



**Best Start Resource Webinar
Health Babies Healthy Children Staff**

Postpartum Mood Disorders and Mental Health

Wednesday, March 24th 2010

13:00 – 14:30

Internet and phone connections are required to participate in this free webinar.
Please log onto the website by 12:45 am (details provided on registration)

Description:

A free and interactive webinar focusing on how Healthy Babies Healthy Children staff can support families coping with mental health challenges, specifically, postpartum mood disorders (PPMD). At the end of this webinar, the participants will have a better understanding of PPMD within in the broader scope of mental health, and how to support families facing these challenges.

Audience:

This webinar is intended for HBHC Public Health Nurses and HBHC Lay Home Visitors It will offer practical suggestions for HBHC staff in key areas of their work.

Speaker: Denise Hébert, Program Manager, Healthy Babies Healthy Children, Ottawa Public Health

For inquiries about registration contact:

Roshni Juttun: r.juttun@healthnexus.ca or 1-800-397-9567 ext. 2336; or 416-408-2249 ext. 2336,

For content inquiries, contact:

Sylvie Boulet, s.boulet@healthnexus.ca or **1-800-397-9567 ext. 2268**

Register early, space is limited
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Toronto, Ontario, M5G 1Z8
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Registration Form

Please print clearly

First Name: _____ Last Name: _____

Position: _____

Organization: _____

Address: _____

Phone: _____ Fax: _____

E-mail Address: _____

Please let us know if you need to cancel your registration, as we may have others on the waiting list, who can then be contacted for a chance to join the webinar.

For administrative inquiries contact:

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