-633-2290
- Fax:** 519-432-8586
- Website:** <http://www.bbbselgin.org/www.sja.ca/on/stthomas>
- Email:** st.thomas@on.sja.ca
- Description of Services:** Courses offered in first aid training:
- Standard First Aid with CPR-A
 - Combination courses
 - Emergency First Aid with CPR-A
 - Standard First Aid and CPR-C

St. Joseph's Health Care London

St. Joseph's & Parkwood Hospitals, Mount Hope Centre for Long-term Care

Address: 268 Grosvenor Street
PO Box 5777, Station B
London, ON N6A 4V2

Telephone: 519-646-6100

Fax: 519-646-6215

Website: www.sjhc.london.on.ca

Description of Services: Community oriented acute care hospital and teaching institution. Provides a wide range of diagnostic and treatment services on an inpatient and outpatient basis. Provincial resource for renal lithotripsy. Regional provider for chronic obstructive pulmonary disease, continuous ambulatory peritoneal dialysis, detoxification, HIV outpatient treatment, and diabetes services.

Outpatient services include: rehabilitation, orthopedics, rheumatology, plastic surgery, colo-rectal, eye dental, dermatology, chiropody and metabolic clinics.

Regional Sexual Assault and Domestic Violence Treatment Centre

Room B0-644
268 Grosvenor Street
London, ON N6A 4V2
Telephone: 519-646-6100 ext. 64224

Comprehensive twenty-four hour emergency nursing and medical care. Follow-up counseling for people who have been sexually assaulted. Education and information for individuals or community groups. Domestic violence assessments and follow up completed on site.

Infectious Diseases Care Program

Room B0-030 (Central Registration Desk)

268 Grosvenor Street

London, ON N6A 4V2

Telephone: 519-646-6207

Offering medical/ psychiatric consultation, assessment, follow-up and referral; medication counseling; preventative therapies and interventions; and health promotion and teaching. Patients attending the Infectious Diseases Care Program for medical care require a physician referral. For social work and dietary services for HIV related issues, self-referrals are accepted.

St. Thomas & District Right to Life

Address:	468 Talbot Street St. Thomas, ON N5P 4C2
Contact:	Helen Bergen
Telephone:	519-633-LIFE (5433)
Website:	www.respectforlife.ca
Email:	stthomas@respectforlife.ca
Hours of Operation	Monday, Wednesday, Friday 1:00 pm - 4:00 pm
Referrals:	Self referral
Fees:	Deposit on crib requested, depending on circumstance.
Description of Services:	Support for pregnant women, supplies such as maternity clothes and cribs are available. Referrals to other agencies and speakers to school on euthanasia and right to life. To educate people on Right to Life which includes videos, books and pamphlets.

St. Thomas Elgin General Hospital

Address:	189 Elm Street St. Thomas, ON N5R 5C4
Telephone:	519-631-2020 TTY: 519-631-7789
Fax:	519-631-1825
Website:	www.stegh.on.ca
Referrals:	Self-referral to emergency. Most services require physician referral.
Fees:	None if covered by OHIP. Ontario Health Card Number required.
Description of Services:	Services include emergency care, inpatient hospital services (acute, complex continuing care, rehabilitation) respiratory therapy, home oxygen therapy, diabetic counseling, diet counseling, sleep lab, radiology including CAT scan, nuclear medicine, ultrasound, ECG, EEG, breast screening clinic, acute injuries clinic (WSIB), full range of specialists (physicians). Family Centered Maternal Child Care Unit (FCMCCU) with combined obstetrics, pediatric care.

St. Thomas-Elgin Ontario Works

Address:	423 Talbot Street St. Thomas, ON N5P 1C1
Telephone:	519-631-9350 1-800-265-4362
Fax:	519-631-1824
Website:	www.city.st-thomas.on.ca
Hours of Operation:	Monday to Friday 8:30 am – 4:30 pm
Eligibility:	Adult and youth 16-65 years old in financial need who meet eligibility criteria
Referrals:	Self-referral
Description of Services:	<p>Income Maintenance Self-referral by telephone. Telephone screening followed by in office personal interview to determine eligibility. Includes, Family Support Program to assist Ontario Works recipients with pursuit of support and the Homelessness program for assistance for non Ontario Works recipients with payment of utility and rental arrears in accordance with set guidelines.</p> <p>Employment Employment eligibility is based on eligibility for Income Maintenance. In office interview to develop an action plan for employment. Financial and employment assistance to participants with requirements to participate in employment related activities in preparation for employment.</p> <p>Children's Services Self-referral by telephone. Telephone screening followed by in office personal interview to determine eligibility. Child care includes full day care, nursery school, licensed home care, before and after school care, summer care, extended hours of care and overnight.</p> <p>Social Housing</p>

Funding and administration of social housing programs in St. Thomas and Elgin County. Programs include rent-g geared-to-income housing, rent supplement assistance, housing allowances, Rent Bank, new construction, and homeownership down payment assistance. Applicants wishing to apply for subsidized housing must do so at:

Elgin and St. Thomas Housing Corporation
9 Princess Avenue, Unit 5
St. Thomas, N5R 3V3
519-631-4580

St. Thomas – Elgin Second Stage Housing

Address:	15 Golding Place St. Thomas, ON N5R 6B6
Telephone:	519-637-2288 1-877-396-2288
Fax:	519-637-2213
Website:	www.secondstagehousing.net
Email:	secondstage.stessh@rogers.com
Hours:	Monday to Friday 9:00 am - 5:00 pm
Eligibility:	Women and children who have been or are being abused
Referrals:	Self-referral
Fees:	Rent-geared-to-income is paid by tenant
Description of Services:	<p>Supportive independent housing for women and children leaving abusive relationships. The program includes rental apartments, counseling, networking and recreational and parenting support.</p> <p>Twelve-unit apartment complex, length of stay is up to twelve months and is negotiable.</p> <p>Transitional support worker: Provides ongoing support after leaving Second Stage Housing</p>

St. Thomas Fire Department

Address: Central Fire Station
305 Wellington Street
St. Thomas, ON N5R 2T2

Captain Dennis Redman Substation
235 Burwell Road
St. Thomas, ON N5P 4J7

Contact: Chief: Robert Barber
Chief Fire Prevention Officer: William Todd

Telephone: 519-631-0210 (Central fire Station)
519-633-0512 (Substation)
Emergency 911

Fax: 519-631-0215 (Central Fire Station)
519-633-0512 (Substation)

Website: www.city.st-thomas.on.ca

Email Address: fddispatch@city.st-thomas.on.ca

Eligibility: Residents of St. Thomas

Description of Services: Emergency Firefighting Services

Emergency Response Coordinated with other services.

Fire Prevention & Safety Bureau

- School Education
- Risk Watch
- TAPPC – Arson Prevention Program

St. Thomas Paratransit

Address:	Voyageur Transportation Services 614 Talbot Street St. Thomas, ON N5P 1C8
Telephone:	519-631-0001 (Reservations) 519-631-1680 ext 4161 (Administration)
Fax:	519-631-2130
Email:	transit@city.st-thomas.on.ca
Hours of Operation:	Monday to Friday 7:15 am - 6:45 pm Saturday 9:15 am - 6:45 pm Administration Monday to Friday 8 am – 5 pm
Eligibility:	Require Doctor's approval
Referrals:	Self
Application Process:	Get form from St. Thomas Transit office, signed by doctor, return to St. Thomas Transit office for processing.
Fees:	\$2.50 for one-way ticket 10 tickets for \$15 for students, seniors and children 10 tickets for \$20 for adults \$55 for students, senior and children monthly passes \$65 for adult monthly pass
Waiting List:	None
Accessibility:	Wheelchair accessible
Description of Services:	Provides door-to-door transportation service for persons who are unable to board or use the public transit system because of a physical mobility issue. Must be within the city limits of the City of St. Thomas.

St. Thomas Public Library

Address:	153 Curtis Street St. Thomas, ON N5P 3Z7
Contact:	Heather Robinson – Children & Teen Services Department Head
Telephone:	519-631-6050
Fax:	519-631-1987
Website:	www.st-thomas.library.on.ca
Email:	hrobinson@st-thomas.library.on.ca
Hours of Operation:	Monday to Friday 9:00 am - 8:30 pm Saturday 9:00 am - 5:00 pm Closed Sunday
Referral:	Self-referral
Fees:	None
Description of Services:	<p>A lending resource for a variety of materials including books, magazines, DVDs, books on CD, music CDs on a wide range of topics including pregnancy and parenting. Programming for children and teens of all ages including:</p> <ul style="list-style-type: none">• Books and Bounces (for babies from birth to 2 years)• Tales for Twos (for children 2 years old)• Preschool Story time (for children 3 to 5 years)• March Break Activities (for school aged children)• Summer Reading Club (for children of all ages)• Saturday Programs including Puppet Shows (for children of all ages)• Programs presented by storytellers, authors, illustrators, artisans and entertainers• ‘Tween Scene• Teen Advisory Board (for teens in Grades 7 through high school)

St. Thomas - Service Canada Centre

Address:	1010 Talbot Street, Unit 34 St. Thomas, ON
Telephone:	1-800-622-6232 (1-800-O-Canada) 1-800-926-3565 (TTY)
Fax:	519-631-3565
Website:	www.servicecanada.gc.ca
Hours of Operation:	Monday to Friday 8:30 am - 4:00 pm Service Canada Help Line: Monday to Friday 8:00 am – 8:00 pm
Referral:	Self-referral
Description of Services:	Government information and resource centre providing in-person service for Federal programs and benefits including: <ul style="list-style-type: none">• Employment Insurance• Social Insurance Number (SIN) application• Social Development Financial Benefits – information and forms for federal pensions and benefits including the Canada Pension Plan (CPP), Old Age Security (OAS), Disability Benefits and Survivor Benefits

St. Thomas Transit Services

- Address:** 614 Talbot Street
St. Thomas, ON N5P 3V7
- Telephone:** 519-631-0001 (General Inquiries)
226-212-0320 (for real-time arrival/departure info)
- Website:** www.city.st-thomas.on.ca
www.nextbus.com (for real-time arrival/departure info)
- Email:** transit@city.st-thomas.on.ca
- Hours of Operation:** Monday to Friday 7:15 am – 6:45 pm
Saturdays 9:15 am – 6:45 pm
No Sunday or holiday service
- Fees:** \$2.50 for one-way ticket
Advance tickets \$1.50 for students, seniors and children
Advance tickets \$2.00 each for adults
\$55 for students, senior and children monthly passes
\$65 for adult monthly pass
Children under 5 (with parent or guardian) and attendants ride free.
- Description of Services:** The City of St. Thomas Transit Services provides safe, reliable, affordable and accessible transportation to all city residents. You can view the most current schedules, detours, paratransit service, and various other transit related items on their website.

Salvation Army Thrift Store & Family Services

Address:	105 Edward Street St. Thomas, ON N5P 1Y8
Contact:	Major Payler
Telephone:	519-633-4509 519-631-3206 (Thrift Store)
Hours of Operation:	Thrift Store: Mon - Friday 9:00 am - 5:30 pm Saturday 9:00 am - 4:30 pm Family Services: Mon - Friday 9:00 am - 3:00 pm
Eligibility:	Individuals and families in need
Referral:	Self referral
Fees:	None – Family Services
Description of Services:	Provides services to help with basic needs

Community and Family Services

Emergency assistance is provided in the form of clothing, food, accommodation, life skills training and counseling

Thrift Store

Offers low cost used clothing and household items

LEAP Emergency Financial Assistance

Access centre to apply for **LEAP** (Low Income Energy Assistance Program) one-time emergency financial assistance

SARI Therapeutic Riding

Address:	12659 Medway Road Arva, ON N0M 1C0
Contact:	Susan Morel, Executive Director
Telephone:	519-666-1123
Fax:	519-666-1971
Website:	www.sari.ca
Email:	office@sari.ca
Hours of Operation:	Administration: Monday to Friday 8:30 am - 4:30 pm Classes daytime, evenings and Saturday
Eligibility:	Developmentally, physically and emotionally special needs persons of all ages weighing less than 170 pounds.
Referrals:	Self-referral and then a referral from a doctor (a form to be filled out by the doctor).
Application Process:	Contact SARI for an application package. Applications are accepted and on-site assessments are arranged
Fees:	\$25.00 for a semi-private, half-hour lesson of 1-hour group lesson.
Description of Services:	Recreational Program with Therapeutic Benefits This program provides horseback riding in a supervised facility for therapeutic and recreational benefits. All the lessons are tailored to the riders' ability and goals. Students participate in games and exercises that build their riding skills while providing therapeutic benefits. Integrated Summer Camp An Integrated Summer Camp is available for children with and without special needs. It is a chance for riders to learn or practice the skills of horseback ricking, while learning about caring for horses.

S.A.F.E. BC (Self Abuse Finally Ends by Caring)

Address:	CMHA London-Middlesex 648 Huron Street London, ON N5Y 4J8
Contact:	Mary Graham
Telephone:	519-434-9191
Website:	www.safebc.webs.com
Email:	safebc@gmail.com
Hours of Operation:	Group meets every Tuesday at CMHA London-Middlesex from 3:00 pm – 4:30 pm
Eligibility:	Open to men and women aged 14 years old and older
Application:	Interested individuals must have an interview with the facilitator before coming into group
Description of Services:	S.A.F.E. BC is a continuous intake program to help those who use self-harming behaviour to cope with inner pain. The program works through boundaries and guidelines which are necessary to produce a group process in which hope, support, companionship and acceptance helps to empower the members in their efforts to end self-abusive behaviours.

Serenity House Hospice

- Address:** 750 Talbot Street, Suite 202
St. Thomas, ON N5P 1E2
- Contact:** Cindy Webber
- Telephone:** 519-637-3034
- Fax:** 519-637-2583
- Website:** www.serenityhousehospice.ca
- Email:** info@serenityhousehospice.ca
- Hours of Operation:** Monday to Friday 10:00 am - 4:00 pm
- Eligibility:** Individuals and families facing a life threatening illness, grief or loss. Individuals are eligible as soon as a diagnosis is made
- Referrals:** Self-referral by telephone or drop-in
- Fees:** None
- Description of Services:** Empower families through life threatening illness, by providing physical, emotional, social and spiritual support through service, information and education.
- Share The Care Station for Elgin County** - provides information and support to families to lessen caregiver stress and provide respite care.
- Programs:**
- Meditation: A Healing Tool for You
 - Art Therapy: Art for the Heart
 - Laughter Yoga Club
 - Reflexology - Offered by appointment
 - Reiki - Offered by appointment
 - Gentle Yoga
 - Drop in Support Group

Service Ontario

- Address:** 41 Mondamin Street, Unit 6
St. Thomas, ON N5P 2V4
- Telephone:** 519-633-6322 (General Inquiry)
1-888-376-5197 (Health Card Inquiry)
1-800-387-3445 (Driver & Vehicle Inquiry)
- Website:** www.serviceontario.ca
- Hours of Operation:** Monday to Friday 9:00 am - 5:00 pm
Saturday 9:00 am - 1:00 pm
- Description of Services:** Provide information regarding government services.
Information packages available:
- Driver & Vehicle Information
 - Health Card Services
 - Photo Identification
 - Employment Standards Claim

If you need a replacement photo health card you can make your request by telephone or in writing as long as you have not changed any information as shown on the card itself, or the card has not expired.

Satellite Offices:

1. Aylmer

Hours: Monday to Friday 8:30 am – 5:00 pm
Address: 615 John Street North
Aylmer, ON N5H 2S8
Telephone: 1-800-267-8097

2. Dutton

Hours: Monday to Friday 8:30 am – 4:30 pm
Address: 199 Currie Road
Dutton, ON N0L 1J0
Telephone: 519-762-6892

ServiceOntario INFOnline

Address:	Client Services, Ministry of Health and Long-Term Care Room M156, MacDonald Block 900 Bay Street Toronto, ON M7A 1R3
Telephone:	1-416-314-5518 (Toronto Area) 1-800-268-1154 (Outside Toronto)
TTY:	1-800-387-5559
Fax:	416-314-8721
Website:	http://www.bbbsegin.org/www.health.gov.on.ca
Email:	info@moh.gov.on.ca
Hours of Operation:	Monday to Friday 8:30 am - 5:00 pm
Eligibility:	Vulnerable persons with disabilities, vulnerable seniors, their caregivers, family, friends and community professionals
Fees:	None
Waiting List:	None
Description of Services:	Multilingual telephone line providing information and referral for Ontario government and Ministry of Health and Long-Term Care (MOHLTC) programs and services. Topics include: Ontario Health Insurance Plan (OHIP); Ontario Drug Benefit Program (ODB); Mental Health; Assistive Devices Program (ADP); and Long-Term Care. For medical advice or counseling contact Telehealth Ontario

Smokers' Helpline

Telephone: 1-877-513-5333

Web Site: www.smokershelpline.ca

Hours of Operation:

Monday to Thursday	8:00 am - 9:00 pm
Friday	8:00 am - 6:00 pm
Saturday and Sunday	9:00 am - 5:00 pm

Description of Services: Smokers' Helpline has proven tips and tools to help you quit successfully. For free, personalized and non-judgmental support, advice and information connect to quit today.

Smokers' Helpline Online (SHO) is an interactive, web-based service available 24 hours a day, 7 days a week offering tips, tools and support to help with quitting smoking. There are two main parts to this Online service: the self directed quit program and the online community.

Soups On

- Address:** West Elgin Community Health Centre
153 Main Street
West Lorne, ON N0L 2P0
- Contact:** Shelley Vergeer
- Telephone:** 519-768-1715 ext 2210
- Email:** svergeer@wehc.on.ca
- Eligibility:** Must live within the catchment area which includes Dutton-Dunwich to the Southwold Town line and West-Elgin to Chatham-Kent county line.
- Fees:** Small donation appreciated
- Description of Services:** Lunch, education and fellowship occurring on the first and third Monday of the month from 11:30 am - 1:00 pm.

Southwest Community Care Access Centre

- Address:** 1063 Talbot Street, Unit 70
St. Thomas, ON N5P 1G4
- Telephone:** 519-631-2236
1-800-563-3098
- Fax:** 519-631-2236
- Website** www.ccac-ont.ca
- Email:** info-stthomas@sw.ccac-ont.ca
- Hours of Operation:**
- | | | |
|---------------|---------------------|-------------------|
| Office Hours: | Mon to Friday | 8:30 am - 4:30 pm |
| On Call: | Mon to Friday | 4:30 pm - 6:00 pm |
| | Weekends & Holidays | 8:30 am - 4:30 pm |
- Eligibility:** All residents of Elgin County who possess a valid Ontario Health Insurance Number are eligible for an assessment of need by a Case Manager, or for application for placement in a long-term care facility.
- Description of Services:** A variety of services are available to support individuals and caregivers in the community. Among others, services are provided to the frail, the elderly, children, people with disabilities, those recovering from surgery, and those seeking placement in a long-term care facility. Clients can self-refer.

The Sunshine Dreams for Kids

Address:	495 Richmond Street, Suite 400 London, ON N6A 5A9
Contact:	Tracey Jones – Manager
Telephone:	519-642-0990 1-800-461-7935
Fax:	519-642-1201 1-800-461-7475
Website:	www.sunshine.ca
Email:	info@sunshine.ca
Hours of Operation:	Monday to Friday 9:00 am - 5:00 pm
Eligibility:	Must be between the age of 3 to 18 th birthday with a life-threatening illness or severe physical disability. Child must live in Canada, be able to formulate and communicate their dream and have not already received a dream or wish from a similar organization.
Referrals:	Can be made by the child, healthcare professionals working with the child, the child's parent(s) or guardian(s), or healthcare-related charities. Referral form can be found online.
Application Process:	Children can be referred by completing and submitting the online referral form. Once the form is received, a staff member will contact you and send a full Individual Dream Application Form to the child's family.
Fees:	None
Waiting List:	None
Description of Services:	The Sunshine Foundation is the only national Canadian charity to provide individual dreams to children with severe physical disabilities as well as life-threatening illnesses.

Talbot Creek Midwives

- Address:** 66 West Ave
St. Thomas, ON N5R 5H7
- Telephone:** 519-637-2224
- Fax:** 519-637-2242
- Website:** www.talbotcreekmidwives.com
- Eligibility:** <http://www.sari.ca>/Catchment area is, but not limited to Elgin County, London and South West Middlesex.
- Fees:** None. Services funded by the Ministry of Health and Long-Term Care.
- Description of Services:** The Service is committed to providing safe and effective clinical care throughout pregnancy, labour, delivery and post partum care. Midwifery services are best suited to healthy, low-risk women.
- The midwives attend births in the following hospitals; St. Thomas Elgin General Hospital and St. Joseph's Health Centre, London and offer the choice to have your baby at home.

Talbot Teen Centre

Address:	745 Talbot Street St. Thomas, ON N5P 1E3
Telephone:	519-631-8820
Website:	www.talbotteencentre.wordpress.com
Hours of Operation:	Monday to Saturday Variable hours
Eligibility:	Children and Teens ages 12 to 18
Fees:	None
Description of Services:	The T.T.C. is a free, fun, safe inclusive and supportive resource and drop in space for all youth aged 12 to 18 years of age in Elgin County. The TTC provides age appropriate programming for youth in recreation, leadership, arts and culture, education, prevention and awareness, and volunteering in an accessible positive environment.

Teen Challenge GTA Women's Centre

- Address:** 15490 Dufferin Street
King City, ON M5W 1G3
- Mailing Address:** PO Box 100, Stn Main
Aurora, ON L4G 3H1
- Telephone:** 1-905-727-3913
1-877-979-7770
- Fax:** 1-905-727-4363
- Website:** www.tcgta.org
- Email:** info@tcgta.ca
- Eligibility:** Minimum age of 18 years-old with a life-controlling substance abuse problem
- Fees:** Application fee is \$100. If accepted, \$1000 is payable upon entrance to the 1-year program. There are no additional costs. Room, board & program costs are covered by private donors.
- Description of Services:** Teen Challenge GTA is a 12 month, faith-based, residential rehabilitation program which offers young women ages 18 and over freedom from drug and alcohol dependence. Based on Christian principles and funded entirely through donations, the program offers spiritual, academic and vocational training, equipping individuals to return to society as responsible citizens.

Telehealth Ontario

Telephone: 1-866-797-0000

TTY: 1-866-797-0007

Fees: Free. No OHIP number required

Description of Services: Free, confidential telephone service 24 hours/day, 7 days/week for callers to receive health advice or general health information from a Registered Nurse.

Services available in French and English. Translation support and TTY access available.

Thames Valley Children's Centre

Address:	779 Baseline Road East London, ON N6C 5Y6
Telephone:	519-685-8700 1-866-590-8822 (Toll-Free) 519-685-8716 (Intake Coordinator)
Fax:	519-685-8689
Website:	www.tvcc.on.ca
Email:	tvcc@tvcc.on.ca
Hours of Operation:	Monday to Friday 8:30 am – 4:30 pm
Eligibility:	Children and youth age birth to 19 years who have physical, communication, developmental needs or autism spectrum disorder and reside in Southwestern Ontario.
Referrals:	Medical referrals required
Fees:	Covered by OHIP
Waiting List:	Varies with program, depending on service needed
Description of Services:	Regional rehabilitation centre to help young people with physical, communication or developmental needs to reach their potential in terms of independence, self esteem and participation in society. Service options include: assessment, diagnosis, direct therapy (physiotherapy, occupational therapy and speech therapy), consultation, counseling, parent education and support groups, community education, psycho/social, communication development, leisure and fitness.

Autism Services

ABA-based services and supports for children and youth with ASD and their families

Clinical and Technical Specialty Services

Provides specialized rehabilitation services for children and youth, available primarily on an as needed assessment and consultative basis

Early Childhood and School Age / Adolescent Program

Provides services to children and youth with physical, communication or developmental needs

Thames Valley District School Board –

Junior & Senior Kindergarten, Grade 1 to 12

Address:	1250 Dundas Street, PO Box 5888 London, ON N6A 5L1
Telephone:	519-452-2000 (Education Centre)
Fax:	519-452-2395 (Education Centre)
Website	www.tvdsb.on.ca
Hours of Operation:	Monday to Friday 8:00 am - 4:00 pm
Service Area:	Elgin, Oxford, Middlesex and the City of London
Description of Services:	Children must be four years of age by December 31 in the year in which they start JK and 5 years of age in which they start SK. Each school has a school boundary.

Special Education

Students with developmental disabilities are served by the Thames Valley district School Board in two delivery formats; both of which are consistent with the Ministry of Education and Training policy of integration.

One format is that of self-contained classes at both the elementary and secondary levels. Transportation is provided to selected schools and the program is delivered through the teacher, educational assistants, and local support agencies. Students are integrated into the regular school program specific to the needs of the student.

Thames Valley Midwives

Address: 434 Maitland Street, Suite #1
London, ON N6B 2Z2

Telephone: 519-433-5855

Fax: 519-433-8306

Website: www.tvm.on.ca

Email: info@tvm.on.ca

Fees: Services fully-funded by Ontario Ministry of Health for all residents of Ontario

Description of Services: Providing care for women and their babies during pregnancy, birth and the first 6 weeks postpartum. Thames Valley Midwives offers services to women living in London and the counties of Middlesex, Elgin and Oxford, as far east as Woodstock. They attend births at home, and in the following hospitals: St. Joseph's Health Centre, London Health Sciences Centre, St. Thomas-Elgin General Hospital and Woodstock General Hospital.

Tiny Tots Co-operative Nursery School

Address: 217 Furnival Road
PO Box 539
Rodney, ON N0L 2C0

Contact: Shelley Smith

Telephone: 1-519-785-2164

Fax: 1-519-785-1833

Website: <http://www.tvcc.on.ca/www.ttcns.ca>

Email: ttcns@bellnet.ca

Description of Services: Tiny Tots Nursery School programs include:

“Stay & Play” Play Groups

Tuesday and Friday 9:30 to 11:30 am

Cost: \$2 per child or \$5 per family for members
\$4 per child or \$10 per family for non-members

Nursery School (Members)

Toddler Class:

1 day per week 9:00 am - 11:30 am \$52 month
Ages 20 – 30 months

Preschool Class:

2 mornings per week 9:00 am - 11:30 am \$80 month
Ages 30 months to 4.5 years

Toy & Resource Lending Library (Members)

Monday to Friday 9:00 am – 5:00 pm

Saturday 9:00 am – 12:00 pm

\$25 per year for families or caregivers

Plus \$15 Tiny Tots membership (\$40 annually)

Tiny Tots Closet

Offering gently used children’s clothing and toy items at reasonable prices.

Monday to Friday 9:00 am – 5:00 pm

tyke TALK – Thames Valley Preschool Speech and Language Initiative

Address:	50 King Street London, ON N6A 5L7
Telephone:	519-663-0273 (Information Line) 519-663-5317 ext 2224 (Intake & Referral) 1-877-818-TALK (8255)
Fax:	519-963-0305
Website:	www.tyketalk.com
Hours:	http://www.sari.ca /Monday to Friday 8:30 am - 4:30 pm
Eligibility:	Children from http://www.sari.ca /birth to eligible for senior kindergarten
Referrals:	Self, caregiver, community professional, physicians
Fees:	None
Description of Services:	A province wide government initiative that focuses on the prevention, early identification and treatment of problems with speech and language. Provides information and tips. Centralized intake for assessment and therapy.

Elgin tykeTALK Service Provider Agencies:

Ontario Early Years Centre Elgin Middlesex London
7 Morrison Drive
St. Thomas, ON N5R 4S5

tykeTALK Service for Elgin
66 West Avenue
St. Thomas, ON N5R 5H7
519-633-6388

University of Western Ontario Dental Clinic

- Address:** Schulich School of Medicine & Dentistry
The University of Western Ontario
London, ON N6A 5C1
- Telephone:** 519-661-3326
- Website:** www.fmd.uwo.ca/dentistry
- Email:** Dental.Clinics@schulich.uwo.ca
- Hours of Operation** <http://www.sari.ca/> Monday to Friday 9:00 am - 12 noon
2:00 pm - 5:00 pm
Closed on federal/ provincial holidays, March Break,
summer break (July-August) & most of December
- Eligibility:** Patients are selected based on the requirements of schools educational program
- Fees:** The dental treatment is not free; however, clinic fees are 60% of the amount a private dentist would charge.
- Description of Services:** The Western Dental Clinic is a teaching institution where patients are selected based on the requirements of our educational program.

The following services are provided:

Comprehensive Adult Care

- Check-up/cleaning
- Fillings
- Broken teeth
- Aching teeth
- Sore and/or bleeding gums
- Diagnosis and Treatment Planning
- Complete or partial dentures
- Crowns and fixed bridges
- Implants
- Treatment of gum disease and mouth infections
- Extractions
- Endodontics (Root Canal Treatment)
- Preventive care

Emergency care
Children's dentistry
Orthodontics

In some cases the treatment required by the patient may be too complex for the undergraduate students. The undergraduate clinic may not be a suitable environment for some medically compromised patients. These patients will be advised to seek treatment from a dentist in the community.

Vanier Children's Services

Address:	871 Trafalgar Street London, ON N5Z 1E6
Telephone:	519-433-3101 Intake: 519-433-0334
Fax:	519-433-1302
Website:	http://www.bbbsegin.org/www.vanier.com
Email:	askvanier@vanier.com
Hours of Operation:	8:30 am – 4:30 pm, with some evening and Saturday appointments available. The residential program is 24 hour, 7 days per week. Family Preservation program offers 24 hour, 7 day per week service to families.
Eligibility:	Children with serious social, emotional and behavioural problems and their families, 14 years of age and under. Some programs offer limited service up to age 15.
Referrals:	Parents, professionals, e.g. medical, education and professionals. Service is London-Middlesex only. Residence service is only available to Elgin residents and referrals are made through CSCN at 1-877-480-2726.
Fees:	None
Waiting List:	Waiting list for all services
Description of Services:	Crisis Offer 24/7 support to families or direct to youth 12 years and older; information, crisis counseling, waiting list support and referrals Early Years & Families Early intervention programs for parents and children up to age 7 who have experienced abuse or trauma, or have challenging behavior or social and attachment issues. Community Mental Health Services

Provide family therapy, group programs for parents, children and youth, in-home support to prevent, reduce and cope with social, emotional, behavioural and psychiatric problems.

Living at Vanier

In a home-like environment, offer support for children who need short-term stabilization, treatment, day and overnight respite care.

English and some French services available.

Vesta Parenting Centre

Address: 767 Talbot Street
St. Thomas, ON N5P 1E3

Contact: Shawn De Vree (Owner)
shawn@vestaparenting.ca
Melanie Taylor (Owner)
Melanie@vestaparenting.ca

Telephone: 519-631-6461

Website: www.vestaparenting.ca

Email: info@vestaparenting.ca

Hours: Mon, Wed & Fri 10:00 am – 4:00 pm
Tues & Thurs 10:00 am - 8:00 pm
Saturdays 9:00 am - 5:00 pm
Sundays closed

Fees: Depending on service or product

Description of Services: The Vesta Parenting Centre and Vesta Shop provide parents with accurate, up-to-date, comprehensive information thus enabling them to make informed decisions that work best for them and their family. They strive to provide a child-friendly environment that contributes to a parent's well-being where they can learn tips and parenting skills, meet new friends and make life-long connections, discuss what's on their mind, strengthen their bodies and their minds, and simply enjoy themselves.

Victim Services Elgin

- Address:** 146 Centre Street
St. Thomas, ON N5R 3A3
- Telephone:** 519-631-3182
- Fax:** 519-631-9879
- Website:** www.victimserviceselgin.org
- Hours:** Monday to Friday 9:00 am – 5:00 pm (Office)
Victim support available 24 hours, 7 days a week
- Referrals:** <http://www.sari.ca/> Police require consent from victims for referral.
- Description of Services:** Offering free, confidential, practical assistance for victims of crime in Elgin County. The Victim Quick Response Program (VQRP) offers immediate assistance to help victims of violent crime who cannot obtain it through other sources. These victims will have access to emergency expenses, funeral expenses and counselling.

Victim Witness Assistance Program (VWAP)

Address:	145 Curtis Street St. Thomas, ON N5P 3Z7
Telephone:	519-633-1920 1-866-633-1920
Fax:	519-633-2311
Hours of Operation:	Monday to Friday 8:30 am - 4:30 pm
Eligibility:	mailto:tvcc@tvcc.on.ca Victims and witnesses of crime in the court process
Referrals:	Police, crown attorneys, social agencies or self
Fees:	None
Description of Services:	<p>The victim Witness Assistance Program provides service to victim witnesses involved in a criminal case. Some of the services offered are:</p> <ul style="list-style-type: none">• Information about the criminal justice system• Emotional support throughout the court process• Case specific information including upcoming court dates and bail and probation conditions• Referral to the Crown Attorney and follow-up• Referrals to community agencies

Violence Against Women, Services Elgin County

Address: 300 Talbot Street, Suite 26
St. Thomas, ON N5P 4E2

Telephone: 519-633-0155
1-800-265-4305 (24-Hr Helpline)

Fax: 519-633-6575

Website: www.vawsec.on.ca

Email: info@vawsec.on.ca

Description of Services: All services are free, voluntary and absolutely confidential. Self referrals are encouraged.

Abused Women's Helpline

519-633-0155 or 1-800-265-4305

A counselor is always there: 24 hours, 365 days a year over the phone or in-person to provide crisis intervention, referrals, safety planning, information and support.

Women's Place Emergency Shelter

24 hours a day, 365 days of the year the secure, safe shelter is always there for women (16 years of age or older), with or without children, who have been abused in an intimate or dependent relationship. Services include crisis intervention, short term counseling, group counseling, referrals, safety planning and information for women and children. Emergency transportation to the shelter is available.

Sexual Assault Program

This program is for women (16 years of age or older), who have been sexually abused as an adult or as a child. The program offers counseling, referrals and information in St. Thomas, Aylmer and West Lorne.

Woman Abuse/Transitional Housing Support Program

This program offers counseling to women who are being abused in an intimate or dependent relationship. It also supports women who have either left an abusive relationship or who are considering leaving, with safety

planning and housing options. This service is provided in St. Thomas, Aylmer and West Lorne.

Child Witness Program

This program provides age-based group counseling to children, aged 4 to 18, whose mothers have been abused. A mothers group is also offered so women can boost their strength with support from other moms who understand what they have been through.

Prevention by Education

Professional on-site training and information about abuse, how you can be most helpful to support a woman who has been abused, and what services are in your community to assist. We facilitate this opportunity with other services and agencies, community and faith groups, workplaces and schools.

VON Middlesex-Elgin Branch - Community Supports Services

Address: 175 South Edgeware Road
St. Thomas, ON N5P 4C4

Telephone: 519-637-6408
1-800-201-0909

Fax: 519-631-4798

Description of Services: Provide transportation to seniors and adults with disabilities who reside in villages and surrounding rural area of Central and East Elgin along with residents of the town of Aylmer. Other services include Meals on Wheels, Friendly Visiting, Hospice Visiting, Dementia Visiting, Smart Exercise Clinics and Dialysis transportation.

Satellite Office:

Aylmer
745 Talbot Street East
Aylmer, ON N5H 3A5

519-765-2999

Volunteer Elgin

Address: St. Joseph's Health Care
Regional Mental Health Care St. Thomas
467 Sunset Drive
St. Thomas, ON N5P 3V9

Contact: Lisa Slingerland

Website: www.volunteerelgin.org

Email: volunteerelgin@hotmail.com

Description of Services: Volunteer Elgin promotes, supports, and encourages volunteering within the communities of Elgin County by providing its members with the opportunity to network, share ideas and resources. Visit organizations website to find out about member agencies.

Walk-In Medical Clinics

- Address:** St. Thomas Walk-In Medical Clinic
230 First Avenue, Suite 105
St. Thomas, ON N5R 4P5
- Telephone:** 519-633-9627
- Fax:** 519-633-2677
- Hours of Operation:** Monday to Friday 6:00 pm - 9:00 pm
Saturday, Sunday and Holidays 9:00 am - 3:00 pm
Administration 8:00 am – 4:00 pm
- Referrals:** <http://www.tvcc.on.ca/>Self
- Fees:** <http://www.sari.ca/>Most services covered by OHIP
- Description of Services:** Medical assessment and treatment by area family physicians during times when physician's offices are closed: weekends, evening and Wednesday afternoons.

Welcome Wagon

- Address:** 44 Myrtle Street
St. Thomas, ON N5R 2E7
- Contact:** Frances Kana
Business Professional & Community Welcome
Representative
- Phone:** 519-614-7708
- Website:** www.welcomewagon.ca
- Email:** Frances_kana@hotmail.com
- Description of Services:** Welcome Wagon provides professional and personalized promotion of products and/or services to selected target markets including community newcomers, new and/or recently transferred business executives and new homeowners. Full follow-up and results assessments are provided to businesses that sponsor Welcome Wagon's work.

West Elgin Community Health Centre

Address: 153 Main Street
West Lorne, ON N0L 2P0

Telephone: 1-519-768-1715

Fax: 1-519-768-2548

Website: www.wechc.on.ca

Email: info@wechc.on.ca

Hours of Operation: Monday, Wednesday, Friday 8:30 am - 5:00 pm
Tuesday and Thursday 8:30 am - 9:00 pm

Fees: None

Description of Services: Multi-disciplinary primary health care facility with emphasis on Health Promotion. Health Care Providers include Physicians, Nurse Practitioners, RN's, RPN's Social Workers, Mental Health Case Managers, Dietitians, Chiropracist, Community Support Services Coordinator and Assisted Living Coordinator, Community health Workers and PSW's.

Community Support Services

- Soups On and other Congregate Dining events
- Volunteer Transportation
- Friendly Visiting
- Caregiver Support – Information and Education

Diabetes Team

- Registered Nurse and Registered Dietitian

Community and Health Promotion

- Occupational Health programs including Asthma education and support, youth safety, farm safety
- Women's Health
- Tobacco reduction/cessation support group

Let's Connect - Early Years Programs age 0-6 yrs

- Krazy Kitchen

- Parents & Tots
- Concurrent Parent/Child programming
- Mobile Well Baby Clinics
- Prenatal classes & Breast Feeding support

Community Dietitian

- Numerous nutritional programs geared to males, females, teens, seniors (examples, men's cooking group, emotional eating, aging with vitality, youth cooking)

Mental Health

- Mental health counseling for children, youth and seniors
- Adult mental health support thorough on-site CMHA staff
- Centre Ice Youth Drop-in support
- Fall Family Fun Night

Primary Health Care

- Physicians, Nurses, NP's, Dietitian, Chiropodist

West Elgin Community Health Centre- Transportation Network

- Address:** 160 Main Street
West Lorne, ON N0L 2P0
- Telephone:** 1-519-768-0020
- Fax:** 1-519-768-0401
- Website:** www.wechc.on.ca
- Fees:** 35¢ per km and parking costs
- Description of Services:** Service provided through West Elgin Community Health Centre Volunteer Transportation Program. Program assists seniors and disabled adults in West Elgin area who require transportation to medical appointments, shopping, visit family/friends.
- 24 to 48 hours notice.

Womancare Midwives

Address: 345 Westminister Ave
London, ON N6C 4V3

Telephone: 519-645-0316

Fax: 519-645-8802

Website: www.midwives.on.ca

Email: womancaremidwives@bellnet.ca

Hours: Monday - Friday 9:00 am - 5:00 pm

Fees: Services fully-funded by Ontario Ministry of Health for all residents of Ontario

Description of Services: Providing midwifery care for women and their babies during pregnancy, birth at home or hospital and the first 6 weeks postpartum. Womancare is comprised of 10 midwives who practise as a team.

WrapAround Initiative

Address: Community Services Coordination Network
171 Queens Avenue, Suite 750
London, Ontario
N6A 5J7

Telephone: 519-438-4783
1-877-480-2726 (Toll-Free)

Fax: 519-673-1509
1-877-462-1509 (Toll-Free)

Website: www.wraparound.ca

Description of Services: WrapAround is a process which develops and carries out plans for children, individuals and their families who have very complex needs. The WrapAround process ensures that services are focused on the needs of the individual and his or her family. A WrapAround facilitator works with the family to identify four to ten people who know the family best. These people form an individual and family team. The team works together to achieve the goals chosen by the family.

YWCA - St. Thomas-Elgin

Address: 16 Mary Street West
St. Thomas, ON N5P 2S3

Telephone: 519-631-9800
1-800-461-0954

Fax: 519-631-6411

Website: www.ywcastthomaselgin.org

Email: ywcastthomaselgin@bellnet.ca

Hours: Monday, Wednesday, Friday 9:00 am - 5:00 pm
Tuesday and Thursday 9:00 am - 9:00 pm

Description of Services: **Elgin Adult Education Classes**
Offering programs to help improve employment essential skills, computer skills, reading and writing, and math for free. Programs are either one-on-one sessions or in a small group setting. Classes are offered in St. Thomas, Aylmer and West Lorne.

Aquatic Programs

Aquatic programs include the Red **Cross Learn to Swim** classes for boys & girls and men & women, **Aquafit** for adult women and **Encore**, an aquafit program for survivors of breast cancer. Fall, winter and spring sessions are offered at Terrace Lodge and Ontario Police College. Summer sessions are offered at the Town of Aylmer Outdoor pool.

Women's Residence Program

A twenty-one bed residence that provides emergency, transitions and long-term housing to disadvantaged women. Residents requiring emergency support are provided with housing, food and toiletries and have access to in-house programs including tutoring, literacy, computer training and life skills coaching.

Harmony House & Fair Winds for Youth

Homes are youth ages 16-24 who find themselves without the supports necessary to make a healthy transition from youth to adulthood. Residents are provided with a private room, supportive resources and individuals who will

encourage you to set goals and become your own decision maker.

Youth Engagement Project

A paid program assisting young adults with transitioning to the workforce and gaining job related skills. Program participants are ages 15 to 30, are out of work and/or school with a barrier to employment. Participants receive job-related training, life skills training, coaching and mentoring on and off the job.

Settlement Services

Offers free of charge information and assistance with permanent residence, citizenship, sponsorship, work and visitor permits, various government programs and community supports.

Child and Youth Programs

Before and After School Childcare

Programs for children 3-12 years before and after school and on PD days and holidays are offered at McGregor Public School in Aylmer, New Sarum Public School, Southwold Public School, Mitchell Hepburn Public School and Elgin Court Public School in St. Thomas.

JK/SK Full Day Childcare

Licensed for children ages 3 ½ to 5 ½. The program runs during the school year from 7:30 am to 5:30 pm including circle time, drama, science, house centre, music and outdoor play.

Summer Adventure Camp

Offered in St. Thomas, Aylmer, Belmont and West Lorne for children 6-12 years. Kinder camp is located in St. Thomas for children 3-5 years. A recreation program engaging children in games, crafts, drama, swimming and day trips.

Red Cross Babysitting Courses

For youth 11 years and up who want to become a babysitter. Course covers the responsibilities of a babysitter, safety tips for children of all ages, basic child care skills and what to do in case of an emergency. Classes offered in St. Thomas, Springfield, Belmont and West Lorne.

Home Alone Safely Course

For children ages 9 to 12 that are showing readiness to be at home alone after school. Topics covered include key safety, kitchen safety, basic first aid and how to handle emergencies.

Classes offered in St. Thomas, Aylmer, Springfield, Belmont and West Lorne.

Kids Creative Cuisine

A cooking club program for school age children. Participants create a different meal each week.

SMART for Girls

Free 8-week program for girls ages 8-18. Participants engage in activities to relieve and manage stress. Activities include yoga, dance, creative expression and fitness.

GirlSpace

An interactive leadership program for girls ages 8-12 years. Activities involve exploring creativity, leadership & team building skills, self-confidence activities and celebrating achievements.

Drop in Recreation Programs

For school age children – evenings and after school programs available across the county.

Satellite Offices:

Aylmer Community Services
25 Centre Street
Aylmer, ON N5H 2Z4
519-765-2082

West Elgin Support Services
160 Main Street West
West Lorne, ON N0L 2P0
519-768-0020

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