



Fetal Alcohol Exposure: Time to Know, Time to Act

Ontario's Provincial Conference
April 10-11, 2003

Making it Work Educational Strategies

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Toronto, April 2003

Evolution of Definitions

- FAS - Fetal Alcohol Syndrome
- FAE - Fetal Alcohol Effects
- ARD - Alcohol Related Neurological Disorder
- ARND- Alcohol Related Disorder
- PFAS - Partial Fetal Alcohol Syndrome
- FAS - Fetal Alcohol Spectrum

Organizational Structure

- Multi-Age Classes
- Low Enrolment
- Segregated Special Needs
- Ability/Potential Grouping
- Intensive Support
- Direct Instructional Strategies

Paradigm Shift - School-Wide Adaptations

- Paradigm Shift
 - Attitude and expectations
- Modify/adapt the environment
- Physical
 - Sensory input
 - External Brain
- Emotional, Social
 - Invisible elements

Training Models

- Think Tanks
- School Visits
- Individual School Inservicing
- Train the trainer
- ARND Networking groups
- Teaching video/manual
- Newspaper articles / coverage

Prevention Models

- Early intervention
- Educating the adolescent
- Educating parents, caregivers and families
- Reaching out to Parent Centres and Family Centres
- Working with Health Departments
- Working with Justice and Law Enforcement
- Working with the entire community

Getting Started

- Assess Needs
- Look at Available Resources
- Establish an FAS Team
- Apply for Funding
- Without Funding
- Staffing
- Adaptations
- Best Practices
- Assess/Evaluate
- Data Collection
- On-going funding

Significant Points to Remember

- Try differently, not harder
- Help individuals to create an external brain
- Fair is not same
- Don't assume anything
- Repeat / Reteach / Repeat / Reteach
- Be clear in the language you use
- Show, don't tell
- Be consistent

Significant Points to Remember

.Continued .

- Recognize potential challenges - shut downs or triggers
- Think younger
- I can't vs. I won't
- Modify/adapt environment
- Prepare for transitions
- Emotional transitions - hormone driven
- Childhood to adulthood - slower
- Focus on strengths
- Provide support
- Celebrate and reward small steps