



Perinatal Mood Disorders: Diagnosis, Screening, Assessment and Treatment

This evening workshop is designed for physicians, midwives, nurse practitioners, nurses, social workers and mental health counsellors working with pregnant women and new mothers at risk for or affected by perinatal mood and anxiety disorders.

A presentation by Dr DeCamps Meschino will be followed by the Best Start Resource Centre video: **“Perinatal Mood Disorders – an Interdisciplinary Training Video.** The video highlights diagnosis, screening, assessment and treatment of these common perinatal complications. There will be time for reflection, case discussions, questions and the exploration of resources and support services in the Niagara region.

The objectives of this workshop are to:

- Enhance participants' knowledge of perinatal mood and anxiety disorders
- Improve participants' ability to diagnose, screen, assess, treat and support clients with perinatal mood and anxiety disorders.
- Increase participants' ability to access interdisciplinary resources and support

Rockway Glen Golf Course and Estate Winery

3290 Ninth Street, St. Catharines

Tuesday, June 23rd, 6:30 to 9:30 pm

Presented by:

Dr. Diane DeCamps Meschino, MD, FRCPC, is a psychiatrist with the Department of Psychiatry, University of Toronto, Programme Leader of the Reproductive Life Stages Programme, Women's College Hospital and on staff at Sunnybrook Health Sciences Centre.

Hiltrud Dawson is a Health Promotion Consultant with the Best Start Resource Centre.

The \$20 registration fee includes dinner and participant handouts. Registration starts at 6 pm.

Register early online or by fax. Maximum 50 participants.

Health Nexus, c/o Best Start Resource Centre, 180 Dundas Street West, Suite 1900, Toronto, ON, M5G 1Z8, Phone: 416 408 2249 ext 2336 or 1 800 397 9567 ext 2336, Fax: 416 408 2122, online: http://beststart.org/index_eng.html

The Best Start Resource Centre is a key program of Health Nexus and is funded by the Government of Ontario.

[This session is approved for 1Mainpro-M1 credit by the Ontario College of Family Physicians.](#)

Registration Form:

Perinatal Mood Disorders –

Diagnosis, Screening, Assessment and Treatment

Please check www.beststart.org for event details.

Please print clearly

First Name: _____ Last Name: _____

Position: _____

Organization: _____

Address: _____

Phone: _____ Fax: _____

E-mail Address: _____

Special Requirements (e.g. meals, accessibility): _____

Note: The \$20 registration fee includes participant handouts and dinner. Payment must accompany registration.

Method of payment:

Method of payment: cheque VISA MasterCard

Name of cardholder: _____

Card Number: _____ Expiry date _____

Signature of cardholder: _____

Make cheques payable to Health Nexus and send to:

Health Nexus, c/o Best Start Resource Centre

180 Dundas Street West, Suite 1900

Toronto ON M5G 1Z8

FAX: 416-408-2122

For administrative inquiries contact:

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