

MNCHP Network Bulletin



best start
meilleur départ

by/par health **nexus** santé

* The next bulletin will be released September 10, 2010.

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I. NEWS & VIEWS

ONTARIO

1. MINISTRY OF HEALTH PROMOTION BECOMES THE MINISTRY OF HEALTH PROMOTION AND SPORT

(available in French)

Premier Dalton McGuinty (2010, August 18) announced changes to his Cabinet and government. The Ministry of Health Promotion is now the Ministry of Health Promotion and Sport. The fundamental goals of the Ministry of Health Promotion and Sport are to promote and encourage Ontarians to make healthier choices at all ages and stages of life, to create healthy and supportive environments, lead the development of healthy public policy, and assist with embedding behaviours that promote health”.

News: <http://www.premier.gov.on.ca/news/event.php?ItemID=13778&Lang=EN>

French: <http://www.premier.gov.on.ca/news/event.php?ItemID=13777&Lang=FR>

Ministry of Health Promotion and Sport: <http://www.mhp.gov.on.ca/en/default.asp>

French: <http://www.mhp.gov.on.ca/fr/default.asp>

CANADA

2. LATEST PRODUCT RECALLS

(available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Fisher-Price Little People Play 'n Go Campsite: Plastic Sonya Lee figure in the play set can break at the waist, exposing small parts which pose a choking hazard.
- Nass Girl Sleepwear: Sleepwear does not meet the design and flammability requirements for children's sleepwear under Canadian law.
- NHL-themed Children's Sleepwear by Mighty Mac Sports: Sleepwear does not meet the design and flammability requirements for children's sleepwear under Canadian law.
- Children's Disney Princess Pyjamas: Sleepwear does not meet the design and flammability requirements for children's sleepwear under Canadian law.
- Children's Coin Purse and Jewellery: Surface paint on the zippers of the coin purses and the clasps on the jewellery contain high levels of lead.
- Jelly Urchin Yo-yo Spinner by Play Vision Inc: Yo-yo type balls and similar products are banned in Canada because they present a hidden risk of strangulation to children.
- Shape-sorting Toy Car: Round, red plastic shape with the number 9 on it is a small component; this cut-out shape poses a choking hazard to young children.
- Girls' Hello Kitty 2-piece Sleepwear: Sleepwear does not meet the design and flammability requirements for children's sleepwear under Canadian law.
- "Gift Expressions" Musical Doll: Eyes on the doll can detach easily; these small parts pose a choking hazard.

English: [http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-](http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-eng.jsp?searchstring=&searchyear=&searchcategory=)

[eng.jsp?searchstring=&searchyear=&searchcategory=](http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-eng.jsp?searchstring=&searchyear=&searchcategory=)

<http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php>

French: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-fra.jsp?searchstring=&searchcategory=&searchyear=&startIndex=1¤t=true>
<http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-fra.php>

3. THE SMILING MASK

The purpose of the Smiling Mask is to create awareness, understanding, and acceptance around Postpartum Mood Disorders such as Postpartum Depression, Postpartum OCD, and Postpartum Psychosis. The Smiling Mask (2010, August 19) reports that the Minister of Health Don McMorris endorsed the first-ever MotherFirst recommendations for Saskatchewan. The recommendations include education, screening, and treatment through sustainability and accountability to ensure emotional wellbeing for mothers and their children. The Saskatchewan Maternal Mental Health Working Group's report will be available for download in the fall. The next step is evolving the working group into an implementation committee to guide the government toward the health of all mothers and children by creating regional implementation committees throughout the province.

<http://thesmilingmask.blogspot.com/>

<https://sites.google.com/site/maternalmentalhealthsk/project-updates-1>

SK Maternal Mental Health Working Group: <https://sites.google.com/site/maternalmentalhealthsk/the-team>

INTERNATIONAL

4. 'MODERN FAMILY' MOM JULIE BOWEN AND HER BREASTFEEDING PICTURE

Actress Julie Bowen was a guest on George Lopez's late-night show and she talked about the "double football" breastfeeding style she used to feed her twin boys. She brought a picture onto her appearance and Lopez aired it. She had taken the same picture onto her appearance at "The View" but it was not shown.

<http://entertainment.blogs.foxnews.com/2010/05/19/did-modern-family-mom-julie-bowen-go-too-far-with-breastfeeding-snap/>

II. RECENT REPORTS AND RESEARCH

CANADA

5. THE HEALTH OF CANADA'S CHILDREN: FOUR-PART SERIES

This series (Raphael, 2010) provides an overview of children's health in Canada and prospects for the future using a population health approach and social determinants of health perspective.

Part 1: Canadian children's health in comparative perspective

<http://www.unnaturalcauses.org/assets/uploads/file/Raphael%20Part%201.pdf>

Part 2: Health mechanisms and pathways

<http://www.unnaturalcauses.org/assets/uploads/file/Raphael%20Part%202.pdf>

Part 3: Public policy and the social determinants of children's health

<http://www.unnaturalcauses.org/assets/uploads/file/Raphael%20Part%203.pdf>

Part 4: Toward the future

<http://www.unnaturalcauses.org/assets/uploads/file/Raphael%20Part%204.pdf>

6. VULNERABLE FAMILIES AS E-CONSUMERS: CURRENT ATTITUDES, BEHAVIOURS, AND BARRIERS TO E-INFORMATION

The main objective of this study (Canadian Association of Family Resource Programs, 2010) was to provide a better understanding of current practices related to access and use of product safety information among three sub-groups of families in four Canadian regions. The groups of families recruited included low-income two-parent families, low-income new immigrant families, and low-income female-led families. Each participant took part in a focus group and completed a survey. The findings indicate that most parents in the sample are experimenting with the access and use of the Internet for product safety and other family health related information. Many parents were sophisticated in how they search and seek out multiple sources to cross reference information but they still experience some barriers. The barriers identified include: (1) caring for young children and therefore limited time to use the Internet or competition with other family members for access to the computer; (2) the perception of unreliable and confusing product safety and health information from the Internet; (3) the level of language needed to understand the information; and (4) preferring to speak directly with a person (FRP Canada, 2010).

Full report:

<http://frp.citysoft.org/document/docWindow.cfm?fuseaction=document.viewDocument&documentid=974&documentFormatId=1670>

Highlights:

<http://frp.citysoft.org/document/docWindow.cfm?fuseaction=document.viewDocument&documentid=973&documentFormatId=1668>

INTERNATIONAL

7. RACIAL DISPARITIES IN PREGNANCY-RELATED DRINKING REDUCTION

This study (Tenkku, Morris, Salas, & Xaverius, 2009) investigated the likelihood that women of different racial and ethnic groups would reduce their alcohol consumption during pregnancy. The researchers used data from 22 states participating in the Pregnancy Risk Assessment Monitoring System from 2001 to 2005. They found significant racial differences in pregnancy-related drinking reduction, which may help explain racial disparities in FAS. The researchers suggest that more targeted efforts are needed to meet the national goals of prevented alcohol-exposed pregnancies.

<http://www.springerlink.com/content/p85143363u127820/>

III. CURRENT INITIATIVES

8. PROTECT CANADIANS' HEALTH: BAN BISPHENOL A (BPA)!

(report available in French)

Environmental Defence Canada (2010) is responding to the recent Canada Health Measures Survey (2010) that found bisphenol A (BPA) in 91% of the population aged 6 to 79 years. Environmental Defence Canada developed an online petition urging the Honourable Jim Prentice, Minister of the Environment and the Honourable Leona Aglukkaq, Minister of Health to ban BPA. If you are concerned about this issue, please complete the form at the link below.

Petition: http://petition.environmentaldefence.ca/bpa_in_drink_cans/

Canada Health Measures Survey: <http://www.statcan.gc.ca/pub/82-625-x/2010002/article/11327-eng.htm>

French: <http://www.statcan.gc.ca/pub/82-625-x/2010002/article/11327-fra.htm>

9. CREATING OUR FAMILIES RESEARCH PROJECT

The purpose of *The Creating Our Families Research Project* is to learn about the experiences of lesbian, gay, bisexual, and trans people who are in the process of using Assisted Human Reproduction (AHR) services or have recently used AHR services in Ontario. The study will use interviews to investigate these issues. The research is a partnership between researchers at CAMH and the LGBTQ Parenting Network of the Sherbourne Health Centre. Participants are currently being recruited and screened. For more information or to participate, please email creating_families@camh.net or call 1-866-371-6667.

IV. UPCOMING EVENTS

This section lists events that have not been included in earlier editions of the bulletin or listserv postings. For the details of these events and a complete list of events noted in previous bulletins and postings, including contact information, links to organizations, and descriptions, see <http://www.beststart.org/events/otherevents.php>

ONLINE

10. CHILDHOOD OBESITY PREVENTION SERIES: PART 1

September 30, 2010: Online
Hosted by: CHNET-WORKS!

http://www.chnet-works.ca/index.php?option=com_rsevents&view=events&Itemid=6&lang=en

ONTARIO

11. CHILDBIRTH EDUCATOR WORKSHOP

October 1-2, 2010: Burlington, ON
Hosted by: Childbirth and Postpartum Professional Association of Canada (CAPPA)
www.childbirthbasicsandbeyond.ca

12. SKILLS FOR HEALTH PROMOTION (THUNDER BAY)

October 5-6, 2010: Thunder Bay, ON
Hosted by: The Health Communication Unit
<http://www.thcu.ca/events/index.cfm>

13. BREASTFEEDING CONFERENCE

October 21-22, 2010: Toronto, ON
Hosted by: INFACT Canada, Toronto Public Health, and Sunnybrook Health Sciences Centre
<http://breastfeedingconference.com/>

14. SKILLS FOR HEALTH PROMOTION (HAMILTON)

November 16-17, 2010: Hamilton, ON
Hosted by: The Health Communication Unit
<http://www.thcu.ca/events/index.cfm>

CANADA

15. 11TH ANNUAL FETAL ALCOHOL CANADIAN EXPERTISE (FACE) RESEARCH ROUNDTABLE

September 14, 2010: Vancouver, BC
Hosted by: Motherisk
http://www.motherisk.org/FAR/econtent_conferences.jsp

V. RESOURCES

16. COMIC BOOKS: SMOKING CESSATION, SEXUAL HEALTH, YOUTH IN CARE, AND LIVING WITH FASD

The Healthy Aboriginal Network is releasing four comic books in the fall and winter. The topics include: smoking cessation, sexual health, youth in care, and living with FASD. Check back at www.thehealthyaboriginal.net

17. THE RIGHT TIME... THE RIGHT REASONS... DADS TALK ABOUT REDUCING AND QUITTING SMOKING

This booklet (University of British Columbia, 2010) is based on fathers' experiences of reducing and quitting smoking. The quotes in the booklet are from expectant and new dads who smoke or have recently reduced or quit and offer their thoughts and ideas. This booklet is for men who identify with the challenges around being an expectant or new dad who smokes. <http://www.facet.ubc.ca/Downloads/DadsQuitSmoking.pdf>

18. THE SCIENCE OF EARLY CHILD DEVELOPMENT

This 4-page resource provides a short summary of the field of neuroscience, epigenetics, sensitive periods, examples of how early brain development affects lifelong health, learning, and behaviour and a list of resources for further information. http://www.councilecd.ca/files/Brochure_Science_of_ECD_June%202010.pdf

19. INFANTRISK CENTER

This website (2009), designed by Texas Tech University Health Sciences Centre, is about informing health care professionals and mothers about the use of medications during breastfeeding or pregnancy. <http://www.infantrisk.org/>

20. A FAMILY'S RESURRECTION FROM BREAST CANCER

Dr. Patricia Sealy is a survivor of locally advanced breast cancer and she wrote a book about her family's experience. The book may be of interest to people who have breast cancer or survived breast cancer and their families. It may also be of interest to families who are under going any treatment for cancer, families going through a long health crisis, or any health professional. (ISBN: 978-1-55452-561-4 LSI Edition: 978-1-55452-562-1) www.essencebookstore.com

VI. FEATURED BEST START RESOURCES

21. New! GROWING UP IN A NEW LAND – STRATEGIES FOR WORKING WITH NEWCOMER FAMILIES

This manual (Best Start Resource Centre, 2010) contains many strategies to assist service providers who work with newcomer families with children 0-6. Background information is also provided, as well as list of resources, programs, and activities. http://www.beststart.org/resources/hlthy_chld_dev/index.html

22. New! HOW TO REACH RURAL POPULATIONS

This resource (Best Start Resource Centre, 2010) will help service providers to strengthen their services in rural areas and to engage rural families. It shares background information, a range of ideas, and examples of innovative and successful rural services.

<http://www.beststart.org/resources/howto/index.html>

23. FOLIC ACID POSTER

(available in French)

This poster (Best Start Resource Centre, 2010) shares key messages about taking a multivitamin with folic acid prior to conception, and eating foods rich in folate.

English: <http://www.beststart.org/resources/nutrition/index.html>

French: <http://www.meilleurdepart.org/resources/nutrition/index.html>

24. HEALTH NEXUS 25TH ANNIVERSARY – MONTHLY SERIES OF “25” IDEAS

(available in French)

At Health Nexus, we're celebrating our 25th year with several events, including a monthly series of 25 ideas to help service providers in their work. Our most recent edition listed 25 key health promotion resources. Upcoming editions will focus on 25 things you should know about Franco - Ontarian communities; physical activity & young children; and the determinants of health.

To read our lists and read more about our celebration activities, go to the links below.

English: http://www.healthnexus.ca/events/25th_anniversary/25_ideas.html

French: <http://www.nexussante.ca/nosevenements/25ans/25ans.htm>

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Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- [OHPE](#) - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>
- [Click4HP](#) - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- [Health Nexus Today](#) - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.healthnexusante.ca/>

In French:

- [French distribution list](#) - The free distribution list offers information in French on maternal, newborn, and child health promotion topics. http://www.meilleurdepart.org/index_fr.html
- [Le Bloc-Notes](#) - The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>