



Best Start Resource Centre
2010 Northern Conference
October 18-19, 2010
Valhalla Inn, Thunder Bay

The Best Start Resource Centre is pleased to announce its first northern conference. Through a partnership with Keewaytinook Okimakanak we are able to offer a full-day preconference session on October 18, 2010 and 2 conference sessions on October 19, 2010 by video-teleconference and webstream in order to increase access to remote northern communities. The agenda for this conference is based on northern input and includes prenatal and child health topics of interest to northern communities and strategies that work in northern communities. We are happy to provide parts of this conference to you **free of charge** through video teleconference and webstream.

Please check with your community video conference site to ensure that they are a partner in this event. Please note that if there are local costs for connecting to this video conference site, Best Start Resource Centre will not be responsible for these costs. Another option is to view the sessions via live webstream from your computer.

If you would like to register your site for video-teleconferencing for one or both days please contact franz.seibel@knet.ca or 1.877.737.5638 X1221 or 1.807.766.8442 X1221. If you plan to use the webstream option, please register with Yolande at y.lawson@healthnexus.ca or 1.800.397.9567 X2256.

Participants who have registered for the video-teleconference or webstream will receive instructions a week prior to the conference. The instructions will let you know how to access the video-teleconferencing and the webstream options.

Program

Monday, October 18, 2010
9:00 am – 4:00 pm (Eastern time zone)

First Nation Perspectives on Child Development

This session will provide an overview of First Nation perspectives on child development. It will share information about developmental targets and how parents support reaching these targets. The session will help service providers to develop their skills for working with First Nation families that have young children and to understand their perspectives on nurturing the development of children.

Speaker: Jaynane Burning-Fields

Jaynane Burning-Fields is Aboriginal from Six Nations Reserve and was raised in the traditional culture. She has spent 16 years working at the provincial level as a manager of the Aboriginal Children's programmes that service the urban Aboriginal population. Jaynane's knowledge and

skill set have been developed through this work and have been strengthened by her knowledge of traditional values and principles. Jaynane has had the opportunity to use her skills and knowledge about culture based programming in various capacities, including working with Statistic Canada on the development of the Aboriginal Children's Survey, the Ministry of Children and Youth's Panel of Experts (Early Learning Framework), and the Foundation of International Training – Egypt. Jaynane is currently the Executive Director of the Niagara Regional Native Centre.

Agenda (Monday, October 18, 2010)

First Nation Perspectives on Child Development

Time(Eastern time zone)	Topics
9:00am - 10:00am	- Introductions - Contextual History "Our Story" - Wellness Wheel
10:00am - 10:30am	- Refreshment Break
10:30am - 12:00pm	- Traditional Approaches
12:00pm - 1:00pm	- Lunch
1:00pm – 2:00pm	- Seven Stages of Life Wheel
2:00pm – 2:30pm	- Refreshment Break
2:30pm – 4:00pm	- Contemporary Applications
4:00pm	- Adjournment

Tuesday, October 19, 2010

10:15 am – 12:00 pm (Eastern time zone)

Through the Eyes of a Child: First Nation Children's Environmental Health

Through the use of discussion, video and interactive activity participants will gain an understanding of environmental issues affecting Ontario First Nation children living on and off Reserve. It is important to understand how life circumstances and cultural practices of First Nation people may put them at increased risk for exposure to environmental hazards. Areas of significant concern identified in the First Nation Children's Environmental Health Manual will be discussed. Methods to address these environmental health concerns in a culturally sensitive and strength based manner will be incorporated throughout the session.

Speakers: Lynda Banning & Lyne Soramaki

Lynda Banning has worked in a variety of areas within Aboriginal organizations in Northwestern Ontario for the past 19 years. In her role as the FASD Regional Program Worker at the Union of Ontario Indians, Lynda participated in the development of the First Nation Children's Environmental Health Manual (2009). This manual looks at some of the top environmental issues currently affecting First Nation children, living both on and off reserve, throughout Ontario. This valuable tool supports service providers in addressing environmental health concerns in a culturally sensitive and strength based manner.

Lyne Soramaki is a Public Health Nurse from the Thunder Bay District Health Unit and a Local Champion with the Canadian Partnership for Children's Health and the Environment. She has

worked with many First Nation communities in various capacities throughout Northwestern Ontario. She is currently a member of the Aboriginal Working Group.

2:15 pm – 4:00 pm (Eastern time zone)

Supporting Change: Women, Alcohol & Pregnancy

This session explores Best Practice information and effective strategies in engaging women who are using alcohol and, or other drugs during pregnancy. Participants will have an opportunity to explore how they can influence the process in a positive way. Utilizing both the stages of change theory and a gender perspective we will explore and practice a variety of strategies for engaging women and providing effective support. This is a hands-on session, so come prepared to participate.

Speaker: Karen O’Gorman

Karen O’Gorman has worked in human services for thirty years. For the last seventeen years, Karen has worked in the field of addictions and mental health providing direct service, program development, management, supervision and consultation. Currently, she is in private practice providing training, consultation and counseling. She has a Master’s degree in Social Work with a focus on women and substance use.

Agenda (Tuesday, October 19, 2010)

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10:15 am – 12:00 pm	Through the Eyes of a Child: First Nation Children’s Environmental Health
2:15 pm – 4:00 pm	Supporting Change: Women, Alcohol & Pregnancy