

# HEALTHY BEGINNINGS ORDER FORM

To order single copies of *Healthy Beginnings*, please contact Stella Goumas at 1 800-567-4797 ext. 54551

\* This order form is for Ontario service providers. For all other orders, please contact Stella Goumas at 1 800-567-4797 ext. 54551

## Order Information for 2009 Edition:

For orders of 800 or more English books: English / Number of copies : _____ X \$6.25	\$
For orders of 800 or more French books: French / Number of copies : _____ X \$6.25	\$
For orders of 200-799 English books: English / Number of copies : _____ X \$6.75	\$
For orders of 200-799 French books: French / Number of copies : _____ X \$6.75	\$
For orders of 10-199 English books: English / Number of copies : _____ X \$7.50	\$
For orders of 10-199 French books: French / Number of copies : _____ X \$7.50	\$
Subtotal	\$
10% shipping and handling fee	\$
Total before taxes (subtotal plus shipping)	\$
5% GST on total before taxes	\$
No refunds – No returns policy on all our resources	<b>TOTAL DUE</b> \$

## Method of Payment:

Credit Card     Money Order     Cheque  
 (payable to Health Nexus)

Name of card holder: \_\_\_\_\_

Card number: \_\_\_\_\_

Expiry date: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*Send payment and the order form to:*  
 Best Start Resource Centre, 180 Dundas Street W  
 Suite 1900, Toronto, ON M5G 1Z8  
 For inquiries, contact Best Start at: 1-416-408-2249 or  
 1-800-397-9567 ext. 2260 or [beststart@healthnexus.ca](mailto:beststart@healthnexus.ca)

## Shipping Information:

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Suite: \_\_\_\_\_ City: \_\_\_\_\_ Province: Ontario only\* Postal Code: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_ Fax: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Email: \_\_\_\_\_

The Best Start Resource Centre is pleased to partner with the Society of Obstetricians and Gynaecologists of Canada to offer this prenatal resource. This book provides credible information about preparing for pregnancy, what to expect in the three trimesters of pregnancy, labour and delivery, and taking care of your newborn in the first few weeks. It also provides links to key programs, services, and sources of information. We believe that every baby deserves a best start in life. This book shares many things that men and women can do before, during, and after pregnancy, to help their children have the healthiest start possible.