

Understanding Best Practice

Best Start Resource Centre

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GOOGLE Definitions of Best Practice

- A technique or methodology that, through experience and research, has proven to reliably lead to a desired result.
- The winning strategies, approaches, and processes that produce superior performance in an organization. A best practice is a by-product of a successful end-result.
- An activity or procedure that has produced outstanding results in another situation and could be adapted to improve effectiveness, efficiency, ecology, and/or innovativeness in another situation.
- Recommendations regarding processes or techniques for the use or implementation of products or services.
- In medicine, treatment that experts agree is appropriate, accepted, and widely used. Health care providers are obligated to provide patients with the best practice. Also called standard therapy or standard of care.

GOOGLE Definitions of Best Practice contd.

- A way of doing something which has produce good results and that could be adapted to another situation.
- A way or method of accomplishing a business function or process that is considered to be superior to all other known methods.
- Best practice is a comprehensive, integrated and cooperative approach to the continuous improvement of all areas of health care delivery.
- State-of-industry performance or application.
- The methods and achievements of the recognized leader(s) in a particular field.
- Is identifying and matching the best performance of others.
- The most ethical, equitable and reasonable form of any specific business negotiation between an art/craft professional and his or her employer, commissioner, gallery, agent, sponsor, or other party in the visual arts and craft sector.

Best Practice = Best Evidence

Evidence-Based Practice

“the conscientious, explicit and judicious use of current best evidence in making decisions about the care of individual patients” requiring the “integration of best research evidence with clinical expertise and patient values”

(Sackett, 2000)

Evidence Defined

Evidence is information that comes closest to the facts of a matter. The form it takes depends on context. The findings of high-quality, methodologically appropriate research are the most accurate evidence. Because research is often incomplete and sometimes contradictory or unavailable, other kinds of information are necessary supplements to or stand-ins for research. The evidence base for a decision is the multiple forms of evidence combined to balance rigour with expedience—while privileging the former over the latter.

(Canadian Health Services Research Foundation, 2000)

Evidence Traditions

Evidence -----Absolutism

Evidence-----Relativism

Evidence-----Pragmatism

Challenges of Evidence-Based Practice

Nature of Evidence
Hierarchy of evidence
Shortage of Evidence

Best Practice Reviews

- Compendium of Effective, Evidence Based Practices in the Prevention of Neurotrauma
- Preventing Neurotrauma: A Casebook of Evidence Based Practices
- Road Safety Review
- Sourcebook for the Prevention of Head and Spinal Cord Injury

Best Practice Nomination Process

- Theoretical relevance (capable of conceptual elaboration)
- Inclusion of at least three of the four Es
(**E**ducation, **E**nactment, **E**ngineering, **E**conomics)
- Life span orientation
- Exhibition of innovative strategies
- Employment of mixed methods and perspectives (triangulation)
- Availability of sufficient documented evaluation research information
- Replicability and adaptability
- Effort to address communication and dissemination issues

Best Practice Selection Criteria*

- Theory
- Outcome
- Breadth
- Evaluation Methodology
- Cost Effectiveness
- Portability
- Sustainability

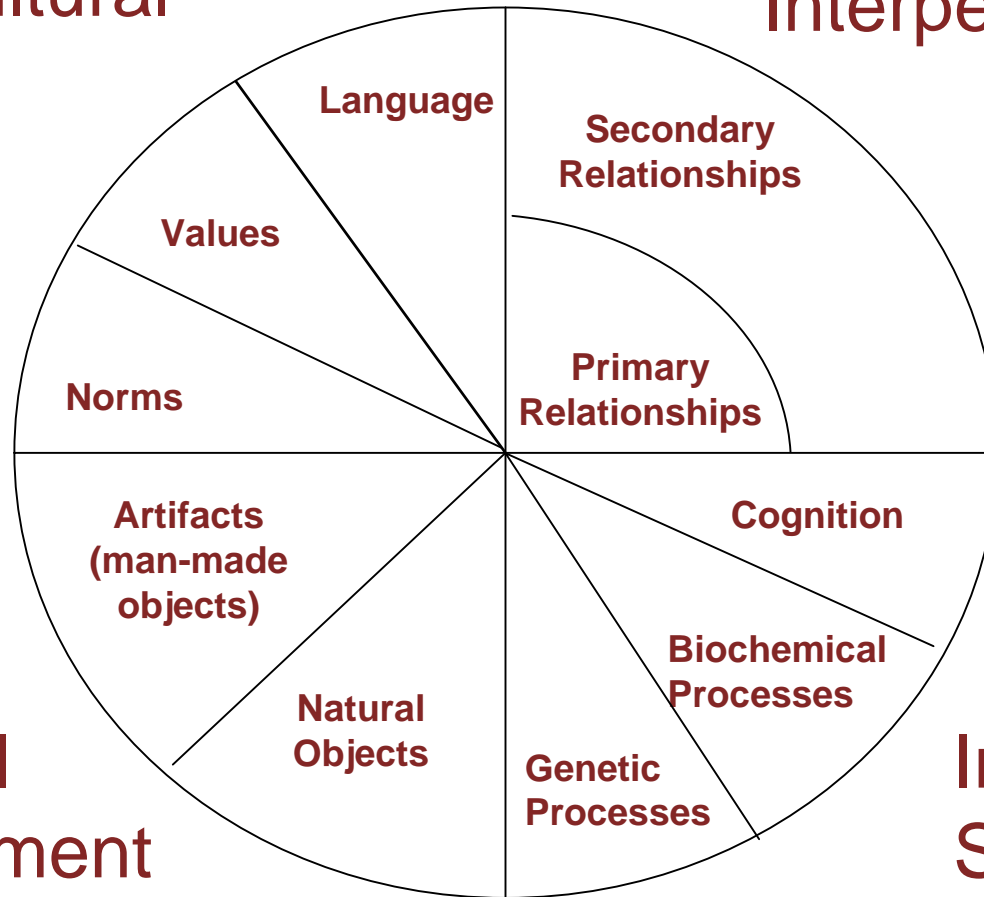
*www.oninjuryresources.ca

Recipe----Inspiration

The Life Space

Socio-cultural

Interpersonal



Physical Environment

Internal States

Complexity - Abstraction Relationship

The Scientific Method
and
Professional Judgment

Research - Practice Relationship

Research Utilization

Technical Rationality

Knowledge and Action

Intuition and the Art of Practice

Expertise

“...the ability to integrate knowledge, experience, technical and relational skill, critical thinking, predication, decision making, and self assessment within a fluid situation that is often uncertain and ambiguous.”

(Goodheart, 2004)

Wisdom

“A wise person is one who uses his or her successful intelligence in order to seek a common good, by balancing intrapersonal, interpersonal, and extrapersonal interests; over the short and long terms; through the infusion of values; in order to adapt to, shape, and select environments.”

(Sternberg, 1990)