



Department of Social Services,  
Children's Services Division &  
Durham's Best Start Network

# Family & Child Support Services Agency Listing

Revised November, 2008

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## About Best Start

### Best Start (2005 – 2006)

Durham was able to create 475 new non profit licensed child care spaces, located primarily in schools by September 2006. Best Start provided “start up funds” for the programs to purchase toys and equipment. Wage subsidy and wage improvement funds were also provided to help improve the salaries of Early Childhood Professionals. In addition, Best Start provided additional funding to Special Needs Resourcing programs to improve service levels for children with special needs.

### Best Start (2006 – 2007)

In June 2007, the Best Start Network prepared its updated plan titled “Building on the Foundation – Moving Forward” which identified how the community would proceed to implement Best Start within the reduced allocation of funding from the Ministry of Children and Youth Services. Durham Best Start Network created a number of sub committees who continued to work on a variety of tasks to support the objectives of Best Start. The terms of reference were revised to reflect the changed focus of this initiative and the meeting schedule of the entire Network was changed to quarterly meetings.

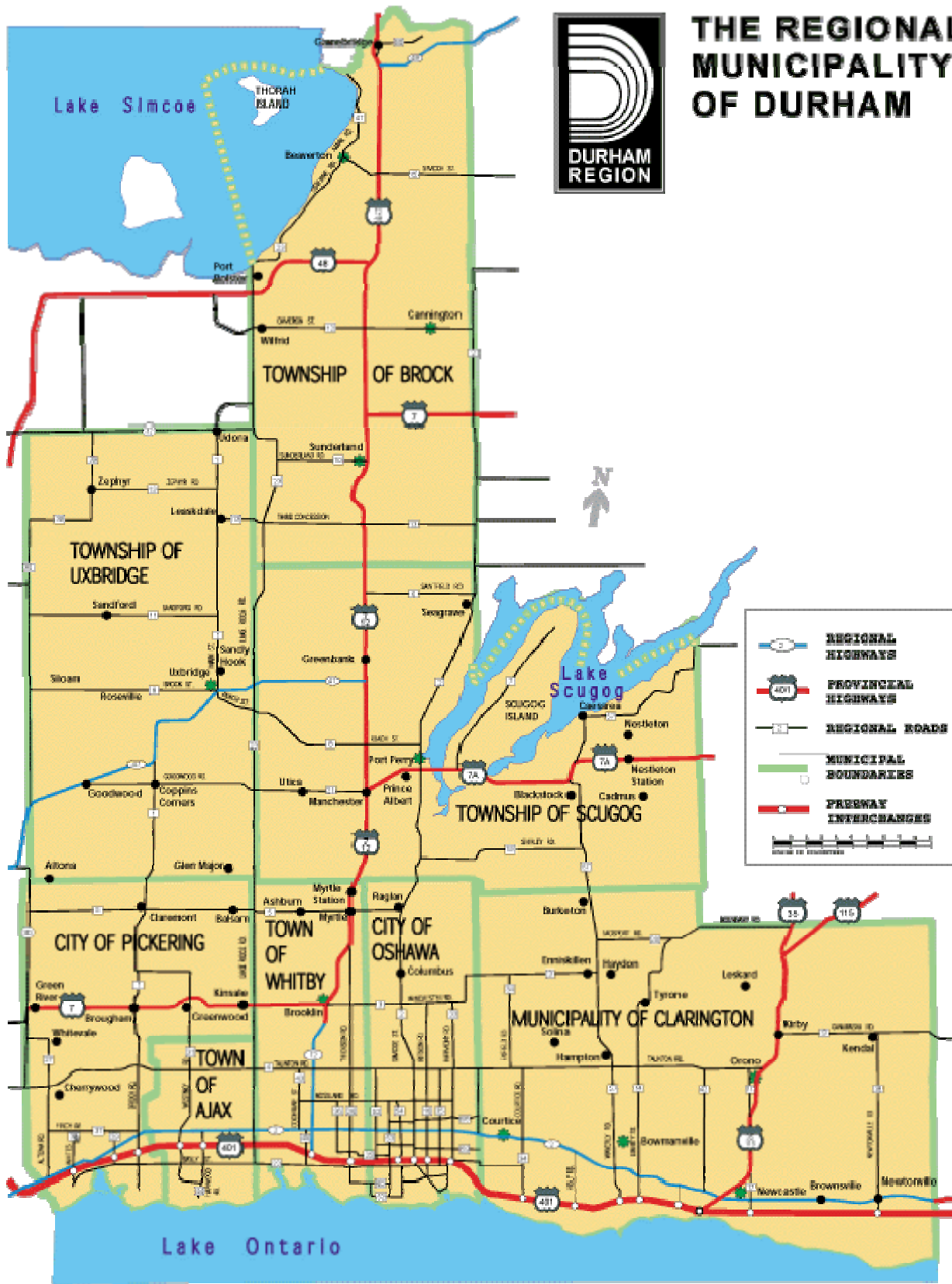
### Best Start (2007 – 2008)

Durham’s Best Start network has continued to meet quarterly, sharing information and working on a variety of tasks at the sub committee level. Durham’s Best Start Network has focused on two key areas: Hub Development and Service System Integration. The intent is to create a seamless system of early learning and care that integrates child care and the primary education system, as well as increasing supports for parents. At this time the Ministry of Children and Youth Services has not provided any designated funding to support Hub development. A small amount of funding from Durham’s Best Start Network was provided to support some initial Hub activities and the community is working together to share resources and to improve services to families.

### Best Start (2008 – 2009)

In June 2008, the Best Start Network prepared a 2008-2009 Integrated Status Update, as requested by the Ministry of Children and Youth Services which identified work completed to date as well as ongoing plans and activities. Durham’s Best Start Network continues to meet quarterly, and the sub committees continue to meet as needed to action the items identified in their work plans. There is no dedicated funding from the Ministry at this time to proceed with Hub development.

For more information visit our website at  
[www.region.durham.on.ca/childrensservices](http://www.region.durham.on.ca/childrensservices)



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### **Autism Ontario - Durham Region**

21980 Highway 12

Sunderland, ON L0C 1H0

Phone: 1-866-495-4680

Fax: 1-866-495-4680

E-mail: [durham@autismontario.com](mailto:durham@autismontario.com)

Website: [www.autismontario.com/durham](http://www.autismontario.com/durham)



**Description:** Autism Ontario - Durham Region is a regional chapter of Autism Ontario, a non-profit registered charity in Ontario dedicated to ensuring that every individual with Autism Spectrum Disorder (ASD) is provided the means to achieve quality of life as a respected member of society.

Autism is a neurological disorder affecting three key areas of development to varying degrees: communication, behaviour and social skills. Autism may also have an impact on the way an individual processes sensory information.

The mission of Autism Ontario - Durham Region is to:

- share information (including information about the warning signs of autism in early childhood)
- offer support
- encourage friendship among families affected by ASD in Durham Region

The organization also:

- raises public awareness
- facilitates advocacy
- provides funding for a variety of speaker events and social learning opportunities through Autism Ontario's Realize Community Potential Program in Durham Region

Currently serving hundreds of families throughout Durham Region, Autism Ontario - Durham Region relies on donations from individuals and members of the business community to fund its programs and services.

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**Big Brothers and Sisters of Ajax-Pickering**

7C-1735 Bayly Street  
Pickering, ON L1W 3G7  
Phone: (905) 831-3777  
Fax: (905) 831-8364  
E-mail: [info@bbandsop.com](mailto:info@bbandsop.com)  
Website: [www.bigbrothersandsistersofajaxpickering.com](http://www.bigbrothersandsistersofajaxpickering.com)



**Big Brothers and Sisters of Clarington**

23 Scugog Street  
Bowmanville, ON L1C 3H7  
Phone: (905) 623-6646  
Fax: (905) 623-0704  
E-mail: [bbsclarington@aol.com](mailto:bbsclarington@aol.com)  
Website: [www.bigbrothersandsisters.ca](http://www.bigbrothersandsisters.ca)

**Big Brothers and Sisters of Oshawa/Whitby**

199 Wentworth Street West  
Unit #2  
Oshawa, ON L1J 6P4  
Phone: (905) 579-2551  
Fax: (905) 579-2550  
E-mail: [bbbsow@bellnet.ca](mailto:bbbsow@bellnet.ca)  
Website: [www.bbbsow.ca](http://www.bbbsow.ca)



**Big Brothers and Sisters of North Durham Region**

15585 Simcoe Street  
(located in Scout Hall)  
Port Perry, ON L9L 1M3

**Mailing Address:**

P.O. Box 961  
Port Perry, ON L9L 1A8

Phone: (905) 985-3733  
Fax: (905) 985-1133  
E-mail: [debbiebbbsnd@aol.com](mailto:debbiebbbsnd@aol.com)  
Website: [www.bigbrothersbigsisters.ca/northdurham](http://www.bigbrothersbigsisters.ca/northdurham)

**Description:** Big Brothers and Sisters provides direct service to children by matching them to adult volunteers in quality mentoring relationships. Big Brothers, Big Sisters, Couples and In-School Mentoring programs match children between the ages of six to fourteen with screened and trained volunteers over the age of 18.



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### **Canadian Cystic Fibrosis Foundation**

2221 Yonge Street, Suite 601

Toronto, ON M4S 2B4

Phone: 416-485-9149,

Toll Free: 1-800-378-2233

Fax: 416-485-0960

e-mail: [info@cysticfibrosis.ca](mailto:info@cysticfibrosis.ca)

Web site: [www.cysticfibrosis.ca](http://www.cysticfibrosis.ca)



**Description:** The Canadian Cystic Fibrosis Foundation (CCFF) is a Canada-wide health charity, with 50 volunteer chapters, that funds vital CF research and care. The CCFF's mandate is to help individuals with CF, principally by funding CF research and by supporting high quality clinical and transplant care. The Foundation also provides educational materials for the CF community and the general public; undertakes advocacy initiatives with, and on behalf of, Canadians with CF to enhance their quality of life; and raises funds to support its programs.

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### **Canadian Diabetes Association**

Durham Region Branch

235 Yorkland Blvd., Unit 200

Toronto, ON M2J 4Y8

Phone: 416-363-0177

Toll-free: 1-800-BANTING (1-800-226-8464) ext. 7144

Fax: 416-491-8927

E-mail: [info@diabetes.ca](mailto:info@diabetes.ca)

Website: [http://www.diabetes.ca/Section\\_Regional/ontario\\_durham.asp](http://www.diabetes.ca/Section_Regional/ontario_durham.asp)



**Description:** The Canadian Diabetes Association is a charitable organization that has grown to include a presence in more than 150 communities across the country. The Canadian Diabetes Association promotes the health of Canadians through diabetes research, education, service, and advocacy.

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**The Canadian Hearing Society**

Website: [www.chs.ca](http://www.chs.ca)



**Durham Office**

Braemor Centre Plaza  
575 Thornton Road North Unit 13  
Oshawa, ON L1J 8L5  
Phone: 905-404-8490  
TTY: 905-404-0468  
Fax: 905-404-2012

**TOLL FREE**

Phone: 1-800-213-3848  
TTY: 1-800-213-0514  
Fax: 1-800-360-6264  
E-mail: [info@chs.ca](mailto:info@chs.ca)

**Peterborough Regional Office**

315 Reid Street,  
Peterborough, ON K9J 3R2  
Phone: 705-743-1573  
TTY: 705-743-1621  
Fax: 705-741-0708  
E-mail: [infochs.ca](mailto:infochs.ca)

**City of Kawartha Lakes, Northumberland, and Haliburton**

**TOLL FREE**

Phone: 1-800-213-3848  
TTY: 1-800-213-0514  
Fax: 1-800-360-6264  
Employment Services and Hearing Care Counselling for  
people 55+ with acquired hearing loss

**Description:** The Canadian Hearing Society is the leading provider of services, products, and information that remove barriers to communication, advance hearing health, promote equity for people who are culturally deaf, oral deaf, deafened and hard of hearing .

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**Cardinal Nannies & Companions Inc.**

519 Dundas Street East, Unit 3  
Whitby, ON L1N 2J5  
Phone: 905-666-2228  
Toll Free: 1-800-219-8059  
Fax: 905-666-9689  
Email: [moyra@cardinalnannies.com](mailto:moyra@cardinalnannies.com)  
Website: [www.cardinalnannies.com](http://www.cardinalnannies.com)



**Description:** Provides professional one-on-one in-home caregiver services with efficiency, integrity, flexibility and quality care. We supply experienced, qualified caregivers for children, seniors and special needs clients. Call for a Home Visit. Short term contracts with three (3) hour minimum. Bilingual live-in caregivers from Quebec for the summer or long term. Foreign live-in caregivers in Canada on work permits needing employees also available for long term placements.



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### **Catholic Family Services of Durham**

Website: [www.cfsdurham.com](http://www.cfsdurham.com)

Oshawa:  
115 Simcoe Street South, 2<sup>nd</sup> Floor  
Oshawa, ON L1H 4G7  
Phone: 905-725-3513  
Toll Free: 1-877-282-8932  
Fax: 905-725-8377

Uxbridge—Satellite Office:  
70 Toronto Street North  
Uxbridge, ON L9P 1C7  
Intake—through Oshawa office at 905-725-3513

Port Perry:  
169 North Street  
Port Perry, ON L9L 1B7  
Phone: 905-985-4221

Ajax:  
MacKenzie Plaza  
250 Bayly Street West Unit 22  
Ajax, ON L1S 3V4  
Phone: 905-428-1984



**Description:** Catholic Family Services of Durham is a fully accredited counselling agency that offers services to women and children who have been abused and/or are victims of family violence. We offer family, individual and couples counselling, parenting courses, workshops and groups. We provide services for children, teens and adults in the Durham Region regardless of religious affiliation and financial situation.

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### **Central East Community Care Access Centre**

Whitby Branch  
209 Dundas Street East, 5th Floor  
Whitby, ON L1N 7H8  
Phone: 905-430-3308  
Toll Free: 1-800-263-3877  
Fax: 905-430-3297  
Website: [www.ce.ccac-ont.ca](http://www.ce.ccac-ont.ca)



**Description:** The Central East Community Care Access Centre (Central East CCAC) provides a single point of access for people of all ages who need in-home health care services, admission to long-term care homes and programs, school health support services and information and referral to community services.

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### **CNIB**

1 Mary St. North, Unit D  
Oshawa, ON L1G 7W8  
Tel: 905-436-7732  
Fax: 905-436-1202  
Website: [www.cnib.ca](http://www.cnib.ca) <http://www.cnib.ca/>



**Description:** CNIB works to ensure that children with vision loss get the best possible start in life, and that their parents have the resources and support they need to guide their child along the path to success and independence. CNIB Early Intervention Services assist children aged 0-6 to build a foundation for their future growth and development that is consistent with their individual potential, in partnership with parents/guardians, caregivers, teachers and therapists.

For more information contact: Heather Edmonds, ECVC, 1-866-699-1699 ext. 5236.

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### Community and Family Services—Salvation Army

45 King Street East  
Oshawa, ON L1N 1B2  
Phone: 905-723-7422  
Fax: 905-723-8276  
E-mail: [cfs@oshawa-temple.org](mailto:cfs@oshawa-temple.org)



**Description:** Community and Family Services includes: Personal and Family Counselling, Anger Management Programs, Thrift Store, Emergency Food Supply (Food Bank), Emergency Disaster Services, Children's Summer Day Camps, Mobile Outreach (Street Ministry), Community Garden and more.

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### Community Living Durham North

60 Vanedward Drive, Unit 2  
Port Perry, ON L9L 1G3  
Phone: 905-985-8511  
Fax: 905-985-0799  
Website: [www.communitylivingdurhamnorth.ca](http://www.communitylivingdurhamnorth.ca)



**Description:** The purpose of Community Living Durham North is to support people who have an intellectual disability to live, work and enjoy life in their own community. We believe that people who have disabilities must be empowered to:

- Live as independently as possible, supported to the extent that is necessary to meet individual needs
- Make real choices, however those choices are expressed
- Enjoy real friendships and other naturally supportive relationships
- Experience the security of unquestioned inclusion in their community

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### Community Living Ajax, Pickering and Whitby

36 Emperer Street  
Ajax, ON L1S 1M7  
Phone: 905-427-3300  
Fax: 905-427-3310  
Website: <http://www.cl-apw.org>

**Vocational Services:**  
177 Dowty Road  
Ajax, ON L1S 2G3  
Phone: 905-683-6732  
Fax: 905-683-6820



Community Living  
Ajax, Pickering and Whitby

**Description:** The purpose of the association is to take a leadership role to promote and support within the community, the gifts, capacities and natural relationships of all people who live with a developmental disability by:

- Promoting and protecting their rights, freedoms and values;
- Recognizing and validating the inherent strengths within families and communities;
- Collaborating with people to direct their own lives;
- Engaging the community to welcome all people, and;
- Promoting opportunities for all people to contribute to the community



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### Community Living Oshawa/Clarington

39 Wellington Avenue West

Oshawa, ON L1H 3Y1

Phone: 905-576-3011

Fax: 905-576-9754

E-mail: [info@communitylivingoc.ca](mailto:info@communitylivingoc.ca)

Website: <http://www.communitylivingoc.ca>



947 Adelaide Avenue East

Oshawa, ON L1G 7L3

Phone: 905-576-3261

Fax: 905-576-4309

132 Church Street

Bowmanville, ON L1C 1T5

Phone: 905-623-6814

Fax: 905-623-0221

**Description:** The words "community living" reflect our belief that all people have the right to live a fully integrated life within the community:

- to live
- to work
- to enjoy recreation
- to attend neighborhood schools
- to be active in all stages of one's life

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### Distress Centre—Durham—Resource Centre

58 Rossland Road West

Second Floor, Suite 211

Oshawa, ON L1G 2V5

Phone: 905-723-4461

Fax: 905-723-2283

Hours: Monday—Friday 9:30am—5:30 pm

E-mail: [dcd@distresscentredurham.com](mailto:dcd@distresscentredurham.com)

Website: [www.distresscentredurham.com](http://www.distresscentredurham.com)



**Description:** A resource centre providing information and materials on suicide & homicide grief and related topics. Services and programs include:

- **24 hour Helpline 1-800-452-0688**
- Call out program
- Suicide and or homicide Survivor Support Groups for those who have lost a loved one to suicide or homicide.
- Adolescent Suicide Awareness program in local secondary schools.
- Community Education and Training programs.

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### **Durham Children's Aid Society**

1320 Airport Blvd.  
Oshawa, ON L1H 7K4  
Phone: 905-433-1551  
Toll Free: 1-800-461-8140  
Fax: 905-433-0603  
E-mail: [durhamcas@durhamcas.ca](mailto:durhamcas@durhamcas.ca)  
Website: [www.durhamcas.ca](http://www.durhamcas.ca)



**Description:** Information/referral/child welfare services

The programs and services of the Durham Children's Aid Society are structured to meet the needs of the children and families throughout the mix of urban and rural communities that make up Durham Region:

- Child Protection Services
- Foster Care Services
- Residential Services
- Adoption Services
- Volunteer Services
- Community Awareness and Fundraising
- Community Education

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### **Durham Deaf Services**

750 King Street East  
Oshawa, ON L1H 1G9  
Phone: 905-579-3328  
TTY: 905-573-6495  
Fax: 905-728-1183  
E-mail: [info@durhamdeaf.org](mailto:info@durhamdeaf.org)  
Website: [www.durhamdeaf.org](http://www.durhamdeaf.org)



**Description:** Durham Deaf Services is a non-profit organization that offers services and educational programs to promote self-reliance within the Deaf, deafened and hard of hearing community.

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### **Durham Family Network**

850 King Street West, Unit 20  
Oshawa, Ontario L1J 8N5  
Phone: 905-436-2500  
Toll Free: 1-800-500-2850  
Fax: 905-436-3587  
Website: Link: Durham Association for Family Respite Service

**Description:** "Families committed to families", the Durham Family Network exists to bring families together to support one another in a variety of ways. The Network has as its vision that families can grow in their capacity to plan for a desirable future for their family member who is labeled with a disability.

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**Durham Farm & Rural Family Resources**

141 Reach Street, Unit 8

Uxbridge, ON

Phone: 905-862-2750 ext. 310

Fax: 905-862-2851

E-mail: [info@durhamfarmresources.org](mailto:info@durhamfarmresources.org)

Website: [www.durhamfamilyresources.org](http://www.durhamfamilyresources.org)

Mailing address:

P.O. Box 176

Uxbridge, ON L9P 1M7



**Description:** Delivering Ontario Early Years Programs in Uxbridge Township:

Uxbridge Centre: 141 Reach Street

Monday, Tuesday & Wednesday 9:00 am—2:00pm,

Thursday 10:30am—2:00pm

**Outreach:**

Udora Community Centre

Second Tuesday of each month, 9:00am-11:30am

Brock Township:

Cannington Community Centre

Monday and Friday 9:00am-11:30am

Beaverton, St. Andrews United Church

Every Monday 9:00 am—12:00 pm

Sunderland Town Hall

Every Wednesday September—June 9:00am-11:30am

On Farm Child Care (seasonal)

June, July and August

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### **Easter Seals Society**

Easter Seals Ontario  
One Concorde Gate  
Suite 700  
Toronto, ON M3C 3N6  
Phone: 416-421-8377  
Toll Free: 1-800-668-6252  
Fax: 416-696-1035  
Website: [www.easterseals.org](http://www.easterseals.org)



Helping Kids with  
Physical Disabilities  
Succeed

**Description:** Easter Seals Ontario is dedicated to helping children, youth and young adults with physical disabilities achieve their potential and future independence. Easter Seals funds disability solutions through financial assistance, summer camp, the Recreational Choices funding program, research, advocacy and public & consumer education

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### **Eastview Boys and Girls Club**

433 Eulalie Avenue  
Oshawa, ON L1H 2C6  
Phone: 905-728-5121  
Fax: 905-728-5126  
E-mail: [eastviewbgc@eastviewbgc.com](mailto:eastviewbgc@eastviewbgc.com)  
Website: <http://www.eastviewbgc.com>



Boys & Girls Clubs of Canada  
Clubs Garçons & Filles du Canada

### **Northview Unit**

150 Beatrice Street East  
Oshawa, ON L1G 7T6  
Phone: 905-436-5636 ext. 2871

**Description:** We help children and youth get more out of life through our recreational, educational and social support programs. We are one of many clubs across the country who offer youth, ages 6 to 18 years, an opportunity to belong to a place just for their own benefit.

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## Education

### **Durham Catholic District School Board**

650 Rossland Road West  
Oshawa, ON L1J 7C4  
Phone: 905-576-6150  
Fax: 905-721-8239  
Website: [www.durhamrc.edu.on.ca](http://www.durhamrc.edu.on.ca)



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### **Durham District School Board**

400 Taunton Road East  
Whitby, ON L1R 2K6  
Phone: 905-666-5500  
Fax: 905-666-6474  
Website: [www.ddsbdurham.edu.on.ca](http://www.ddsbdurham.edu.on.ca)



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### **Conseil scolaire de district catholique Centre-Sud**

Siège social,  
110, avenue Drewry,  
Toronto ON M2M 1C8  
Téléphone: 416-397-6564 Sans frais: 1-800-274-3764  
Télécopieur: 416-397-6576  
Site Web: [www.csdccs.edu.on.ca](http://www.csdccs.edu.on.ca)



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### **Conseil scolaire de district du Centre-Sud-Ouest**

116, Cornelius Parkway  
Toronto ON, M6L 2K5  
Téléphone: 416-614-0844 Sans frais : 1-888-538-1702  
Télécopieur: 416-397-2012  
Site Web: [www.csdcsso.on.ca](http://www.csdcsso.on.ca)



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### **Kawartha Pine Ridge District School Board**

Education Centre,  
1994 Fisher Drive  
Peterborough, ON K9J 7A1  
Phone: 705-742-9773 Toll-Free: 1-877-741-4577  
Fax : 705-742-7801  
Website: [www.kpr.edu.on.ca](http://www.kpr.edu.on.ca)



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### **Peterborough Victoria Northumberland & Clarington Catholic District School Board**

1355 Lansdowne Street West  
Peterborough, ON K9J 7M3  
Phone: 705-748-4861 Toll Free: 1-800-461-8009  
Fax: 705-748-9734  
Website: [www.pvnccdsb.on.ca](http://www.pvnccdsb.on.ca)





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### **Enterphase Child & Family Services**

209 Bond Street East  
Oshawa, ON L1G 1B4  
Phone: 905-434-8909  
Fax: 905-434-1775  
Website: [www.enterphase.com](http://www.enterphase.com)



**Description:** A children's mental health resource providing residential care and day treatment services to latency and adolescents with behavioural, emotional and psychiatric difficulties. Enterphase is a private-fee for service agency.

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### **Epilepsy Durham Region**

850 King Street West  
Oshawa, ON L1J 8N1  
Phone: 905-571-2099  
Fax: 905-571-0995  
E-mail: [Support@epilepsydurham.com](mailto:Support@epilepsydurham.com)  
Website: [www.epilepsydurham.com](http://www.epilepsydurham.com)

EPILEPSY DURHAM REGION  
*matters*

**Description:** Epilepsy Durham Region is a registered charitable non-profit, non-governmental health organization. Dedicated to promoting independence and optimal quality of life for children and adults living with epilepsy and seizure disorders and their families. Our goals are to advocate for those living with epilepsy, provide support services and to educate the public to eliminate stigma and dispel myths.

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### **Family & Community Action Program (FCAP)**

230 Westney Road South  
Ajax, ON L1S 7J5  
Phone: 905-686-6466  
Fax: 905-619-4578  
E-mail: [fcap@ymcagta.org](mailto:fcap@ymcagta.org)



**Description:** Resources, activities, programs (education support). Parent and caregiver drop in with children 6 and under.

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## Food Banks

### Ajax:

Salvation Army-Hope Community Church  
 Phone: 905-427-7123  
 Hours: Mon, Tues, Thurs. 9:30am—3:30pm  
 Youth Centre  
 Phone: 905-428-1212

### Beaverton:

Brock Community Food Bank  
 10 Church Street North, Sunderland  
 Phone: 1-877-406-8723  
 Hours: Friday 10:00 am - 1:00pm

### Bowmanville:

Salvation Army  
 Phone: 905-623-2185  
 Fax: 905-697-1605  
 Hours: Mon, Tues, Thurs, Fri 1:30 pm —3:30pm

### Claremont:

Claremont United Church  
 Phone: 905-649-1363

### Newcastle:

Clarington East Food Bank  
 Phone: 905-987-1418  
 Hours: Tue 1:00pm - 4:00 pm,  
 Thurs 10:00 am - 1:00 pm

### Oshawa:

New Life Neighbourhood Centre  
 Phone: 905-404-2004

Salvation Army – Family Services  
 Phone: 905-723-7422

### Seventh Day Adventists

Phone: 905-433-8800  
 Fax: 905-433-9616  
 Hours: Tue 12:30 - 3:30 pm,  
 Wed 9:00 am - 3:00pm

### Simcoe Hall Settlement House

Phone: 905-728-7525  
 Fax: 905-728-3769

### Oshawa Continued

St.Peter's Anglican Church Food Bank  
 Phone: 905-728-8080  
 Hours: Tue 6:00pm-7:00pm,  
 (except 5th Tue of month)

### The Eating Well:

Phone: 905-579-1706

### Pickering:

St. Paul's On The Hill Community Food Bank  
 Phone: 905-839-9537  
 Hours: Sept to June - every Tue and Fri except  
 the first week of the month. July &  
 Aug every Tue 10:00 am - noon

### Salvation Army-Hope Community Church

Phone: 905-427-7123  
 Fax: 905-426-8340  
 Hours: Mon, Tues, Thurs 9:30—4:00pm

### Port Perry:

Operation Scugog  
 Phone: 905-985-7271  
 Hours: Wed noon - 4:30pm

### Uxbridge:

Loaves and Fishes  
 Phone: 905-852-6262  
 Hours: Wed 1:00 pm - 4:00 pm

### Whitby:

Salvation Army, Family Services  
 Phone: 905-430-3454  
 Fax: 905-668-5400

### Sunderland:

Brock Community Food Bank  
 Phone: 1-877-406-8723  
 Hours: Fri 10:00 am—1:00 pm

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### **Frontenac Youth Services**

1160 Simcoe Street South  
Oshawa, ON L1H 5L8  
Phone: 905-579-1551  
Toll Free: 1-877-455-5527  
Fax: 905-723-7059



**Description:** A children's mental health centre. No charge for services. Residential, Day Treatment and Outpatient counselling is offered to youth between the ages of 12 and 18 and their families to help adolescents deal with behavioural, emotional, psychiatric as well as learning difficulties.

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### **Girls Incorporated of Durham**

398 Bayly Street West Unit 1  
Ajax, ON L1S 1P1  
Phone: 905-428-8111  
Toll Free: 1-877-447-5795 or 1-877-GIRLSXL  
Fax: 905-428-9992  
E-mail: [info@durham.girls-inc.org](mailto:info@durham.girls-inc.org)  
Website: [www.girlsinc-durham.org](http://www.girlsinc-durham.org)



**Description:** Girls Incorporated of Durham is recognized in the community as an organization with a unique understanding of the needs of girls and young women, and a comprehensive range of high-quality services to meet those needs. As the only gender-specific agency for girls and young women in Durham, Girls Inc. empowers girls and young women to believe in themselves and reach their full potential. We do that by providing programs, education and mentoring relationships. Our mentoring and skill-based programs have been well researched and developed to specifically address the unique needs of girls. Girls are encouraged to take risks and master physical, intellectual and emotional challenges in a positive and fun environment. Major skill-based programs address math, science, education, pregnancy and drug abuse prevention and intervention, leadership, media literacy, economic literacy, adolescent health, violence prevention and sports participation.

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**Girls Incorporated of Durham**  
**Pre-Post Natal Nutrition Program Drop-In Site:**

398 Bayly Street West, Unit 1  
Ajax, ON L1S 1P1  
Phone: 905-428-8111  
Toll Free: 1-877-447-5795 or 1-877-GIRLSXL  
Fax: 905-428-9992  
E-mail: [info@durham.girls-inc.org](mailto:info@durham.girls-inc.org)  
Website: [www.girlsinc-durham.org](http://www.girlsinc-durham.org)



**girls inc.**  
Inspiring all girls to be strong, smart, and bold™  
Girls Incorporated of Durham

Ajax site:

The Youth Centre  
5-360 Bayly Street West, Ajax  
Wednesday 2:00-4:15 pm

Beaverton site:

St. Andrews United Church  
523 Simcoe Street, Beaverton  
Tuesday 12:30 -2:30 PM

Bowmanville site:

OEYC Bowmanville, Dr. Ross Tilley Public School  
45 Westside Drive, Bowmanville  
Tuesday 1:00 – 2:30 PM

Cannington site:

Trinity United Church  
50 Laidlaw Street North, Cannington  
Monday 10:30 -1:00 PM

North Oshawa site:

Northview Meadow Cooperative Housing  
1252 Pentland Street, Oshawa  
Tuesday 1:00 - 2:30 PM

South Oshawa site:

YWCA Durham OEYC  
Umbrella site  
Young mothers in recovery from substance dependencies  
1 McGrigor Street, Oshawa  
Friday 1:00 – 3:30 PM

South Oshawa site:

YWCA Durham OEYC – Oshawa  
1 McGrigor Street, Oshawa  
Thursday 1:00 - 3:30 PM

Pickering site:

Pickering Ontario Early Years Centre  
Amberlea Plaza 1822 Whites Rd. Pickering  
Monday 4:30 - 6:30 PM

Port Perry site:

Port Perry United Church  
294 Queen Street, Port Perry  
Wednesday 10:30 – 2:00 PM

Uxbridge site:

Baptist Church  
231 Brock Street, West, Uxbridge  
Monday 11:30 am -1:30 pm  
Runs bi-weekly

**Description:** The Canada Prenatal Nutrition Program (CPNP) is a community based initiative that aims to reduce the incidence of unhealthy birth weights, improve the health of both infant and mother and encourage breastfeeding. CPNP Drop-in Sites, which are known as Food '4' Thought Drop-ins, are operated in 10 sites throughout Durham Region. Each drop-in site provides a safe, friendly environment where women can obtain advice from health care providers and other moms, get materials on health and wellness, and receive fresh fruit and vegetables, milk, and prenatal vitamins. This program is for pregnant women and new mothers below 26 years of age. Women may come to a site any time during their pregnancy and continue to receive support until their infants are 6 months of age.

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## **Grandview Children's Centre**

### **Main Site**

600 Townline Road South  
Oshawa ON L1H 7K6  
Phone: 905-728-1673  
Toll Free: 1-800-304-6180  
Fax: 905-728-2961



### **Whitby (Whitby Mall)**

Lang Tower West, Suite 203  
1615 Dundas St. East  
Whitby, ON L1N 2L1  
Phone: 905-440-4573  
Fax: 905-440-4601

### **Ajax (Grandview West)**

570 Westney Road South  
Ajax, Ontario L1S 6V5  
Phone: 905-619-6551  
Fax: 905-619-6552

Website: [www.grtc.ca](http://www.grtc.ca)

**Description:** Grandview offers Medical Services, Physiotherapy, Occupational Therapy, Speech Language Pathology (for preschool children), Audiology, Family Support Services, Recreation Services. Programs include the Preschool Outreach Program, Campbell Children's School, Durham Preschool Speech and Language Program, Tri Regional Infant Hearing Program.

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## **Herizon House**

915 Westney Road South  
PO Box 87016  
Ajax, ON L1S 3K0  
Phone: 905-426-1064  
Crisis Phone: 1-866-437-4066  
Fax: 905-426-8275  
E-mail: [administration@herizonhouse.com](mailto:administration@herizonhouse.com)  
Website: [www.herizonhouse.com](http://www.herizonhouse.com)

**Description:** Ajax-Pickering Women's Centre Inc. is a registered, non-profit, charitable organization, committed to ending the cycle of abuse and violence. Through collaboration, the Ajax-Pickering Women's Centre promotes public awareness and provides access to resources, support services and an empowering Crisis Care Centre for women and their children, which includes a 25-bed shelter. A Transitional Support Program in which workers service women still living in the community who do not necessarily wish to come to the shelter. In shelter children's program which offers counselling 1:1 as well as groups regarding the violence the children have witnessed. Resource Centre by appointment only.

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## John Howard Society of Durham Region

### **Ajax:**

136 Commercial Avenue  
Ajax, ON L1S 2H5  
Phone: 905-427-8165  
Fax: 905-427-3701

### **Oshawa:**

75 Richmond Street West  
Oshawa, ON L1G 1E3  
Phone: 905-579-8482  
Fax: 905-435-0352



### **Whitby:**

105 Consumers Drive  
Whitby, ON L1N 1C4  
Phone: 905-666-8847  
Fax: 905-430-0694

### **Bowmanville:**

132 Church Street  
Bowmanville, ON L1C 1T5  
Phone: 905-623-6814  
Fax: 905-623-0221

E-mail: [jhsdurham@jhsdurham.on.ca](mailto:jhsdurham@jhsdurham.on.ca)

Website: <http://www.jhsdurham.on.ca>

**Description:** A non-profit social service agency helping residents of Durham since 1962. JHS is dedicated to servicing individuals and families, youth and adults, with programs and services to address relationships/personal counselling, parenting, anger management, employment, literacy/upgrading, housing/eviction prevention, and crime prevention. Both walk-in service and pre-scheduled appointments are available.

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## Active Parenting Program

### **Oshawa:**

75 Richmond Street West  
Oshawa, ON L1G 1E3  
Phone: 905-579-8482

### **Ajax:**

136 Commercial Avenue  
Ajax, ON L1S 2H5  
Phone: 905-427-8165



E-mail: [maria.perrino@jhsdurham.on.ca](mailto:maria.perrino@jhsdurham.on.ca)

Website: <http://www.jhsdurham.on.ca>

**Description:** Educational based programs for parents of children aged 0-4, 5-12 and teens.

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## Dads Aiming for Direction and Support (D.A.D.S.)

### **Oshawa:**

75 Richmond Street West  
Oshawa, ON L1G 1E3  
Phone: 905-579-8482

### **Ajax:**

136 Commercial Avenue  
Ajax, ON L1S 2H5  
Phone: 905-427-8165



E-mail: [jan.langlois@jhsdurham.on.ca](mailto:jan.langlois@jhsdurham.on.ca)

Website: <http://www.jhsdurham.on.ca>

**Description:** Weekly peer support group, one to one counselling and educational workshops for fathers going through separation and divorce.

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### **Kids Help Phone**

300-439 University Avenue

Toronto, Ontario M5G 1Y8

Phone: 416-586-5437

Fax: 416-586-0651

E-mail: [info@kidshelpphone.ca](mailto:info@kidshelpphone.ca)

Website: [www.kidshelpphone.ca](http://www.kidshelpphone.ca) <http://www.kidshelpphone.ca>

**Kids Help Phone's counselling service is available 24/7:**

***Toll Free: 1-800-668-6868***



**Description:** Every day, Kids Help Phone counsellors answer calls and online questions from across Canada. No matter what the problem or concern, our professional counsellors are available 24/7 to provide immediate and caring support, information and, if necessary, referral to a local community or social service agency.

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### **Kinark Child & Family Services**

1916 Dundas Street East, Unit 2

Whitby, ON L1N 2L6

Phone: 905-433-0241

Toll Free: 1-866-929-0061

Central Intake Phone: 1888-4-KINARK (1-888-454-6275)

Fax: 905-432-0916

Website: [www.kinark.on.ca](http://www.kinark.on.ca) <http://www.kinark.on.ca/>



### **Description:**

#### **Our Mission:**

Kinark Child & Family Services is a non-profit children's mental health agency that provides a full range of free and confidential programs and services to children and youth with mental health issues, as well as support to their families/caregivers.

#### **Treatment Services may include:**

Crisis Response; Individual and Family Counselling; Group Work; TAPP-C Arson Prevention; Intensive Services for 0-6, and 6-12 yrs.; Therapeutic Day Nursery; Day Treatment; Residential; Durham Under 12 Program, MST.

#### **Referral to CEAP (Central East Autism Program):**

Call to Central Intake 1-888-454-6275

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### Lake Ridge Community Support Services

900 Hopkins Street, Unit 8

Whitby, ON L1N 6A9

Phone: 905-666-9688

Fax: 905-666-5541

E-mail: [genmail@lrcss.com](mailto:genmail@lrcss.com)

Website: [www.lrcss.com](http://www.lrcss.com)



**Description:** The Agency's professional staff provide support to individuals, community agencies, families, educators and other professionals working with persons having a developmental disability or Autism Spectrum Disorder through the provision of treatment, educational and consultative services.

Referrals for Central East Autism Service (intensive behavioural intervention program) no current age restrictions. Referrals through Kinark Child & Family Services at 1-888-454-6275.

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### Legal Aid Ontario

Oshawa Shopping Centre

419 King Street West, Unit 3512

Oshawa, ON L1J 2K5

Phone: 905-576-2124

Toll Free: 1-866-595-0563

Fax: 905-721-1859

Website: [www.legalaid.on.ca](http://www.legalaid.on.ca)



**Description:** For those who qualify financially and legally, this service offers a legal aid certificate, which can be used to retain a private lawyer for representation in proceedings before the criminal, or family courts, certain administrative tribunals or immigration/refugee boards.

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### Literacy Network of Durham Region

850 King Street West, Unit 20

Oshawa, ON L1J 8N5

Read Hotline: 1-800-263-0993

Phone: 905-725-4786

Long Distance: 1-800-263-0993

E-mail: [lindr@bellnet.ca](mailto:lindr@bellnet.ca)

Website: [www.lindr.on.ca](http://www.lindr.on.ca)



**Description:** The Literacy Network of Durham Region (LiNDR) is a non-profit agency that operates the Hotline, an information referral service, and supports literacy programs in Durham Region.

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### WrapAround Durham:

Website: [www.lindr.on.ca/wrap.htm](http://www.lindr.on.ca/wrap.htm)

E-mail: [wraparound@bellnet.ca](mailto:wraparound@bellnet.ca)



**Description:** Wraparound Durham provides trained facilitators that work with individuals and families who are facing significant challenges and leads them through a strength-based planning process. Facilitators assist in building a team of informal and formal supports around the individual/family and help them work towards the fulfillment of goals that have been identified by that individual/family. Families/individuals facing challenges in several aspects of their lives can benefit from the assistance of the trained Wraparound facilitator in making significant changes leading to a better quality of life.



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## Local Hospitals

### **Rouge Valley Ajax and Pickering**

580 Harwood Avenue South

Ajax, ON L1S 2J4

Phone: 905-683-2320

Fax: 905-428-5208

Website: [www.rougevalley.ca](http://www.rougevalley.ca)



#### **Inpatient services offered at RVAP include:**

Emergency Services

Rehabilitation Services

Medicine

Surgery

Cardiac Care

Pediatrics

Palliative Care

Intensive Care

Ambulatory Care

Maternal and Newborn Services

Mental Health.

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### **Lakeridge Health Bowmanville**

47 Liberty Street South

Bowmanville, ON L1C 2N4

Phone: 905-623-3331

Fax: 905-697-4685

Website: [www.lakeridgehealth.on.ca](http://www.lakeridgehealth.on.ca)



**Lakeridge Health Bowmanville, Oshawa & Port Perry** each have 24-hour Emergency Services, which are located on the main/ground floor of the hospitals.

#### **Inpatient services offered:**

General Medicine

Respiratory Therapy

Critical Care

Emergency Services

Eye Centre

Complex Continuing Care

Rehabilitation Services

Surgical Services & Outpatient Clinics

Paediatric Observation

Diagnostic Imaging

Laboratory

Pharmacy

Diabetes Clinic

Discharge Planning

Social Work

Infection Control

Seating Clinic

Spiritual Services

Volunteer Services

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### **Uxbridge Cottage Hospital**

4 Campbell Drive

P.O. Box 5003

Uxbridge, ON L9P 1S4

Phone: 905-852-9771

Website: [http://www.msh.on.ca/foundations/uxbridge\\_cottage\\_hospital\\_foundation](http://www.msh.on.ca/foundations/uxbridge_cottage_hospital_foundation)



#### **Diagnostic Services Includes:**

X-ray

Mammography

Bone Density

Ultra Sound

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## Local Hospitals

### **Lake Ridge Health Port Perry**

451 Paxton Street  
Port Perry, ON L9L 1A8  
Phone: 905-985-7321  
Fax: 905-985-5820  
Website: [www.lakeridgehealth.on.ca](http://www.lakeridgehealth.on.ca)



Lakeridge Health Bowmanville, Oshawa & Port Perry each have 24-hour Emergency Services, which are located on the main/ground floor of the hospitals.

#### **Inpatient services offered:**

Medicine	Pharmacy
Emergency Services	Paediatric Observation
Surgical Services & Outpatient Clinics	Laboratory
Maternal/Child	Diagnostic Imaging/Ultrasound
Ambulatory Care	Discharge Planning
Rehabilitations Services	Infection Control
Beaverton Clinic (Rehab)	Diabetes Clinic
Respiratory Therapy	Spiritual Services
Outreach Programs	Volunteer Services

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### **Lake Ridge Health Oshawa**

1 Hospital Court  
Oshawa, ON L1G 2B9  
Phone: 905-576-8711  
Patient Relations:  
Lakeridge Health Oshawa/Whitby  
Phone: 905-576-8711 ext. 4402  
Website: [www.lakeridgehealth.on.ca](http://www.lakeridgehealth.on.ca)



Lakeridge Health Bowmanville, Oshawa & Port Perry each have 24-hour Emergency Services, which are located on the main/ground floor of the hospitals.

#### **Inpatient services offered:**

Medicine	Nephrology (Dialysis)
Emergency Services	Pinewood (Substance Abuse & Addictions)
Surgical Services	Laboratory
Maternal/Child	Pharmacy
Level II Perinatal and Paediatrics	Respiratory Rehab
Advanced Level II NICU	Spiritual Services
Child, Youth & Family Mental Health	Volunteer Services
Mental Health	Diagnostic Imaging
Rehabilitation Services	Respiratory Therapy
Cardiovascular Rehabilitation	Stroke Clinic
Community Respiratory Services	Genetics
Critical Care/Cardiopulmonary Services	Infection Control
Oncology/Support Services	

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### **Ministry of Children & Youth Services**

Central East Region  
465 Davis Drive  
Newmarket, ON L3Y 8T2  
Telephone: 905-868-8900  
Toll Free: 1-877-669-6658  
Website: [www.gov.on.ca/children](http://www.gov.on.ca/children)



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### **Ontario Foundation for Visually Impaired Children**

P.O. Box 1116, Station "D"  
Toronto, Ontario M6P 3K2  
Phone: 416-767-5977  
Fax: 416-767-5530  
Website: [www.ofvic.org](http://www.ofvic.org)  
Email: [ofvic@look.ca](mailto:ofvic@look.ca)

**Description:** OFVIC offers a family centered early intervention service for children aged 0-5 yrs. with a visual impairment. The program is designed to facilitate the growth and development of the child within the context of his or her family and community. The consultants provide support to the child, the family, and community early intervention professionals.

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## **Oshawa Community Health Centre**

### **Main Office:**

115 Grassmere Ave.  
Oshawa, ON L1K 3X7  
Phone: 905-723-0036  
Fax: 905-723-3391  
E-mail [info@ochc.ca](mailto:info@ochc.ca)  
Website: [www.ochc.ca](http://www.ochc.ca)

### **Satellite Office:**

Lake Vista Plaza,  
199 Wentworth St. W., 2<sup>nd</sup> Floor  
Oshawa, ON L1J 6P4  
Phone: 905-723-0036  
Fax: 905-432-3902



### **Description:**

#### **All Programs and Services are FREE!**

Oshawa Community Health Centre is a non-profit charitable organization supported by donors and the Ministry of Health and Long-Term Care. Our mission is as a leader in community health services and programs; we empower residents to improve their physical, emotional and social well-being. We are dedicated to building a strong and healthy Oshawa. Our services are free and include family medicine, social work and counseling, and a variety of health promotion and community development groups and programs, many focusing on children youth and women.

#### **Our under six services are free and include:**

**Preschool Program** – 10 weekly programs run at 5 locations in South Oshawa for preschooler's ages 2 ½ to 5 children in JK. Locations include Stop 46, Malaga Complex, Lake Vista Club House, Glen St. Public School, and Oshawa Community Health Centre. This program runs September to June. Registration is required.

**Parent Workshops** – offered on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month from 12:30-2:30pm at Oshawa Community Health Centre, for parents with children ages 0 to 6. Workshops may include behavior management and discipline, healthy eating, literacy and other topics related to parenting young children. Childcare is available when you call ahead. This program runs September to June.

**Parent and Child Program** – This interactive program is designed for parents/caregivers, and their children ages 0-6 years. Come and interact with your child/ children while they participate in a number of activities, which include a healthy snack, arts & crafts and songs and stories. Parents will have the opportunity to meet other parents and join in on weekly discussion groups relating to their child's development. This program runs September to June at Oshawa Community Health Centre.

**Parenting Support Groups**- such as Nobody's Perfect, Positive Parenting, Community Kitchen and Beyond The Basics, are for parents and caregivers of children ages 0 through 12 years. Offered throughout the year, locations may vary.

**Preschool Summer Stay & Play** – For children ages 0 to 6 and their parents. Program includes co-operative games, crafts and celebrating summer. This is a morning drop-in program offered at 5 different locations in Oshawa throughout July and August.

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### **Oshawa Durham Rape Crisis Centre**

P.O. Box 567

Whitby, Ontario L1N 5V3

Phone: 905-444-9672

24 Hour Crisis Line: 905-668-9200

Fax: 905-444-9277

E-mail: [info@durhamrapecrisiscentre.com](mailto:info@durhamrapecrisiscentre.com)

Website: [www.durhamrapecrisiscentre.com](http://www.durhamrapecrisiscentre.com)



**Description:** The Durham Rape Crisis Centre is a feminist organization that believes in the equality of all people regardless of race, class, sexual orientation or gender.

We are committed to taking an active role in our community to end all forms of violence against women and children.

As a Rape Crisis Centre we work with and provide support services to recent as well as historical or childhood survivors of sexual assault, sexual harassment, and childhood sexual abuse and their families.

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### **Parent Help Line**

Phone: 1-888-603-9100

**Description:** A 24-hour, toll-free support help line links parents to up to 250 telephone messages of advice for specific problems. Callers can also be linked to a trained counsellor to talk about more in-depth issues. Issues dealt with include handling a frightened or misbehaving child, teen sex. Special-needs kids, colicky babies and much more.

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## Public Libraries

### Ajax Public Library

Website: [www.townofajax.com/library](http://www.townofajax.com/library)

E-mail: [libraryinfo@townofajax.com](mailto:libraryinfo@townofajax.com)



#### Main Branch

55 Harwood Avenue South  
Ajax, ON L1S 2H8  
Phone: 905-683-4000  
Fax: 905-683-6960

#### Village Branch

58 Church Street N. (Next to Village Arena)  
Ajax, ON L1T 2W6  
Phone & Fax: 905-683-1140

#### McLean Branch (Inside McLean Community Centre)

95 Magill Drive  
Ajax, ON L1T 4M5  
Phone: 905-428-8489  
Fax: 905-428-3743

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### Clarington Public Library

Website: [www.clarington-library.on.ca](http://www.clarington-library.on.ca)

E-mail: [info@clarington-library.on.ca](mailto:info@clarington-library.on.ca)



#### Bowmanville Branch

163 Church Street  
Bowmanville, ON L1C 1T7  
Phone: 905-623-7322

#### Orono Branch

127 Church Street  
Orono, ON L0B 1M0  
Phone: 905-983-5507

#### Courtice Branch

2950 Courtice Road  
Courtice, ON L1E 2H8  
Phone: 905-404-0707

#### Newcastle Branch

50 Mill Street North  
Newcastle, ON L1B 1L4  
Phone: 905-987-4844

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### Oshawa Public Libraries

Website: [www.oshawalibrary.on.ca](http://www.oshawalibrary.on.ca)



#### McLaughlin Branch

65 Bagot Street  
Oshawa, ON L1H 1N2  
Phone: 905-579-6111  
Fax: 905-433-8107

#### Northview Branch

250 Beatrice Street East  
Oshawa, ON L1G 7T6  
Phone: 905-579-6111  
Fax: 905-576-3002

#### Jess Hann Branch

199 Wentworth Street West  
Oshawa, ON L1J 6P4  
Phone: 905-579-6111

#### Legends Centre Branch

1661 Harmony Road North  
Oshawa, ON L1H 7K5  
Phone: 905-579-6111  
Fax: 905-436-5451

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## Public Libraries

### Pickering Public Library

Website: [www.picnet.org](http://www.picnet.org)

E-mail: [help@picnet.org](mailto:help@picnet.org)



#### Central Library

One The Esplanade  
(Just East of the Pickering Town Centre)  
Pickering, ON L1V 6K7  
Phone: 905-831-6265  
Toll Free: 1-888-831-6266  
TDD: 905-831-2789  
Fax: 905-831-6927

#### Claremont Branch

4941 Old Brock Road.  
Claremont, ON L1Y 1A9  
Phone: 905-649-3341  
Fax: 905-649-2065

#### Greenwood Branch

3540 Westney Rd., South of 6<sup>th</sup> Concession  
Greenwood, ON  
Phone: 905-683-8844

#### Petticoat Creek Branch

470 Kingston Road.  
Pickering, ON L1V 1A4  
Phone: 905-420-2254  
Fax: 905-420-2860

#### Whitevale Branch

475 Whitevale Road., East of Altona  
Whitevale, ON L0H 1M0  
Phone: 905-294-0967

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### Scugog Memorial Public Library

Website: <http://www.scugog-net.com/library>

E-mail: [info@scugoglibrary.ca](mailto:info@scugoglibrary.ca)

231 Water Street, P.O. Box 1049  
Port Perry, ON L9L 1A8  
Phone: 905-985-7686  
Fax: 905-985-7210



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### Uxbridge Public Library

Website: [www.uxlib.com](http://www.uxlib.com)

9 Toronto Street South  
P.O. Box 279  
Uxbridge, ON L9P 1P7  
Phone: 905-852-9747

Zephyr Library  
13000 Durham Road. 39  
Zephyr, ON L0E 1T0  
Phone: 905-473-2375



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### Whitby Public Library

Website: [www.whitbylibrary.on.ca](http://www.whitbylibrary.on.ca)

E-mail: [admin@whitbylibrary.on.ca](mailto:admin@whitbylibrary.on.ca)



WHITBY PUBLIC LIBRARY  
*doorway to discovery*

Central Library  
405 Dundas Street West,  
Whitby, ON, L1N 6A1  
Phone: 905-668-6531  
Fax: 905-668-7445

Rossland Branch  
701 Rossland Road East,  
Whitby, ON, L1N 8Y9  
Phone: 905-668-1886  
Fax: 905-668-7445

Brooklin Branch  
8 Vipond Road,  
Brooklin, ON, L1M 1B3  
Phone: 905-655-3191  
Fax: 905-668-7445

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## Regional Municipality of Durham—Departments

### **Durham Region Behaviour Management Services**

605 Rossland Road East, P.O. Box 623

Whitby, ON L1N 6A3

Phone: 905-666-6238

Toll Free: 1-800-387-0642

Fax: 905-666-6220

Website: [www.region.durham.on.ca/childrensservices](http://www.region.durham.on.ca/childrensservices)



**Description:** A community-based service committed to enhancing the knowledge and skill of parents, caregivers, and early learning and child care professionals in positive-based behaviour management practices. This is a free service offered throughout Durham Region for children between the ages of 2 and 12 with significant behavioural difficulties and children between the ages of 2 and 6 with developmental disabilities. Services provided include behaviour assessment and consultation as well as education and training workshops and seminars.

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### **Durham Region Children's Services Division**

605 Rossland Road East, Level 1, P.O. Box 623

Whitby, ON L1N 6A3

Phone: 905-666-6238

Toll Free: 1-800-387-0642

Fax: 905-666-6220

Website: [www.region.durham.on.ca/childrensservices](http://www.region.durham.on.ca/childrensservices)



**Description:** To meet the many various child care needs within the community, including both the fee-paying and subsidized clients.

---

### **Durham Region Family Services Department**

605 Rossland Road East, Level 1, P.O. Box 623

Whitby, ON L1N 6A3

Phone: 905-666-6240

Toll Free: 1-866-840-6697

Fax: 905-666-6217

Website: [www.region.durham.on.ca](http://www.region.durham.on.ca)



**Description:** Counselling and other support services are available to individuals, couples, and families who reside or work in Durham Region. Family Services Durham has the necessary credentials required for reimbursement by many benefit providers. A sliding fee scale ensures that, regardless of financial situation, clients are able to access counseling.

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### **Durham Region Health Department**

605 Rossland Road East

Whitby, ON L1N 0B2

Division: Public Health Nursing and Nutrition



*See next two (2) pages*

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**Durham Region Health Department**

**Program: Parenting**

Contact: Durham Health Connection Line  
Phone: 905-666-6241 or 1-800-841-2729  
Fax: 905-666-6231



**Description:** Breastfeeding Support Groups and Clinics, Healthy Babies Healthy Children Home Visiting Program, Parent Support Groups (SMILE, Food for Thought, Babyville)

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**Durham Region Health Department**

**Program: Durham Health Connection Line**

Contact: Durham Health Connection Line  
Phone: 905-666-6241 or 1-800-841-2729  
Fax: 905-666-6231



**Description:** Public Health Nurses help you access the information and resources you need to protect and promote your health. Public Health Nurses provide health information on topics such as parenting issues, breastfeeding, immunization, nutrition and healthy living.

---

**Durham Region Health Department**

**Program: Communicable Disease Control and Prevention**

Contact: Durham Health Connection Line  
Phone: 905-666-6241 or 1-800-841-2729  
Fax: 905-666-6231



**Description:** School and community vaccination clinics, monitoring immunization status of day nursery and school aged children, control of reportable infectious diseases in children.

---

**Durham Region Health Department**

**Program: Injury Prevention**

Contact: Durham Health Connection Line  
Phone: 905-666-6241 or 1-800-841-2729  
Fax: 905-666-6231



**Description:** Car Seat Checks/Installation Clinics; Car Seat Displays with pamphlets on booster seat, Health Education on Car seat/Booster seats, via telephone; Train-the-Trainer workshops. Health Communication Campaigns on bicycle safety, and falls during Safe Kids Week. All pamphlets and brochures are located on Injury Prevention website.

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## Regional Municipality of Durham—Departments

### Durham Region Health Department

#### **Program: Health Promotion Disease Prevention**

Contact: Durham Health Connection Line

Phone: 905-666-6241 or 1-800-841-2729

Fax: 905-666-6231



**Description:** Programs and services related to tobacco free living, physical activity, healthy eating, sun safety, sexual health, breast and cervical cancer screening, community food security, school and workplace health and wellness.

---

### Durham Region Health Department

#### **Division: Infant and Child Development Services**

Contact: Ellen Boychyn

Phone: 905-668-4113 ext. 2971

Fax: 905-666-6232



**Description:** Early intervention and prevention family-centred services for infants and young children birth to six years with, or at the risk for, delays in development or disabilities.

---

### Durham Region Health Department

#### **Division: Oral Health**

Contact: Dr. Patricia L. Abbey

Phone: 905-723-1365 ext 3154

Fax: 905-723-9482



**Description:** The Oral Health Division provides oral health preventative services free of charge for children identified as having needs whose parents cannot afford treatment. The Division also administers the Ontario Works and CINOT programs which provide access to dental care for vulnerable children and their families if the cost of obtaining care is prohibitive. Staff of the Division annually screens children in Region schools for dental needs, and provide in classroom oral health education.

---

### Durham Region Housing Services

605 Rossland Road East P.O. Box 623

Whitby, ON L1N 6A3

Phone: 905-666-6222

Fax: 905-666-6225

Website: [www.region.durham.on.ca](http://www.region.durham.on.ca)



**Description:** The Housing Services Division is responsible for the administration of social housing programs, property management for the Durham Regional Local Housing Corporation and the development of new affordable housing initiatives. It also oversees the delivery of hostel services and a range of programs to address homelessness in Durham Region.

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**Durham Region Income Support  
Ontario Works**

605 Rossland Road East P.O. Box 623  
Whitby, ON L1N 6A3

Administration:

Phone: 905-668-7711

Toll Free: 1-800-372-1102

For Applications and Inquires:

Central Intake:

Phone: 905-428-8982

Toll Free: 1-877-678-6333

Website: [www.region.durham.on.ca](http://www.region.durham.on.ca)



**Description:** Provides financial assistance and innovative employment services to eligible persons within the Region of Durham in a manner that ensures dignity and promotes independence.

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**Durham Region Transit**

Head Office

605 Rossland Road East, P.O. Box 623

Whitby, ON L1N 6A3

Phone: 905-668-7711

Fax: 905-666-6193

Website: [www.durhamregiontransit.com](http://www.durhamregiontransit.com)

E-mail: [transit@region.durham.on.ca](mailto:transit@region.durham.on.ca)



**Durham Region Transit Customer Service:**

Ajax, Clarington, Oshawa, Pickering, Whitby

Toll Free: 1-866-247-0055

Brock, Scugog, Uxbridge

Toll Free: 1-800-263-1916

Specialized Services:

Toll Free: 1-800-263-1916

Ajax, Pickering

Phone: 905-683-4114

Oshawa, Whitby, Clarington

Phone: 905-725-4000

**Description:** As the third year of amalgamated transit services in Durham Region begins, Durham Region Transit's (DRT) focus remains on providing residents of the eight municipalities in Durham Region with the most effective and efficient public transit service possible.

Travel in Durham Region is simple and affordable with DRT and GO Bus integrated transit service. Customers enjoy the benefit of traveling anywhere within Durham Region for a single 'One Fare Anywhere' fare. Customers may transfer quickly and easily from DRT Bus to/from GO Bus without additional cost.

Our Co-Fare agreement with GO Bus continues to be a real opportunity for residents to reduce the cost (\$0.65 cents each way) of their daily commute. DRT passengers connecting to/from GO Train service at Rouge Hill, Pickering, Ajax, Whitby and Oshawa GO Train Stations are eligible for co-fare. Passengers simply provide proof of a valid GO Train fare when boarding a DRT Bus.

Specialized Services is an accessible door to accessible door transportation service for persons with disabilities. The 28 fully accessible buses in the Specialized Services fleet provides assistance for approximately 3,000 clients in overcoming mobility challenges.

---

### **Resources for Exceptional Children and Youth – Durham Region**

865 Westney Road South

Ajax, ON L1S 3M4

Phone: 905-427-8862

Toll Free: 1-800-968-0066

Fax: 905-427-3107

E-mail: [info@rfecydurham.com](mailto:info@rfecydurham.com)

Website: [www.rfecydurham.com](http://www.rfecydurham.com)



**Description:** Programs funded through the Regional Municipality of Durham to support children with special needs and their families include Consultation, Enhanced Staffing, Resource Library and Family Networking. Consultation services provide developmental programming and case management to families of children 2 – 12 years of age. Consultation to licensed child care centres focuses on the inclusion of the child with special needs into the program. The Enhanced Staffing Program provides funding to licensed child care centres to support their inclusion of children ages 0 – 12 years in that program. Books and videos on a variety of topics are available for families to borrow from the Resource Library. Family Networking events provide opportunities for families to meet and share experiences while having fun.

Programs funded through the Ministry of Children and Youth Services include Coordination Services for Children and Youth - Durham Region and the Complex Care Residential Services. These services focus on meeting the needs of children and youth 0 – 18 years of age with highly complex needs.

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### **Fetal Alcohol Spectrum Disorder (FASD) Durham**

**Description:** Project based services are also offered. Resources for Exceptional Children and Youth – Durham Region is Lead Agency for the **Fetal Alcohol Spectrum Disorder (FASD)** . Durham Project which is funded through the Ontario Trillium Foundation. The objectives of this project are to increase the community’s ability to assess for FASD and enhance the capacity of agencies to meet the needs of children and youth with FASD. Community training, a facilitated parent support group and diagnostic assessment teams are opportunities provided through this project.



---

### **Rose of Durham Young Parents Support Services**

200 Bond Street West,

Oshawa, ON, L1J 2L7

Phone: 905-432-3622

Fax: 905-432-3974

E-mail: [roseofdurham@roseofdurham.com](mailto:roseofdurham@roseofdurham.com)



**Description:** Young parents support services including individual counselling and referral services, prenatal (Durham Public Health), post-natal and parenting education, OEY Drop-in, DAS Teen Mom school program, special workshops and summer programs.

Hours: Monday to Friday 9:00 am—4:30 pm, closed noon to 1:00pm

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**Society of St. Vincent de Paul, Durham Particular Council**

St. Vincent de Paul Store  
15 Albert St. Oshawa L1H 4P7  
Phone: 905-723-3952



**Description:** Gently used clothing from infants to adult sizes, bedding, footwear, dishes and small appliances.

**Store Hours**

Monday, Tuesday, Thursday Friday 9:30a.m. – 4:15 p.m.  
Saturday 9:30a.m. – 4:00 p.m.

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**YMCA/YWCA – ONTARIO EARLY YEARS**

Website: [www.ontarioearlyyears.ca](http://www.ontarioearlyyears.ca)

**Contact your local YMCA/YWCA Ontario Early Years Centre**

**For more information:**

YWCA Durham-Oshawa..... 905-723-9922  
YMCA Port Perry..... 905-985-2824  
YMCA North Oshawa..... 905-434-3831  
YMCA Westminster ..... 905-447-8787  
YMCA Newcastle ..... 905-987-6914  
YMCA Whitby ..... 905-666-4794  
YMCA Pickering..... 905-839-3007  
YMCA Ajax ..... 905-619-4565 ext 310  
(Satellite)  
YMCA Bowmanville ..... 905-697-3171



**Discover a YMCA/YWCA Ontario Early Years Program in your Community**

Ontario Early Years Centres offer:

- ✓ Free Early Learning Programs for parents/caregivers and their children birth to six years of age
- ✓ Parenting Resources and Training
- ✓ Pre and Post Natal resources
- ✓ Information about other Early Years services in your community
- ✓ Early Literacy Specialists to support programs for children birth to six years throughout Durham Region
- ✓ Lots of opportunities for volunteering

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## YMCA/YWCA – ONTARIO EARLY YEARS - Outreach Programs

### Ajax

- ◆ Lakeside Public School Community Centre, 4 Parkes Dr., Ajax
  - ◆ Ajax Public Library, 55 Harwood Ave., South, Ajax
- Phone: (905) 619-4565 ext. 310  
Email: [oeyc.ajax@ymcagta.org](mailto:oeyc.ajax@ymcagta.org)

### Bowmanville/Newcastle

- ◆ Garnet B Rickard Recreation Complex, 2440 King St. West, Bowmanville
- ◆ Central Public School, 120 Wellington St., Bowmanville
- ◆ Hampton Jr. Public School, 43 Ormiston St., Hampton
- ◆ Enniskillen Public School, 8145 Old Scugog Rd, Enniskillen
- ◆ Clarington Public Library—Bowmanville Branch, 163 Church St
- ◆ Harold Longworth Public School, 350 Longworth Ave, Bowmanville
- ◆ Waverley Public School, 168 Waverley Rd
- ◆ South Courtice Arena, 1595 Prestonvale Rd Courtice
- ◆ Kingsway Arms Retirement Living 65 Clarington Blvd, Bowmanville

### Bowmanville

Phone: 905-697-3171  
E-mail: [oeyc.bowmanville@ymcagta.org](mailto:oeyc.bowmanville@ymcagta.org)

### Newcastle

Phone: 905-987-6914  
E-mail: [oeyc.newcastle@ymcagta.org](mailto:oeyc.newcastle@ymcagta.org)



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## Oshawa

- ◆ Oshawa Community Health Centre, 199 Wentworth St., Oshawa
- ◆ Queen Elizabeth Public School, 1205 Simcoe St., North, Oshawa
- ◆ Rose of Durham, OEY and Young Parents Resource Centre, 200 Bond St. West, Oshawa

Phone: 905-723-9922  
Fax : 905-723-4443  
E-mail : [oeey@ywcadurham.org](mailto:oeey@ywcadurham.org).

## North Oshawa

- ◆ Sherwood Public School, 633 Ormond Dr., Oshawa
- ◆ South Courtice Arena, 1595 Prestonvale Rd., Courtice
- ◆ Norman G Powers Public School, 1555 Coldstream Dr., Oshawa

Phone: 905-434-3831

## Pickering/Uxbridge

- ◆ Central Library, One The Esplanade, Pickering
- ◆ Claremont Community Centre, 4941 Old Brock Rd., Pickering
- ◆ Eastshore Community Centre, 910 Liverpool Rd. South, Pickering
- ◆ Fairport Beach Public School, 754 Oklahoma Dr., Pickering
- ◆ McLeans Community Centre, 95 Magill Dr., Ajax
- ◆ Petticoat Library, 470 Kingston Rd., Pickering
- ◆ St. Anthony Daniel Catholic School, 2090 Duberry Dr., Pickering
- ◆ Zephyr Community Centre, Zephyr Rd.
- ◆ Uxbridge Centre, 81 Reach St., Uxbridge

Phone: 905-839-3007.  
Email: [oeyc.pickering@ymcagta.org](mailto:oeyc.pickering@ymcagta.org)

## Port Perry

- ◆ Nestleton Community Hall, Hwy 7A Nestleton
- ◆ Greenbank United Church, 19991 Hwy 12, Greenbank

Phone: 905-985-2824  
E-mail: [oeyc.portperry@ymcagta.org](mailto:oeyc.portperry@ymcagta.org)

## Whitby

- ◆ Renaissance Baptist Church, 40 Vipond Rd., Brooklin
- ◆ The Court at Brooklin 5905 Anderson Street, Brooklin
- ◆ Kendalwood Seventh-Day Adventist Church, 300 Kendalwood Ave., Whitby
- ◆ Taunton Mills, 3800 Brock St. N. Whitby

Phone: 905-666-4794  
Email: [oeyc.whitby@ymcagta.org](mailto:oeyc.whitby@ymcagta.org)

**Description:** YMCA, YWCA, Ontario Early Years, Family Resource Centres are easily accessible for local parents and children to spend quality time together. Contact the centre nearest you to learn about specific programs and services.







A young girl with dark, curly hair is reaching her right hand up towards a cluster of bright green leaves. The background is a bright, clear sky, and the overall scene is bathed in natural light, creating a warm and vibrant atmosphere. The text 'Services en Français' is overlaid in the center of the image in a green, outlined font.

# Services en Français

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## À propos de Meilleur départ

### Meilleur départ (2005 – 2006)

La Région de Durham a réussi à créer pour septembre 2006, 475 nouvelles places de garde dans des garderies agréées sans but lucratif situées pour la plupart dans des écoles. Le programme Meilleur départ a affecté des fonds de démarrage à l'achat de jouets et de matériel. Des fonds destinés aux subventions salariales et à l'amélioration des salaires ont également été fournis pour aider à augmenter les salaires des professionnelles et professionnels de la petite enfance. En outre, Meilleur départ a accordé des fonds supplémentaires pour améliorer les programmes de ressources pour les enfants ayant des besoins particuliers.

### Meilleur départ (2006 – 2007)

En juin 2007, le Réseau Meilleur départ a mis à jour son plan communautaire intitulé : « Renforcer les assises et aller de l'avant » qui donnait des précisions sur les mesures adoptées par la communauté pour mettre en œuvre l'initiative Meilleur départ avec le financement réduit du ministère des Services à l'enfance et à la jeunesse. Le Réseau Meilleur départ de Durham créa plusieurs sous-comités qui ont continué d'accomplir de nombreuses tâches visant à soutenir les objectifs de l'initiative Meilleur départ. Les paramètres furent révisés en vue de s'adapter aux nouveaux objectifs de cette initiative et le nombre de rencontres de l'ensemble du Réseau fut diminué à une fois tous les trois mois.

### Meilleur départ (2007 – 2008)

Le Réseau Meilleur départ de Durham a continué de faire des réunions trimestrielles pour partager l'information et effectuer de nombreuses tâches confiées aux sous-comités. Le Réseau a mis l'accent sur deux objectifs : la mise en route du Carrefour et l'intégration des services. Meilleur départ veut créer un système transparent d'apprentissage et de soins destinés aux jeunes enfants, qui regroupe les services de garde et le système d'enseignement primaire et fournit un soutien accru aux parents. Jusqu'à maintenant, le ministère des Services à l'enfance et à la jeunesse n'a pas affecté de fonds aux fins de mise en route du Carrefour. Un petit montant a été alloué par le Réseau Meilleur départ de Durham pour soutenir certaines des activités initiales du Carrefour, et la communauté collabore dans le partage des ressources pour améliorer les services aux familles.

### Meilleur départ (2008 – 2009)

En juin 2008, le Réseau Meilleur départ a rédigé un Rapport de situation intégré pour 2008-2009, tel que le ministère des Services à l'enfance et à la jeunesse l'exigeait. Ce rapport faisait état du travail accompli jusqu'à maintenant et élaborait sur les plans et les activités en voie de réalisation. Les membres du Réseau Meilleur départ de Durham continuent de se rencontrer une fois par trimestre, et les sous-comités continuent d'organiser des rencontres au besoin pour exécuter les tâches qui figurent dans leurs plans de travail. Le Ministère n'a pas affecté de fonds jusqu'à maintenant pour procéder à la mise en route du Carrefour.

Pour des informations supplémentaires, visitez notre site Web à  
[www.region.durham.on.ca/childrensservices](http://www.region.durham.on.ca/childrensservices)

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### **Aide Juridique Ontario**

1921 Eglinton Ave. E.

Unit 1A

Scarborough, ON M1L 2L6

Téléphone: 416-750-7172

Télécopieur: 416-750-7184

Site Web: [www.legalaid.on.ca](http://www.legalaid.on.ca)



**Description:** L'aide juridique est offerte aux personnes à faible revenu et aux groupes défavorisés en rapport avec diverses situations de droit, dont les affaires criminelles, les conflits familiaux, les audiences de la Commission de l'immigration et du statut de réfugié, les conflits entre propriétaires et locataires, le soutien aux personnes handicapées et le versement des prestations familiales.

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### **Assemblée communautaire des francophones de l'Ontario, régionale Durham-Peterborough**

707, rue Simcoe Sud, pièce 203

Oshawa, ON L1H 4K5

Téléphone: (905) 571-0826

Télécopieur: (905) 571-2721

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### **Association canadienne du Diabète**

Durham Region Branch

235 Yorkland Blvd.

Toronto, ON M2J 4Y8

Phone: 416-363-0177

sans frais 1-800-BANTING (1-800-226-8464)

Fax: 416-491-8927

Courriel: [info@diabetes.ca](mailto:info@diabetes.ca)

Site Web: [http://www.diabetes.ca/Section\\_Regional/ontario\\_durham.asp](http://www.diabetes.ca/Section_Regional/ontario_durham.asp)



**Description:** Les services en français incluent les présentations de Programme de Signature, la littérature, l'information par le téléphone ou courriel.

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### **Centre d'accès aux soins communautaires du Centre-Est**

209, rue Dundas Est, 5e étage

Whitby ON L1N 7H8

Phone: 416-701-4646

sans frais: 1-877-701-4646

Site Web: [www.ce.ccac-ont.ca](http://www.ce.ccac-ont.ca) <http://www.ce.ccac-ont.ca>



**Description:** Le Centre d'accès aux soins communautaires du Centre-Est (CASC-CE) est un point d'accès unique qui fournit aux personnes de tout âge un service d'information et d'orientation vers des ressources communautaires, des services de santé à domicile, l'admission aux établissements et aux programmes de soins de longue durée et le soutien aux services de santé en milieu scolaire.

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### **Club Jeunesse d'Hier d'Oshawa**

707, rue Simcoe Sud  
Oshawa, ON L1H 4K5  
Téléphone: (905) 434-6146

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### **Club Optimiste francophone de Durham et Camp Garnier**

46, Kimberly Drive  
Brooklin ON L1M 1K5  
Téléphone: 905-655-0341  
Télécopieur: 905-655-0342  
Courriel: [lynemathieu@sympatico.ca](mailto:lynemathieu@sympatico.ca)

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### **Conseil des organismes francophones de la région de Durham (C.O.F.R.D)**

57 rue, Simcoe sud, suite 2D  
Oshawa, ON L1H 4G4  
Téléphone: 905-434-7676  
Télécopieur: 905-434-7260  
Lun - Ven: 8h30 à 16h30  
Courriel: [elegault@cofrd.org](mailto:elegault@cofrd.org)  
Personne contacte : Elaine Legault, directrice générale  
Site Web: [www.cofrd.org](http://www.cofrd.org)



**Description:** Le C.O.F.R.D. a comme mission d'œuvrer au développement, à l'épanouissement et à la vitalité de la population francophone de la région de Durham.

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### **Fondation canadienne de la fibrose kystique**

2221, rue Yonge, porte 601  
Toronto, ON M4S 2B4  
Téléphone: 416-485-9149, 1-800-378-2233  
Télécopieur: 416-485-0960  
Courriel: [Info@cysticfibrosis.ca](mailto:Info@cysticfibrosis.ca)  
Site Web: [www.fibrosekystique.ca](http://www.fibrosekystique.ca)



Fondation canadienne  
de la fibrose kystique

**Description:** The Canadian Cystic Fibrosis Foundation (CCFF) is a Canada-wide health charity, with 50 volunteer chapters, that funds vital CF research and care. The CCFF's mandate is to help individuals with CF, principally by funding CF research and by supporting high quality clinical and transplant care. The Foundation also provides educational materials for the CF community and the general public; undertakes advocacy initiatives with, and on behalf of, Canadians with CF to enhance their quality of life; and raises funds to support its programs.

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## **INCA**

1 Mary St. North, Unit D  
Oshawa, ON L1G 7W8  
Téléphone: 905-436-7732  
Télécopieur: 905-436-1202  
Site Web: [www.cnib.ca](http://www.cnib.ca) <http://www.cnib.ca>



**Description:** Service d'intervention précoce d'INCA

INCA travaille à faire en sorte que les enfants qui vivent avec une perte de vision prennent un bon départ et que leurs parents possèdent les ressources et le soutien dont ils ont besoin pour guider leur enfant vers le succès et l'autonomie.

Le Service d'intervention précoce d'INCA aide les enfants de 0 à 6 ans à établir les assises qui leur permettront de grandir et de se développer selon leur potentiel individuel, en partenariat avec leurs parents ou tuteurs, les soignants, les enseignants et les thérapeutes.

Pour obtenir de plus amples renseignements à ce sujet, communiquez avec :  
Heather Edmonds, ECVC, 1-866-699-1699 ext. 5236.

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## **Jeunesse, J'écoute**

300-439 ave. University  
Toronto (Ontario) M5G 1Y8  
Téléphone: 416-586-5437  
Télécopieur: 416-586-0651  
Courriel: [info@jeunessejecoute.ca](mailto:info@jeunessejecoute.ca)  
Site Web: [www.jeunessejecoute.ca](http://www.jeunessejecoute.ca)



Jeunesse, J'écoute est un service de consultation bilingue, disponible 24 heures sur 24, 7 jours sur 7, par téléphone au 1-800-668-6868 ou en ligne au [www.jeunessejecoute.ca](http://www.jeunessejecoute.ca)

**Description:** Description: Jeunesse, J'écoute est le seul service pancanadien de consultation, d'information et d'orientation accessible 24 heures sur 24, 365 jours par année, par téléphone et par Internet. Tous les jours, les intervenants professionnels de Jeunesse, J'écoute offrent, de façon immédiate et attentive, du soutien à des jeunes provenant des quatre coins du pays.

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### Les Nounous cardinals & les Compagnons Inc

519 Dundas St. E. Unit 3

Whitby, ON L1N 2J5

Téléphone: 905-666-2228

Sans frais: 1-800-219-8059

Télécopieur: 905-666-9689

Courriel: [moyra@cardinalnannies.com](mailto:moyra@cardinalnannies.com)

Site Web: [www.cardinalnannies.com](http://www.cardinalnannies.com)



**Description:** Nous offrons des services professionnels de garde individuel à la maison avec efficacité, intégrité, flexibilité et qualité depuis 1985. Nous employons des personnes expérimentées et qualifiées pour les nourrissons, les enfants, les jeunes adultes, les adultes, les aînés et les clients avec des besoins spéciaux. À votre domicile, nous préparons les repas et autres tâches ménagères. Nous assistons les adultes avec des soins professionnels et leurs activités quotidiennes, tout en respectant la dignité et en encourageant l'indépendance.

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### Les Services catholiques de Famille de Durham

Site Web: [www.cfsdurham.com](http://www.cfsdurham.com)

E-mail: [info@cfsdurham.com](mailto:info@cfsdurham.com)



Oshawa:

115 Simcoe St. S, 1st Floor

Oshawa, ON L1H 4G7

Téléphone: 905-725-3513

Télécopieur: 905-725-8377

Uxbridge:

70 Toronto Street North

Uxbridge, ON L9P 1C7

Accueil-bureau satellite d'Oshawa 905-725-3513

Ajax:

250 Bayly St. W. Unit 22

Ajax, ON L1S 3V4

Téléphone: 905-428-1984

Port Perry:

169 North St.

Port Perry, ON L9L 1B7

Téléphone: 905-985-4221

**Description:** Nos services en Français sont consultation pour: les difficultés personnelles, les mariages instables, la violence familiale, les adolescents and les enfants, les familles, l'abus des enfants, et les séparations.

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### **Ministère des Services à l'enfance et à la jeunesse**

Région du Centre Est

465 rue Davis

Newmarket, ON L3Y 8T2

Téléphone: 905-868-8900

Sans frais: 1-877-669-6658

Site Web: [www.gov.on.ca/children](http://www.gov.on.ca/children)



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### **Mouvement Scouts et Guides**

M. Guy Beaulieu, président

7-1037 rue Arthur

Newcastle, ON L1B 1K6

Téléphone: 905-987-0552

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### **Ressources pour les enfants et la jeunesse exceptionnels - région de Durham**

865 Westney Rd. S

Ajax, ON L1S 3M4

Téléphone: 905-427-8862

sans frais 1-800-968-0066

Télécopieur: 905-427-3107

Courriel: [info@rfecydurham.com](mailto:info@rfecydurham.com)

Site Web: [www.rfecydurham.com](http://www.rfecydurham.com)



**Description:** Ces programmes sont subventionnés par la Municipalité Régionale de Durham et ont pour but de soutenir les familles et leurs enfants ayant des besoins particuliers. Les ressources incluent des consultations, du personnel en chérit, une bibliothèque de ressources et une gestion de réseau de famille.

Les services de consultation fournissent une programmation développementale et un système de gestion des dossiers aux familles des enfants âgés de 2 à 12 ans. La consultation s'offre dans les garderies titulaires d'un permis et vise surtout sur l'inclusion des enfants avec les besoins spéciaux dans le programme. Le programme de personnel fournit des subventions aux garderies licencié pour soutenir l'inclusion dans le programme des enfants âgés de 0 à 12 ans.

Le prêt de livres et de vidéos anglais est disponible pour les familles à la bibliothèque de ressources. Les événements de gestion de réseau de famille présentent des moyens aux familles de se rassembler et de partager des expériences tout en s'amusant.

Les programmes subventionnés par le Ministère des services à l'enfance et à la jeunesse incluent des services de coordination pour les enfants et la jeunesse de la région de Durham et les services résidentiels de soins complexes. Ces services se concentrent à satisfaire les besoins des enfants et de la jeunesse de 0-18 ans avec des besoins fortement complexes.



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### Services de Garde "Les Lucioles"

Directrice Générale: Mme Natalie Crawford

Courriel: [lesluciolesinc@csdccc.edu.on.ca](mailto:lesluciolesinc@csdccc.edu.on.ca)

Site Web: [www.lesluciolesinc.com](http://www.lesluciolesinc.com)



#### Les Lucioles Corpus Christi (Oshawa)

Téléphone: 905-728-1421

Courriel: [jluce@csdccc.edu.on.ca](mailto:jluce@csdccc.edu.on.ca)

Personne-ressource: Joanne Luce

#### Les Lucioles Notre-Dame-de-la-Jeunesse Ajax

Téléphone: 905-427-7690

Courriel: [lesluciolesndj@csdccc.edu.on.ca](mailto:lesluciolesndj@csdccc.edu.on.ca)

Personne-ressource: Debra Chartrand

#### Les Lucioles Jean-Paul II (Whitby)

Téléphone: 905-430-1252

Courriel: [lesluciolesjp2@csdccc.edu.on.ca](mailto:lesluciolesjp2@csdccc.edu.on.ca)

Personne-ressource: Sandra Berthelette

#### Les Lucioles Antonine-Maillet (Oshawa)

Téléphone: 905-438-0469

Courriel: [leslucioles@bellnet.ca](mailto:leslucioles@bellnet.ca)

Personne-ressource: Jacynthe Beaudoin

#### Les Lucioles Programme d'Immersion Française (Whitby)

Téléphone: 905-666-5453

Courriel: [leslucimmersion@rogers.com](mailto:leslucimmersion@rogers.com)

Personne-ressource: Jeanne Mulumba

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## Bibliothèques publiques

### La Bibliothèque Publique d'Oshawa

Site Web: [www.oshawalibrary.on.ca](http://www.oshawalibrary.on.ca)



#### McLaughlin Branch

65 Bagot Street

Oshawa, ON L1H 1N2

Téléphone: 905-579-6111

Télécopieur: 905-433-8107

**Description:** La Collection française de livres, la fiction et non-romanesque, plus les revues et plus les journaux français sont tout exposés. Nos livres français sont dans le Catalogue public recouvrable par l'auteur et le sujet et peut être réservé à partir de notre catalogue en ligne ou en appelant la Bibliothèque.

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### La Bibliothèque Publique de Whitby

Site Web: [www.whitbylibrary.on.ca](http://www.whitbylibrary.on.ca)



WHITBY PUBLIC LIBRARY  
*doorway to discovery*

#### Central Library

405 Dundas Street West,

Whitby, ON, L1N 6A1

Téléphone: 905-668-6531

Télécopieur: 905-668-7445

**Description:** Collection française disponible pour adultes et enfants. Heures de conte et le programme « Copains de lecture » sont offert en français pendant l'été.

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## Éducation

### Conseil scolaire de district catholique Centre-Sud

Siège social,  
110, avenue Drewry,  
Toronto ON M2M 1C8  
Téléphone: 416-397-6564  
Sans frais: 1-800-274-3764  
Télécopieur: 416-397-6576  
Site Web: [www.csdccs.edu.on.ca](http://www.csdccs.edu.on.ca)



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### École élémentaire catholique Corpus-Christi

362, ave Hillside  
Oshawa, ON L1J 6L7  
Téléphone: 905-728-0491  
Télécopieur: 905-728-0607  
Site Web: [corpuschristi.csdccs.edu.on.ca](http://corpuschristi.csdccs.edu.on.ca)

### Conseil d'école de Corpus-Christi

362, ave Hillside  
Oshawa, ON L1J 6L7  
Téléphone: 905-728-0491

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### École élémentaire catholique Notre-Dame-de-la-Jeunesse

71, ave Ritchie  
Ajax, ON L1S 6S5  
Téléphone: 905-428-1460  
Télécopieur: 905-427-4416  
Site Web: [nddlja.csdccs.edu.on.ca](http://nddlja.csdccs.edu.on.ca)

### Conseil d'école de Notre-Dame-de-la-Jeunesse

71, ave Ritchie  
Ajax, ON L1S 6S5  
Téléphone: 905-428-1460

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### École catholique Secondaire Saint-Charles-Garnier

4101, rue Baldwin Sud  
Whitby, ON L1R 2W6  
Téléphone: 905-655-5635  
sans frais: 1-800-464-1236  
Télécopieur: 905-655-8002  
Site Web: [garnier.csdccs.edu.on.ca](http://garnier.csdccs.edu.on.ca)

### Conseil d'école de Saint-Charles-Garnier

4101, rue Baldwin Sud  
Whitby, ON L1R 2W6  
Téléphone: 905-905-655-5635

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### École élémentaire catholique Jean-Paul II

1001, ave Hutchison  
Whitby, ON L1N 2A3  
Téléphone: 905-665-5393  
Télécopieur: 905-665-2774  
Site Web: [jeanpaul2.csdccs.edu.on.ca](http://jeanpaul2.csdccs.edu.on.ca)

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## Éducation

### **Conseil scolaire du district public Centre-Sud-Ouest**

116 Cornelius Parkway  
Toronto, ON M6L 2K5  
Téléphone: 416-614-0844  
Sans frais : 1-888-538-1702  
Télécopieur: 416-397-2012  
Site Web: [www.csdcsso.on.ca](http://www.csdcsso.on.ca)



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### **École Antonine-Maillet**

615, ave Ridgeway  
Oshawa, ON L1J 2W3  
Téléphone: 905-720-0057  
Télécopieur: 905-720-2079  
Site Web: [antoninemaillet.csdcsso.on.ca](http://antoninemaillet.csdcsso.on.ca)

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### **Conseil d'école Antonine-Maillet**

615 ave Ridgeway  
Oshawa, ON L1J 2W3  
Téléphone: 905-720-0057

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**Centre d'employabilité (COFRD)**

57 rue, Simcoe sud, suite 2H  
Oshawa, ON L1H 4G4  
Téléphone: 905-436-6989



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**Collège du Savoir**

707 rue, Simcoe Sud, pièce 204  
Oshawa, ON L1H 4K5  
Téléphone: 1-877-881-0267

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**Librairie Champlain**

57 rue, Simcoe sud, suite 2D  
Oshawa, ON L1H 4G4  
Téléphone: 905-434-7676



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**Caisse Populaire Desjardins**

Centre de service:  
600 rue, Grandview Sud  
Oshawa, ON L1H 8P4  
Courriel: [ivan.labelle@desjardins.com](mailto:ivan.labelle@desjardins.com)  
Téléphone: 905-432-7336  
Télécopieur: 905-432-8908



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## Paroisses

### Paroisse de l'Assomption de Notre-Dame

384, ave Hillside  
Oshawa, ON L1J 6L7  
Téléphone: 905-576-1706

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### Les Filles d'Isabelle Cercle Assomption #1369

120 Nonquon Rd.  
Oshawa, ON L1G 7E6  
Téléphone: 905-905-723-8342

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### Les Chevaliers de Colomb Assemblée St-Charles Garnier

1 Anchorage Avenue  
Whitby, ON L1N 9P2  
Téléphone: 905-668-7492

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### Mouvement Cursillo

111 Park Rd. N.  
Oshawa, ON L1N 4L2  
Courriel: [danordi@rogers.com](mailto:danordi@rogers.com)  
Téléphone: 905-725-8224  
Télécopieur: 905-725-2570

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A young child with dark, curly hair is reaching up with their right hand towards a cluster of bright green leaves. The background is a bright, clear sky, and the overall scene is filled with natural light and vibrant colors.

# Aboriginal Services





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### **Aboriginal Healing and Wellness Strategy**

2nd Floor, 880 Bay Street  
Toronto, Ontario, M7A 2B6  
Phone: 416-326-6905  
Fax: 416-326-7934  
Website: <http://www.ahwsontario.ca/index.html>

**Description:** The Aboriginal Healing and Wellness Strategy promotes a culturally appropriate approach to healing and wellness. It is unique in Canada, and has become a source of innovative expertise in Aboriginal healing and health services across North America.

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### **Ministry of Aboriginal Affairs**

720 Bay Street, 4th Floor  
Toronto, ON M5G 2K1  
Phone: 416-326-4740  
Fax: 416-326-4017  
Website: <http://www.aboriginalaffairs.osaa.gov.on.ca/english/contact/contact.htm>



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### **Native Child & Family Services of Toronto**

30 College Street  
Toronto, ON M5G 1K2  
Phone: 416-969-8510  
Fax: 416-928-0706  
E-mail: [vsinclair@nativechild.org](mailto:vsinclair@nativechild.org)  
Website: [www.nativechild.org](http://www.nativechild.org) <<http://www.nativechild.org/>>

**Mission Statement:** Native Child and Family Services of Toronto strives to provide for a life of quality, well being, caring and healing for our children and families in the Toronto Native Community. It does this by creating a service model that is culture based respecting the supreme values of the Native people, the extended family, and the right to self-determination

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### **Mississaugas of Scugog Island First Nations**

22600 Island Rd.  
Port Perry, ON L9L 1B6  
Phone: 905-985-1826  
Toll Free: 1-888-294-3766  
Fax: 905-985-7958  
Website: [www.Scugogfirstnation.com](http://www.Scugogfirstnation.com)



The Regional Municipality of Durham  
Social Services Department  
Children's Services Division

605 Rossland Road East  
PO Box 623  
Whitby, Ontario L1N 6A3  
Phone: 905-668-7711 or Toll Free: 1-800-387-0642  
Fax: 905-666-6226

[www.region.durham.on.ca/childrenservices](http://www.region.durham.on.ca/childrenservices)