



AGENDA

Best Start Resource Centre Workshop for Service Providers

Advanced Maternal Age: Pregnancy After Age 35

Monday March 30, 2009

Agenda:

9:00-9:15 am	Welcome
9:15-10:00 am	Trends in Timing of First Pregnancy
10:00-10:30 am	Opportunities of Advanced Maternal Age
10:30-10:45 am	Break
10:45-11:30 am	Risks of Advanced Maternal Age
11:30-12:00 noon	Considerations for Emotional Care
12:00-1:00 pm	Lunch
1:00-2:00 pm	Considerations for Preconception Care
2:00-2:15 pm	Break
2:15-3:15 pm	Considerations for Prenatal Care
3:15-3:30 pm	Preparation for Parenting
3:30-3:45 pm	Improving Advanced Maternal Age Services
3:45-4:00 pm	Additional Sources of Information, Closing

Workshop Description:

The proportion of women over age 35 in prenatal, medical and obstetrical services has increased significantly over the past 30 years. This demographic change has important implications to service providers who work with women before and during pregnancy, and to the health care system. This workshop focuses on statistical trends, social context, health risks, health opportunities and service provider strategies. The information is applicable to a range of services including preconception and prenatal care, prenatal classes and drop-in programs for pregnant women.

***This Best Start regional workshop was planned in partnership with the
Halton Region Health Department.***

*Best Start Resource Centre is a key program of Health Nexus
and is funded by the Government of Ontario.*



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