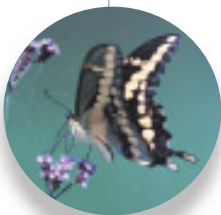


Supporting Change: Preventing and Addressing Alcohol Use in Pregnancy



Train the Trainer
Workshop for
Health Care Providers

Date: September 23, 2004



What is Supporting Change?

Supporting Change is a workshop on preventing and addressing alcohol use in pregnancy. It prepares health care providers to ask, advise and assist around the issue of alcohol use and pregnancy.

Why is it important?

Prenatal exposure to alcohol is a leading cause of preventable birth defects and developmental delays in Canadian children. Health care providers can prevent or decrease prenatal exposure to alcohol by providing appropriate information and supports, prior to or during pregnancy. This workshop provides important information on clinical practices related to assessing and influencing alcohol use in pregnancy.

Objectives:

Participants will have an increased understanding of the impact of alcohol use in pregnancy. They will understand the demographics of alcohol use in pregnancy and the roles that alcohol can play in a woman's life.

Participants will learn effective ways to screen for alcohol use and how to advise and assist pregnant women who use alcohol. Participants will be prepared to share this information with their own community.

Workshop Participants:

This workshop is for Ontario health care providers who have some knowledge of issues around alcohol use and pregnancy.



Commitment:

Participants must commit to providing a minimum of 2 presentations on the topic, following the workshop.

Speaker:

Dr. Peter Selby (from Motherisk and the Centre for Addiction and Mental Health)

Location:

Renaissance Toronto, Hotel at Skydome

One Blue Jays Way, Toronto, 416-341-7100

Rooms are available for a reduced rate of \$169. To get this reduced rate, you must book your accommodation prior to August 20th. Please make your reservation by calling the hotel directly and by specifying that you are attending the Best Start - Ontario workshop.

Cost:

There is a registration fee of \$50 per participant. Lunch and resources are provided. Participants are responsible for their own transportation and accommodation costs. **Please book your own accommodations by contacting the Renaissance Toronto Hotel, 416-341-7100. Please mail registration fee of \$50 to Best Start. Make the cheque or money order out to OPC.**

Registration Deadline: September 10, 2004

To avoid disappointment, register early. Participants will be selected on a first-come, first-served basis, based on geographic representation of the province of Ontario. Applicants who are accepted for this workshop will be notified before September 13, 2004.



Agenda:

Thursday March 4

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|----------------------|--|
| 8:30-9:00am | Welcome, introductions, overview of training program |
| 9:00-10:00am | Women and alcohol use |
| 10:00-10:30am | Clients requiring specialized approaches |
| 10:30-11:00am | Break |
| 11:00-12:00pm | Screening for alcohol use |
| 12:00-1:00pm | Lunch |
| 1:00-2:00pm | Responding to disclosure of alcohol use |
| 2:00-2:30pm | Break |
| 2:30-3:00pm | Case discussion |
| 3:00-4:00pm | Review of key presentation slides |
| 4:00-4:30pm | Wrap up, next steps and discussion around presentations |



To Register:

Complete the following registration form and send it to Best Start by mail or fax (see bottom of next panel).

First Name:

Last Name:

Title:

Organization:

Address:

.....

Phone:..... Fax:

E-mail Address:

Please answer the following questions:

1. What is your occupation?

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2. Are you willing to commit to providing 2 presentations following the workshop? Yes No

3. How knowledgeable are you in the area of alcohol use and pregnancy?

Basic

Moderate

High

4. Special requirements (meals, accessibility, etc.)

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Cancellation Policy:

Notification of cancellation and requests for refunds must be submitted before September 13, 2004. Refunds will be subject to an administration fee. No refunds will be issued for cancellations after September 13, 2004.



Best Start

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