

MNCHP Network Bulletin



*best start
meilleur départ*

by/par health **nexus** santé

April 15, 2011

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I. NEWS & VIEWS

ONTARIO

1. GOVERNMENT OF ONTARIO STRENGTHENING SUPPORT FOR MALE SURVIVORS OF SEXUAL ABUSE

(available in French)

Male survivors of sexual abuse will have access to an integrated, province wide network of services and support that will help them through their recovery (Government of Ontario, April 13, 2011). Networks of 45 agencies across the province will co-ordinate the delivery of specialized services for male victims including: individual and group counselling, peer support, residential services, and telephone and e-counselling. There will also be a new 24 hour, toll-free phone number that will provide crisis and referral services.

English: <http://news.ontario.ca/mag/en/2011/04/strengthening-support-for-male-survivors-of-sexual-abuse.html>

French: <http://news.ontario.ca/mag/fr/2011/04/renforcer-le-soutien-pour-les-hommes-qui-ont-survecu-a-des-abus-sexuels.html>

2. CHANGES TO HELP MORE CHILDREN IN ONTARIO GET ADOPTED

(available in French)

The Government of Ontario (2011, April 13) is proposing changes that would help more children find permanent homes by making it easier for would-be parents to adopt. The changes would also offer support to youth in care as they transition to adulthood. The “Building Families and Support Youth To Be Successful Act, 2011” would, if passed, remove legal barriers so that more children in the care of Children Aid Societies could be adopted. Currently 75% of children have legally-binding court orders preventing them from being adopted. The legislation would also allow 16- and 17-year-olds who have left care to return to the CAS and be eligible for financial and other supports until the age of 21.

English: <http://news.ontario.ca/mcys/en/2011/04/giving-more-kids-a-place-to-call-home.html>

French: <http://news.ontario.ca/mcys/fr/2011/04/offrir-a-un-plus-grand-nombre-d'enfants-la-possibilite-de-trouver-un-foyer.html>

CANADA

3. LATEST PRODUCT RECALLS

(available in French)

Note: Products that are recalled for containing lead or barium are in excess of the allowable level per the Canadian Hazardous Products Act (CHPA).

- Go, Diego, Go! and Dora the Explorer Pacifiers: Testing by Health Canada has determined that the nipples and handles of the recalled pacifiers may separate; these small components pose a choking hazard.
- Co-Sleeper® Infant Bed-Side Sleepers: These recalled bed-side sleepers are classified as cribs and are not compliant with various requirements under the “Cribs, Cradles, and Bassinets Regulations (Hazardous Products Act)”.
- Chikitoe-brand Baby Sleepers: Do not meet the design and flammability requirements for children's sleepwear under Canadian law.
- Whirly Whip Hot Chocolate Pot by Williams-Sonoma Inc.: The handle of the pot can break off causing burn and laceration hazards.
- Troy the Activity Truck: The plastic tubing can detach and release the small sliding shapes; these small parts pose a choking hazard.

English: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-eng.jsp?searchstring=&searchyear=&searchcategory=http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-eng.php>

French: <http://cpsr-rspc.hc-sc.gc.ca/PR-RP/results-resultats-fra.jsp?searchstring=&searchcategory=&searchyear=&startIndex=1¤t=true>
<http://www.hc-sc.gc.ca/cps-spc/advisories-avis/aw-am/index-fra.php>

- Abbott Nutrition voluntarily recalls certain Similac brand powder infant formulas in the United States

English: <http://news.gc.ca/web/article-eng.do?nid=562109>

French: <http://nouvelles.gc.ca/web/article-fra.do?nid=562109>

4. GOVERNMENT OF CANADA ACTS TO STRENGTHEN AND ENLARGE HEALTH WARNINGS ON CIGARETTE AND LITTLE CIGAR PACKAGES

(available in French)

The Government of Canada (2011, February 18) is moving forward with proposed new regulations to strengthen tobacco labelling requirements in Canada. Key features of the proposed regulations include:

- 16 new graphic health warning messages covering 75% of the front and back of cigarette and little cigar packaging;
- 8 new health information messages on the inside of the pack that are enhanced with colour and graphics;
- subject to provincial and territorial agreement, a new, pan-Canadian quitline number and web portal to inform tobacco users about the availability of smoking cessation services; and
- 4 easier-to-understand toxic emissions statements.

English: <http://news.gc.ca/web/article-eng.do?nid=590119>

French: <http://nouvelles.gc.ca/web/article-fra.do?nid=590119>

II. RECENT REPORTS AND RESEARCH

5. INDIVIDUAL AND GROUP-BASED PARENTING PROGRAMMES FOR IMPROVING PSYCHOSOCIAL OUTCOMES FOR TEENAGE PARENTS AND THEIR CHILDREN

This article (Barlow et al., 2011) aimed to examine the effectiveness of parenting programmes in improving psychosocial outcomes for teenage parents and developmental outcomes in their children. This systematic review looked at eight studies with 513 participants. The authors concluded that the

findings provide some evidence to suggest that parenting programmes may be effective in improving a number of aspects of parent-child interaction both in the short- and long-term. They highlight that further research is needed.

<http://www.health-evidence.ca/articles/show/15355>

6. META-ANALYSIS OF PHYSIOLOGICAL EFFECTS OF SKIN-TO-SKIN CONTACT FOR NEWBORNS AND MOTHERS

The purpose of this study (Mori, Khanna, Pledge, & Nakayama, 2010) was to investigate whether skin-to-skin contact for newborn babies and their mothers affects body temperature, heart rate, and oxygen saturation of the babies. A total of 23 studies were included and the findings revealed evidence of an increase in body temperature and a decrease in saturation of babies during skin-to-skin care, compared with those before skin-to-skin care. The authors concluded that skin-to-skin care is effective in increasing the body temperature of babies, especially where resources are limited and the environment is cold. They note that decreased oxygen saturation of the babies warrants further investigation.

<http://www.health-evidence.ca/articles/show/20679>

III. CURRENT INITIATIVES

7. ONTARIO'S ANNUAL SEATBELT CAMPAIGN

(available in French)

Ontario's annual seatbelt campaign was launched April 13, 2011 to remind drivers and passengers to buckle up and make sure children are properly secured in the right car seat.

English: <http://news.ontario.ca/mto/en/2011/04/buckling-up-saves-lives.html>

French: <http://news.ontario.ca/mto/fr/2011/04/la-ceinture-de-securite-sauve-des-vies.html>

8. NATIONAL IMMUNIZATION AWARENESS WEEK: APRIL 23-30

(available in French)

The Canadian Coalition for Immunization Awareness and Promotion's website provides information about National Immunization Awareness Week. Several printed resources are available for order.

English: <http://www.immunize.cpha.ca/en/events/niaw.aspx>

French: <http://www.immunize.cpha.ca/fr/events/niaw.aspx>

9. FREE WEBINARS OFFER TIPS ON STAYING HEALTHY IN THE WORKPLACE

(available in French)

The Canadian Centre for Occupational Health and Safety is offering two free webinars as a part of Canada's Healthy Workplace Month (October). "Implementing Healthy Eating Programs in the Workplace" will be presented live on Wednesday, October 13, at 1 p.m. EDT. "Make the Move: Staying Physically Active at Work" will be presented live on Thursday, October 14, at 1 p.m. EDT.

English: <http://news.gc.ca/web/article-eng.do?nid=564139>

French: <http://nouvelles.gc.ca/web/article-fra.do?nid=564139>

IV. UPCOMING EVENTS

This section lists events that have not been included in earlier editions of the bulletin or listserv postings. For the details of these events and a complete list of events noted in previous bulletins and postings see

<http://www.beststart.org/events/otherevents.php>

ONLINE**10. FORUM: UNTAPPED POTENTIAL – WORKING WITH YOUTH TO MEET THE SEXUAL AND REPRODUCTIVE NEEDS IN HUMANITARIAN EMERGENCIES**

April 19-21, 2011: Online

Hosted by: Interagency Youth Working Group

http://www.iywg.org/youth/forums/humanitarian_settings

ONTARIO**11. NATURE, CULTURE, AND RESILIENT COMMUNITIES**

April 15, 2011: Peterborough, ON

April 16, 2011: Burlington, ON

Hosted by: The P.I.N.E. project

<http://www.pineproject.org/programs/adult-programs/art-of-mentoring/creating-a-culture-of-nature-connection-speaking-and-workshop-tour/>

12. POSITIVE APPROACHES WITH DAVID PITONYAK

April 19, 2011: Sault Ste. Marie, ON

Hosted by: Community Living Algoma

RSVP Lorraine Paciocco 253-1700 ext. 3114

13. CREATING HEALTHY PLACES: THE LINK BETWEEN THE PLACES WE LIVE AND OUR HEALTH

April 21, 2011: London, ON

Hosted by: Middlesex-London Health Unit

http://www.healthylivinginfo.ca/news.php#creating_healthy_places-127

14. COLLABORATIVE RESEARCH FOR COMMUNITY CHANGE: THREE PERSPECTIVES

April 27, 2011: Waterloo, ON

Hosted by: Community-Campus Partnership for Health, Centre for Community Based Research, UCP-SARnet

<http://www.cuexpo2011.ca/>

15. MINDING OUR BODIES: PHYSICAL ACTIVITY FOR MENTAL HEALTH

May 5, 2011: Toronto, ON

Hosted by: Canadian Mental Health Association, Mood Disorders Association of Ontario, Nutrition Resource Centre, YMCA, York University, and the Government of Ontario

<http://www.mindingourbodies.ca/>

16. THE SPIRIT OF DISCOVERY IN WOMEN'S HEALTH RESEARCH

May 5, 2011: Toronto, ON

Hosted by: Women's College Hospital

<http://www.gifttool.com/registrar/ShowEventDetails?ID=1607&EID=8645&Preview=Y>

17. MENTAL HEALTH FOR ALL

May 5, 2011: Durham, ON

Hosted by: Canadian Mental Health Association

<http://www.ontario.cmha.ca/events.asp?fn=view&id=3763>

18. WHAT'S THE DEAL WITH CAR SEATS?

May 11, 2011: Toronto, ON

Hosted by: Safe Kids Canada and CIHR's Café Scientifique

<http://www.safekidsCanada.ca/Professionals/Research-and-Events/Conferences-and-Events/CIHR/CIHR-Cafe-Scientifique.aspx>

19. YOUNG MOTHERS AND EMPOWERMENT FORUM

May 11-12, 2011: Toronto, ON

Hosted by: Motherhood Initiative for Research and Community Involvement

<http://www.motherhoodinitiative.org/youngmothers.html>

20. RESILIENCY AND THE SCHOOL COMMUNITY

May 12-13, 2011: Sudbury, ON

Hosted by: Ontario Public Health Association

http://www.opha.on.ca/our_voice/collaborations/ohsc/ohsc_forum.shtml

21. SCIENTIST KNOWLEDGE TRANSLATION TRAINING

October 3-4, 2011: Toronto, ON

Hosted by: Sick Kids Learning Institute

<http://www.cvent.com/events/scientist-knowledge-translation-training/event-summary-204a5beacc1e48fb90120c1576e5c453.aspx>

22. OPEHA CONFERENCE – CALL FOR PRESENTERS

October 13-15, 2011: Alliston, ON

Hosted by: Ophea

<http://conference.ophea.net/>

CANADA**23. HARM REDUCTION CONFERENCE**

May 31-June 2, 2011: Edmonton, AB

Conference partners: HIV North Society, Alberta Addicts Who Educate & Advocate Responsibly, CATIE, Street Works, Safe Works Calgary, Health Canada, Central Alberta AIDS Network Society

<http://www.albertaharmreduction.ca/about-conference-2009.htm>

24. NOBODY'S PERFECT FACILITATOR TRAINING

June 9, 2011: Vancouver, BC

Hosted by: BC Council for Families

<http://www.bccf.ca/professionals/events/info?id=33&reset=1>

25. THE CANADIAN INJURY PREVENTION AND SAFETY PROMOTION CONFERENCE

November 16-18, 2011: Vancouver, BC

Hosted by: Canadian Red Cross, Safe Communities Canada, Safe Kids Canada, Smart Risk, and Think First

<http://www.injurypreventionconference.ca/>

INTERNATIONAL**26. WORLD CONFERENCE ON SOCIAL DETERMINANTS OF HEALTH**

October 19-21, 2011: Rio de Janeiro, Brazil

Hosted by: World Health Organization

http://www.who.int/social_determinants/events/world_conference_2011/en/index.html

V. RESOURCES

27. FATHERHOOD PAMPHLET SERIES

The Fatherhood Pamphlet Series (BC Council for Families, 2009) is helpful for dads at various stages of fatherhood. Six titles are included in the series:

- Rookie Dads: Ten things every new mom should know
- Rookie Moms: Ten things every new dad should know
- Dads Away From Home: Keeping the connection when work takes dad away
- Dads and Babies: Connecting with your infant
- Dads and Toddlers: Connecting with your toddler
- Dads and Teens: Connecting with your teenager

<http://www.bccf.ca/shop/products/fatherhood-series-set-6-titles>

28. EIGHT MAGIC KEYS: DEVELOPING SUCCESSFUL INTERVENTIONS FOR STUDENTS WITH FASD

This resource (Evensen & Luke, 1997) provides an overview of strategies that are helpful when working with children and youth with FASD.

<http://www.fasdcenter.samhsa.gov/documents/eightmagickeys.pdf>

29. YOU ARE AMONG FRIENDS: LGBTQ AND NEWCOMER BOOKLET

The Among Friends Initiative (2011) launched a collection of stories, experiences, resources, and information shared by members of the lesbian, gay, bisexual, trans, and queer (LGBTQ) newcomer communities.

<http://accessalliance.ca/amongfriends>

30. IMPLEMENTING AN OCCUPATIONAL HEALTH AND SAFETY PROGRAM - MANUAL

(available in French)

The Canadian Centre for Occupational Health and Safety (CCOHS) released (2010) a manual that provides guidance for organizations on how to implement and maintain an effective occupational health and safety program.

English: <http://ccohs.ca/products/publications/OHSPprogram.html>

French: <http://www.cchst.ca/products/publications/OHSPprogram.html>

VI. FEATURED BEST START RESOURCES

The Best Start Resource Centre has created several resources about smoking that would be useful for working with pregnant women, caregivers, and families. Here are a few samples. To see all of the resources available on smoking, see <http://www.beststart.org/resources/tobacco/index.html> and

<http://www.meilleurdepart.org/resources/tabagisme/index.html>

31. SMOKE-FREE HOME STICKER

(available in French)

This 3" X 3" opaque sticker is designed to be applied on a door or window, indicating that the environment is smoke-free (Best Start Resource Centre 2011).

PDF in English: http://www.beststart.org/resources/tobacco/pdf/Tobacco_Decal.pdf

French: http://www.meilleurdepart.org/resources/tabagisme/pdf/Tobacco_Decal.pdf

JPG in English: http://www.beststart.org/resources/tobacco/pdf/Tobacco_Decal.jpg

French: http://www.meilleurdepart.org/resources/tabagisme/pdf/Tobacco_Decal.jpg

32. SMOKING AND YOUR FAMILY POSTER

(available in French)

This poster encourages parents to stop smoking (Best Start Resource Centre 2010). They are also encouraged to reduce their family's exposure to second-hand smoke.

English: http://www.beststart.org/resources/tobacco/pdf/tobacco_poster_Eng_Final.pdf

French: http://www.meilleurdepart.org/resources/tabagisme/pdf/tobacco_poster_French_Final.pdf

33. SMOKING AND PREGNANCY POSTER

(available in French)

This poster encourages pregnant women to stop smoking, or to cut back on their smoking as possible (Best Start Resource Centre, 2010). They are also encouraged to reduce their exposure to second-hand smoke.

English: http://www.beststart.org/resources/tobacco/pdf/BS_tobacco_posters.pdf

French: http://www.meilleurdepart.org/resources/tabagisme/pdf/BS_tobacco_posters.pdf

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Click here to access Health Nexus' other e-bulletins and listservs:

In English:

- **OHPE** - The free weekly Ontario Health Promotion E-mail bulletin (OHPE) offers a digest of news, events, jobs, feature articles on health promotion issues, resources, and much more, to those working in health promotion. <http://www.ohpe.ca/>
- **Click4HP** - An open, facilitated public listserv, is an international dialogue on health promotion. Participants exchange views on issues and ideas, provide leads to resources, and ask questions about health promotion. <https://listserv.yorku.ca/archives/click4hp.html>
- **Health Nexus Today** - Health Nexus Today is our Blog on health promotion. According to Google, "Blog is short for weblog - a journal or newsletter that is frequently updated and intended for the general public." Find the latest on health promotion including breaking news, highlights, studies, and issues in health promotion and the determinants of health in Canada and internationally. <http://www.blogs.healthnexusante.ca/>

In French:

- **French distribution list** - The free distribution list offers information in French on maternal, newborn, and child health promotion topics. http://www.meilleurdepart.org/index_fr.html
- **Le Bloc-Notes** - The biweekly French language bulletin provides information on health promotion. <http://leblocnotes.ca/>