



# Regional Workshop: Playing it Safe Service Provider Strategies to Reduce Environmental Risks to Preconception, Prenatal and Child Health

AGENDA – Kingston  
Oct. 9, 2007

- 8:30 – 9:00**      **Arrival, Registration, Quiz**
- 9:00 - 9:15**      **Opening Comments**
- Welcome, housekeeping, introductions
  - Local contact/s (introduction to local concerns, local strategies)
- 9:15 - 10:30**      **Child Health & The Environment**
- Children as a vulnerable population
  - Contaminants of concern to preconception, prenatal and child health
  - Sources and Exposure pathways (air pollution, water contaminants, consumer products)
  - Health effects of concern (asthma, brain development, etc.)
- 10:30 - 10:45**      **Break**
- 10:45 - 11:30**      **Focus on Local Environmental Concerns**
- Bio-monitoring
  - Precautionary actions in different settings
  - Environmental audits
- 11:30 – 11:45**      **Plastics and Sam Suds**
- 11:45 - 12:00**      **Introduction to Strategies**
- Review of range of strategies that can be used
- 12:00 - 1:00**      **Lunch**
- 1:00 – 1:30**      **Tips on Advocacy and Policy**
- 1:30 - 2:15**      **Small Group Activities on Strategies**  
Divide into 3 groups and spend 45 minutes on each strategy  
(1 station before Break - 45 min)
- Strategy 1: Awareness Activity
  - Strategy 2: Grab Bag Activities
  - Strategy 3: Who Ya Going to Call?
- 2:15 – 2:30**      **Break**
- 2:30 – 4:00**      **Small Group Activities, continued**  
(Remaining 2 stations – 45 min each)
- 4:00 - 4:20**      **Quiz, Resources**
- 4:20 – 4:30**      **Wrap up: Evaluation, Closing**