


Attached or not Attached: Is that the Question for Effective Parenting and Healthy Development?



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Overview

- Attachment
- Temperament
- Parental attribution
- Limit setting
- Stressors



Attachment

- Secure vs insecure
- Disorganized/disoriented
- Relationship to affect regulation



Temperament

- Inhibited/stress reactive
- ADHD/high risk taking/insensitive to reward
- Premature/low birth weight etc.



Attribution

- Parent's perception of the child especially re power (Bugental)



Limit Setting

- Consistent and firm in context of caring relationship
- Problem – coercive, inconsistent and accompanied by hostility and frustration



Stressors

- Maternal depression
- Low SES
- Lack of information/ poor parenting in family of origin
- Parental conflict
- Time



Summary

- Effective parenting – complicated interaction involving sensitive understanding of child development and temperament, support for the child's positive and negative feelings, comfort with limit setting with low expressed emotion
 - easily interfered with by stress, parental psychopathology, marital conflict, difficult child temperament

Parenting Behaviour and Child Outcomes

