

Unlocking the Truth about Post Partum Mood Disorders

Keynote Speaker: Christine Long, B.A.

Christine is the Executive Director of Journey Support Services and the past Executive Director of PASS-CAN. She has been actively involved in establishing programs for families with Perinatal Mood Disorders. Her main goal is to ensure that families have access to services they need.

Christine will speak on the many different aspects of Post Partum Mood Disorder highlighting increased awareness, prevention, and treatment.

A woman's experiences with Post Partum Mood Disorder will also be shared with the participants.

There will be an opportunity to network. The networking focus will be available resources and defining the main challenge of addressing post partum mood disorders.

This forum will highlight key factors to assist front line support workers in working with families dealing with postpartum mood disorders. Front line support workers may include Midwives, Early Childhood Educators, Early Year Centre Staff, Public Health Nurses, Doulas, Daycare Staff, Mental Health Workers, Social Workers, Parent Infant Advisors, Lactation Consultants.

FORUM INFORMATION

Time: 10:00am to 2:30pm (lunch will be provided)

March 4 th	Barrie	Kempfenfelt Centre, Georgian College 3722 Fairway Rd., Barrie, ON
March 5 th	Guelph	Ramada Hotel & Conference Centre 716 Gordon St., Guelph, ON
March 24 th	Brockville	Quality Hotel & Conference Centre, Royal Brock 100 Steward Blvd, Brockville, ON
March 29 th	Sault Ste. Marie	Holiday Inn Waterfront 208 St. Mary's Drive, Sault Ste. Marie, ON

NOTE: Participants are **requested** to bring promotional materials from their agencies to share with other participants.

