November 5, 2010

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**I. NEWS & VIEWS**

**CANADA**

1. **LATEST PRODUCT RECALLS**  
(available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Montreal Canadiens Children's Bathrobes by Lutfy Apparel Limited: Does not meet the design and flammability requirements for children's sleepwear under Canadian law.
- "Sleeping Bag"-brand Children's Plaid Pyjama Lounge Pants by Effigi Inc.: Does not meet the design and flammability requirements for children's sleepwear under Canadian law.


- Recall of the children's product Hyland's Teething Tablets: Contain a small amount of belladonna, a substance that can cause serious harm at larger doses.


- Warning about buying prescription drugs online from: [www.northdrugmart.com](http://www.northdrugmart.com), [www.northdrugstore.com](http://www.northdrugstore.com), and [www.pharmacyrxworld.com](http://www.pharmacyrxworld.com): Health Canada has identified prescription drugs for sale on these websites that have not been authorized for sale in Canada.


- New safety measures for pesticides used to control rodents: The new measures are aimed at reducing the exposure of children, pets, and non-target animals to rodenticides. Manufacturers have until December 31, 2012 to have the new labelling in place. Until then, consumers should keep the safety tips available at the link below in mind when using rodenticides they may have already purchased or that are still on store shelves.


**2. PAEDIATRICIANS PUSH PROVINCES TO OPEN MILK BANKS**

Canada’s paediatric experts are urging provinces to consider opening human milk banks because pasteurized donated breast milk can save the lives of premature babies when their own mothers can’t
produce enough milk. The new Canadian Paediatric Society position statement on human milk banking is published in Paediatrics & Child Health. The full text is available for free.
http://www.edmontonjournal.com/health/Donations+breast+milk+save+lives+premature+babies/375690/story.html#ixzz141THEj9T
Position statement:
http://www.pulsus.com/journals/toc.jsp?sCurrPg=journal&jnlKy=5&fold=Current%20Issue

II. RECENT REPORTS AND RESEARCH

CANADA

3. CHILD HEALTH IN CANADA: SOCIAL DETERMINANTS
(available in French)

This journal series was brought about by a spirit of collaboration and a fierce determination to improve children's physical and mental well-being. It is also a call to action to address the specific issues that impede children's health. The goals of the series are to inform public policy and to improve systems of care across the country in order to enhance child health outcomes. The articles available in the issue are:

- Why Social Determinants?
- The Link between Social Inequality and Child Health Outcomes
- Social Geography of Developmental Health in the Early Years
- Aboriginal Child Health and the Social Determinants: Why Are These Children So Disadvantaged?
- Immigrant Health and the Children and Youth of Canada: Are We Doing Enough?
- Family as a Social Determinant of Health: Implications for Governments and Institutions to Promote the Health and Well-Being of Families
- Turning the Social Determinants of Health to Our Advantage: Policy Fundamentals for a Better Approach to Children's Health

English: http://www.longwoods.com/notesdetail/21

4. CHILD CARE FOR FIRST NATIONS CHILDREN LIVING OFF RESERVE, MÉTIS CHILDREN, AND INUIT CHILDREN
(available in French)

This report (Findlay & Kohen, 2010) examines child care arrangements for children living off reserve, Métis children, and Inuit children and the availability of culturally-relevant activities and language in care as predictors of children's outcomes. The findings indicate that 52% of First Nations children living off reserve, 54% of Métis children, and 43% of Inuit children were in some type of child care arrangement in 2006. Daycare centres were the most common type of child care arrangement (46% of First Nations children living off reserve, 44% of Métis children and 59% of Inuit children); followed by care by a non-relative (18% for First Nations children living off reserve, 22% for Métis, 12% of Inuit children) and care by a relative (17% for all three groups) (Findlay & Kohen, 2010). A total of 26% of parents of off-reserve First Nations children reported that the child care arrangement promoted traditional and cultural values and customs, compared to 17% of parents of Métis children, and 67% of parents of Inuit children (Findlay & Kohen, 2010). The authors found Aboriginal culture and traditions
in child care have a positive influence on Inuit and off-reserve First Nations children (Findlay & Kohen, 2010).


III. CURRENT INITIATIVES

5. THE GOVERNMENT OF CANADA AND FOOD CONSUMER PRODUCTIONS OF CANADA LAUNCH MAJOR NUTRITION LABELLING INITIATIVE

(Available in French)

A new “Nutrition Facts Education Campaign” has been launched to help Canadians make informed food choices. The initiative includes a multi-faceted approach to explain % Daily Value to consumers, through messaging to appear on food packages, in-store, and in national media (print, television, online), directing Canadians to Health Canada's educational website. The website www.healthcanada.gc.ca/dailyvalue provides tips on how to use % Daily Value to make healthier food choices.


IV. UPCOMING EVENTS

This section lists events that have not been included in earlier editions of the bulletin or listserv postings. For the details of these events and a complete list of events noted in previous bulletins and postings see http://www.beststart.org/events/otherevents.php

ONLINE

6. ROLE OF PLAY IN HUMAN LEARNING

Recording of webcast: Online
Hosted by: Canadian Network for Leadership in Education and Early Learning & Care
http://www.cnleelc.ca/

7. PRETERM LABOR: NURSING STRATEGIES THAT WORK

November 18, 2010: Online
Hosted by: Association of Women’s Health, Obstetric, and Neonatal Nurses (AWHONN)

ONTARIO

8. WORKING WITH MUSLIM WOMEN AND THEIR FAMILIES

November 10, 2010: Toronto, ON
Hosted by: Alternative for Her Community Centre
http://thealternativeforher.tripod.com
9. PEOPLE FOR EDUCATION CONFERENCE  
November 13, 2010: Toronto, ON  
Hosted by: People for Education  
http://www.peopleforeducation.com/getinvolved/annualconference

10. LET'S TALK ABOUT BULLYING  
November 15, 2010: Barrie, ON  
Hosted by: Family Mental Health Initiative of Simcoe County  
http://c.ss7.chennells.com/sendlink.asp?HitID=1288810347424&StID=6092&SID=13&NID=33736&EmID=66868873&Link=aHR0cDovL3d3dy5vc3BuLmNhL3BkZ19maWxlcy99CdWxseWluZyUyME5vdi4xNS4xMCUyMEJhcJpZS5wZGY%3D&token=c890a9ef1feb543ec64d46fa04be7c0b65875a74

11. RECOVERING LOVE: MOTHERS, THEIR FAMILIES, DRUGS AND ALCOHOL  
November 17, 2010: Toronto, ON  
Hosted by: The Jean Tweed Centre and SkyWorks Charitable Foundation  
To purchase tickets in advance please contact SkyWorks at (416) 536-6581 or info@skyworksfoundation.org

12. LUNCH AND LEARN: HOMELESSNESS AWARENESS WEEK  
November 18, 2010: Sault Ste. Marie, ON  
Hosted by: Sault Ste. Marie Alliance to End Homelessness  
RSVP by November 12, 2010 to Dree Pauze at (705) 759-5420 or d.pauze@cityssm.on.ca

13. THE IMPACTS OF OPPRESSION: CRITICAL CONVERSATIONS: POSITIONING YOURSELF TO WORK WITHIN AN ANTI-OPPRESSION FRAMEWORK  
November 19, 2010: Toronto, ON  
Hosted by: CAST Canada  
http://cast-canada.ca/workshop-calendar/

14. SELF-CARE FOR HELPING PROFESSIONALS  
November 26, 2010: Toronto, ON  
Hosted by: Self-Help Resource Centre  
To register, email Rick at shrc@selfhelp.on.ca with Helping Professionals in the subject line or call (416) 487-4355 ext. 21.

15. ONTARIO SPORT FOR LIFE SUMMIT: SHAKING THE FOUNDATIONS  
November 26-27, 2010: Markham, ON  
Hosted by: Ontario Sport 4 Life  
http://ontariosport4life.ca/

16. INTERNATIONAL ASSOCIATION OF INFANT MASSAGE CANADA TRAINING  
January 24-27, 2011: Hamilton, ON  
Hosted by: International Association of Infant Massage Canada  
For more information, please contact Françoise Lefebvre at lefebvre.dugre@sympatico.ca or (514) 332-3368

17. EVIDENCE-INFORMED DECISION-MAKING  
May 1-6, 2011: Hamilton, ON  
Hosted by: Canadian Centre for Evidence-Based Nursing  
18. FIRST CANADIAN FORUM ON HOUSING AND SAFE COMMUNITIES FOR WOMEN  
May 9-11, 2011: London, ON  
Hosted by: All Our Sisters  
http://www.alloursisters.ca/

19. MUNICIPAL INNOVATIONS IN POVERTY REDUCTION  
June 5-8, 2011: London, ON  
Hosted by: Ontario Municipal Social Services Association  
For details or to share your ideas for a workshop, exhibit, and partnership opportunities, contact Christie Abramovic, OMSSA Events Coordinator at (416) 646-0512 or cabramovic@omssa.com

CANADA

20. PUBLIC HEALTH IN CANADA: INNOVATIVE PARTNERSHIPS FOR ACTION  
June 19-22, 2011: Montreal, QC  
Hosted by: Canadian Public Health Association  

V. RESOURCES

21. NEONATAL ORIENTATION AND EDUCATION PROGRAM

Education and consistent care are crucial to helping improve safety and outcomes on your level II or III NICU. The Neonatal Orientation and Education Program (NOEP) 2nd edition addresses both factors and is helpful for staffing education and orientation needs. There are 12 modules:

- Transition to Extraterine Life
- The Respiratory System
- The Cardiovascular System
- Metabolic and Nutritional Support
- Renal and Endocrine Disorders
- Hematology and Immunology
- The Gastrointestinal System
- The Neurologic System
- The Newborn Skin and Skin Care
- Issues Affecting the Late Preterm Infant
- Genetic Disorders and Malformations
- Developmental Care and Management of Pain
- Families in Crisis


22. FAMILY FRONT AND CENTRE: A SUPPORT RESOURCE PROMOTING HEALTHY CHILD DEVELOPMENT  
(available in French)

This tool kit (Jewish Family Services of the Baron de Hirsch Institute, 2005) provides relevant theoretical and practical information on children's mental health. The resource toolkit includes a User Guide and five spiral bound books in French and English.  
23. CONNECTIONS FOR LIFE: ATTACHMENT RESOURCE KIT
(available in French)

This Resource Kit (Saskatchewan Prevention Institute, 2009) provides users with an awareness and understanding of what attachment is, why it is important, what factors influence it, and what can be done to help promote healthy, secure attachment relationships. The Resource Kit is presented in a bilingual binder format and contains an educational DVD for staff, a Guide on how to use the Kit, and an Activity resource for parents. The Guide and Activities are available on a CD.


24. FACTSHEET: NEW ONTARIO WORKS (OW) AND ONTARIO DISABILITY SUPPORT PROGRAM (ODSP) RATE INFORMATION

The Income Security Advocacy Centre has prepared fact sheets on the new Ontario Works (OW) and Ontario Disability Support Program (ODSP) rates, which take effect in November / December. The 2010 provincial budget included a 1% increase to rates, and these fact sheets reflect that change.


VI. FEATURED BEST START RESOURCES

25. A HEALTHY START FOR BABY AND ME

This low literacy prenatal book (Best Start Resource Centre, 2010) is suitable for women who have difficulty reading due to literacy or language. Includes information about pregnancy, labour, delivery, postpartum, and early infant care.

http://www.beststart.org/resources/rep_health/index.html

26. RETURNING TO WORK AFTER BABY
(available in French)

The Best Start Resource Centre (2010) has published a new booklet for parents returning to work after a parental, maternity, or adoption leave. The booklet contains many suggestions to facilitate daily life on topics such as: choosing childcare, managing time, making healthy lifestyle choices, budget planning, etc. It was focus tested with a variety of English and French-speaking new parents from across the province. It is available for download or purchasing.

English: http://beststart.org/resources/wrkplc_health/index.html
French: http://www.meilleurdepart.org/resources/travail/index.html

27. “I'M STILL HUNGRY”: CHILD AND FAMILY POVERTY IN ONTARIO

A practical guide (Best Start Resource Centre, 2010) for moving from stigma to empowerment, including a review of the realities of child poverty and promising responses.

http://www.beststart.org/resources/anti_poverty/index.html

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Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- **OHPE** - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. [http://www.ohpe.ca/](http://www.ohpe.ca/)

- **Click4HP** - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. [https://listserv.yorku.ca/archives/click4hp.html](https://listserv.yorku.ca/archives/click4hp.html)

- **Health Nexus Today** - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. [http://www.blogs.healthnexussante.ca/](http://www.blogs.healthnexussante.ca/)

In French:

- **French distribution list** – The free distribution list offers information in French on maternal, newborn, and child health promotion topics. [http://www.meilleurdepart.org/index_fr.html](http://www.meilleurdepart.org/index_fr.html)

- **Le Bloc-Notes** – The biweekly French language bulletin provides information on health promotion. [http://leblocnotes.ca/](http://leblocnotes.ca/)