

MNCHP Network Bulletin



*best start
meilleur départ*

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----- I. NEWS & VIEWS -----

ONTARIO

1. NEW AND EXPANDED AVAILABILITY OF VACCINES

(available in French)

The Government of Ontario (2011, July 29) announced that two new free vaccines will be available for infants. The availability of two other vaccines will also be expanded. The changes include:

- A new oral vaccine to protect infants against rotavirus, which causes severe intestinal infections.
- A second childhood dose of varicella vaccine to enhance protection against chickenpox.
- A new combined measles-mumps-rubella-varicella (MMRV) vaccine so that children will get only one needle rather than two.
- A lifetime dose of pertussis (whooping cough) vaccine for adults age 19 to 64, who often pass this highly-contagious disease to infants and children.

English: <http://news.ontario.ca/opo/en/2011/07/ontario-launches-free-vaccines-program.html>

French: <http://news.ontario.ca/opo/fr/2011/07/ontario-lance-un-programme-de-vaccination-gratuit.html>

CANADA

2. LATEST PRODUCT RECALLS

(available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- "Love. Hugs. Peace" Lapel Pin: Contains lead.
- Bugaboo Car Seat Adapter and Wheeled Board: When the wheeled board is placed in a vertical position it can disconnect from the car seat under certain conditions from the wheeled conveyance, which can pose a fall hazard to infants and toddlers.
- Battat B. FunKeys Toy / Parents Magazine Electronic Keys: The metal toy keys and the plastic key ring can break, posing a choking hazard.
- Fisher-Price Little People® Builders' Load'n Go Wagon: The underside of the wagon's plastic handle has molded-in reinforcement. This design adds stiffness and facilitates children gripping the handle. The handle poses a laceration hazard if the child falls on it.
- Phil&teds® "explorer"TM and "hammerhead"TM Strollers: It is possible for the brakes on some units of the "explorer"TM and "hammerhead"TM strollers to become damaged resulting in the brakes no longer functioning as intended or failing entirely and posing a risk of injury to the occupant.
- Olmitos Marine Playpen by CTTX Imports Inc.: Testing by Health Canada has revealed that the product does not meet the requirements of the *Playpens Regulations* and presents multiple hazards to the occupant including: entrapment, strangulation, suffocation, and choking.
- Shermag Chanderic Michelle Convertible Fixed Rail Crib: The crib's wooden slats can splinter or crack which can pose a laceration hazard to infants and toddlers. In addition, the crib's wooden slats can break which can pose a strangulation, entrapment, and fall hazard to infants and toddlers.
- Baléa Kids Hair Putty in Tropical Fruit Punch Scent: The affected lot may be contaminated with a strain of bacteria called *Burkholderia cepacia*. This bacterium may result in serious illness for certain individuals with compromised immune systems or chronic lung issues, such as cystic fibrosis.

- Drop-side cribs by Dutilhier: The slats of the drop-side can detach from the top and bottom rails after repeated use.

English: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-eng.jsp?searchstring=&searchyear=&searchcategory=http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php>

French: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-fra.jsp?searchstring=&searchcategory=&searchyear=&startIndex=1¤t=true>
<http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-fra.php>

- Hand-held lasers or laser pointers may cause serious vision damage if used improperly.

English: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2011/2011_105-eng.php

French: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2011/2011_105-fra.php

- Treated wood is not firewood.

English: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2011/2011_100-eng.php

French: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2011/2011_100-fra.php

- New guideline regarding the amount of cadmium that may be found in children's jewellery.

English: http://www.hc-sc.gc.ca/ahc-asc/media/nr-cp/2011/2011_103-eng.php

French: http://www.hc-sc.gc.ca/ahc-asc/media/nr-cp/2011/2011_103-fra.php

- Safe handling of fresh produce.

English: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2011/2011_112-eng.php

French: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2011/2011_112-fra.php

- Risks of eating raw sprouts.

English: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2011/2011_114-eng.php

French: http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/2011/2011_114-fra.php

INTERNATIONAL

3. NINETEEN INNOVATIONS TO SAVE MOTHERS AND BABIES

At the "Saving Lives at Birth Development Exchange", the 19 award nominees with the most promising solutions that address the causes of maternal and newborn deaths in rural areas of the developing world were announced (Grand Challenges Canada, 2011, August 5). Some examples include:

- Moi University School of Medicine in Eldoret, Kenya for improving community-based accountability for maternal and newborn health.
- The Johns Hopkins University from Baltimore, Maryland for their easy-to-use identification system for early and late preterm infants.

For more information about all finalists, see <http://www.savinglivesatbirth.net/innovation/summaries>

----- II. RECENT REPORTS AND RESEARCH -----

ONTARIO

4. WORK TOGETHER WITH FRANCOPHONES IN ONTARIO: UNDERSTANDING THE CONTEXT AND USING PROMISING PRACTICES

(available in French)

Even when an organization has good intentions, collaborating with Francophones in Ontario can be difficult if good practices and an understanding of the social context and community background are not part of the equation. This guide aims to provide the necessary understanding and to help you build successful practices.

English: http://www.hcconsortium.ca/wp-content/uploads/2011/francophones_guide_English.pdf

French: http://www.consortiumcs.ca/wp-content/uploads/francophones_guide_French.pdf

5. PUBLIC PRIORITIES FOR ONTARIO'S HEALTH SYSTEM

The Citizens' Reference Panel on Ontario Health Services (2011) released a report that represents the public's voice and offers a platform to share their recommendations to create sustainable health care. The panel came up with 48 recommendations that address 13 pressing issues. They argue for:

- Closer integration of the health system's many providers and institutions;
- Funding for family health teams and greater collaboration between physicians and other health professionals;
- An accelerated timetable for the deployment of eHealth systems;
- Expanded community care services to help meet the needs of an aging population;
- Shifting away from the fee-for-service model towards alternative models that link compensation to measurable patient outcomes and patient satisfaction;
- Focusing on patient-physician communication and system modification;
- Increased accountability and system-wide reporting of patient outcomes and patient satisfaction;
- Aggressive measures to improve the health and well-being of young Ontarians;
- Strengthening labelling requirements for processed foods; and
- Directing a share of tobacco and alcohol taxes towards health promotion campaigns and initiatives.

<http://www.pwc.com/ca/en/healthcare/citizens-reference-panel-ontario-health-services-report.jhtml>

CANADA

6. WOMEN IN CANADA

(available in French)

Statistics Canada (2011, July 26) released five chapters of the publication "Women in Canada: A Gender-based Statistical Report". It explores the socio-demographic and economic circumstances of several groups of Canadian women (e.g., senior women, immigrant women, women who are members of a visible minority, and First Nations, Métis, and Inuit women).

News: <http://www.statcan.gc.ca/daily-quotidien/110726/dq110726a-eng.htm>

French: <http://www.statcan.gc.ca/daily-quotidien/110726/dq110726a-fra.htm>

Report: <http://www.statcan.gc.ca/bsolc/olc-cel/olc-cel?catno=89-503-X&lang=eng>

French: <http://www.statcan.gc.ca/bsolc/olc-cel/olc-cel?catno=89-503-X&lang=fra>

INTERNATIONAL

7. EARLY CHILDHOOD OBESITY PREVENTION POLICIES

The Institute of Medicine (IOM) (2011) reviewed factors related to overweight and obesity from birth to age five, with a focus on nutrition, physical activity, and sedentary behaviour. The IOM recommends actions that healthcare professional, caregivers, and policymakers can take to prevent obesity:

- "Paediatricians and other healthcare professionals have an opportunity to make parents aware of their child's excess weight early on and should measure weight and height or length in a standardized way, as well as pay attention to obesity risk factors, such as rate of weight gain and parental weight, at routine paediatric visits;
- Parents and child care providers should keep children active throughout the day and provide them with diets rich in fruits, vegetables, and whole grains, and low in energy-dense, nutrient-poor foods;

- Caregivers should limit young children's screen time and ensure that children sleep an adequate amount each day. What happens to children during the first years of life is important to their current and future health and well-being" (IOM, 2011).

<http://www.iom.edu/Reports/2011/Early-Childhood-Obesity-Prevention-Policies.aspx>

----- III. CURRENT INITIATIVES -----

8. SUPPORT THE NEED FOR BIRTHING CENTRES IN ONTARIO

The Association of Ontario Midwives (AOM) launched a campaign leading up to the provincial election called "Ontario needs birth centres". They encourage you to take action:

- Send an e-postcard to your MPP. <http://www.ontariomidwives.ca/support/centres/mpp>
- Talk to your friends about the importance of birth centres in Ontario and get them involved in the campaign. <http://www.ontariomidwives.ca/support/centres>
- Take part in the lobby day on September 15th by flooding MPPs and candidates' offices with phone calls, letters and e-mails, letting them know that, on election day, you will be voting for birth centres in Ontario. <http://www.ontariomidwives.ca/support/centres/lobby>
- Send AOM a photo of your baby or belly to be included in a slideshow promoting birth centres. <http://www.ontariomidwives.ca/support/centres/lobby/photos>
- Add a tag line to the bottom of your e-mails promoting the birth centre campaign, such as "Ontario Needs Birth Centres" or "I Vote for Birth Centres."
- If you have your own blog, write about birth centres and promote the campaign. Let staff at the AOM know about your site by sending an email to comms@aom.on.ca.
- You can follow the campaign, and get others in your community who support excellent maternal and newborn health to join the campaign too, on twitter @OntarioMidwives and on Facebook. <http://www.facebook.com/OntarioMidwives>

9. TO FIGHT OBESITY, EVEN BABIES SHOULD EXERCISE

The British government (2011, July 11) issued guidelines in a new campaign against obesity. The new guidelines say that children under the age of 5, including those who do not walk yet, should exercise every day. For example, physical activity should be encouraged from birth, including infants playing on their stomachs or having swimming sessions with their parents. Children who can walk should be physically active for at least three hours a day and parents should reduce the amount of time they spend being sedentary (e.g., watching television, being strapped in a stroller).

http://articles.boston.com/2011-07-11/lifestyle/29761903_1_obese-adults-obese-children-babies

----- IV. UPCOMING EVENTS -----

This section lists events that have not been included in earlier editions of the bulletin or listserv postings. For the details of these events and a complete list of events noted in previous bulletins and postings see <http://www.beststart.org/events/otherevents.php>

ONTARIO

10. COMPASSION FATIGUE

August 23, 2011: Owen Sound, ON

Hosted by: Community Support Network Team

For more information, contact 519-371-4551 or nhall@hopegb.org

11. BATCHEWANA FIRST NATION: HONOURING OUR LANGUAGE TRADITIONAL POW WOW

September 3-4, 2011: Rankin Reserve, Sault Ste. Marie, ON

Hosted by: Batchewana First Nation

For more information, please contact Tammy Boyer at 705-759-0914 ext. 238

12. WELFARE RATES ARE MAKING US SICK: POVERTY, HEALTH, AND FIGHTING AUSTERITY

September 8-9, 2011: Toronto, ON

Hosted by: The Ontario Council for Hospital Unions, Ontario Coalition Against Poverty, Ontario Nurses Association, and Health Providers Against Poverty

For more information and to register, please contact: raisetheratescampaign@gmail.com or 416-925-6939

13. ENGAGING OUR COMMUNITY

September 9-10, 2011: Sault Ste. Marie, ON

Hosted by: Algoma University

<http://www.algomau.ca/conference>

14. LEVEL 1 BREASTFEEDING COURSE “MAKING A DIFFERENCE” BASED ON THE WHO/UNICEF 20-HOUR COURSE

November 2-4, 2011: Stratford, ON

Hosted by: Kids First Huron Perth

Contact Tina Feltz at 1-877-271-7348 ext. 288 or tfeltz@pdhu.on.ca

15. NURTURING MATTERS: INVESTING IN POPULATION HEALTH APPROACHES TO SUPPORT PARENTING AND INFANT DEVELOPMENT

February 22-23, 2012: Brampton, ON

Hosted by: Peel Public Health

For more information, contact Shellena Tiwari at

<http://www.peelregion.ca/scripts/mailto.pl?mailto=peel&groupname=Health> or 905-791-7800 ext. 2455

CANADA

16. INTEGRATED STRATEGIES FOR HOME VISITING

October 3, 2011: Vancouver, BC

Hosted by: BC Council for Families

<https://www.bccf.ca/professionals/events>

----- V. RESOURCES -----

17. BUILDING EQUITABLE PARTNERSHIPS: TOOLS AND LESSONS LEARNED

This resource is a synthesis of practical examples and resources featured at the “Building Equitable Partnerships Symposium”. The partnership examples include strategies, tips, and lessons learned from practical experiences of working together to form equitable partnerships.

http://knowledgex.camh.net/policy_health/diversity_hr/Pages/building_equitable_partnerships.aspx

18. ADDICTION TOOLKIT: ALCOHOL USE IN PREGNANCY

This section of the “Addiction Toolkit” (Centre for Addiction and Mental Health, 2011) covers frequently asked questions about alcohol use in pregnancy. Topics include: effects of alcohol use during pregnancy, screening for alcohol use during pregnancy, treatment and management of alcohol problems in pregnancy, breastfeeding and alcohol use, and postpartum relapse risk.

http://knowledgex.camh.net/primary_care/toolkits/addiction_toolkit/alcohol/Pages/faq_pregnancy.aspx

19. EYES ON YOUR CHILD’S BRAIN: SHOWING YOU CARE IS SMART!

(available in French)

This resource (Centre of Excellence for Early Childhood Development and the Strategic Knowledge Cluster on Early Child Development, 2011) provides information about brain development and function. It highlights that early nurturing care can positively influence a child’s health, behaviour, and learning later in life. Tips for caregivers are provided including what to pay attention to and what can be done.

English: <http://www.child-encyclopedia.com/pages/PDF/Brain-StimulationANGmcP.pdf>

French: <http://www.enfant-encyclopedie.com/fr-ca/cerveau-enfant/messages-cles.html>

20. EYES ON YOUR CHILD’S BRAIN: BUILDING A STRONG STRUCTURE

(available in French)

This resource (Centre of Excellence for Early Childhood Development, 2011) provides information for parents/caregivers about brain development. Facts about brain development are reviewed as well as what parents/caregivers should pay attention to and do to promote healthy brain development.

English: <http://www.child-encyclopedia.com/pages/PDF/Brain-StructureANGmcP.pdf>

French: <http://www.child-encyclopedia.com/pages/PDF/Brain-StructureANGmcP.pdf>

----- VI. FEATURED BEST START RESOURCES -----

The Best Start Resource Centre offers “[how-to](#)” resources on a variety of topics. The two resources featured below provide information about how to reach particular populations.

21. HOW TO REACH RURAL POPULATIONS

This resource (Best Start Resource Centre, 2010) will help service providers to strengthen their services in rural areas and to engage rural families. It shares background information, a range of ideas, and examples of innovative and successful rural services.

http://www.beststart.org/resources/howto/pdf/rural_manual_fnl_web.pdf

22. HOW TO REACH FRANCOPHONES

(available in French)

This manual for service providers describes the challenges of reaching francophones in minority settings and offers strategies to overcome these (Best Start Resource Centre, 2008). Many program examples are described. The printed resource is bilingual.

English: http://www.beststart.org/resources/howto/pdf/Francophones_manual_en.pdf

French: http://www.meilleurdepart.org/resources/howto/pdf/Francophones_manual_fre.pdf

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supported, or been integrated into, your work (mnchp@healthnexus.ca). Please note that the Best Start Resource Centre does not endorse or recommend any events, resources, or publications mentioned in this bulletin.

Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- [OHPE](#) - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>
- [Click4HP](#) - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- [Health Nexus Today](#) - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.healthnexusante.ca/>

In French:

- [French distribution list](#) - The free distribution list offers information in French on maternal, newborn, and child health promotion topics. http://www.meilleurdepart.org/index_fr.html
- [Le Bloc-Notes](#) - The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>