

MNCHP Network Bulletin



best start
meilleur départ

by/par health **nexus** santé

OCTOBER 8, 2010

In this week's issue:

I. NEWS & VIEWS

1. [Local MP pushing for Fetal Alcohol Spectrum Disorder \(FASD\) strategy](#)
2. [Dental care boost protects poorest children](#) (available in English, French, Amharic, Arabic, Simplified Chinese, Cree, Farsi, Italian, Oji-Cree, Portuguese, Punjabi, Russian, Somali, Spanish, Tagalog, Tamil, Urdu, and Vietnamese)
3. [Health Canada launches public consultation on proposed ban on drop-side cribs](#) (available in French)
4. [Latest product recalls](#) (available in French)
5. [Nobel prize in physiology or medicine 2010: Robert G. Edwards for in vitro fertilization](#)

II. RECENT REPORTS AND RESEARCH

6. [Families count – Profiling Canada's families](#) (available in French)
7. [General social survey: Victimization, 2009](#) (available in French)
8. [H1N1 vaccination](#) (available in French)

III. CURRENT INITIATIVES

9. [Autism awareness month: October](#) (available in French)
10. [International walk to school month: October](#)
11. [Public education is key to protecting children – child abuse prevention month: October](#) (available in French)
12. [World mental health day: October 10](#) (available in French)
13. [World food day: October 16](#)
14. [National school safety week: October 17-23](#)
15. [Smoke-free family](#) (available in French)

IV. UPCOMING EVENTS

16. [Spark advocacy grants active & safe routes to school webinar](#)
17. [Father involvement, building our children's character](#)
18. [Sharing our stories, finding our voices](#)
19. [Expanding horizons for the early years: Making relationships work for infants & toddlers](#)
20. [9th international looking after children conference “youth in mind, beyond risk: the developmental risks”](#)
21. [4th international meeting on Indigenous child health “securing our future: advancing circles of caring”](#)
22. [Early learning and a whole lot more](#)

V. RESOURCES

23. [Readings in family support](#)
24. [Family child care training program](#)
25. [Family child care training program: Train-the-trainer guide](#)
26. [Resources for Ontario's 2010 municipal elections](#)

VI. FEATURED BEST START RESOURCES

27. [Monthly series of "25" ideas for Health Nexus's 25th anniversary: Physical activity and the early years](#) (available in French)
28. [Have a ball together](#) (available in French)
29. [Let's be healthy together](#)

I. NEWS & VIEWS

ONTARIO

1. LOCAL MEMBER OF PARLIAMENT PUSHING FOR FETAL ALCOHOL SPECTRUM DISORDER (FASD) STRATEGY

Local MP John Rafferty introduced a private member's bill on FASD in the House of Commons (Bill C-569). This bill would commit the federal government to developing a national strategy for the treatment and prevention of FASD. Rafferty stressed: "FASD is a serious, but entirely preventable, public health issue and a national strategy is long overdue" (Fort Frances Times Online, 2010, October 1).

<http://www.fftimes.com/node/237151>

2. DENTAL-CARE BOOST PROTECTS POOREST CHILDREN

(available in English, French, Amharic, Arabic, Simplified Chinese, Cree, Farsi, Italian, Oji-Cree, Portuguese, Punjabi, Russian, Somali, Spanish, Tagalog, Tamil, Urdu, and Vietnamese)

The Government of Ontario is expanding free dental services for poor children to include preventative care (e.g., check-ups, cleanings, X-rays, and fillings) (Ferguson, 2010, October 1). The "Healthy Smiles" program is designed to help 130,000 children under the age of 17. Children may be eligible if: they are residents of Ontario; they are members of a household with an Adjusted Family Net Income of \$20,000 per year or below; and, they do not have access to any form of dental coverage (Government of Ontario, 2010). Fact sheets about the program are available in many languages.

English: <http://www.health.gov.on.ca/en/public/programs/dental/>

French: <http://www.health.gov.on.ca/fr/public/programs/dental/>

Factsheets: <http://www.health.gov.on.ca/en/public/programs/dental/>

CANADA

3. HEALTH CANADA LAUNCHES PUBLIC CONSULTATION ON PROPOSED BAN ON DROP-SIDE CRIBS

(available in French)

The Government of Canada (2010, September 29) is launching a public consultation process which could lead to a new prohibition against drop-side cribs. The proposed changes to the *Cribs and Cradles Regulations* of the *Hazardous Products Act* would prohibit the advertisement, sale and importation in

Canada of traditional drop-side cribs, as well as other cribs with sides that are not rigidly attached to the crib ends.

News: <http://news.gc.ca/web/article-eng.do?m=/index&nid=562799>

French: <http://nouvelles.gc.ca/web/article-fra.do?m=/index&nid=562799>

Consultation document: <http://www.hc-sc.gc.ca/cps-spc/legislation/consultation/index-eng.php>

French: <http://www.hc-sc.gc.ca/cps-spc/legislation/consultation/index-fra.php>

4. LATEST PRODUCT RECALLS

(available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Healthy Care, Easy Clean, and Close to Me High Chairs: Children can fall on or against the pegs on the back legs of the high chair, posing a laceration hazard.
- Inflatable Balls sold with various Fisher-Price products: Valve on the inflatable ball can come off, posing a choking hazard.
- Fisher-Price Little People Wheelies Stand 'n Play Rampway: Wheels on the purple and green cars can come off; these small components pose a choking risk.
- Trikes and Tough Trikes Toddler Tricycles: A child can strike, sit, or fall on the protruding ignition key, resulting in serious injury including genital bleeding.

English: [http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-](http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-eng.jsp?searchstring=&searchyear=&searchcategory=)

[eng.jsp?searchstring=&searchyear=&searchcategory=
http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php](http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php)

French: [http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-
fra.jsp?searchstring=&searchcategory=&searchyear=&StartIndex=1¤t=true](http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-fra.jsp?searchstring=&searchcategory=&searchyear=&StartIndex=1¤t=true)
<http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-fra.php>

- Consumers cautioned to inspect powdered infant formula cans: Some cans of powdered infant formula found in the Nepean, Ontario area have been tampered with.

<http://news.gc.ca/web/article-eng.do?m=/index&nid=560959>

<http://nouvelles.gc.ca/web/article-fra.do?m=/index&nid=560959>

INTERNATIONAL

5. NOBEL PRIZE IN PHYSIOLOGY OR MEDICINE 2010: ROBERT G. EDWARDS FOR IN VITRO FERTILIZATION

Robert Edwards of Britain won the 2010 Nobel Prize in medicine on Monday for developing in vitro fertilization. Approximately four million individuals have so far been born following IVF (Nobelprize.org, 2010).

http://nobelprize.org/nobel_prizes/medicine/laureates/2010/press.html

II. RECENT REPORTS AND RESEARCH

CANADA

6. FAMILIES COUNT – PROFILING CANADA’S FAMILIES

(available in French)

Families Count identifies trends, successes, and challenges facing Canada’s families (Vanier Institute, 2010). Some key findings include:

- Family and child poverty remain persistent social problems, with Canada's Aboriginal families and new immigrants being particularly vulnerable;
- Stress and illness associated with work-life conflict are common experiences, most notably among employed mothers with pre-school age children; and
- Higher education has become a near-prerequisite to a reasonable wage, yet many families are unable to adequately save for their children's education (Vanier Institute, 2010).

A concern in the wake of the baby boom years is that the long-term decline in the fertility rate will continue to create challenges in the caring capacity of families as parents age and fewer children are available for support. The report reveals that for the first time there are more single Canadian adults than married Canadians.

English: <http://www.vifamily.ca/node/371>

French: <http://www.vifamily.ca/fr/node/389>

7. GENERAL SOCIAL SURVEY: VICTIMIZATION, 2009

(available in French)

First results from the 2009 General Social Survey on victimization show that 27% of Canadians aged 15 and older said they had been a victim of a criminal incident in the last year (Statistics Canada, 2010). Overall rates of victimization for violent crimes (e.g., sexual assault, physical assault, and robbery) and household crimes (e.g., break-ins, thefts, vandalism) remained stable between 2004 and 2009.

News: <http://www.statcan.gc.ca/daily-quotidien/100928/dq100928a-eng.htm>

French: <http://www.statcan.gc.ca/daily-quotidien/100928/dq100928a-fra.htm>

Report <http://www.statcan.gc.ca/pub/85-002-x/85-002-x2010002-eng.htm>

French: <http://www.statcan.gc.ca/pub/85-002-x/85-002-x2010002-fra.htm>

8. H1N1 VACCINATION

(available in French)

Six of out 10 Canadians aged 12 and over did not get vaccinated against the H1N1 virus. The top three most frequent self-reported reasons for not getting the vaccine were:

- they did not think it was necessary (74%);
- they had not gotten around to it yet (13%); and
- fear (7%) (Statistics Canada, 2010).

Rates of vaccination were higher for specific risk populations, especially among groups given priority for early immunization (Statistics Canada, 2010).

News: <http://www.statcan.gc.ca/daily-quotidien/100930/dq100930c-eng.htm>

French: <http://www.statcan.gc.ca/daily-quotidien/100930/dq100930c-fra.htm>

Findings: <http://www.statcan.gc.ca/pub/82-003-x/2010004/article/11348-eng.htm>

French: <http://www.statcan.gc.ca/pub/82-003-x/2010004/article/11348-fra.htm>

III. CURRENT INITIATIVES

9. AUTISM AWARENESS MONTH: OCTOBER

(available in French)

Autism Awareness month in Canada aims to increase Canadians' awareness and understanding of Autism Spectrum Disorders (ASD) to better provide those affected with the support they need (Government of Canada, 2009).

English: http://www.autismsocietycanada.ca/index_e.html

French: http://www.autismsocietycanada.ca/index_f.html

10. INTERNATIONAL WALK TO SCHOOL MONTH: OCTOBER

October is International Walk to School Month so it is the perfect time to explore ideas for promoting physical activity in your work. The official website of International Walk to School is [iwalk](http://www.iwalktoschool.org/). It provides resources, promotional materials, photos, and links to other walking events and programs. For more ideas, see the resource section below (25 key resources: physical activity and the early years).

<http://www.iwalktoschool.org/>

11. PUBLIC EDUCATION IS KEY TO PROTECTING CHILDREN - CHILD ABUSE PREVENTION MONTH: OCTOBER

(available in French)

The Ontario Association of Children's Aid Societies (OACAS) and Ontario's Children's Aid Societies (CASs) are launching a public education campaign in October to encourage the public to learn more about their role in protecting Ontario's children. The message of the campaign is that everyone has a role to play in keeping children safe and helping families get the services and support they need. The campaign includes public service announcements, media relations, local events, and initiatives to raise awareness about protecting children and helping families.

English: <http://www.useyourvoice.ca/>

French: <http://www.useyourvoice.ca/>

12. WORLD MENTAL HEALTH DAY: OCTOBER 10

(available in French)

World Mental Health Day raises public awareness about mental health issues. It promotes more open discussion of mental disorders, and investments in prevention and treatment services.

English: http://www.who.int/mediacentre/events/annual/world_mental_health_day/en/index.html

French: http://www.who.int/mediacentre/events/annual/world_mental_health_day/fr/index.html

13. WORLD FOOD DAY: OCTOBER 16

The theme of this World Food Day for 2010 is "United against hunger". It was chosen to recognize the efforts made in the fight against world hunger at national, regional, and international levels.

<http://www.fao.org/getinvolved/worldfoodday/en/>

14. NATIONAL SCHOOL SAFETY WEEK: OCTOBER 17-23

The theme for the 2010 National Schools Safety Week is cyber bullying.

<http://safety-council.org/>

15. SMOKE-FREE FAMILY

(available in French)

The Smoke-Free Family program in Québec aims to raise awareness of the dangers of second-hand smoke on health, especially the health of children. The campaign website features information, an overview of myths, resources to consult, and more.

English: <http://www.famillesansfume.ca/en/>

French: <http://www.famillesansfume.ca/fr/>

IV. UPCOMING EVENTS

This section lists events that have not been included in earlier editions of the bulletin or listserv postings. For the details of these events and a complete list of events noted in previous bulletins and postings, including contact information, links to organizations, and descriptions, see <http://www.beststart.org/events/otherevents.php>

ONLINE

16. SPARK ADVOCACY GRANTS ACTIVE & SAFE ROUTES TO SCHOOL WEBINAR

October 18, 2010: Online

Hosted by: Heart & Stroke Spark

<https://heartandstroke.webex.com/heartandstroke/j.php?ED=138312787&RG=1&UID=0&RT=MIMxMQ%3D%3D>

ONTARIO

17. FATHER INVOLVEMENT, BUILDING OUR CHILDREN'S CHARACTER

October 29-30, 2010: Toronto, ON

Hosted by: Father Involvement Initiative – Ontario Network

www.cfii.ca

18. SHARING OUR STORIES, FINDING OUR VOICES

November 17-20, 2010: Toronto, ON

Hosted by: Family Supports Institute of Ontario

www.fsio.ca

19. EXPANDING HORIZONS FOR THE EARLY YEARS: MAKING RELATIONSHIPS WORK FOR INFANTS & TODDLERS

April 14-15, 2011: Toronto, ON

Hosted by: Hospital for Sick Children

<http://www.sickkids.ca/IMP/professional-education/National-Conference/National-Conference.html>

CANADA

20. 9TH INTERNATIONAL LOOKING AFTER CHILDREN CONFERENCE “YOUTH IN MIND. BEYOND RISK: THE DEVELOPMENTAL RISKS”

October 25-27, 2010: Montreal, QC

Hosted by: Centres Jeunesse du Québec

www.acjq.qc.ca

21. 4TH INTERNATIONAL MEETING ON INDIGENOUS CHILD HEALTH “SECURING OUR FUTURE: ADVANCING CIRCLES OF CARING”

March 4-6, 2011: Vancouver, BC

Hosted by: Canadian Paediatric Society

www.cps.ca

22. EARLY LEARNING AND A WHOLE LOT MORE

April 26-29, 2011: Montreal, QC

Hosted by: FRP Canada

<http://www.parentsmatter.ca/index.cfm?fuseaction=Page.viewPage&pageId=472>

V. RESOURCES

23. READINGS IN FAMILY SUPPORT

This CD contains over 30 excerpts from works for family support practitioners as well as three publications:

- Case Studies of Canadian Family Resource Programs: Supporting Families, Children and Communities by Irene Kyle and Maureen Kellerman;
- Finding Our Way: A Participatory Evaluation Method for Family Resource Programs by Diana Ellis; and
- What Works for Whom: Promising Practices in Parenting Education by Betsy Mann (FRP Canada, 2010). This resource is available for \$40 to non-members and \$35 to FRP Canada members.

<http://www.frp.ca/index.cfm?fuseaction=page.viewpage&pageid=935>

24. FAMILY CHILD CARE TRAINING PROGRAM

This training series consists of 12 units developed for individuals working in the family child care field in the regulated and unregulated sectors or those interested in becoming providers (Canadian Child Care Federation, 2010). Each unit includes: Learning Objectives, The Basics, Activities, For More Information, and Evaluation.

http://www.cccf-fcsge.ca/familychildcareeng/quality_en.html

25. FAMILY CHILD CARE TRAINING PROGRAM: TRAIN-THE-TRAINER GUIDE

This guide (Canadian Child Care Federation, 2010) is designed to assist facilitators in the preparation and delivery of the Family Child Care Training Program. It provides information useful to both the experienced facilitator and those new to the world of adult education.

http://www.cccf-fcsge.ca/familychildcareeng/quality_en.html

26. RESOURCES FOR ONTARIO'S 2010 MUNICIPAL ELECTIONS

The municipal elections in Ontario are taking place on October 25, 2010. This Ontario Health Promotion E-Bulletin (OHPE) feature lists municipal election resources that may be useful.

<http://www.ohpe.ca/node/11681>

VI. FEATURED BEST START RESOURCES

October is International Walk to School Month so it is the perfect time to explore ideas for promoting physical activity in your work. The following resources may be useful to service providers.

27. MONTHLY SERIES OF "25" IDEAS FOR HEALTH NEXUS'S 25TH ANNIVERSARY: PHYSICAL ACTIVITY AND THE EARLY YEARS

(available in French)

At Health Nexus, we're celebrating our 25th year with several events, including a monthly series of 25 ideas to help service providers in their work. In recognition of International Walk to School Month, our

release for October is “25 key resources: Physical activity and the early years”. Click on the link below to find a list of resources on physical activity for service providers working in early child development.
English: http://www.healthnexus.ca/events/25th_anniversary/25th_anniversary.htm
French: <http://www.nexussante.ca/nosevenements/25ans/25ans.htm>

28. HAVE A BALL TOGETHER!

(available in French)

This website (Best Start Resource Centre, 2009) offers many downloadable resources created for an awareness campaign on physical activity for parents and caregivers of children 2 to 5 years old (radio clips, video clips, parent resource cards, stickers, posters, etc.). Aboriginal adaptations are also available.

www.haveaballtogether.ca/
www.beststart.org/haveaballtogether

29. LET'S BE HEALTHY TOGETHER!

This toolkit and training (Best Start Resource Centre, 2010) for Ontario's service providers is around the issue of preventing obesity in Ontario's First Nations, Inuit, and Métis children.

www.beststart.org/aboriginal/index.html
www.letsbehealthy.ca

The Best Start Resource Centre thanks you for your interest in, and support of, our work. Best Start permits others to copy, distribute or reference the work for non-commercial purposes on condition that full credit is given. Because our MNCHP bulletins are designed to support local health promotion initiatives, we would appreciate knowing how this resource has supported, or been integrated into, your work (mmchp@healthnexus.ca). Please note that the Best Start Resource Centre does not endorse or recommend any events, resources, or publications mentioned in this bulletin.

Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- [OHPE](http://www.ohpe.ca/) - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>
- [Click4HP](https://listserv.yorku.ca/archives/click4hp.html) - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- [Health Nexus Today](http://www.blogs.healthnexusante.ca/) - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.healthnexusante.ca/>

In French:

- [French distribution list](http://www.meilleurdepart.org/index_fr.html) – The free distribution list offers information in French on maternal, newborn, and child health promotion topics. http://www.meilleurdepart.org/index_fr.html
- [Le Bloc-Notes](http://leblocnotes.ca/) – The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>