



To Register:

Complete the following registration form and send it to Best Start by mail or fax (see bottom of next panel).

First Name:

Last Name:

Organization:

Address:

.....

Phone No.: Fax No.:

E-mail:

Please answer the following questions:

1. What is your occupation?

.....

2. Are you willing to commit to providing 2 presentations following the workshop? Yes No

3. How knowledgeable are you in the area of alcohol use and pregnancy? Very little knowledge

Some knowledge

Very knowledgeable

4. Special requirements (meals, accessibility, etc.)

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Registration Fee: \$50

Registration Deadline: February 13, 2004

To avoid disappointment, register early. Participants will be selected on a first-come, first-served basis, based on geographic representation of the province of Ontario.

Speaker:

Dr. Peter Selby (from Motherisk and the Centre for Addiction and Mental Health)



Best Start

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Supporting Change: Preventing and Addressing Alcohol Use in Pregnancy



Train the Trainer Workshop for Health Care Providers

Date: March 4, 2004



What is Supporting Change?

Supporting Change is a workshop on preventing and addressing alcohol use in pregnancy. It prepares health care providers to ask, advise and assist around the issue of alcohol use and pregnancy.

Why is it important?

Prenatal exposure to alcohol is a leading cause of preventable birth defects and developmental delays in Canadian children. Health care providers can prevent or decrease prenatal exposure to alcohol by providing appropriate information and supports, prior to or during pregnancy. This workshop provides important information on clinical practices related to assessing and influencing alcohol use in pregnancy.

Objectives:

Participants will have an increased understanding of the impact of alcohol use in pregnancy. They will understand the demographics of alcohol use in pregnancy and the roles that alcohol can play in a woman's life. Participants will learn effective ways to screen for alcohol use and how to advise and assist pregnant women who use alcohol. Participants will be prepared to share this information with their own community.

Workshop Participants:

This workshop is for Ontario health care providers who have some knowledge of issues around alcohol use and pregnancy.

Commitment:

Participants must commit to providing a minimum of 2 presentations on the topic, following the workshop.

Cost:

There is a registration fee of \$50 per participant. Participant meals and resources are provided. Participants are responsible for transportation and accommodation costs.

Location:

Name: **BMO Institute of Learning**
Address: **3550 Pharmacy Avenue, Toronto**
Phone: **(416) 490-4300**

Registration:

The registration deadline is February 13, 2004. To avoid disappointment, register early. Participants will be selected on a first-come, first-served basis, based on geographic representation of the province of Ontario. **Applicants who are accepted for this workshop will be notified by February 20, 2004.**

Funded By:

Ontario Ministry of Health and Long-Term Care and Ontario Early Years.

Agenda:

Thursday March 4

8:30-9:00am	Welcome, introductions, overview of training program
9:00-10:00am	Women and alcohol use
10:00-10:30am	Clients requiring specialized approaches
10:30-11:00am	Break
11:00-12:00pm	Screening for alcohol use
12:00-1:00pm	Lunch
1:00-2:00pm	Responding to disclosure of alcohol use
2:00-2:30pm	Break
2:30-3:00pm	Case discussion
3:00-4:00pm	Review of key presentation slides
4:00-4:30pm	Wrap up, next steps, discussion around presentations
