

MNCHP Network Bulletin



best start
meilleur départ

by/par health **nexus** santé

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I. NEWS & VIEWS

CANADA

1. LATEST PRODUCT RECALLS

(available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Step2[®] Sand and Water Transportation Station[™] Trains: Light blue plastic wheels can detach; these small parts pose a choking hazard.
- "Suzy" Cribs by Meubles Adams et Fils Ltée: Do not meet various requirements under the *Cribs and Cradles Regulations* of the *Hazardous Products Act*.
- Beaba Express Baby Bottle Warmers: The bottle warmers can overheat liquids and baby food, posing a burn hazard to adults and babies.
- Zooper Tango Double Strollers: The stroller's black frame latch above the front wheels can fail when the stroller hits an object, causing the stroller to unexpectedly collapse. This can result in minor scrapes, cuts, and bruises.
- Magnetic Maze Boards by Lakeshore Learning: The plastic wand can separate and release the small, powerful magnet tip, posing ingestion and choking hazards to children. If a child swallows more than one magnet, the magnets can attract while travelling through the intestines, and cause blockages or holes in the intestinal walls.
- Madeline Bunk Beds by Pottery Barn Kids: The end structure of the bunk bed can pose an entrapment hazard to young children if a child's neck becomes caught in the opening between the post and the decorative moulding.
- Girls' Sleepwear Sets by Joe Boxer: Do not meet the design and flammability requirements for children's sleepwear under Canadian law.
- Various Children's Dresses and Daywear Sets with decorative flowers: The decorative fabric flowers attached with pins may become detached from the dresses, releasing the flowers and exposing the sharp point of the pins, posing choking and laceration hazards to young children.
- Boys and Girls' Sleepwear Sets by Roots: Do not meet the design and flammability requirements for children's sleepwear under Canadian law.
- Plush Toys by Carousel Softtoys Inc.: Eyes on the plush toys can detach easily; these small parts pose a choking hazard.
- The Nap Nanny[®] portable infant recliner: Infants can partially fall or hang over the side of the Nap Nanny[®] even while the harness is in use. There is also an entrapment and suffocation risk if it is placed inside a crib, play yard or other confined area. If the Nap Nanny[®] is placed on a table, countertop, or other elevated surface and a child falls over the side, it poses a risk of serious head injury.
- Children's Sleepwear by Arc-en-ciel: Does not meet the design and flammability requirements for children's sleepwear under Canadian law.
- Parents and Caregivers Warned About the Dangers of Baby Hammocks: Health Canada is again warning parents and caregivers against using hammocks designed for infants and young children due to the potential suffocation hazard posed by these products.

- Health Canada, US Consumer Product Safety Commission Find No Link Between Pampers Dry Max Diapers and Severe Diaper Rash.

English: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-eng.jsp?searchstring=&searchyear=&searchcategory=http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php>

French: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-fra.jsp?searchstring=&searchcategory=&searchyear=&startIndex=1¤t=true>
<http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-fra.php>

INTERNATIONAL

2. STUDY RANKS BOOSTER SEATS

The Insurance Institute for Highway Safety (IIHS) (2010) conducted a study of 72 booster seats and names the best bets and good bets. The study highlights that most belt-positioning boosters do not offer a consistently good fit in all vehicles. According to Institute senior vice president for research Anne McCartt, “unlike the top performers, consumers can't assume boosters in the in-between group will work in every family vehicle. Some may be fine, but parents still need to try them out to see if the lap and shoulder belts fit their kids correctly”.

<http://www.iihs.org/news/rss/pr090810.html>

II. RECENT REPORTS AND RESEARCH

ONTARIO

3. OBESITY AND THE PREVALENCE AND MANAGEMENT OF HYPERTENSION IN ONTARIO.

Researchers from Ottawa (Leenen, McInnis, & Fodor, 2010) have found that nearly three-quarters of adults in Ontario are overweight or obese. The study authors also concluded that obesity is associated with a higher prevalence of hypertension and diabetes with age. They suggest that public health strategies to reduce the obesity epidemic would also markedly reduce the burden of hypertension and diabetes.

<http://www.nature.com/ajh/journal/v23/n9/abs/ajh201093a.html>

CANADA

4. KNOWLEDGE OF ABORIGINAL LANGUAGES AMONG FIRST NATIONS CHILDREN LIVING OFF RESERVE

(available in French)

Statistics Canada (2010, September 9) released a study about knowledge of Aboriginal languages among First Nations children living off reserve in 2006. The findings indicate that 1 in 5 (20%) off-reserve First Nations children aged two to five were able to understand an Aboriginal language, regardless of whether it was learned as a mother tongue or second language. The languages understood by the largest numbers of these children were Cree and Ojibway. Ninety-eight percent of these children could also understand a non-Aboriginal language. English and French were the primary languages spoken at home for 90% of off-reserve young First Nations children.

News: <http://www.statcan.gc.ca/daily-quotidien/100909/dq100909d-eng.htm>

<http://www.statcan.gc.ca/daily-quotidien/100909/dq100909d-fra.htm>

Study: <http://www.statcan.gc.ca/daily-quotidien/100909/dq100909d-eng.htm>

French: <http://www.statcan.gc.ca/pub/11-008-x/2010002/article/11336-fra.pdf>

5. MAKING FATHERS “COUNT”

(available in French)

This article (Beaupré, Dryburgh, & Wendt, 2010) examined the family status of fathers in Canada. Some key findings covered include: the average age of fathers is rising; in 2006 fathers were more likely than in 1995 to be the head of a lone-parent family; a larger proportion of fathers are living common-law; a growing proportion of fathers are employed; almost 6 in 10 fathers have a personal income of \$50,000 or more; and most fathers are living in a home owned by someone in their household.

English: <http://www.statcan.gc.ca/pub/11-008-x/2010002/article/11165-eng.pdf>

French: <http://www.statcan.gc.ca/pub/11-008-x/2010002/article/11165-fra.pdf>

6. SHARING THEIR LIVES: WOMEN, MARITAL TRENDS, AND EDUCATION

(available in French)

This article (2010) uses data from the 1981 to 2006 Censuses to examine how the propensity to form unions (marriage or common-law) has changed for women aged to 25 to 49 with a university degree and those without. The findings indicate that the majority of women with a university education were married to men who also had a university education in 2006. This tendency has decreased slightly over the last quarter-century. The pattern is similar for women in common-law unions.

English: <http://www.statcan.gc.ca/pub/11-008-x/2010002/article/11335-eng.pdf>

French: <http://www.statcan.gc.ca/pub/11-008-x/2010002/article/11335-fra.pdf>

III. CURRENT INITIATIVES

7. AWARENESS CAMPAIGNS ON HUMAN TRAFFICKING

(available in French)

The Crimes Stoppers "Blue Blindfold" campaign, delivered through a partnership between the Canadian Crime Stoppers Association (CCSA), the RCMP Human Trafficking National Coordination Centre (HTNCC), and Public Safety Canada, will serve to inform the public of the prevalence of human trafficking in Canada and how to identify and report suspicious cases. The RCMP HTNCC has also launched its "I'm Not for Sale" awareness campaign. As part of this campaign, the HTNCC developed a human trafficking toolkit for law enforcement, non-governmental and governmental organizations, and the general public. Member of Parliament Joy Smith comments on the campaigns: "The safety of our most vulnerable citizens, our children is of paramount importance, and our government takes it seriously... Human trafficking and all forms of child exploitation is a horrific abuse of human rights that impacts all of us. Defeating it must unite us all as a nation in the fight to protect our most vulnerable citizens" (Government of Canada, 2010, September 7).

News: <http://news.gc.ca/web/article-eng.do?m=/index&nid=558049>

French: <http://nouvelles.gc.ca/web/article-fra.do?m=/index&nid=558049>

Blue blindfold campaign: <http://www.blueblindfold.co.uk/>

I'm not for sale campaign: <http://www.rcmp-grc.gc.ca/qc/pub/traite-trafficking/traite-trafficking-eng.htm>

French: <http://www.rcmp-grc.gc.ca/qc/pub/traite-trafficking/traite-trafficking-fra.htm>

IV. UPCOMING EVENTS

This section lists events that have not been included in earlier editions of the bulletin or listserv postings. For the details of these events and a complete list of events noted in previous bulletins and postings, including contact information, links to organizations, and descriptions, see <http://www.beststart.org/events/otherevents.php>

ONTARIO

8. ANTI-HOMOPHOBIA TRAINING FOR SERVICE PROVIDERS

September 21, 2010: Toronto, ON
Hosted by: Planned Parenthood Toronto
<http://www.ppt.on.ca/trainingcentre.asp>

9. BIOMEDICAL TREATMENT OF AD/HD

September 25, 2010: Burlington, ON
Hosted by: Treat Autism & AD/HD: Putting the Pieces Together
<http://www.treatautism.ca/>

10. INTRODUCTION TO HEALTHY SEXUALITY

October 5, 2010: Toronto, ON
Hosted by: Planned Parenthood Toronto
<http://www.ppt.on.ca/trainingcentre.asp>

11. RUTH COOPERSTOCK MEMORIAL LECTURESHIP: WHY IS RESEARCH THE WEAKEST LINK ON THE PATH TO HEALTH EQUITY?

October 5, 2010 from 6-7pm: Toronto, ON
Meeting Centre, Room 2029 on the second floor of the Centre for Addiction & Mental Health (CAMH), 33 Russell Street
Sponsored by: CAMH and the Dalla Lana School of Public Health, University of Toronto

12. AUTISM AND MITOCHONDRIAL FUNCTION: EXCITING NEW RESEARCH AND TREATMENTS

October 23, 2010, 2010: Burlington, ON
Hosted by: Treat Autism & AD/HD: Putting the Pieces Together
<http://www.treatautism.ca/>

13. DRIVING FORCES IN INJURY PREVENTION CONFERENCE

October 28, 2010: London, ON
Hosted by: Not by accident
<http://parclistservlist.createsend5.com/t/r/l/qhjcy/dhujlkhjl/r>

14. HEALTHY RELATIONSHIPS AND YOUTH

November 2, 2010: Toronto, ON
Hosted by: Planned Parenthood Toronto
<http://www.ppt.on.ca/trainingcentre.asp>

15. WORKING WITH YOUNG MEN

November 16, 2010: Toronto, ON
Hosted by: Planned Parenthood Toronto
<http://www.ppt.on.ca/trainingcentre.asp>

16. AUTISM AND YEAST: HOW MICROBES IN THE GUT IMPACT DEVELOPMENT AND CONTROL BEHAVIOUR

November 27, 2010: Burlington, ON

Hosted by: Treat Autism & AD/HD: Putting the Pieces Together
<http://www.treatautism.ca/>

CANADA

17. YOUNG PARENTS MOVING FORWARD

October 22, 2010: Vancouver, BC
Hosted by: BC Alliance for Young Parents
<http://www.bccf.ca/2010-conference>

18. INTEGRATED STRATEGIES FOR HOME VISITING

November 29 – December 3, 2010: Vancouver, BC
Hosted by: BC Alliance for Young Parents
<https://www.bccf.ca/professionals/events/info?id=29&reset=1>

V. RESOURCES

19. FIRST NATIONS TRADITIONAL FOODS FACT SHEETS

These fact sheets (First Nations Health Council, n.d.) detail commonly used traditional foods throughout British Columbia. Relevant nutritional information about traditional foods is also provided. The First Nations Health Council developed the resource in response to community requests for culturally relevant nutrition information.

http://www.fnhc.ca/pdf/Traditional_Food_Facts_Sheets.pdf

20. HEALTHY FOOD GUIDELINES FOR FIRST NATIONS COMMUNITIES

These guidelines (First Nations Health Council, 2009) were developed to be useful in supporting a healthy eating environment within First Nations communities in British Columbia. There are nine sections in this resource:

- Introduction
- Healthy Food Guidelines
- Make Your Recipe Healthier
- Promoting Healthy Eating in Children's Youth, and Family Programs
- Serving Healthy At Meetings and Conferences
- Serving Traditional Foods
- Improving Local Food Security – Increase the Use of Local and Regional Foods
- Recipes for Groups
- Appendices

http://www.fnhc.ca/index.php/initiatives/community_health/nutrition/

21. FULL-DAY KINDERGARTEN – QUICK REFERENCE AND KEY LINKS 2009-10

The Ministry of Education (2010) communicates directives, guidelines, and new developments to schools, boards, and other partners through memos. This resource lists an number of key links for the Early Learning Program such as: full day kindergarten 2011-12 site selection confirmation, regulations and guidelines for full day junior kindergarten and kindergarten and extended day programs, class size calculation, guiding principles for serving students with special needs in full-day kindergarten in year one, etc.

<http://schools.alcdebs.on.ca/earlylearning/Important%20Documents/Full-day%20kindergarten%20quick%20reference%20and%20key%20links%202009-10.pdf>

VI. FEATURED BEST START RESOURCES

22. GIVING BIRTH IN A NEW LAND – A GUIDE FOR WOMEN NEW TO CANADA AND THEIR FAMILIES

(available in French, Arabic, Filipino, Hindi, Punjabi, Spanish, Simplified Chinese, Tamil, Urdu)

This booklet (Best Start Resource Centre, 2010) contains information for newcomer women who are pregnant and expect to deliver their baby in Ontario. It includes information on local practices related to the prenatal and postnatal period, as well as services and resources available.

English: http://www.beststart.org/resources/rep_health/index.html

French: http://www.beststart.org/resources/rep_health/newcomer/newcomer_guide_french.pdf

Arabic, Filipino, Hindi, Punjabi, Spanish, Simplified Chinese, Tamil, Urdu:

http://www.beststart.org/resources/other_languages/index.html

23. NEW TO CANADA? HAVING A BABY? - POSTERS

(available in French, Arabic, Filipino, Hindi, Punjabi, Spanish, Simplified Chinese, Tamil, Urdu)

These colour posters are about Best Start Resource Centre resources (2010) available in languages other than English and French.

English: http://www.beststart.org/resources/other_languages/poster/BS_english_poster.pdf

French: http://www.beststart.org/resources/other_languages/poster/BS_french_poster.pdf

Arabic, Filipino, Hindi, Punjabi, Spanish, Simplified Chinese, Tamil, Urdu:

http://www.beststart.org/resources/other_languages/index.html

24. GIVING BIRTH IN A NEW LAND – STRATEGIES FOR SERVICE PROVIDERS WORKING WITH NEWCOMERS

This manual (Best Start Resource Centre, 2009) shares information about the beliefs and practices of newcomer women when accessing reproductive health services. It explains strategies for service providers to offer services in a culturally competent manner.

http://www.beststart.org/resources/rep_health/index.html

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Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- [OHPE](#) - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>

- [Click4HP](https://listserv.yorku.ca/archives/click4hp.html) - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- [Health Nexus Today](http://www.blogs.healthnexussante.ca/) - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.healthnexussante.ca/>

In French:

- [French distribution list](http://www.meilleurdepart.org/index_fr.html) – The free distribution list offers information in French on maternal, newborn, and child health promotion topics. http://www.meilleurdepart.org/index_fr.html
- [Le Bloc-Notes](http://leblocnotes.ca/) – The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>