

Best Start Resource Centre Workshop for Service Providers: **Resilience: What We Know – What We Can Do**

Date: March 8, 2010

Location: Windsor, Ontario

Workshop Description:

This workshop will highlight current theory and research about resilience and what this means for practitioners. Examples of current initiatives and programs will be presented as well as strategies that participants can use to promote resilience in children around them.

Agenda:

9:00-9:15 am	Welcome
9:15-10:00 am	Background information on resilience <ul style="list-style-type: none">• What is resilience?• Why it is important?• Current research and theory
10:00-10:30 am	Resiliency promotion <ul style="list-style-type: none">• Current initiatives in child-serving sectors and implications for practice
10:30-10:45 am	Break
10:45-12:00 noon	Promising evidence <ul style="list-style-type: none">• DECA Program (Devereux Foundation)• Reaching IN...Reaching OUT (RIRO) resiliency skills training program• Creating a “culture of resilience” through reflective leadership study
12:00-1:00 pm	Lunch
1:00-2:00 pm	Promising evidence - continued
2:00-2:15 pm	Break
2:15-3:45 pm	What you can do to promote resilience in children <ul style="list-style-type: none">• Strategies, discussion, case studies & action plan
3:45-4:00 pm	Additional Sources of Information, Closing

Speaker:

Darlene Kordich Hall, RN, PhD. is a researcher, clinician and educator focusing on children and families at risk. For more than 30 years she has developed and evaluated early intervention programs. Darlene is currently the Coordinator and a Co-Principal Investigator for Reaching IN...Reaching OUT, an evidence-based resiliency promotion program for young children. She was a member of the provincial evaluation team for Ontario's Healthy Babies – Healthy Children program and was director of the Parenting Program, a community mental health program for children at risk and their caregivers. She is published in the areas of child abuse, trauma and resilience and is a recognized trainer in these areas.