

MNCHP Network Bulletin



**best start
meilleur départ**

by/par health **nexus** santé

MARCH 18, 2011

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I. NEWS & VIEWS

ONTARIO

1. GOVERNMENT OF ONTARIO IMPROVING FAMILY JUSTICE FOR VICTIMS OF ABUSE

(available in French)

The new Family Court Support Worker program will soon be available across Ontario to help victims of domestic violence through separation or divorce. The new support workers will:

- Provide victims with information about the family court process
- Document the history of abuse for the court
- Refer victims to specialized services and supports in the community
- Help with safety planning related to court appearances
- Accompany victims to court proceedings, where appropriate.

English: <http://news.ontario.ca/mag/en/2011/03/stronger-support-for-victims-of-domestic-violence.html>

French: <http://news.ontario.ca/mag/fr/2011/03/un-soutien-renforce-pour-les-victimes-de-violence-familiale.html>

2. EXPANDING SERVICES TO HELP SMOKERS QUIT

(available in French)

Ontario is expanding services that help smokers quit. Beginning in Spring 2011, participating Family Health Teams will provide access to over-the-counter nicotine replacement therapy (NRT) (e.g., nicotine patches and gum) combined with counselling at no cost. These services, already available in many Public Health Units, Community Health Centres, and Aboriginal Health Access Centres, pharmacies, and hospitals, are being expanded to Family health Teams to give 20,000 more Ontarians the tools to quit smoking over the next two years.

English: <http://news.ontario.ca/mhp/en/2011/01/helping-more-ontarians-quit-smoking.html>

French: <http://news.ontario.ca/mhp/fr/2011/01/aider-davantage-dontariennes-et-dontariens-a-abandonner-le-tabac.html>

CANADA

3. LATEST PRODUCT RECALLS

(available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Rocky Mountain Bicycles: The front fork steering tube can break, posing a fall injury hazard.
- Rosebud Drop-Side Cribs: The drop-side rail hardware on the cribs can break or fail, allowing the drop side to detach from the crib. When the drop side detaches, a hazardous gap is created between the drop-side rail and the crib mattress in which infants and toddlers can become wedged or entrapped, posing risks of suffocation and strangulation. In addition, children can fall out of the crib when the drop-side rail falls unexpectedly or detaches from the crib.
- Spitfire Inline Skates: The frame mounting bolts and wheel axle bolts can be loose on new skates. Loose wheels or frames on the skates can cause the rider to fall.
- Oball Links & Mini Rattle: The C-link can break, releasing small parts; these small parts pose a choking hazard.
- Parents Busy Time Activity Center: Wooden pegs on xylophone activity can come loose, posing a choking hazard.

English: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-eng.jsp?searchstring=&searchyear=&searchcategory=http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php>

French: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-fra.jsp?searchstring=&searchcategory=&searchyear=&StartIndex=1¤t=truehttp://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-fra.php>

4. GOVERNMENT OF CANADA STRENGTHENS FOOD ALLERGEN LABELLING REGULATIONS (available in French)

The Honourable Leona Aglukkaq, Minister of Health, and Royal Galipeau, Member of Parliament for Ottawa-Orléans, announced regulations to strengthen Canada's labelling of food allergens and gluten sources (Government of Canada, 2011, February 14). The new regulations will require clearer language and the declaration of otherwise "hidden" allergens, gluten sources, and sulphites.

English: http://www.hc-sc.gc.ca/ahc-asc/media/nr-cp/_2011/2011_23-eng.php

French: http://www.hc-sc.gc.ca/ahc-asc/media/nr-cp/_2011/2011_23-fra.php

5. PREVENTING BOTULISM IN INFANTS (available in French)

Health Canada (2011, February 1) is advising parents and caregivers not to feed honey to children less than one year of age. Honey is the only food in Canada linked to infant botulism.

English: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/_2011/2011_16-eng.php

French: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/_2011/2011_16-fra.php

II. RECENT REPORTS AND RESEARCH

6. THE DIGNITY PROJECT: DEBUNKING MYTHS ABOUT POVERTY IN CANADA

The Salvation Army released a report that finds many Canadians continue to believe persistent myths about poverty and the poor. The report aims to educate and inform the public about the challenges facing society's most vulnerable people.

<http://www.salvationarmy.ca/2011/03/01/salvation-army-launches-the-dignity-project-to-educate-activate-public-support/>

III. CURRENT INITIATIVES

7. CANADA ANNOUNCES SUPPORT FOR AN INTERNATIONAL DAY OF THE GIRL

(available in French)

The Honourable Rona Ambrose, Minister of Public Works and Government Services and Minister for Status of Women, announced Canada intends to support the establishment of an International Day of the Girl (Government of Canada, 2011, March 9). Minister Ambrose explains: "As Canadians we recognize that when girls have a solid foundation, with the best skills and living conditions, they can truly soar to new heights and contribute to the health of a nation. An International Day of the Girl can galvanize worldwide enthusiasm for these goals" (Government of Canada, 2011, March 9). International Day of the Girl could be established as early as fall of 2011.

English: <http://news.gc.ca/web/article-eng.do?m=/index&nid=594409>

French: <http://nouvelles.gc.ca/web/article-fra.do?m=/index&nid=594409>

8. WORLD AUTISM AWARENESS DAY: APRIL 2

World Autism Awareness Day (2011) activities help to increase and develop world knowledge of the autism epidemic and the importance of early diagnosis and early intervention. This day also aims to celebrate the unique talents and skills of persons with autism. It is a day when individuals with autism are warmly welcomed and embraced in community events around the globe.

<http://www.worldautismawarenessday.org/site/c.egLMI2ODKpF/b.3917065/k.BE58/Home.htm>

9. OUR HEALTH OUR FUTURE: A NATIONAL DIALOGUE ON HEALTHY WEIGHTS

(available in French)

Health Ministers across Canada launched a national dialogue on childhood obesity "Our Healthy Our Future: A National Dialogue on Healthy Weights". This collaborative federal/provincial/territorial initiative aims to inform Canadians about the issue of childhood overweight and obesity, and to engage various sectors of Canadian society to help address this important public health issue (Public Health Agency of Canada, 2011, March 8). The dialogue will bring together the perspectives of individual Canadians as well as government and non-government stakeholders. Using an online idea forum and submission centre, youth, parents, caregivers, and all Canadians can share their perspectives on the factors that contribute to childhood obesity and options that can influence and support healthy choices.

News: http://www.phac-aspc.gc.ca/media/nr-rp/2011/2011_0307a-eng.php

French: http://www.phac-aspc.gc.ca/media/nr-rp/2011/2011_0307a-fra.php

Share your ideas! Online submission: <http://ourhealthourfuture.gc.ca/home/>

French: <http://notresantenotreavenir.gc.ca/fr/accueil/>

IV. UPCOMING EVENTS

This section lists events that have not been included in earlier editions of the bulletin or listserv postings. For the details of these events and a complete list of events noted in previous bulletins and postings see <http://www.beststart.org/events/otherevents.php>

ONLINE

10. ON TRACK: SUPPORTING HEALTHY CHILD DEVELOPMENT AND EARLY IDENTIFICATION IN THE EARLY YEARS – A REFERENCE GUIDE FOR PROFESSIONALS IN ONTARIO

March 23, 2011: Online

Hosted by: Best Start Resource Centre, Health Nexus

<http://www.beststart.org/events/upcoming.html>

11. ON TRACK: SUPPORTING HEALTHY CHILD DEVELOPMENT AND EARLY IDENTIFICATION IN THE EARLY YEARS – A REFERENCE GUIDE FOR PROFESSIONALS IN ONTARIO

March 30, 2011: Online

Hosted by: Best Start Resource Centre, Health Nexus

<http://www.beststart.org/events/upcoming.html>

12. EVIDENCE-BASED GUIDELINES FOR IMMIGRANT AND REFUGEE HEALTH

March 30, 2011: Online

Hosted by: CHNET-WORKS!

[http://www.chnet-](http://www.chnet-works.ca/index.php?option=com_rsevents&view=events&layout=show&cid=70%3Aevidence-based-guidelines-for-immigrant-and-refugee-health&Itemid=6&lang=en)

[works.ca/index.php?option=com_rsevents&view=events&layout=show&cid=70%3Aevidence-based-guidelines-for-immigrant-and-refugee-health&Itemid=6&lang=en](http://www.chnet-works.ca/index.php?option=com_rsevents&view=events&layout=show&cid=70%3Aevidence-based-guidelines-for-immigrant-and-refugee-health&Itemid=6&lang=en)

13. ON TRACK: SUPPORTING HEALTHY CHILD DEVELOPMENT AND EARLY IDENTIFICATION IN THE EARLY YEARS – A REFERENCE GUIDE FOR PROFESSIONALS IN ONTARIO

March 31, 2011: Online

Hosted by: Best Start Resource Centre, Health Nexus

<http://www.beststart.org/events/upcoming.html>

14. LABOUR MARKET POLICIES AND SOCIAL DETERMINANTS OF HEALTH

April 14, 2011: Online

Hosted by: CHNET-WORKS!

[http://www.chnet-](http://www.chnet-works.ca/index.php?option=com_rsevents&view=events&layout=show&cid=79%3Alabor-market-policies-and-social-determinants-of-health&Itemid=6&lang=en)

[works.ca/index.php?option=com_rsevents&view=events&layout=show&cid=79%3Alabor-market-policies-and-social-determinants-of-health&Itemid=6&lang=en](http://www.chnet-works.ca/index.php?option=com_rsevents&view=events&layout=show&cid=79%3Alabor-market-policies-and-social-determinants-of-health&Itemid=6&lang=en)

15. YOUTH ENGAGEMENT PROJECT WEBINAR

April 14 & April 21, 2011: Online

Hosted by: Ontario Public Health Association

<http://www.youthengagement.ca/webinar>

ONTARIO

16. INCREASING ACCESS TO CANCER SCREENING FOR WOMEN WITH DISABILITIES

March 28, 2011: Toronto, ON

Hosted by: Echo: Improving Women's Health in Ontario, along with CCBR and the Bay Centre for Birth Control

For more information and to register, please contact Sonia Worotynech, CCBR at 519.741.1319 x 231.

zsonia@communitybasedresearch.ca

17. FACING RACISM IN HEALTH PROMOTION: DIALOGUE AND ACTION

March 29, 2011: Toronto, ON

Hosted by: Health Nexus

http://www.healthnexus.ca/events/learning_labs/learning_lab_toronto.html

18. CANCER SCREENING FOR MARGINALIZED WOMEN IN ONTARIO

March 29, 2011: Toronto, ON

Hosted by: Echo: Improving Women's Health in Ontario, along with CCBR and the Bay Centre for Birth Control

For more information and to register, please contact Sonia Worotyneć, CCBR at 519.741.1319 x 231.
zsonia@communitybasedresearch.ca

19. INCREASING ACCESS TO CANCER SCREENING FOR IMMIGRANT WOMEN

March 30, 2011: Toronto, ON

Hosted by: Echo: Improving Women's Health in Ontario, along with CCBR and the Bay Centre for Birth Control

For more information and to register, please contact Sonia Worotyneć, CCBR at 519.741.1319 x 231.
zsonia@communitybasedresearch.ca

20. MENTAL HEALTH PROMOTION IN ACTION

March 30, 2011: Kenora, ON

Hosted by: Healthy Communities Consortium

http://www.hcconsortium.ca/?page_id=143

21. COMMUNITY ENGAGEMENT FOR COMPREHENSIVE TOBACCO CONTROL

March 31, 2011: Toronto, ON

Hosted by: Program Training and Consultation Centre

<http://ptcc-cfc.on.ca/english/Training/Individual-Workshop-Listing/?rid=139>

22. BUILDING A PLAN FOR WORKPLACE WELLNESS

April 5, 2011: Mississauga, ON

Hosted by: Peel Public Health

To register, please e-mail accountforhealth@peelregion.ca and include your name and contact information, your company and how many people from your organization will attend. Deadline for registration is Tuesday, March 22, 2011.

23. WORKPLACE NUTRITION SYMPOSIUM

May 4, 2011: Toronto, ON

Hosted by: the Canadian Institute of Health Research, McGill University, the Ontario Public Health Association and the Nutrition Resource Centre

<http://www.cvent.com/events/workplace-nutrition-symposium/event-summary-a8857fd194ad4207ac83749901013696.aspx?i=cf345ed8-003a-4abd-b5f0-11b7b038aaa3>

24. ATTACHMENT ASSOCIATION OF CANADA FIRST ANNUAL CONFERENCE

May 6, 2011: Toronto, ON

Hosted by: Attachment Association of Canada

<http://www.attachmentcan.ca/>

25. ONTARIO HEALTHY SCHOOLS COALITION 10TH ANNUAL FORUM: RESILIENCY AND THE SCHOOL COMMUNITY

May 12-13, 2011: Sudbury, ON

Hosted by: Sudbury & District Health Unit

<http://www.sdhu.com/content/news/details.asp?n=970&lang=0>

CANADA

26. INTEGRATED STRATEGIES FOR HOME VISITING

April 18, 2011: Vancouver, BC

Hosted by: BC Council for Families

<http://www.bccf.ca/professionals/events/info?id=36&reset=1>

27. ISSUES OF SUBSTANCE – Call for abstracts

November 6-9, 2011: Vancouver, BC

Hosted by: Canadian Centre on Substance Abuse

<http://www.issuesofsubstance.ca/Eng/Abstracts/Pages/default.aspx>

V. RESOURCES

28. WHEN COUPLES BECOME PARENTS: IS IT POSSIBLE TO PREPARE?

This article provides one perspective on preparing for parenthood. It includes an overview of: roles, expectations, tasks, outsiders who come in, conflict resolution, and time for the couple.

<http://www.bccf.ca/all/resources/when-couples-become-parents-it-possible-prepare>

29. CHILDREN OF PARENTS WITH MENTAL ILLNESS

This resource provides information about the impact of parental mental illness on children including: shared family burden, the special vulnerability of children, the impact on childhood and adolescence, the legacy for adulthood, risks and resilience, needs and concerns of offspring, and coping resources.

<http://www.bccf.ca/all/resources/children-parents-mental-illness>

30. THE FOUNDATIONS OF LIFELONG HEALTH ARE BUILT IN EARLY CHILDHOOD

This presentation from the Center on the Developing Child at Harvard University explains why a vital and productive society with a prosperous and sustainable future is built on a foundation of healthy child development. It summarizes findings from "The Foundations of Lifelong Health Are Built in Early Childhood", a report co-authored by the National Scientific Council on the Developing Child and the National Forum on Early Childhood Policy and Programs.

Video: <http://vimeo.com/18623166>

Report: http://developingchild.harvard.edu/library/reports_and_working_papers/foundations-of-lifelong-health/

VI. FEATURED BEST START RESOURCES

31. LEARNING TO PLAY AND PLAYING TO LEARN: GETTING READY FOR SCHOOL

(available in French)

This brochure will answer the questions of parents and all who care for children, how children learn from birth and how parents, and caregivers can prepare children for full-day Kindergarten and beyond.

Particular attention is given to attachment, self-regulation, and play.

English: http://www.beststart.org/resources/hlthy_chld_dev/pdf/school_readiness_english_fnl.pdf

French: http://www.meilleurdepart.org/resources/develop_enfants/pdf/school_readiness_french_fnl.pdf

32. HAVE A BALL - UPDATE

(available in French)

The Best Start Resource Centre has updated the "Resources" and "What the Research Says" files from the Have a Ball! toolkit. These documents provide the most recent information available on physical activity and the early years. If you have the original Have a Ball toolkit, you may wish to replace these fact sheets.

English: http://www.beststart.org/resources/hlthy_chld_dev/index.html

French: http://www.meilleurdepart.org/resources/develop_enfants/index.html

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Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- [OHPE](http://www.ohpe.ca/) - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>
- [Click4HP](https://listserv.yorku.ca/archives/click4hp.html) - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- [Health Nexus Today](http://www.blogs.healthnexusante.ca/) - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.healthnexusante.ca/>

In French:

- [French distribution list](http://www.meilleurdepart.org/index_fr.html) - The free distribution list offers information in French on maternal, newborn, and child health promotion topics. http://www.meilleurdepart.org/index_fr.html
- [Le Bloc-Notes](http://leblocnotes.ca/) - The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>