

MNCHP Network Bulletin



*best start
meilleur départ*

by/par health **nexus** santé

In this week's issue:

I. NEWS & VIEWS

1. September 25 is now Franco-Ontarian Day (also available in French)
2. Ophea response to the withdrawal of the Health and Physical Education Curriculum: A new way of looking at student health that will help kids choose a healthy lifestyle (also available in French)
3. Update – Ophea responses to THE Health and Physical Education Curriculum (H&PE): “It’s not just gym anymore”
4. Ontario classrooms get online access to the National Film Board of Canada (NFB) films (also available in French)
5. Latest product recalls
6. What should it mean to be a child in Canada?
7. May declared “Moving America Month” in celebration of the national Physical Activity Plan launch

II. RECENT REPORTS AND RESEARCH

8. What their stories tell us: Research from the Sisters in Spirit initiative

III. CURRENT INITIATIVES

9. National Summer Safety Week – Sun Care, Be Aware: May 1-7, 2010 (also available in French)
10. Mental Health Week: May 3-9, 2010 (also available in French)
11. Speech and Hearing Awareness Month: May
12. Mobilize on Mother’s Day

IV. UPCOMING EVENTS

13. It’s not just talk: Involving parents and educators in language facilitation
14. Equity from the start: 10 years of the EDI & beyond international conference
15. Multiple blessings, multiple challenges
16. Suck/Swallow Challenge in Breastfeeding Infants
17. The 4th international conference on Fetal Alcohol Spectrum Disorder

V. RESOURCES

18. Check it out: Queer women need paps too! (also available in French)
19. The teen years explained
20. Building a foundation for numeracy is as easy as 1, 2, 3!
21. Nutrition Resource Centre “NRC Nibbles” newsletter
22. Occupational standards for Early Childhood Educators

VI. FEATURED BEST START RESOURCE

23. Baby wants (also available in French)

I. NEWS & VIEWS

ONTARIO

1. SEPTEMBER 25 IS NOW FRANCO-ONTARIAN DAY

(also available in French)

The Franco-Ontarian Day Act was adopted unanimously by the Legislative Assembly (Government of Ontario, 2010, April 26). September 25th of each year will officially recognize the contribution of Ontario's Francophone community to the cultural, historical, social, economic, and political life of the province.

English: <http://www.ofa.gov.on.ca/en/news-100426.html>

French: <http://www.ofa.gov.on.ca/fr/annonces-100426.html>

2. OPHEA RESPONSE TO WITHDRAWAL OF THE HEALTH AND PHYSICAL EDUCATION CURRICULUM: A NEW WAY OF LOOKING AT STUDENT HEALTH THAT WILL HELP KIDS CHOOSE A HEALTHY LIFESTYLE

Ophea (2010, April 23) responded to the Government of Ontario's decision to withdraw its intended 2010/2011 implementation of the reviewed Ontario Health & Physical Education Curriculum (H&PE) for Grades 1-8. Ophea highlights that the H&PE Curriculum is not only a "sex ed program". It is a curriculum that addresses a broad range of topics related to health and physical education and impacts lifelong health by providing students with the knowledge and skills necessary to live and promote a healthy active lifestyle. "The revised (H&PE) Curriculum, if fully implemented, will be the most significant advancement in health promotion the province has ever seen. It is good for students, education, communities and the health of Ontario (Ophea, 2010, April 23). It is unclear whether the entire curriculum or simply the Human Development and Sexual Health strand will be withdrawn and Ophea suggests that the province finds a quick resolution to move the H&PE Curriculum forward in a timeline manner.

<http://www.ophea.net/blog/new-way-looking-student-health-will-help-kids-choose-healthy-lifestyle>

3. UPDATE - OPHEA RESPONSE TO THE HEALTH AND PHYSICAL EDUCATION CURRICULUM: "IT'S NOT JUST GYM ANYMORE"

The revised H&PE curriculum is "not just gym anymore" – it addresses a range of topics including physical activity, safety and injury prevention, healthy eating, substance use, mental health, and human development and sexual health, and is the only curriculum that integrates the learning of important living skills such as critical thinking, personal skills, and interpersonal skills. Ophea (2010, April 30) reports that the province will be producing an Interim Health and Physical Education, Grades 1-8 (2010) curriculum policy document to support teachers in implementing the curriculum beginning in September 2010. This interim document will include most of the revised H&PE 2010, but the Human Development and Sexual Health portion will be replaced with the Growth and Development portion from the 1998 document while the government consults with parents.

<http://www.ophea.net/blog/it-s-not-just-gym-anymore>

4. ONTARIO CLASSROOMS GET ONLINE ACCESS TO THE NATIONAL FILM BOARD OF CANADA (NFB) FILMS

(also available in French)

Through an agreement between the Government of Ontario and the NFB, all students and educators in Ontario now have free, online access to Canadian films (Government of Ontario, 2010, April 29). Through the online "Screening Room", 1,500 productions including full-length films, trailers, and clips for all ages, in both French and English are available.

English: <http://www.news.ontario.ca/edu/en/2010/04/ontario-classrooms-get-online-access-to-nfb-films.html>

French: <http://www.news.ontario.ca/edu/fr/2010/04/acces-en-ligne-aux-films-canadiens-dans-les-salles-de-classe-de-lontario.html>

CANADA

5. LATEST PRODUCT RECALLS

(also available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Simplicity Cribs with Metal Tubular Mattress-Support Frames: The crib's metal tubular mattress-support frame can bend or detach and cause part of the mattress to collapse. This creates a space into which an infant or toddler can roll and become wedged, entrapped, or fall out of the crib, posing a risk of suffocation, strangulation, and falls.
- Puffer Yo-yo Balls: Banned in Canada because they present a hidden risk of strangulation.
- Simi™ Bracelet Charms and Necklace: The "I love Hockey" charm and the foot charm necklace contain lead.
- babyGap Marrakesh and Gap Outlet Baby One-piece Bathing Suits: Swimsuits have halter straps that were manufactured too short causing the plastic ring located at the neck of the swimsuit to press against the child's throat and obstruct the airway. This poses a strangulation hazard.
- Graco®-branded drop side cribs made by LaJobi: Crib's hardware can break or become damaged, causing the drop-side to detach. When the drop-side detaches, it could create a space between the side of the crib and the mattress. Infants and toddlers could roll into this space and may become entrapped, which might lead to suffocation or strangulation, or they could fall out of the crib. Children can also fall from the crib if the drop-side fails to lock.
- "Beedazzled" Plastic Charm Bracelets: Contains lead.
- Step2® Basic Rhythms Drum: Plastic clips for retaining the drum sticks could break, releasing small pieces. These small pieces pose a choking hazard.
- Silver-coloured Necklace with Large Cross or Peace Sign Pendant: Contain lead.
- Urban Pop Jewellery: Mood necklaces contain lead.
- Heart Gemstone Necklace: Contains lead in excess of the allowable limit.
- Silver-coloured Necklace with Flip Flop Pendant: Flip flop pendant on the recalled necklace contains lead.
- Ventus Ltd™ and Ventus Team™ Bicycle Aerobars: Rubber hand grips on the aerobars can loosen or slip off during use, posing a risk of falling or other injuries to the rider.
- Piggy Paint™ Nail Polish Remover: Contains a high concentration of methyl alcohol, which is toxic by inhalation and ingestion.
- Dr. Bob Dentel Antibacterial Peppermint Mouthwash: Product is contaminated with the bacteria *Pseudomonas fluorescens*.
- Valentine Charm Bracelet by Dollarama: Contains lead.
- Foaming Baby Wipes Solution by Northern Essence: Product is contaminated with *Micrococcus* species of bacteria.

English: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-eng.jsp?searchstring=&searchyear=&searchcategory=http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php>

French: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-fra.jsp?searchstring=&searchcategory=&searchyear=&startIndex=1¤t=true>
<http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-fra.php>

6. WHAT SHOULD IT MEAN TO BE A CHILD IN CANADA?

Dr. Charles Pascal (2010), Special Advisor on early learning to the Premier of Ontario & Executive Director of the Atkinson Charitable Foundation, wrote an opinion paper for the Canadian Child Care Federation. He explains that in his view "...there can be no better measure of the progress of our society, our nation, than how well we support the youngest of our young..." He highlights that high quality early childhood education is a very key determinant of health, one that can dramatically reduce health care expenditures, and can get Canada moving to a more cohesive and balanced society. He also notes that there was a previous federal government that fostered a national conversation about the early years but this opportunity was cut short and the conversation needs to continue.

<http://www.cccf-fcsge.ca/pdf/Pascal-article-spring2010-Interaction.pdf>

INTERNATIONAL

7. MAY DECLARED "MOVING AMERICA MONTH" IN CELEBRATION OF NATIONAL PHYSICAL ACTIVITY PLAN LAUNCH

The National Academy of Sports Medicine (2010, May 3) and Health and Human Services Secretary Kathleen Sebelius are supporting the National Physical Activity Plan (NPAP) This initiative is designed to improve public health by motivating people in every community to become and stay physically active, and to remove the barriers that may stand in their way. The NPAP focuses on eight key sectors for promoting physical activity: (1) public health agencies; (2) education institutions; (3) volunteer and non-profit organizations; (4) transportation, (5) urban design and community planning agencies; (6) mass media outlets; (7) healthcare programs; (8) business and industry worksites; and parks, recreation, fitness and sports programs. The implementation, measurement, and analysis efforts of the NPAP will be coordinated by the National Coalition for Promoting Physical Activity.

News: <http://www.marketwire.com/press-release/May-Declared-Moving-America-Month-Celebration-National-Physical-Activity-Plan-Launch-1157601.htm>

NPAP: <http://www.physicalactivityplan.org/>

II. RECENT REPORTS AND RESEARCH

ONTARIO

8. WHAT THEIR STORIES TELL US: RESEARCH FINDINGS FROM THE SISTERS IN SPIRIT INITIATIVE

The Native Women's Association of Canada's (NWAC) (2010, April 21) has gathered information about the disappearance or death of more than 580 Aboriginal women and girls across Canada. The report answers three questions: (1) What are the circumstances, root causes, and trends leading to violence against Aboriginal women in Canada? (2) How many Aboriginal women and girls have gone missing or have been found murdered in Canada? and (3) Why this violence has led to such disturbingly high numbers of missing and murdered Aboriginal women and girls in Canada without connection by police or justice authorities? Some key findings include:

- There are a disproportionately high number of missing and murdered Aboriginal women and girls in Canada.
- The majority of disappearances and deaths of Aboriginal women and girls occurred in the western provinces of Canada.
- More than half of the women and girls were under the age of 31.

- Of the cases where this information is known, 88% of missing and murdered women and girls left behind children and grandchildren.
- Aboriginal women and girls are more likely to be killed by a stranger than non-Aboriginal women.
- Nearly half of murder cases remain unsolved.
- The majority of cases occurred in urban areas.
- NWAC research has found links between missing and murdered Aboriginal women and girls, to FASD (Fetal Alcohol Spectrum Disorder), hitchhiking, gangs, mobility, and jurisdictional issues. All of these emerging issues require further attention and inquiry.

NWAC highlights (2010) that “Aboriginal women continue to be the most at risk group in Canada for issues related to violence, and continue to experience complex issues linked to intergenerational impacts of colonization, particularly those resulting from residential schools and the child welfare system. Ending violence against Aboriginal women and girls lies with both men and women, with both Aboriginal and non-Aboriginal communities. It ends with recognition, responsibility and cooperation”.

News: <http://www.nwac-hq.org/en/index.html>

Report: http://www.nwac.ca/en/documents/NWAC_SIS_Report_2010_Lite.pdf

III. CURRENT INITIATIVES

9. NATIONAL SUMMER SAFETY WEEK - SUN CARE, BE AWARE: MAY 1-7, 2010

(also available in French)

During National Summer Safety Week the Canada Safety Council (2010) is encouraging people to protect themselves in the sun all summer long. The website provides tips for sun safety.

English: <http://safety-council.org/campaigns/national-summer-safety-week-2010/>

French: <http://safety-council.org/fre/campaigns/national-summer-safety-week-2010/>

10. MENTAL HEALTH WEEK: MAY 3-9, 2010

(also available in French)

The theme for Mental Health Week 2010 is “Building your Mental Health: One Support At A Time”. Downloadable resources are available from the Canadian Mental Health Association website (e.g., poster, brochure, stress card, radio Public Service Announcement, and Power Point presentation).

English: http://www.cmha.ca/bins/content_page.asp?cid=6-20-22&lang=1

French: http://www.cmha.ca/bins/content_page.asp?cid=6-20-22&lang=2

11. SPEECH AND HEARING AWARENESS MONTH: MAY

In May professionals involved with the treatment of speech, language, and hearing disorders come together to participate in a public awareness campaign that encourages early detection and prevention of communication disorders, and seeks to increase the public's sensitivity to the challenges faced by individuals experiencing them. The Canadian Association of Speech-Language Pathologists and Audiologists' (CASLPA) website provides many ideas and tools for celebrating (e.g., multimedia contents, marketing kit, ideas flyer, upcoming events, etc).

<http://www.caslpa.ca/english/resources/maymonth.asp>

12. MOBILIZE ON MOTHER'S DAY

Make Poverty History (2010) is urging people to demand a voice at the G8 and G20 Summit tables and appeal for nation-wide daycare. The website has simple template forms to complete for emailing your MP.

Child care: <http://atthetable2010.org/actnow/mothersday/email>

G8 and G20: <http://atthetable2010.org/>

Send an e-card to your mother and it will also send a message to your MP asking for bold action to improve the lives of mothers in Canada and around the world: <http://www.momsrule.org/>

IV. UPCOMING EVENTS

This section lists events that have not been included in earlier editions of the bulletin or listserv postings. For the details of these events and a complete list of events noted in previous bulletins and postings, including contact information, links to organizations, and descriptions, see <http://www.beststart.org/events/otherevents.php>

ONTARIO

13. IT'S NOT JUST TALK: INVOLVING PARENTS AND EDUCATORS IN LANGUAGE FACILITATION

June 1, 2010: Webcast

Hosted by: Infant Mental Health Promotion (IMP), Sick Kids

<http://www.sickkids.ca/IMP/Rounds/Upcoming%20Infant%20Mental%20Health%20Rounds/Upcoming-Infant-Mental-Health-Rounds.html>

14. EQUITY FROM THE START: 10 YEARS OF THE EDI & BEYOND INTERNATIONAL CONFERENCE

June 16-17, 2010: Hamilton, ON

Hosted by: Offord Centre for Child Studies, McMaster University, the Council for Early Child Development, and the Canadian Institute for Advanced Research

http://www.offordcentre.com/conference/edi_home.html

15. MULTIPLE BLESSINGS, MULTIPLE CHALLENGES

October 28, 2010: St. Catharines, ON

Hosted by: La Leche League Canada

A registration brochure can be downloaded from www.LLLC.ca or by contacting the National Seminar Coordinator at pat.millar@ns.sympatico.ca.

CANADA

16. SUCK/SWALLOW CHALLENGES IN BREASTFEEDING INFANTS

September 20-11, 2011: Saskatoon, SK

Hosted by: by Saskatoon Health Region Speech-Language Pathology and Saskatoon Breastfeeding Center

For more information contact Cindy Leclerc at cindy.leclerc@saskatoonhealthregion.ca

17. THE 4TH INTERNATIONAL CONFERENCE ON FETAL ALCOHOL SPECTRUM DISORDER

March 2-5, 2011: Vancouver, BC

Hosted by: UBC Interprofessional Continuing Education and The Canada Northwest FASD Partnership
<http://www.interprofessional.ubc.ca/Brochures/FASD2011AdvanceNotice.pdf>

V. RESOURCES

18. CHECK IT OUT: QUEER WOMEN NEED PAPS TOO!

Free resources are available to service providers and organizations across Ontario. The materials aim to promote Pap testing for lesbian, gay, bisexual, queer, and other women who have sex with women. The resources available for order include a series of six posters and postcards, as well as a brochure summarizing the material. For GTA-based organizations, “Check It Out” materials can be ordered *FREE of shipping charges* by completing the order form available at www.check-it-out.ca and returning it to Arti Mehta at Planned Parenthood Toronto, amehta@ppt.on.ca or 416-961-0113 ext 123. For organizations outside of the GTA, please contact Jen Keystone at Rainbow Health Ontario, jkeystone@rainbowhealthontario.ca or (416) 324-4100 ext. 5308.

19. THE TEEN YEARS EXPLAINED

This guide for parents or service providers who work with young people describes the normal physical, cognitive, emotional and social, sexual, identity formation, and spiritual changes that happen during the teenage years. It is available for purchase through Amazon.com or by contacting Beth Marshall at bmarshall@jhsph.edu. Electronic copies will also be available for download through the Center of Adolescent Health website at www.jhsph.edu/adolescenthealth. Discount rates for bulk purchase and non-profits are available.

RESOURCE FOR SERVICE PROVIDERS

20. BUILDING A FOUNDATION FOR NUMERACY IS AS EASY AS 1, 2, 3!

(also available in French)

CCCF and the Canadian Language and Literacy Research Network (CLLRNet) developed (2010) a new resource, Foundations for Numeracy: An Evidence-based Toolkit for Early Learning Practitioners.

Building a Foundation for Numeracy: http://www.cccf-fcsge.ca/docs/cccf/RS_94-e.pdf

French: http://www.cccf-fcsge.ca/docs/cccf/RS_94-f.pdf

Ages and States of Numeracy Development: http://www.cccf-fcsge.ca/docs/cccf/RS_95-e.pdf

French: http://www.cccf-fcsge.ca/docs/cccf/RS_95-f.pdf

21. NUTRITION RESOURCE CENTRE “NRC NIBBLES” NEWSLETTER

The Nutrition Resource Centre announced (2010, April 21) the first issue of NRC Nibbles, their new newsletter. It is designed to keep service providers informed about NRC's activities, programs, and projects. NRC Nibbles will be released three times annually and replaces NRC Digest.

<http://www.nutritionrc.ca/about/#newsletter>.

22. OCCUPATIONAL STANDARDS FOR EARLY CHILDHOOD EDUCATORS

The Occupational Standards for Early Childhood Educators describes the knowledge, skills, and abilities early childhood educators (ECEs) need to do their job effectively. Originally published in 2003 by the Canadian Child Care Federation (CCCF), the Standards have been updated through a Child Care Human Resources Sector Council project, to ensure that they reflect the developments and changes in the sector and that the skills, knowledge, and abilities required of ECEs are current and accurate. These new Standards focus on: child development and care; equipment and facilities; family and community relations; professional relationships; personal and professional development; and record keeping. They reflect best practices in early childhood education and care settings and can be used in a variety of ways:

- Early childhood educators and students can use the standards to define and understand the key tasks and responsibilities of ECEs, as well as to identify areas for professional growth and development;
- Trainers can use the standards as a basis for evaluating and improving curriculum, training, and professional development;
- Employers can use the standards to develop tools to recruit early childhood educators, evaluate their day-to-day work, and access professional development requirements; and
- Governments will be provided with a nationally recognized set of best practices that can be used when developing, licensing or delivering child care programs and training.

Limited quantities are available from CCCF for \$15.00 per copy (plus shipping & handling ~ based on quantity and destination – contact CCCF for details on bulk orders).

https://ppq2.paypaq.com/mastercard/Cart/product_details.php?mid=855019341071081038&product_id=675172361075926010

VI. FEATURED BEST START RESOURCE

RESOURCE FOR PARENTS/CAREGIVERS

23. BABY WANTS

(also available in French)

This booklet for parents encourages them to do simple things to help their young child to develop: playing, reading, singing, etc. The text is simple and the images describe the activities suggested.

The Best Start Resource Centre thanks you for your interest in, and support of, our work. Best Start permits others to copy, distribute or reference the work for non-commercial purposes on condition that full credit is given. Because our MNCHP bulletins are designed to support local health promotion initiatives, we would appreciate knowing how this resource has supported, or been integrated into, your work (mnchp@healthnexus.ca). Please note that the Best Start Resource Centre does not endorse or recommend any events, resources, or publications mentioned in this bulletin.

Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- [OHPE](http://www.ohpe.ca/) - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>
- [Click4HP](https://listserv.yorku.ca/archives/click4hp.html) - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- [Health Nexus Today](http://www.blogs.healthnexusante.ca/) - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.healthnexusante.ca/>

In French:

- [French distribution list](http://www.meilleurdepart.org/index_fr.html) – The free distribution list offers information in French on maternal, newborn, and child health promotion topics. http://www.meilleurdepart.org/index_fr.html
- [Le Bloc-Notes](http://leblocnotes.ca/) – The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>