

## PC1 - Promotion of Healthy Social Emotional Development and Prevention of Pre-school Bullying

### Agenda

Time	Topic
8:45 – 8:50	Introduction
8:50 – 10:20	<p><b>Dr. Tracy Vaillancourt</b> In this session Dr. Vaillancourt will talk about the origins of aggression and the factors associated with aggressive behaviour in young children. She will also provide information about what is 'normal' aggression and what is 'abnormal' aggression and will offer strategies for service providers regarding how to address aggression in preschoolers.</p>
10:20 – 10:45	Nutrition break
10:45 – 12:00	<p><b>Dr. Tina Daniels</b> This session will discuss strategies to increase awareness of bullying, and how service providers can impact early child development and parent engagement to reduce bullying behaviours, including social aggression, encourage self-regulation and build healthy self-esteem and social skills.</p>
12:00 – 1:00	Lunch
1:00 – 2:25	<p><b>Panel Discussion</b> Each panel member will briefly describe the bullying prevention program they represent and its relevance to the preschool years. Each member will offer strategies to prevent pre-school bullying. Following this there will be time for questions from workshop participants.</p> <p><b>Panel members</b></p> <ul style="list-style-type: none"> <li>○ Greg Lubimiv from the <a href="#">Phoenix Centre's</a>, a children's mental health centre, will present a program called Friends and Neighbours Puppet Program - <a href="http://www.friendsandneighboursclub.ca">www.friendsandneighboursclub.ca</a>.</li> <li>○ Katie Neu, the website founder of <a href="http://www.BullyingCanada.Ca">www.BullyingCanada.Ca</a> website and a bullying victim in kindergarten herself, will discuss bullying awareness and provide information on support and resources for all ages.</li> <li>○ Karen Sebben, a mother of a victim and member of York Region Bullying Prevention Coalition, will talk about the impact of bullying on families and the work and goals of the coalition <a href="http://www.yorkregionanti-bullying.org/">www.yorkregionanti-bullying.org/</a>.</li> <li>○ Shawna Lee, a parenting instructor with Triple P Parenting <a href="http://www.triplep.net">www.triplep.net</a>, will discuss how parenting education can make a difference.</li> <li>○ Dr. Tina Daniels will also be present for the panel discussion</li> </ul>
2:25 - 2:45	Nutrition break
2:45 – 3:45	<p><b>Discussion Groups</b> Participants will divide into discussion groups and discuss how the featured programs and strategies can be applied in practice. Question for each discussion group are:</p> <ol style="list-style-type: none"> <li>1. who is the audience that needs to be reached?</li> <li>2. what is the message that needs to be given?</li> <li>3. how can we deliver the message to the audience in local communities using existing resources?</li> </ol> <p>All groups will report back to share insights.</p>
3:45 – 4:00	Wrap up, evaluation, and closing

**Participants are invited to bring resources and strategies to share and discuss.**