



## **Pregnant?** It's never too late to get the facts about alcohol and pregnancy

Many pregnancies are not planned. If you drank alcohol before you knew you were pregnant, you can make a confidential call to Motherisk for helpful information.

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CALL:

**1-877-327-4636**

OR VISIT:

**[www.motherisk.org](http://www.motherisk.org)**

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FASD Stakeholders for Ontario  
Funding for this poster was provided by Public Health Agency of Canada.