

Reducing the Impact: Working with women who live in difficult life situations

Reducing the Impact is a realistic, practical, and interactive training opportunity. It will give participants the opportunity to develop effective and sensitive local strategies to support pregnant women who live in poverty.

**December 3, 2003
9:00 a.m. to 4:00 p.m.**

**Altadore Quality Hotel & Suites
580 Bruin Blvd.
Woodstock, ON**

**\$40.00 per person
(maximum of 45 participants)**

Participate in the Reducing the Impact workshop if you want to find out more about:

- ▶ food security, violence, addictions, depression and their effects on pregnant women
- ▶ helpful and unhelpful interactions
- ▶ simple, straightforward ideas for community
- ▶ action and advocacy
- ▶ innovative programs and resources
- ▶ effective strategies for specific groups
- ▶ what pregnant women say they want and need from service providers

Workshop participants will:

- ▶ Examine the difficult life situations in which many pregnant women live
- ▶ Explore negative stereotypes and how these can affect the health of pregnant women
- ▶ Find out how to be more sensitive to the daily life experiences of pregnant women
- ▶ Share effective strategies from other programs



Registration Form - Reducing the Impact

December 3, 2003, Woodstock, ON

Name: _____
First Surname

Organization: _____

Address: _____
Street City

Province Postal Code

Phone Number: _____

Fax Number: _____

E-mail Address: _____

Please send completed registration form along with
\$40 fee (made payable to OPC) to:

Best Start c/o Workshop Registrations
180 Dundas St. W., Suite 1900
Toronto, ON M5G 1Z8

For more information call 1-800-397-9567 ext. 266
or email beststart@beststart.org

Please note that the registration fee includes a participant's manual as well as lunch.