

MNCHP Network Bulletin



best start
meilleur départ)
by/par health **nexus** santé

** Please note that there will be one bulletin per month for July and August. The next bulletin will be released August 26, 2010.*

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I. NEWS & VIEWS

ONTARIO

1. HEALTH NEXUS SEEKING VOLUNTEERS FOR BOARD OF DIRECTORS

(available in French)

Health Nexus is Ontario's leading bilingual prevention and health promotion organization, providing information, education, consultation, resources, and networking services in English and French province-wide. www.healthnexus.ca. Health Nexus is seeking to enhance its Board of Directors with enthusiastic volunteers who reflect the diversity of our changing population and share an interest and commitment to prevention and health promotion.

The Board of Directors role is to:

- Direct the organization according to its by-laws
- Provide direction and supervision to the Executive Director
- Formulate and approve organizational policy and plans
- Develop and ensure implementation of funding strategies
- Oversee financial management
- Keep abreast of community needs, health and social trends
- Represent and interpret Health Nexus to the public, stakeholders and selected communities

A Board member's responsibility is to:

- Commit to a 3 year term, renewable for a 2nd term (maximum 6 years)
- Prepare for, attend, and actively participate in board meetings approximately every 2 months (4 day-time meetings in Toronto and 4 shorter, evening teleconferences) – these meetings generally integrate a strategic planning event and the Annual General Meeting
- Participate in individually defined small workgroups or ad hoc committees
- Serve in a volunteer capacity, without remuneration or profit. (Accommodation, travel and meal expenses associated with duties as a Board member are reimbursed)

While Health Nexus welcomes all interested applicants, those representing minority groups, the southwest regions of the province and / or with fundraising experience are encouraged to apply. To request more information or to submit a letter of interest and resume please contact:

Barbara Willet, Executive Director

b.willet@healthnexus.ca

Phone: 416.408.6903

Fax: 416-408-2122

CANADA

2. LATEST PRODUCT RECALLS

(available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Girls' 2-piece Sleepwear by Hatley , P JAMMERS™ Girls Pyjama Sets: Do not meet the design and flammability requirements for children's sleepwear under Canadian law.
- Cozy Indoor Outdoor Portable Playard Tents Plus Cabana Kits: Clips that attach the tent to the top of the playard can break or be removed by a child. A child can lift the tent and become entrapped at the neck between the rigid playard frame and the metal base rod of the tent, posing a strangulation hazard.
- "Momma Bird" Plush Toy: Hard plastic eyes on toys can become detached, posing a choking hazard.
- "Husky Hugs" and "Peek-a-Boo Pal" Plush Toys: Hard plastic eyes on toys can become detached, posing a choking hazard.
- Children's Sleepwear made by Souris Mini: Does not meet the design and flammability requirements for children's sleepwear under Canadian law.
- Plush Cotton Candy Bunny Toys by Ganz: Hard plastic eyes on the Cotton Candy Bunny toys can become detached, posing a choking hazard.
- Drop-side Cribs by Pottery Barn Kids, Drop-side Cribs by Million Dollar Baby, Drop-side Cribs by Simmons Juvenile Products, Drop-Side Crib by Dorel Distribution Canada, "Scandi" model Drop-side Cribs made by LaJobi Inc., Drop-side Cribs by Delta Enterprise Corp.,: Pose an entrapment, suffocation, strangulation, and or fall hazard.
- Various Styles of Krickets-brand Children's Sleepwear: Sleepwear does not meet the design and flammability requirements for children's sleepwear under Canadian law.
- Finger Puppets made by Jal Enterprises: Hard plastic eyes on the felt puppet can detach easily, posing a choking hazard
- "Pirates of the Caribbean" Twin Trundle Beds: Headboard has a storage bin that poses an entrapment hazard to young children.
- CYBEX 2.GO Infant Carriers: Shoulder strap slider buckle can break, posing a fall hazard to babies.
- Health Agencies demand safer window blinds www.ctv.ca/CTVNews/Health/20100617/blinds-cords-100617/

English: [http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-](http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-eng.jsp?searchstring=&searchyear=&searchcategory=)

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http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php](http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php)

French: [http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-
fra.jsp?searchstring=&searchcategory=&searchyear=&StartIndex=1¤t=true
http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-fra.php](http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-fra.jsp?searchstring=&searchcategory=&searchyear=&StartIndex=1¤t=true)

II. RECENT REPORTS AND RESEARCH

CANADA

3. ABORIGINAL CHILDREN AND YOUTH IN CANADA: CANADA MUST DO BETTER

A Canada's provincial children's advocates and representatives met recently to release a position paper on Aboriginal children and youth in Canada. The Advocates Council is calling for a meeting of First Ministers, Aboriginals leaders, and child and youth delegates to develop a national plan that will measure and report on progress and bring the voices of Aboriginal children and youth to the forefront. The

Advocates Council highlights that: “Aboriginal children in Canada are disproportionately represented in the youth justice and child welfare systems, they have poorer health status, they lag significantly in educational outcomes, and they are too often the victims of sexual exploitation and violence. Their rates of death and injury are disproportionately high” (Advocates Council, 2010).

<http://www.rcybc.ca/Images/PDFs/Reports/Position%20Paper%20June%2016%20FINAL.pdf>

4. POLICE-REPORTED DATING VIOLENCE

(available in French)

Statistics Canada (2010) released a study of police-reported dating violence and found that there were nearly 23,000 incidents in 2008. This represented more than one-quarter (28%) of police-reported violence incidents perpetrated by intimate partners. The rates of police-reported dating violence have increased steadily for both women (+40%) and men (+47%) between 2004 and 2008. The study also found that: victims of dating violence are most often women; rates of dating violence are highest for people in their thirties; and victims of dating violence most often experience common assault.

English: <http://www.statcan.gc.ca/bsolc/olc-cel/olc-cel?catno=85-002-X&chropeg=1&lang=eng>

French: <http://www.statcan.gc.ca/bsolc/olc-cel/olc-cel?catno=85-002-X&chropeg=1&lang=fra>

INTERNATIONAL

5. PRENATAL ALCOHOL EXPOSURE: CHILDREN OF OLDER WOMEN APPEAR MORE VULNERABLE

A new study found that the presence and severity of Fetal Alcohol Spectrum Disorders (FASD) are influenced by maternal age as well as alcohol consumption (Chiodo & Kodituwakku, 2010). The impact of maternal binge drinking during pregnancy on attention was greater among children born to older drinking mothers (aged 30 or older) than younger mothers (aged 29 or younger). The results will be published in the October 2010 issue of *Alcoholism: Clinical & Experimental Research*. Dr. Lisa Chiodo (2010) explains some of the implications: “it is important for women and clinicians to understand that although previous children born to one woman following pregnancy drinking might not have been affected by the alcohol, this may not be true for subsequent pregnancies or for other women”.

<http://www.medicalnewstoday.com/articles/195416.php>

III. CURRENT INITIATIVES

6. PROPOSED CHANGES TO CENSUS DATA COLLECTION WILL CREATE CHALLENGES FOR CANADA’S CHARITIES AND NONPROFITS

(available in French)

Imagine Canada (2010, July 20) sent a letter to the Honourable Tony Clement to share concerns about the proposed changes to make the mandatory long-form questionnaire voluntary for the 2011 Census. Imagine Canada highlights that many charities and nonprofits use census data and census-derived data to develop their own approaches to ensure that the services they provide respond to the needs of their communities.

English: http://www.imaginecanada.ca/files/www/en/publicaffairs/census_letter_20072010.pdf

French: http://www.imaginecanada.ca/files/www/en/publicaffairs/census_letter_20072010.pdf

IV. UPCOMING EVENTS

This section lists events that have not been included in earlier editions of the bulletin or listserv postings. For the details of these events and a complete list of events noted in previous bulletins and postings, including contact information, links to organizations, and descriptions, see <http://www.beststart.org/events/otherevents.php>

ONTARIO

7. HELP PREVENT OBESITY AMONGST ABORIGINAL CHILDREN: LET'S BE HEALTHY TOGETHER!

August 17-18, 2010: Sudbury, ON

Hosted by: Best Start Resource Centre

http://www.beststart.org/events/detail/prevent_obesity_sudbury/prevent_obesity.html

8. HELP PREVENT OBESITY AMONGST ABORIGINAL CHILDREN: LET'S BE HEALTHY TOGETHER!

September 1-2, 2010: Dryden, ON

Hosted by: Best Start Resource Centre

http://www.beststart.org/events/detail/prevent_obesity_dryden/prevent_obesity.html

9. TAKING ACTION ON THE BUILT ENVIRONMENT: BUILDING HEALTHY PUBLIC POLICY

September 28-30, 2010: Toronto, ON

Hosted by: Ontario Public Health Association

<http://www.ophaconference.ca/>

10. 2010 BEST START RESOURCE CENTRE NORTHERN CONFERENCE

October 18, 2010: Thunder Bay, ON

Hosted by: Best Start Resource Centre

http://www.beststart.org/events/detail/northern_conf_2010/index.htm

11. NEIGHBOURS, FRIENDS, AND FAMILIES WORKPLACE TRAINING: RESPONDING TO DOMESTIC VIOLENCE AS REQUIRED UNDER BILL 168

October 19-21, 2010: Sault Ste. Marie, ON

Hosted by: The Centre for Research and Education on Violence Against Women and Children (University of Western Ontario) and the Algoma Council on Domestic Violence

For more information and to register, please contact the Algoma Council on Domestic Violence by email (dkenney@wicalgoma.com) or by telephone (705-759-1230 or 1-877-759-1230).

12. TYPE 2 DIABETES MELLITUS IN ABORIGINAL YOUTH: DETERMINANTS AND INTERVENTIONS

October 27, 2010: Hamilton, ON

Hosted by: Interprofessional Continuing Education, The University of British Columbia (IPCE) in collaboration with McMaster University

http://www.interprofessional.ubc.ca/Brochures/Obesity2010_Brochure.pdf

13. 3RD CONFERENCE ON RECENT ADVANCES IN THE PREVENTION AND TREATMENT OF CHILDHOOD & ADOLESCENT OBESITY: FAMILIES IN FOCUS

October 28-29, 2010: Hamilton, ON

Hosted by: Interprofessional Continuing Education, The University of British Columbia (IPCE) in collaboration with McMaster University

http://www.interprofessional.ubc.ca/Brochures/Obesity2010_Brochure.pdf

14. MANAGING RISK WITH CONFIDENCE: 2010 NONPROFIT RISK MANAGEMENT CONFERENCE

October 28, 2010: Toronto, ON
 Hosted by: Imagine Canada
<http://www.riskconferenceimaginecanada.ca/>

15. THE BABY FRIENDLY INITIATIVE IN ONTARIO: BFI EXPO

November 18, 2010: Oakville, ON
 Hosted by: The Ontario Breastfeeding Committee
<http://www.breastfeedingontario.org/>

CANADA

16. CHAMPIONS FOR CHILDREN AND YOUTH: THE 2010 BC SUMMIT

October 18-19, 2010: Vancouver, BC
<http://www.regonline.com/builder/site/default.aspx?EventID=868459>

17. FASD COLLABORATION ROUNDTABLES FALL CONFERENCE BROCHURE

October 22-23, 2010: Surrey, BC
 Hosted by: Surrey & Vancouver FASD Collaboration Roundtables
<http://www.fasdoutreach.ca/files/downloads/FASDround.pdf>

V. RESOURCES

18. THE WHAT, WHY, AND HOW OF PRECONCEPTION CARE: “HEALTHY MINDS AND BODIES, HEALTHY MOMS AND BABIES”

This PowerPoint Presentation is an online tool for teaching health care workers the importance of delivering preconception messages in preconception care. Complete with speaker notes and references, this resource promotes a healthy lifestyle prior to conception in order to ensure the healthiest baby possible.

http://www.preventioninstitute.sk.ca/home/Whats_New/

19. MOVE FOR TWO: MIDDLESEX LONDON HEALTH UNIT PRENATAL PHYSICAL ACTIVITY PROMOTION DVD

This evidence-based DVD resource is designed to promote physical activity during pregnancy. It includes three components:

- an expert advice segment
- an exercise demonstration with an instructor leading two pregnant women through a warm up, aerobic activity with a base segment of 15 minutes plus 4 additional 5 minute segments that can be added to lengthen the aerobic session, cool down, stretch and strengthening, and muscle conditioning
- additional information section with information relevant to pregnancy and physical activity, including a variety of links for users of the DVD.

The “expert” segment with Dr Michelle Mottola can be viewed online at <http://www.youtube.com/watch?v=SsEKcpnviVg>. If you have any questions about the DVD, please contact Bernadette Garrity by email (bernadette.garrity@mlhu.on.ca) or telephone (519-663-5317 ext. 2272).

20. CARING FOR CANADA’S CHILDREN: AN ON-LINE COURSE ON SETTLEMENT WORK WITH NEWCOMER FAMILIES AND THEIR YOUNG CHILDREN

(available in French)

The Canadian Mothercraft Society delivered one year of Caring for Canada's Children, an online professional development course on working. In 2009-2010, a total of 12 informative online lectures were offered by leading academics and researchers to professionals working with newcomer families and focusing on issues for families with infants and young children under six years of age. These lectures are now available online in English and in French. Please refer to the [Resources](#) page for helpful links to websites, pamphlets, books and downloadable versions of the Power Point presentations.

Presentation archive: http://www.mothercraft.ca/index.php?q=ccc_archive

French: http://www.mothercraft.ca/index.php?q=ccc_archive_f

21. OPEHA'S DAILY PHYSICAL ACTIVITY (DPA) KITS

Ophea is offering comprehensive DPA Kits for schools and teachers, as well as a full line of individual resources to support DPA. The resources are available for purchase by schools, public health, community groups, and individuals.

<http://www.ophea.net/programs-services/daily-physical-activity-dpa/ophea-resources>

VI. FEATURED BEST START RESOURCES

22. HEALTH NEXUS 25TH ANNIVERSARY – MONTHLY SERIES OF “25” IDEAS

(available in French)

At Health Nexus, we're celebrating our 25th year with several events, including a monthly series of 25 ideas to help service providers in their work. Please take a look at our releases for June and July.

- **25 Programs and Services for Aboriginal People**

English: http://www.healthnexus.ca/events/25th_anniversary/june.html

French: <http://www.nexussante.ca/nosevenements/25ans/juin.html>

- **Top 25 Resources in French in Maternal Health and Child Development**

English: http://www.healthnexus.ca/events/25th_anniversary/25th_anniversary.htm

French: <http://www.nexussante.ca/nosevenements/25ans/25ans.htm>

23. FRANCOPHONE DISTRIBUTION LIST: BULLETINS NOW AVAILABLE ONLINE

(only in French)

Members of the francophone distribution list receive information in French related to maternal, newborn, and child health. The archives of the bulletins shared to date are now available online.

To join the Francophone distribution list, please email

l.choquette@nexussante.ca

To access the bulletins: <http://www.meilleurdepart.org/services/bulletins.html>

The Best Start Resource Centre thanks you for your interest in, and support of, our work. Best Start permits others to copy, distribute or reference the work for non-commercial purposes on condition that full credit is given. Because our MNCHP bulletins are designed to support local health promotion initiatives, we would appreciate knowing how this resource has supported, or been integrated into, your work (mnchp@healthnexus.ca). Please note that the Best Start Resource Centre does not endorse or recommend any events, resources, or publications mentioned in this bulletin.

Click here to access Health Nexus' other e-bulletins and listservs:**In English:**

- [OHPE](http://www.ohpe.ca/) - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>
- [Click4HP](https://listserv.yorku.ca/archives/click4hp.html) - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- [Health Nexus Today](http://www.blogs.healthnexusante.ca/) - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.healthnexusante.ca/>

In French:

- [French distribution list](http://www.meilleurdepart.org/index_fr.html) – The free distribution list offers information in French on maternal, newborn, and child health promotion topics. http://www.meilleurdepart.org/index_fr.html
- [Le Bloc-Notes](http://leblocnotes.ca/) – The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>