

# Alcohol & Pregnancy *Important Learning Opportunity*

MDCme.ca in conjunction with the Public Health Agency of Canada and its partner organizations is pleased to announce the availability of a free accredited online course for physicians and allied health professionals regarding preventing and addressing alcohol use during pregnancy. The course titled "Fetal Alcohol Spectrum Disorder (FASD) Module 1: Preventing and Addressing Alcohol Use in Pregnancy" is available through the MDCme.ca web portal and is accredited by the College of Family Physicians of Canada for 3 Mainpro M1 credits.

Prevention of prenatal exposure to alcohol is a pressing concern. Physicians who work with women prior to and during pregnancy have an important role to play in asking about alcohol use, providing appropriate advice, and in helping women change their drinking behaviour. The training program "Fetal Alcohol Spectrum Disorder (FASD) Module 1: Preventing and Addressing Alcohol Use in Pregnancy" provides important information on clinical practices related to assessing and influencing alcohol use in pregnancy.

**best start  
meilleur départ**

Ontario's maternal, newborn and early  
child development resource centre

Centre de ressources sur la maternité,  
les nouveau-nés et le développement  
des jeunes enfants de l'Ontario



Public Health  
Agency of Canada

Agence de la santé  
publique du Canada

## Fetal Alcohol Spectrum Disorder (FASD) Module 1:

# Preventing and Addressing Alcohol Use in Pregnancy



### Learning Objectives:

After completing this course you will be able to:

- Understand the range of consequences related to prenatal exposure to alcohol
- Explore the role of alcohol use prior to and during pregnancy
- Understand the demographics of alcohol use in pregnancy
- Identify groups at higher risk for alcohol use in pregnancy
- Develop skills in screening women for alcohol use in the pre-conception, prenatal, antenatal and post partum periods
- Discuss how to advise women about alcohol use and pregnancy
- Explore how to assist women who require specialized approaches due to socio-economic status, culture, age or higher drinking levels
- Identify local, provincial and federal resources and services related to alcohol use and pregnancy

*This course will be available online at [www.MDCme.ca](http://www.MDCme.ca), beginning June 11, 2007. The course targets front line health professionals who would deal with women who are at risk, but anyone with an interest in this area is invited to take this course.*

### Course Format:

Online CME (2-3 hours of content)

### Course Registration:

[www.MDCme.ca](http://www.MDCme.ca)



**MDCme.ca**

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All interested health professionals are invited to take this free course.